



The Observer



Volume IV, Issue 6

New Hampshire College

April 8, 1998

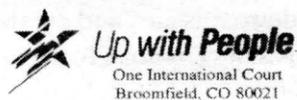
“Up With People” in Manchester

Source: Press Releases

Up With People is the international learning program that provides personal and professional growth through the unique combination of world travel, performing arts and community service. The purpose of UWP is to develop the potential in people to bring the world together through friendship and understanding. More than 700 college-age students from 30-35 countries travel worldwide in five Up With People casts each year. Founded in 1965, and incorporated in 1968 as an independent, not-for-profit, educational organization, Up With People has visited 59 countries and has over 17,500 alumni from more than 90 countries.

The new show “Roads” is now in Manchester. It’s playing at the Palace Theater on Saturday, April 11 at 3:00p.m. and at 8:00p.m. “Roads” is the story of youth. Youth with hope and enthusiasm, coming together at a fork in the road, and pondering the decisions that face them: take the part of least resistance, and declare defeat, or accept the challenge of a much tougher route that holds a greater reward at its end.

“Roads” tickets on sale at Foodees. Admission is \$14 for adults, \$12 for students and senior



“ROADS” is the story of youth coming together in the face of challenge. Up With People’s production of “ROADS” features two hours of contemporary and international music presented by performers from over 20 countries.

citizens.

Up With People students, who enhance their university studies by traveling with members from 20-25 countries and living with locals in several nations, gain an educational edge and outpace their career competitors because of a global experience that is uniquely theirs.

Students come away from Up With People equipped with the kind of world perspective, international contacts, leadership, business acumen, management, presentation and people and communication skills that can be gained only on the world stage.

The Up With People program consists of more than just the

shows they perform. Before the rap, rock and ballads begin, and just as the stage lights go down, a video comes up showing Up With People in action - UWP students, ages 17-25, get out into the world and take the lead in youth centers, classrooms, ghettos, prisons, natural-disaster areas and other places, making a difference and showing other people how they can make a difference. They do all this, plus internships and career days, with fellow students from about 15 countries, in 75 to 90 cities all over the world. They live with local families everywhere they go.

If you want to find out how you can do this, talk with Up With

People students after the show. They’ll be interviewing 17 to 25 year olds who want to take on the challenge of Up With People’s learning program. For more information on the show and UWP’s other involvements in Manchester - community service projects, educational and student-recruitment activities and host-family opportunities - call Tim Schuetz at (603)345- 1108.

Also, today in the cafeteria, Tim Schuetz will be here at NHC between 10a.m. and 2p.m. to answer any questions you may have about the April 11 performance, or if you are interested in joining Up With People.

HAPPY EASTER



FROM THE
OBSERVER STAFF

Dr. Cooper: Putting new life in the Honors Program

By Danny Luciano

After several months with no permanent leader, the NHC Honors Program has been revived with the appointment of the new director, Dr. Julianne Cooper. With promising ideas, Dr. Cooper hopes to put the Honors Program among the most elite collegiate organizations. However, if you were to ask Dr. Cooper years ago

whether she thought she’d be where she is now, she would’ve laughed at you.

Dr. Cooper came into academics late. At the age of twenty-eight she attended undergraduate school, but dropped out after two years to get married. After receiving advice from a neighbor, she started her own advertising agency. She set goals for herself to run the best agency north of Boston. During the year she de-

ecided to close the agency, Dr. Cooper’s company won sixteen awards and made \$5.5 million.

However, Dr. Cooper is a perfect example that the old saying “money can’t buy happiness” is true. She decided she needed to spend more time with her daughter and so went back to school as a marketing consultant. She then decided to study history. The University of New Hampshire offered her a scholarship and a position as a teacher’s assistant.

(continued on page 7)



The Maintenance Department in conjunction with the New Hampshire College Observer has a customized recycling program. Just deposit your copy of The Observer in recycling bins located in the Student Center.



From the Editor's Desk

As the new co-editor of The Observer, I am very pleased with the progress of this paper these past few months. The staff has been working hard on their articles and deadlines are being met more often. I'm also very happy with the reception we have been getting from students and faculty.

One problem I can see with The Observer is that we don't come out as often as we'd like to. The main reason being our computer. We only have one computer which allows only one person to do layout at a time. It wouldn't be so bad if our computer wasn't so slow and outdated. But we make due with what we've got, and no one seems to be complaining - yet. Thanks to all of our readers and we hope you enjoy this newest issue.

Tara L. Cowdrey
Co-Editor in Chief

To the Editor:

I'm writing this in response to the letter to the editor dealing with violence in sports found in the previous Observer issue. Although I agree with some of the comments made in that letter, I find the majority of it hard to believe.

Unfortunately, violence does play a big role in sports today, and yes ESPN and the rest of the media do glorify it. However, I disagree that sports and violence go hand in hand. Violence is not a necessary element of sports; aggression is. Real sports fans enjoy seeing physical play, not sucker punches. When fans go to a basketball game they like to see players getting physical in the paint and diving for loose balls, not throwing cheap shots when the referees aren't looking. In my opinion basketball isn't one of the most physical games anyway. If you want to talk about physically aggressive play, then let's talk about a sport like hockey.

