

**QUESTIONNAIRE:
EVALUATION RESEARCH ON HIV/AIDS INTERVENTIONS IN DODOMA
URBAN SECONDARY SCHOOLS.**

Be assured that whatever you write in this questionnaire is confidential; The information you give will be used for research purposes only.

(Instructions: You can circle, tick off or fill in the answer or the most appropriate response)

A. RESPONDENT IDENTITY

1. Sex

Male = 1

Female= 2

2. Age:.....

3. Religion:

1. Christian

2. Muslim

3. Others; *specify*.....

4. Which class are you? Form.....(I-VI)

B. HIV/AIDS KNOWLEDGE

5. Does HIV cause AIDS?

1. Yes

2. No,

3. Don't know

6. Safer sex means; making sure you don't get anyone else's blood, semen, vaginal fluids, or breast milk in your body. (*Tick the correct answer*)

	True	False
1. Blood		
2. Semen		
3. Vaginal fluids		
4. Breast milk		

7. List all known modes of HIV transmission (*Circle the appropriate responses*)

1. One can get HIV from kissing

2. One can get HIV through sexual transmission

3. One can get HIV from hugging

4. Transfusion of infected blood.

5. One can get AIDS from mosquito bites

6. Maternal transmission

7. Eating together
8. Sleeping in the same bed
9. Others; (*specify*).....

8. What prevention methods are available? (*Write True or False*)

1. Abstinence.....
2. Faithful to one partner.....
3. Condom use
4. Others; *mention*.....

9. Is it possible for a healthy looking person to have HIV?

1. Yes
2. No

10. Is there a cure for AIDS?

1. Yes
2. No

C. RISK AND PREVENTION BEHAVIOR

11. You cannot get HIV by having sex only once

1. Yes
2. No

12. How often condom use takes place over the last 1 year?

1. Always
2. Sometimes
3. Never

13. Did you use a condom with your partner during your last sexual experience?

1. Yes
2. No

If yes, go to question no. 15

14. If not, why?

1. Not available
3. Religious reasons
4. I can't afford
5. My partner refused
6. Embarrassing to buy.
7. It makes no difference to use it or not, you may get HIV.
8. Don't practice sex
9. Others; *specify*.....

15. What were the main reasons for using condom?
1. Avoid pregnancy
 2. Avoid HIV/AIDS/STDs
 3. Others; *specify*.....
16. How many sexual partner did you have for the last one year?
1. One
 2. Two
 3. Three
 4. More than three
 5. None
17. How many times did you go out (e.g to a disco or any other social evening) with a friend within the past 6 months?
1. Once
 2. Twice
 3. More than twice
 4. Not at all
18. How likely is it that you will get HIV/AIDS?
1. Not likely
 2. Likely
 3. Most likely

D. ATTITUDES

19. I believe that the only protective behavior is to abstain from sex.
1. Yes
 2. No
20. I believe that sex before marriage is always wrong.
1. Yes
 2. No
21. Relationship between a girl and a boy should always involve sex
1. Yes
 2. No
22. A young person should initiate sexual debut once he matures otherwise he becomes sick or impotent.
1. Yes
 2. No

23. Having more than one girlfriend or boyfriend , you feel high.

1. Yes
2. No

E. PSYCHOLOGICAL, SOCIAL AND CULTURAL FACTORS

24. In your community, it is acceptable for a young person to practice sex before marriage.

1. Yes
2. No

25. "I feel close to my parents"

1. Yes
2. No

26. At home, I can talk freely with my parents about HIV preventive measures.

1. Yes
2. No

27. I can talk freely with my parents about condom use.

1. Yes
2. No

28. I can talk freely with my peer about condom use

1. Yes
2. No

29. Whom will you prefer to be teaching you a subject matter related to sex/sexuality?

1. Your class teacher
2. Health personnel from outside
3. Peer
4. Others; *specify*.....

30. Do you intend to use a condom the next time that you have sex?

1. Yes
2. No

If yes, go to question no. 32

31. If not, why?

1. Because I don't practice sex
2. Because it is sinful to use condom
3. Because I feel embarrassed to buy condom from the shop
4. Others; *specify*.....