I agree with "L-Train" that hockey fans love to see punches thrown resulting in blood-shed; however, I disagree that this is the only reason people watch hockey. If you're a real hockey fan you enjoy watching players like Pavel Bure, Jaromir Jagr and Peter Forsberg just as much as the "enforcers" like Stu Grimson, Bob Probert and Tie Domi. Great skating and graceful moves are just as much, if not more, a part of the game than checking and fighting. When ice hockey originated it

involved skating, strength and skill. However, Americans tend to overlook those things and focus only on the physical aspect of the game. Anyone who watched the Olympics saw the different styles of play between the Americans and Europeans, and look at which style won!

As for college sports, how often do you see fights breaking out? Not too often, right? This is because it's not tolerated. In college hockey alone if you're involved in a fight you're automatically suspended two games. If you remove your helmet in an attempt to fight, you could be suspended for the entire season. The only reason you see random acts of violence in professional sports is because the penalties aren't harsh enough. When a pro athlete who is making \$4.5 million a year gets fined only \$2,000 and suspended for two games, do you really think he says to himself, "Boy, I better not do that again!?" Of course not. He looks at it as though he got off the hook with only a slap on the wrist.

Great athletes demonstrating their skills is what makes sports so exciting. The competition and intensity are what keeps fans watching, not the dirty players like Charles Barkley, Roberto Alomar and Albert Belle. Violence in sports is not something that all sports fans want to see. The majority of sports fans (or should I say real sports fans) want to see their favorite players giving it their all, playing aggressively and physically, while obeying the rules.

Danny Luciano

From the Editor's Desk

Recently, there have been some developments regarding the Observer that reaffirm this organization's commitment to the future and for long-term improvements. I am proud to announce that beginning sometime this week, the Observer will be put out on the Internet through the college's homepage. I can't stress enough the significance of this event. The Observer will now be accessible to everyone, from alumni, students at NHC branch campuses, prospective students, and more.

We will start out by installing the most recent issues. If everything works out and there are no problems, we may then begin to include past issues and create an archive for them. Many thanks go out to Scott Tierno, Chad Mason, and SGA for their suggestions and assistance.

In addition to this, there has been talk about the Observer acquiring a new office somewhere in the Student Center for next year. I am extremely proud of what we have been able to accomplish, and I'm sure that these accomplishments will be reflected in future issues of the Observer. We have one issue left to publish this year, but the future looks very positive for this organization!

Adrian M. Mroczko
Co-Editor in Chief

*"We write our own destiny.
We become what we do."*

-Madame Chiang Kai-Shek

THE OBSERVER

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The New Hampshire College Observer is a news publication produced by New Hampshire College students and funded largely by the Student Government Association of the college. It is our responsibility to inform the New Hampshire College community about events on and around our campus. The Observer will print any material that is found to be factual and in good taste by the editorial staff of the paper.

To the Editor:

I attended a pub event with a friend in February, and it made me sick to see the lack of interest from the students. The program was a live band named Chapter in Verse. It was a modern sounding band whose music was up-beat and soulful. They played for two hours to an audience of roughly fifteen students, faculty and pub staff. We did the best to make the group feel welcome and appreciated, but our applause was hardly enough to be proud of.

The lack of student involvement in campus programs at this school is ridiculous. The pub staff works very hard to organize events for the good of the students, yet even though all pub events are free, the students do not even make it a point to check the events out. The events that tend to get the largest turn out are the ones which involve alcohol. If the students know that an event is wet, it stirs something inside them and the turn out is astonishing. I believe that the college life aura is centered around alcohol because of the way it is talked up. In high school everyone is saying, "College is one big party!" If you tell a young adult not to do something, that is the exact grounds for them to do it. I also believe that there is no reason to hold more "wet" events just to get students involved. Beer is not an ideal stimulus for student involvement.

Here at New Hampshire College we like to strive for "Penmen Pride," but what I want to know is where it comes from. I do understand that there is a lot of involvement in sports, clubs, and Greek organizations, but to my mind there are still a lot of students who are not involved. The one thing that the students need to realize is the simple fact that you can't lose anything by going to the pub events. The events are free, and if it doesn't end up fitting your style, then you do have the option to leave. The fact that students do not have to pay for anything, drive or travel anywhere, or make any plans in advance should be enough reasons to attend the events.

The only other way to get college students to go somewhere is to have free food. Maybe if there were some kind of munchies, people will think free food and come running.

I hope in the future there will be a larger turnout than ten or fifteen people. One upcoming event is Wal-Mart Bingo on April 9. There are also many other fun and interesting activities.

See you at the Pub!
Kate Stepno

To the Editor:

Thank you to the women who attended the Women's Herstory Month Read In on March 26. Your presence was a great addition to the event.

There was a suggestion that this group rejoins once a month for conversation over lunch. If members of the NHC community are interested and can meet at any of the times listed below, please call, stop by or email me with the specific time(s) and day(s). My extension is 2130 and

my email address is bednarme@nhc.edu. As soon as I hear from you, I will be in touch with the decided meeting time.

If you know of a student, faculty or staff member that might like to take part in our conversation, please bring them along.

Thank you once again and I hope to hear from you soon!

Possible Meeting Times (every 2nd week of the month?!)

Monday 12:00 to 1:00 or 1:00 to 2:00

Tuesday 12:30 to 1:30

Wednesday 12:00 to 1:00

Melissa Bednarowski
Student Activities Graduate Assistant

To the Editor:

I am writing this letter in regards to the students that have taken up smoking underneath the covered entrance to the cafeteria. To those of you who do smoke at that entrance, could you please smoke somewhere else? This should not be a difficult plea to honor because at one time there were a couple of "No Smoking" signs placed at the entrance.

Smoking is not a habit that I want to take part in. I surely do not want to have to walk through a smoke factory while trying to go get a meal.

If you are smoking at the covered entrance to the cafeteria because you are cold or trying to get out of any bad weather, then you should think about quitting. Smokers should not have the right to ruin a nonsmoking place.

I hope that someone puts the "No Smoking" signs back up. If they do go back up, let's enforce that it is a nonsmoking area.

And to the "dorm crew" that seems to like to stand in a group outside the middle door to Chocorua, I am allergic to smoke. When the "dorm crew" gets done smoking, the middle entrance smells like smoke.

I picked to live in a nonsmoking room for a reason. I hate cigarette smoke. I hate coming back from lunch (where there were already smokers smoking where they shouldn't be) and trying to get to my room while I have to walk through a cloud of smoke. Could the "dorm crew" go somewhere else to smoke?

The Wellness Floor is located above the "dorm crew's" smoking area. The smoke that the crew exhales tends to linger up to the Wellness Floor. It seems to me that anyone that smokes in the middle section of Chocorua is defeating the purpose of the Wellness Floor.

The "dorm crew" does not just go out there to smoke once a day, but three times a day. Maybe NHC could have a designated smoking section for the students that smoke as well as for the "dorm crew." The purpose of having the smokers smoke somewhere else is so that the nonsmokers will have a healthier atmosphere. It doesn't seem fair that nonsmokers have no choice but to be surrounded by second-hand smoke that has been proven to be unhealthy. Many of the chemicals have been known to cause cancer, and it isn't fair for nonsmokers to develop health problems because of another person's bad habit.

Duane Hinds

The Observer welcomes correspondence from students. Please include your name, address and daytime telephone number. Letters are subject to condensation. If sending your letter on a disk, please be sure to type and save it using Microsoft Word to ensure compatibility and faster processing. Letters must be signed.

Our mailing address is:

Letters To The Editor
The OBSERVER
2500 North River Rd.
Box 1084
Manchester, NH 03106

If you are on-campus, drop your letters off at either the Mailroom or through the slot in the door at the student mailbox area in the Student Center across from the Bookstore.

To the Editor:

Responding to a letter regarding foreign language offerings at NHC, I wanted to clarify the history of these courses and current policy of the college. Courses in both French and Spanish were offered a number of years ago. They have not been offered recently because only a small number of students expressed interest. However, we have allowed the courses to remain listed because when inquiries arose, we could inform students that the courses

were offered through the consortium colleges, in particular, Notre Dame and St. Anselm College in Manchester. In fact, those colleges will be offering language courses this Fall.

This approach has arisen because the colleges combined can support language at some, but not all, of the campuses. Students who are interested in enrolling in a foreign language should consult with their advisor who can guide them through the registration process.

Sincerely,
Chris Toy
Chair, Division of Liberal Arts



Recent false fire alarms concern Residence Life Staff

By Rich Winefield

New Hampshire College's Washington Hall has been the target of five false fire alarms totaling \$1500.00 in fines for the school. The incidents took place from March 13th to March 29th.

The incidents have baffled Residence Life officials' as well as Public Safety. According to Kim Grueter, Resident Director for Washington Hall, "As far as hard evidence, seen them heard them, we have nothing. Of course there are rumors. Some students feel targeted... that's basically where we are; just following up on people who have been pinpointed. Other than that there is no physical evidence whatsoever."

Over the last three weeks there have been six fire alarms. One of the alarms was caused by the activation of a fire alarm in a residence dormitory. Grueter says, "The alarm from the students dorm is still under investigation and will be dealt with the resident."

The five other alarms are unaccounted for and are charged to the residence of Washington Hall. "The charge is \$300 per false alarm," says Grueter, "as stated in your handbook... divided up among about 214 residents." The four of the five pulls occurred in the laundry room and the main lobby. These areas are accessible to all residents of Washington Hall. Therefore the charges are being divided up among the 200 plus residents instead of being charged the floors that the pulls happened on.

As of the third of April,

each resident is responsible for about \$7.50. The costs seem low but the New Hampshire College community doesn't feel the true cost. "The saddest thing would be someone else's house going up in flames while they [Fire department] were here playing around. But they have to come no matter what and check out the building," says Grueter.

The false alarms have occurred between the hours of four and five a.m. on Saturdays and Sundays. They have been the cause of much frustration for the residents of Washington Hall. "It sucked," said Holly Campbell, a freshman, "I didn't get up for five minutes I was sleeping so hard. I didn't leave my room until the R.D came and told me." Some students do not even hear the alarm. "I didn't even hear it," said Michael Crockett, a freshman in Washington Hall, "I slept through the whole thing."

"I think the biggest problem at this point is not the fire alarms but people staying in their rooms," says Grueter. "At some point there is the possibly of people being referred for that...sometimes student sitting around watching TV just turn up the volume a little bit." The danger caused by these alarms could be felt in an actual fire when residents decide it is just another false alarm and go back to bed.