32. How confident are you that you can insist on condom use the next time that you have sex? Even if your partner doesn't want to use condom?

1. I am less confident

2. I am very confident

33. How confident are you to refuse if you don't want sex.

1. I am less confident
2. I am very confident

34. Have you changed or maintain your behaviors because of HIV/AIDS in the past 6 months?

1. Yes
2. No

If not, go to question no. 36

35. If yes which ones?

1. I have stopped having sex
2. I have started using condom
3. I have never had sex and I maintain it
4. Others; *specify*.....

36. Do you think you can abstain from sex until marriage?

1. Yes
2. No

If not, go to question no. 38

37. If yes, what activities (or other things) can make you abstain from sex?

1. Sports and games
2. Studying
3. Others (*specify*);.....

38. What type of life would you like to live after 10 years from now?

1. A life with a happy and healthy family
2. Working in a big company
3. High post in the government
4. Self employment
5. Others; *specify*.....

Thank you for your cooperation!!

INTERVIEW GUIDE FOR TEACHERS

1. Is HIV/AIDS education included in the school curriculum? If not, why?
.....
.....
.....
.....
2. Do you think it is appropriate to teach pupils about sex education/sexuality?
If yes, why?
.....
.....
.....
.....
3. Can you teach or talk freely with your students about sex education/sexuality?
(Give reasons).....
.....
.....
.....
4. Can you suggest other people who can teach students about sex education and
sexuality? Give reasons.....
.....
.....
.....
.....
5. Do you think school adolescents engage in the sexual activity? Give reasons.
.....
.....
.....
.....
6. What can be done to reduce risk behavior among school adolescents?
.....
.....
.....
7. Do you think the school has put enough efforts in dealing with youth problems,
apart from academic? Give reasons.....
.....
.....
8. In your opinion, what should be done to combat sexual activity among school
children?
.....
.....

ANNEX 3

INTERVIEW GUIDE FOR PARENTS

Sex: F.....M.....

1. Do you set time to discuss with your children about their personal life? If yes, what exactly do you discuss?.....

.....
.....
.....

2. Do you think school adolescents are at risk of contracting HIV? Give reasons.

.....
.....
.....

3. What reasons do you think drive school adolescents into sexual activity?

.....
.....
.....
.....
.....
.....

4. Can you explain what exactly you discuss with your children about sexuality and sex education?

.....
.....
.....

5. Have you ever suggested condom use to your children? If not, why?.....

.....
.....
.....

6. Who should assume the role of teaching school adolescents or youth about sexuality.....

.....
.....

7. Give suggestions to help adolescents to avoid risk behavior.....

.....
.....
.....

8. In your opinion, what should be done to combat sexual activity among school children?

.....
.....

ANNEX 4

Table: 6 Prevalence of HIV infection among blood donors by districts in Dodoma Region 1999-2001

Region	Year 1999		Year 2000		Year 2001	
District	Total Donors	% prevalence	Total donors	% prevalence	Total donors	% prevalence
Dodoma	2269	5.1	3001	3.9	8984	7.9
Dodoma Municipality	1364	4.8	1129	5.6	4249	13.2
Kondoa	-	-	797	4.9	1122	4.4
Kongwa	-	-	-	-	441	7.3
Mpwapwa	905	5.4	1075	1.5	3172	2.3

Source: Ministry of Health, Tanzania Mainland, NACP HIV/AIDS/STD Surveillance Report No. 14, December 2001

RELIEF AND DEVELOPMENT SERVICES ASSOCIATION

(REDESA)

1. BACKGROUND INFORMATION

Relief and Development Services Association (REDESA) is a Non-Governmental Organization (NGO) formed in the year 2000. REDESA is an association of Tanzania citizens of different professions united together for the purpose of serving communities in relief and development services. REDESA is a non-profit organization and it serves communities irrespective of sex, religion, tribe and political ideology.