Residence Life is currently working on ways to improve the security features on the fire alarms similar to those in the town houses. According to Grueter, the fire alarms are much too easy to pull. Next year they will be covered with a Plexiglas like piece

of plastic that must be broke before the fire alarm can be pulled. "We are looking for a deterrent, right now it is easily accessible, an easy thing to do." Concerned residents have approached her with ideas such as using surveillance cameras to monitor the alarms. "It becomes a money issue," says Kim, "The school already owes the fire department." It is also unrealistic to have the alarms observed 24 hours a day.

Pulling a fire alarm with out reasonable cause is a tier two offense, the severest offense outlined in the student handbook. Theoretically students could face criminal prosecution and expulsion from school, as well as thousands of dollars in fines. However Grueter says that is unlikely, "It would be immediate probation, then any other incident would mean you would more than likely lose your housing."

Residence Life fears the worst in this situation and is no longer actively pursuing the offenders. Bills for the incidents are currently being prepared. According to Grueter not enough people have come forward with information. "Whether it is one of their friends covering for them or someone who saw it and wants no part of it," says Grueter. People aren't coming forward, and that's what they are up against; no witnesses and no evidence.

Some residents who consistently leave the campus on the weekends and who have had this verified have been excused from some or all of the charges. If you feel you have been unjustly charged for the fire alarm pulls or have information pertinent to these incidents contact Kim Grueter at extension 9320.

Thanks to you, all sorts of everyday products are being made from the paper, plastic, metal and glass that you've been recycling. But to keep recycling working to help protect the environment, you need to buy those products.

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So look for products made from recycled materials, and buy them. It would mean the world to all of us.

For a free brochure, write Buy Recycled, Environmental Defense Fund, 257 Park Ave. South, New York, NY 10010, or call 1-800-CALL-EDF.



**Don't Forget....
The Observer will soon be found on the Internet, on the NHC homepage. Watch for it!!!**

The New Hampshire College Journal will celebrate the publication of its 15th issue on
April 24, 1998
 4:00 p.m. to 6:00 p.m.
 Shapiro Library

You are invited to the celebration.
 Come meet the contributors.
 Come celebrate creativity and intellectual effort with your colleagues.

The 1997-98 Editorial Board:
 Julia DiStefano, *Editor*
 Mary Parent, *Student Production Assistant to the Editor*

Patricia Beaton, Marguerite Bourgeois, Karin Caruso, Kevin Coakley-Welch, Catherine-Ann Day, Cynthia Hagen, Carolyn Hollman, Phyllis D. Howard, Ausrá Kubilius, Bob Lindquist, Richard Pantano, Dr. Robert H. Seidman,
Advisory Editors.

Campus Security Log

Compiled by Adrian Mroczko



The reports printed have been randomly selected directly from the Department of Public Safety's records. All individuals and locations printed have been made anonymous for obvious reasons.

3/13/98, 2120 hrs, North River Road, Police on Campus

At the above date and time, PSO's (Public Safety Officers) received a call from the Gatehouse reporting two 35-year old women had been thrown from a car on North River Road. The responding officers searched along North River Road and found two intoxicated women. One was covered in blood. Hooksett Police Department was notified and the two women were told that police were on their way. After hearing this, they ran into the woods towards Manchester. They were last seen running to the east. HPD arrived and could not find the women.

3/27/98, 2040 hrs, Food Service, Lost and Found

Public Safety received a call from the supervisor at Food Service so that they could pick up and confiscate a bag of marijuana they had found. An officer was dispatched to the area and he picked up the plastic bag containing the narcotic. The supervisor stated that one of the cashiers found it left by someone by the register. The marijuana was confiscated and taken to the Public Safety Office for disposal.

3/28/98, 0050 hrs, Gatehouse, Disorderly Conduct

A PSO was making his way up from the quad to the gatehouse when he heard a female voice yelling obscenities at the guard in the gatehouse. He saw a group of people standing around the gatehouse. One female student in particular became very violent and pushed the guard. Some of the people that the student was with tried to restrain her, but she began to fight back, at one point even kicking one of her friends in the groin. She finally left the area and headed towards the quad. She was enraged over some previous events that had occurred earlier that night between her and Public Safety.

3/29/98, 0442 hrs, Apartments, Larceny/Theft

A student called Public Safety to report her bike had been stolen. The last time she had seen her bike was the previous day in the hall outside her door. She described her bike as a white ten-speed. The PSO told her they would keep an eye out for it. There were no suspects at the time.

3/30/98, 1620 hrs, Train Tracks, AOD Violations

On the above date and time, an RA from Washington Hall called Public Safety to advise them that there were people seen going down over the hill on the west side of Washington Hall. The responding officer headed down to see if he could find the group. He found four students on the railroad tracks smoking something. When they saw the PSO approaching, they quickly threw something into the leaves on the side of the tracks. The PSO searched and found a pot pipe and a lighter in the leaves, which had begun to burn slightly. The pipe and lighter were confiscated, and a fire extinguisher was used to subdue the scorching leaves. The four students were notified that they were being documented.

4/5/98, 0410 hrs, Kearsarge, Noise Complaint

Two PSO's were on rounds and could hear people throwing beer bottles behind Kearsarge. The PSO's went to see who the responsible parties were and they found a group of international students standing outside of Kearsarge. They could also hear loud music and 35-40 people jumping around and dancing. The door was open, so the PSO's entered the apartment and informed the students that the party was over and to shut off the music. Most of the people in the apartment appeared to be international students. All non-residents were told to leave. There were no arguments and no further action was necessary.

Security Alert

Information provided by NHC Dept. of Public Safety and the Manchester Police Dept.

There is a \$1000 reward for information that leads to the arrest and conviction of the person responsible for a sexual assault taking place on our campus soccer field on the night of January 26, 1998.

The suspect is described as a white male, 18-21 years of age, 6' to 6'4" tall, lean, muscular build, light complexion, no facial hair, thin face with dark hair, short on the side and shoulder length on the back.

Anyone with information please contact the Manchester Police Department Domestic Violence Unit at 668-8711 or NHC Public Safety Director George Miville at 645-9700.

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Unbearable.

Dangerously
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Subsequently
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Copies Plus

By Andrea Hill

Hey! Copies Plus is officially open, located in the Student Center next to the Info Booth. It's just like a little Kinko's. They don't just do copying. Copies Plus also does color copies, huge color posters and tons more.

The staff is trained to do resume packets, binding, laminating, faxing and type setting.

Copies Plus is open Monday through Thursday from 10a.m. to 8p.m. and on Fridays from 12p.m. to 5p.m.

This is a great service for those who do not have transportation or the time to go to an overpriced copying center.

The costs of these services are reasonable. For example, you pay from \$5 to \$35 for resume packets and everything else mentioned above is \$5 or under.

If you need a quick copy or a deluxe resume packet, for quick and inexpensive service go to NHC's own Copies Plus.

Teaching self-acceptance

By Lisa Gelinas

Imagine a life in which every day you were faced with the challenge of not eating, of not giving your body the fuel it needs to be able to think and function properly. Imagine a social situation with your circle of friends in which everyone was eating and drinking while your hunger pains screamed from your stomach but you ignored them, determined not to eat. Imagine feeling as though your whole world was out of our control and that avoiding food was the only way to remain calm in such chaos. The thought of not eating on purpose seems so silly and irrational that many cannot understand why anybody would even consider it. However, more than five million Americans engage in this very activity of not eating every day of their lives. About five percent of adolescent and adult women and one percent of men have some sort of eating disorder. They feel that eating is dirty and that it somehow affects the person that they are. It is a chance to control a life that may appear normal on the outside but is a roller coaster of confusing moods and emotions inside. Welcome to the world of eating disorders. Anorexia nervosa and bulimia are two of the most common psychological disorders that plague many of the nation's young women today.

Often eating disorders begin quite innocently, usually with a diet to improve self-esteem or to become more "healthy." Positive feedback reinforces the weight loss, and soon changes in brain chemistry occur. Even people who are bone thin see themselves as fat. Their distorted body image becomes the primary focus, and the underlying issues that started the disorder are hard for the individual to understand. One of the major social causes of eating disorders is the cultural value placed upon thinness. Young women today are up against such odds. Society expects that women be five feet nine inches and one hundred and ten pounds, blond and beautiful, and look like a Barbie doll. Every day women of this appearance are flashed all over the television, newspapers and magazines. Would it surprise you to know that ninety-five percent of today's fashion models are anorexic or bulimic, often spending their days drinking caffeine and smoking in order to refrain from eating? Would it also surprise you if I were to tell you that the models that we see in such popular magazines as *Vogue* and *Cosmopolitan* have their pictures air brushed to the point that they may not look as they do in the

photo? Would it shock you if I were to tell you that the average woman in the United States is five foot four inches tall and weighs one hundred forty pounds? These are all the realities of today's world. Why should we continue to strive for something that is clearly so unrealistic? Instead of being literally sickly thin, shouldn't we be teaching the younger generation of the world to strive for health, encouraging and building self-esteem by teaching proper nutrition and athletics.

Anorexia and bulimia are debilitating disorders that can end in death. In the United States fifty percent of fourth-grade girls have dieted, and this figure rises to eighty-nine percent by age seventeen. Given these figures, it's not surprising that so many young adults have disordered eating. Disordered eating is a response to life situations and often becomes a habit. The encouraging side of the story is that with the correct information those suffering from the disease can recover fully and rebuild themselves into happy successful beautiful people.