2. MISSION STATEMENT

REDESA's mission is to provide technical, material and financial support to the community with the aim of alleviating suffering caused by natural disaster, conflict or poverty through efforts to enable marginalized people to realize more fully their resources and potential; and through education and advocacy efforts to promote a peaceful and sustainable community.

3. DEVELOPMENT PHILOSOPHY

REDESA's development philosophy is focused on:

- Alleviation of human suffering.
- Human centred development.
- Participatory approach in development process.
- Resources and project sustainability at all levels.

4. OBJECTIVES

REDESA's objectives are as follows:

- To fight against poverty through promotion of self-help projects, community development activities and through maximization of human resources, land and other natural resources.
- To collaborate with the government, community members and national and international NGOs in fighting against the spread and transmission of HIV/AIDS in Tanzania.
- To promote community health in all its aspects.
- To promote environmental protection and undertake or assist in deliberate efforts to arrest environmental destruction and degradation.
- To provide relief and emergency assistance to the people in need.
- To undertake and assist research activities and projects aimed at bettering economic and social well being of Tanzania community.
- To develop and integrate appropriate technology in participatory environment.

5. MANAGEMENT AND LEADERSHIP

The General Assembly is the highest organ of REDESA and has the final decision on all matters of REDESA. The Assembly meets once per year. It is the General Assembly, which elects the Chairperson, Vice-Chairperson, The Executive Secretary, Vice-Executive Secretary and the Treasurer. The Assembly also appoints the Programme Manager and elects the Board of Trustees.

REDESA is governed by the Executive Committee, which is composed of 5 members selected by the General Assembly after every five years. This Committee meets once per month and its major responsibilities include formulating policies, which are implemented by the management team and staff. The Committee is also responsible for all REDESA assets and finances and handles all legal matters on behalf of REDESA.

6. WORK ORGANIZATION

All Programmes of REDESA are carried out through its three Units under the overall direction of the Executive Secretary. The Programme Manager who manages and supervises all REDESA programmes assists the Executive Secretary.

The Units are as follows:

6.1 Community Health and HIV/AIDS Projects Unit

The Unit is responsible in designing, planning, implementing and evaluating all community health projects and HIV/AIDS projects.

6.2 Community Development Services Unit

The Unit is entrusted with the duty of combating the major development enemies of Tanzania; which are ignorance, poverty, diseases, hunger, persecution and all ills, which deprive Tanzanians of their rights, vision and ability to develop themselves. It also deals with environmental issues.

6.3 The Drought Relief and Rehabilitation Unit

The Unit provides relief to victims of disasters. The assistance includes food, shelter, clothes, water, repair of buildings, tree planting and provision of drought resistant seeds and seedlings. The Unit is also responsible in conducting baseline data surveys for the affected areas and then prepare a rehabilitation plan and implement.

7. SOURCE OF FUNDS

The major sources of funds for REDESA programmes are REDESA member's contribution and Donors Support, like NACP, IRELAND AID, VSO and CARE Tanzania. However, more support is needed in order to implement REDESA programmes successfully.

8. REGISTRATION

Relief and Development Services Association (REDESA) is registered on 6th April 2001 under the Societies Ordinance of 1954, with certificate of registration No. 10844.

9. HOW TO CONTACT US

The Relief and Development Services Association (REDESA) Headquarters is located in Dodoma, Tanzania in East Africa.

Address: NSSF Building 3rd floor room 63 Dodoma

Post address: P.O. Box 1251, Dodoma, Tanzania.