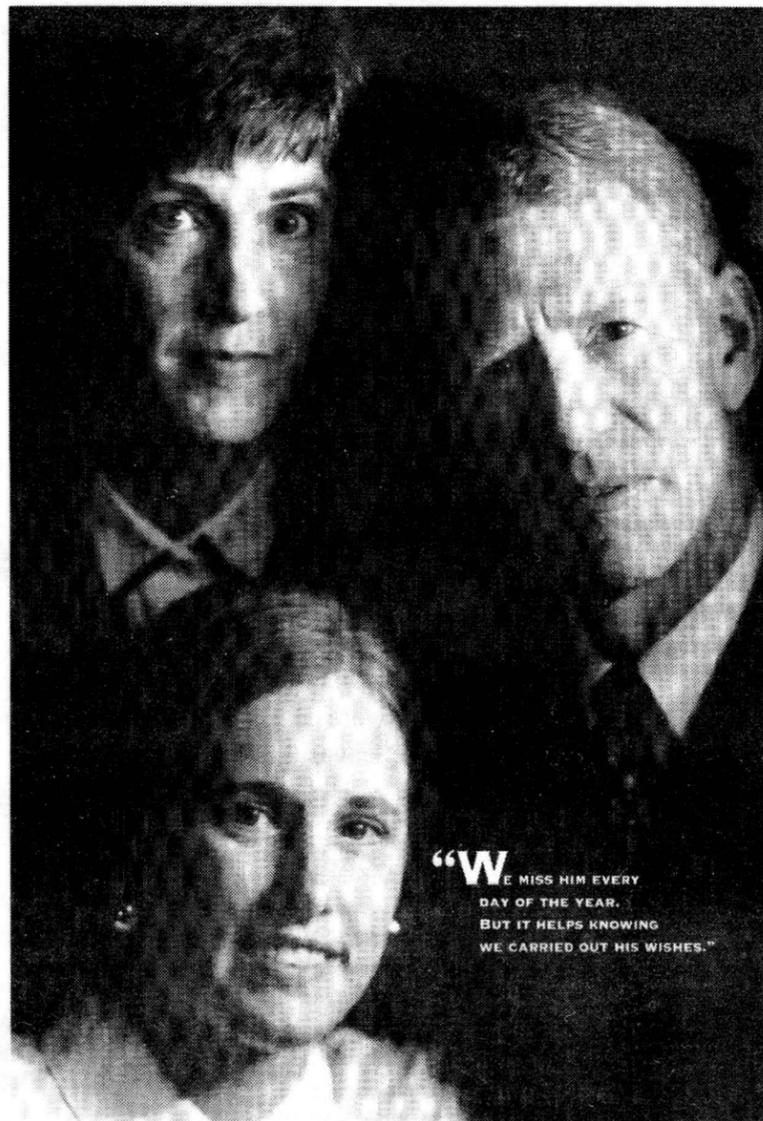
Learn to recognize the symptoms. Unusual eating habits or rituals are often a sign that there is a problem. Pushing food around on the plate but not actually eating anything, obsessively weighing and counting food, timing between bites, and avoiding meals all together may be clues that there is a conflict with food. Compulsive or vigorous exercise may also be a common symptom of someone with an eating disorder. It is also important to look for physical symptoms. Someone with anorexia may have a shallow complexion, dry skin, hair loss, or hollow facial features. Other medical symptoms are a ceased menstrual cycle, infertility, cardiac problems, fatigue and dizziness. All these symptoms make it clear that eating disorders can be a very serious problem that requires early detection and attention.

There is hope for those who suffer from eating disorders. However, anorexia and bulimia are not disorders that can easily be corrected by the afflicted individuals themselves. Often these people are in denial that there is even any problem at all. A good therapist and supportive family and friends are crucial for these individuals. A family doctor or school nurse can help with an initial assessment and referral. Once a diagnosis has been made, a community effort is needed to help the afflicted person to heal. In addition to nutrition counseling, psychotherapy and family therapy, there are also many support groups and hotlines available to help

among recovery. Most importantly, the long-term goals are to resolve the underlying issues whether they are family, social, or behavioral so that the individual can begin to feel good about themselves again. Self-acceptance is a true sign that recovery is underway. There are many different avenues for help, and it is up to each individual to decide what is best for him or her.

It is time that we start changing society's idea of what is beautiful. If I struggled for this image of perfection and became very sick. Today with the help of a great therapist I have been able to overcome anorexia and the idea that in order to be worthy I need to look a particular way. I know how terrifying it is to feel that we can control our lives only if we look and act a certain way. I know how it feels to think that we are worth something only if we weigh one hundred ten pounds. It is not what we look like that brings success and happiness. It is the idea that we are comfortable with ourselves and are healthy that will make us content and successful. I believe that if we all work together to help boost the self-esteem and confidence of the upcoming generation the instances of these terrible disorders will be greatly reduced. Let's start showing our youth what a real American woman looks and acts like. Let's show them something of substance, not images of a doll from the 1960s.

Aren't
these
white
spaces
boring?
They
wouldn't
be if you
wrote for
the Ob-
server...



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"Christopher was 19 when he was hit by a car and killed. I wish I could see my brother. I wish I could just give him a hug, or talk to him. I can't do that. But, because Christopher told us he wanted to donate, another sister will have the chance to spend time with her brother."

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Coalition on Donation

Dr. Cooper...(from page 1)

As soon as she began teaching, she knew it would become her career. She then became interested in the inter-relationship between spirituality and culture. Even after receiving her Ph.D. in history, she felt she didn't know enough about theology. This led her to Harvard Divinity School, where she earned a degree in theology. She taught at UNH for seven years before accepting a teaching position at William Woods University in Fulton, Missouri. Last year, when she decided that she needed to come back to New England, she arrived at NHC.

When she came here, Dr. Cooper met with Dr. Cameron (the previous Honors Program director), who asked her if she would be interested in teaching the honors portion of history. After Dr. Cameron left she was asked if she would be interested in becoming the new director of the program. She put her name in for the position, and that brings us up-to-date.

Presently, Dr. Cooper is setting her sights on bigger and better things for the Honors Program. She hopes to bring today's students back to the kind of old-fashioned liberal arts background that was demanded of her generation. She also wants students to show the willingness to look at new ideas. She feels very excited because of the potential she believes we should be able to mar-

ket the program to the extent that people will say "Wow!" when they hear we graduated from the NHC Honors Program. "It should mean something to be a graduate of the Honors Program," said Dr. Cooper. She has made it no secret as to how to go about making all this possible.