Telephone: 026 – 23 21 661

Mobile telephone: 0744 – 74 21 17

E-mail: redesa_tz@yahoo.com

10. BANK

CRDB Bank Limited

Dodoma Branch

P.O. Box 401

Dodoma Tanzania

Account number: 01J081590501

11. ACTIVITIES OF REDESA.

11.1 Education/awareness on environmental protection in four villages of ITISO Division.

Education in different methods of environmental protection. In partnership with DCT. (2001)

11.2 Formation and support of SANOAs clubs (Say No to AIDS) in ten secondary schools in

Dodoma Municipal. Voluntary clubs of students, to organise peer education on HIV/AIDS on their own school. (*Started 2001 - continuing*)

11.3 Education on HIV/AIDS awareness at ten secondary schools in Dodoma Municipal. (*Started 2001 - continuing*)

11.4 Training of Teachers on HIV/AIDS awareness education in Dodoma Rural District. 54 primary school teachers of 27 Primary schools participated in the training. (2001)

11.5 Formation and support of SANOAs clubs on 27 primary schools in Dodoma Rural District.

Voluntary clubs of pupils from IV – VII, to organise peer education on HIV/AIDS on their own school. (*Started 2002 - continuing*)

11.6 Awareness education on HIV/AIDS on 27 primary schools in Dodoma Rural District. (*Started 2002 - continuing*)

11.7 Participating in VSHP project of CARE Tanzania in Dodoma Rural District

- Supporting SANOAs clubs on 20 primary schools.
- Workshops for primary schoolteachers on HIV/AIDS awareness and education.
- Set up some financial support for groups of women.
- Training of community members in peer education about reproductive health.
- Mother and child care concurring malnutrition of children.

(*Started end 2002 - continuing*)

11.8 Formation and support of a SANOAs club for former students of secondary schools in Dodoma Municipal.

This club will be formed by former students of secondary schools who are willing to continuing their peer education activities on HIV/AIDS in Dodoma region.

(*Started end 2002 - continuing*)

11.9 Workshops on HIV/AIDS, for members of Chavita Dodoma and students and teachers of the deaf school in Kigwe.

(*February 2003*)

11.10 Peer education workshop for student leaders of SANOAs clubs on ten secondary schools in Dodoma Municipal.

(*January and February 2003*)

11.11 Training of teachers on HIV/AIDS awareness / education on ten secondary schools in Dodoma Municipal.

(*Planned 2003*)

World Vision Tanzania
P.O. Box 3113
DODOMA.

21st March, 2002

Dear
Sir/Madam

REF: THE LETTER OF INTRODUCTION

Reference is made to the above heading.

I am a participant in a master degree program in community economic Development (CED) run by Southern New Hampshire University in collaboration with the Open University of Tanzania. The program includes a number of courses such as Basic Accounting, Project Design, Organizational Management, Financial Management, Principles and Practices of CED, Law and CED, Micro Enterprise Development and Gender and Development.

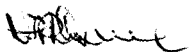
It came to my understanding that your organization deals with community health and HIV/AIDS education, community development services, and relief and rehabilitation services.

I am therefore interested to learn more from you and if possible carry out consultation services of which the report will be given out at the end of the work. No consultation fee will be charged.

On submission of this letter would you please respond so that if invited I come to your office and share more on how to carry out the whole activity.

Thank you in advance for your cooperation. I look forward to closely working with you in the development work.

Yours truly



Violet Ndibwire

RELIEF AND DEVELOPMENT SERVICES ASSOCIATION

(REDESA)

P.O.BOX 1251 DODOMA -TANZANIA

MOBILE: 0741 - 432558

E-Mail : { HYPERLINK "mailto:devhai@africaonline.co.tz" }

6TH AUGUST, 2002

VIOLET NDIBWIRE
WORLD VISION TANZANIA
P.O.BOX 3113
DODOMA.

Dear Violet

**REF APPLICATION FOR PROVIDING CONSULTATION SERVICES AND TO
LEARN FROM REDESA.**

Thank you for your letter regarding the above subject.