In order for this program to reach the elite status that everyone is hoping for, there must be some changes made. Unfortunately, the idea of change seems to frighten some people. Dr. Cooper thinks students should work as hard as they can to achieve whatever it is they set out to do. She hopes to give students the tools necessary to succeed in a multicultural society. This will include a strong background in liberal arts. Also, she would like to see Honors students offered additional opportunities for character and leadership development, an entrepreneurial program, special housing, classroom and office space and other special privileges.

Dr. Cooper knows from experience that nothing comes easy. She hopes to give her students the confidence needed to go out and work hard for whatever they want. Like she says, "What you work for defines you." Hopefully, with the help of all those involved in the Honors Program, Dr. Cooper will bring the program to new heights.

Reverse Discrimination Charged At Bowling Green State

College Press Service

A federal jury has awarded \$122,000 in damages to a journalism professor who claims he was denied a position at Bowling Green State University because he is a white male.

According to The Chronicle of Higher Education, John K. Hartman, an instructor at Central Michigan University since 1984, applied for a job in Bowling Green's journalism department in 1994. The department instead hired Debbie Owens a black woman who Hartman said had less experience and fewer publications to her name than he did.

To support his case, Hartman charged that the school bowed to pressure from an accreditor that was demanding the

hiring of more female and minority faculty members. He also pointed out that the university's Minority Enhancement Fund – established to pay salaries of minority faculty members – had financed the position for which he had applied. The school accepted applications from white candidates even though it never intended to hire any of them, Hartman argued.

"I hope this verdict will cause all accrediting agencies to remove provisions that coerce universities to hire people based on race and gender," Hartman reportedly said.

University officials said they were disappointed by the verdict, and still believe the decision to reject Hartman stems from job qualification, not discrimination. They said Owens was a better candidate for the job because she is an expert in issues related to ethnicity, gender and race.

A judge will decide this month whether Bowling Green must offer a position to Hartman, who told the Chronicle he'd still like to work there.

Three-Year Program

By Andrea Hill

New Hampshire College has a new three-year program, headed by Dr. Martin Bradley. It is an innovative way of teaching and learning. It is a four-year bachelor's degree in three years. It is the first of its kind in the country. It is new and experimental.

Many of the students in the program that I have talked to say although there is a great deal of hard work, it is worth it.

Throughout the three years the students focus on thirteen competencies taken from the traditional four-year program. These competencies are what seem to be the most important areas. The program requires a laptop computer, hard work and motivation. The group likes to call themselves "The Three's." A kind of unity I guess. This group is bound to go far and will have much success in their time. This program cuts out most of the unnecessary classes; it is one year less of tuition and is the future of a quality college education.

SPRING WEEKEND

Thursday, April 23

Music Video Bingo in the cafe 7pm-9pm

Friday, April 24

Evening of Elegance at CR Sparks

Buses leave the Student Center at 6:30pm

Saturday, April 25

BBQ at the baseball game 1pm

Fireworks Display 10pm on the softball field, popcorn and hot chocolate!

Sunday, April 26

Limo Races 9am-1pm

Sign up in the Info Booth before April 15

Orange Crush 1-2:30pm

Catunes 3-6:30pm

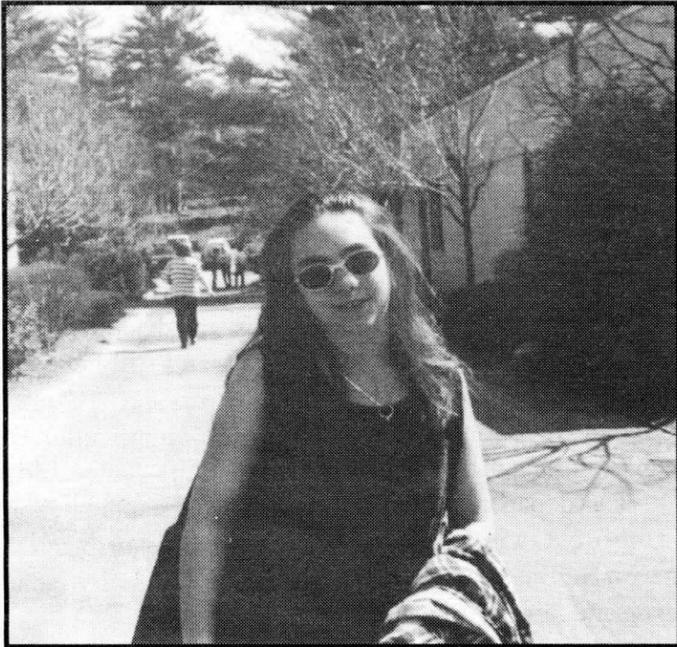
"Trampoline Thing" & other rides

FREE FOOD!!!