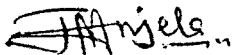
We are very glad to know that you are interested to learn more from REDESA and to carry out consultation services.

You are warmly welcome to work with REDESA for all period of your Masters Degree Programme.

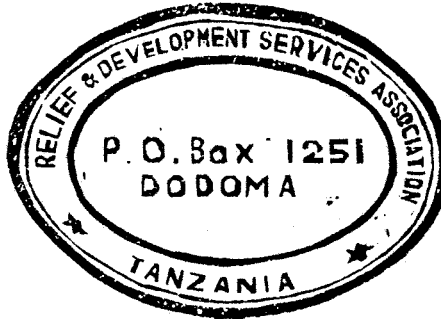
REDESA Management will invite you for familiarization before the end of this month. You will be informed soon the specific date for meeting you.















Thank you once again.

Yours Faithfully,



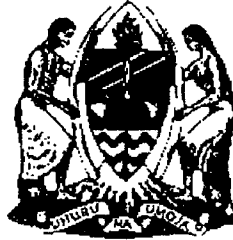
Joshua Mnonjela
Programme Manager



ID		Task Name	Duration	Start	Finish
1		THE PROJECT WORK PLAN	0 days	Mon 4/28/03	Mon 4/28/03
2		Submission of the introduction letter	1 day	Fri 3/22/02	Fri 3/22/02
3		Visiting the office and request appointment	1 day	Tue 4/30/02	Tue 4/30/02
4		Meeting with the organization management to determine the need	1 day	Wed 5/15/02	Wed 5/15/02
5		Meeting again with the organization staff to identify gaps and select the area of concern	1 day	Thu 5/30/02	Thu 5/30/02
6		Discussion about the work schedule	1 day	Tue 6/11/02	Tue 6/11/02
7		Visit the project areas, collect necessary literature/ information for the study	23 days	Mon 7/1/02	Wed 7/31/02
8		Prepare the progress report for presentation at the end of semester II	7 days	Thu 8/1/02	Sat 8/10/02
9		Work on the project: preparation for evaluation research; consultation with supervisor	65 days	Mon 9/2/02	Fri 11/29/02
10		Data collection (qualitative) & consultation with supervisor	13 days	Wed 1/1/03	Fri 1/17/03
11		Data collection (quantitative) & consultation with supervisor	8 days	Mon 1/27/03	Wed 2/5/03
12		Data analysis and report writing & consultation with supervisor	4 days	Wed 2/5/03	Mon 2/10/03
13		Presentation of the project paper	1 day	Tue 2/11/03	Tue 2/11/03
14		Writing & submission of the final project paper	1 day	Fri 4/25/03	Fri 4/25/03

**THE UNITED REPUBLIC OF TANZANIA
MINISTRY OF EDUCATION AND CULTURE**

Cable: ELIMU DAR ES SALAAM..
Telephone: 110146,110150/2,11679.
Telex: 42741 Elimu Tz.
Fax: 2113271 Elimu Tz
Please quote:



**P. O. Box 9121,
DAR ES SALAAM.**

Ref. No.ED/OKE/GC/I/VOL.IV/2

Date: 3th February 2003

Ms Violet Ndibwire,
World Vision Tanzania,
P.O. BOX 3113
FAX 0262321555
DODOMA

**RE: PERMISSION TO CONDUCT RESEARCH EVALUATION IN
DODOMA SECONDARY SCHOOLS.**

I am writing in response to your letter dated 31st January 2003 on the above- mentioned topic.

I wish to inform you that permission has been granted for you to conduct the research as requested. However, we would like to know when and for how long the research is to be conducted.

Yours,

N. Sekwao, Dr

A handwritten signature in black ink, appearing to be 'N. Sekwao'.

For: CHIEF EDUCATION OFFICER

CC. Regional Education Officer
DODOMA REGION