Voices and Faces

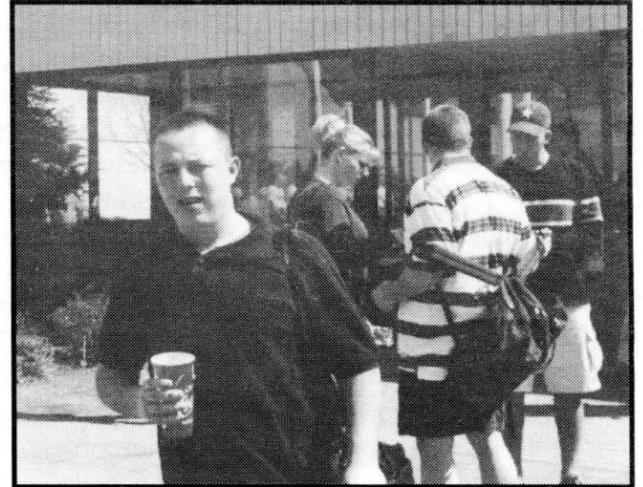
By Rich Winefield and Andrea Hill

What do you think of the Jerry Springer Show?



Andrea Smith
Freshman Accounting Major

"I love all the fights. I love how he is carefree."



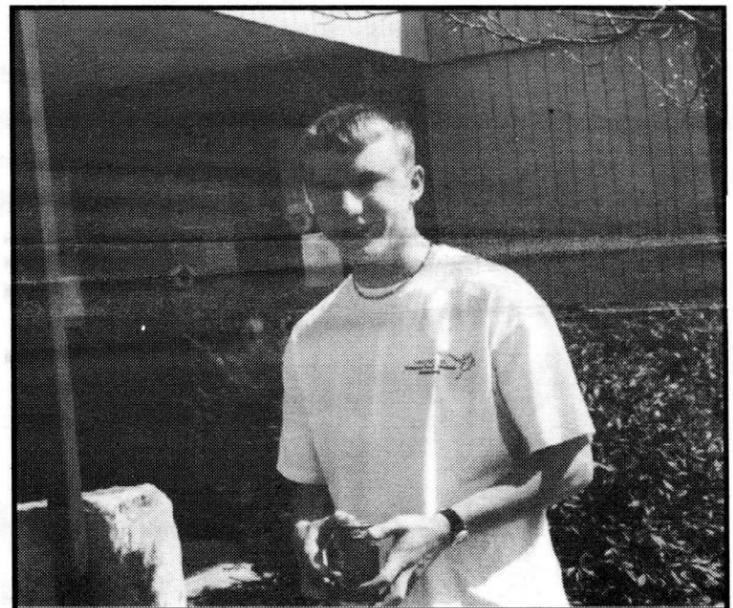
Damon Schrotberger
Junior Business Administration Major

"I think it rocks. The violence is out of control. I think it's fun to watch. It's good entertainment. I don't think it's serious, it's what people want."



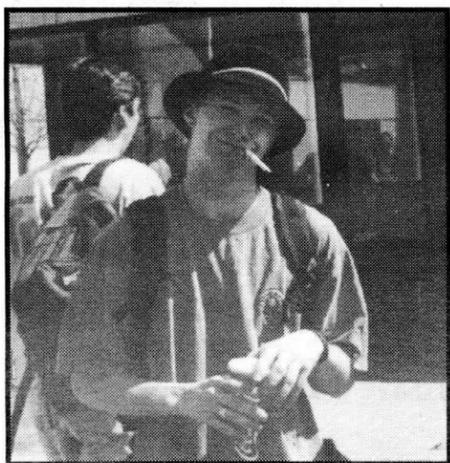
Erin Kery
Junior English Lit. Major

"It's the best. I love the bizarre topics myself."



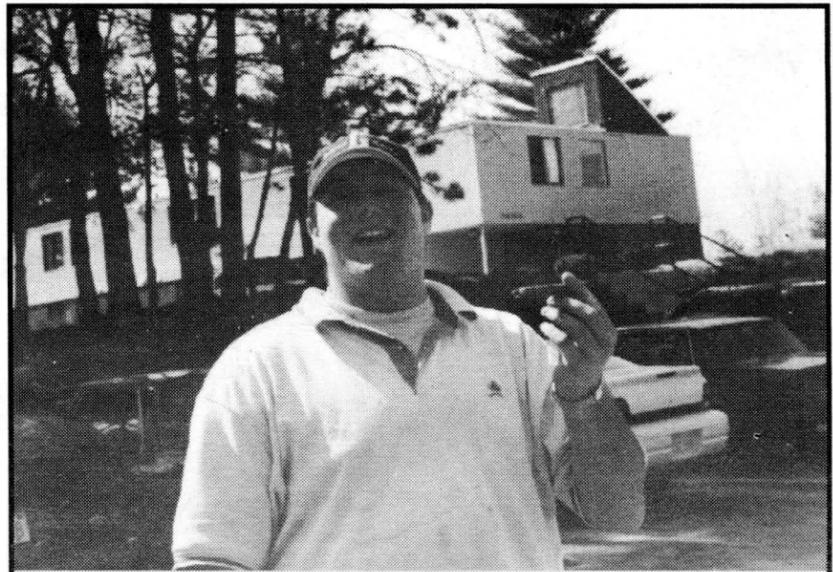
Matthew Neily
Freshman Sport Management Major

"I think he is out of control. At first it was kind of neat but now it's the same thing over and over again. It's kind of boring now."



James Bowmer
Freshman Undecided Major

"Jerry Springer portrays a better part of America."



Michael Crockett
Freshman Hotel and Restaurant Management Major

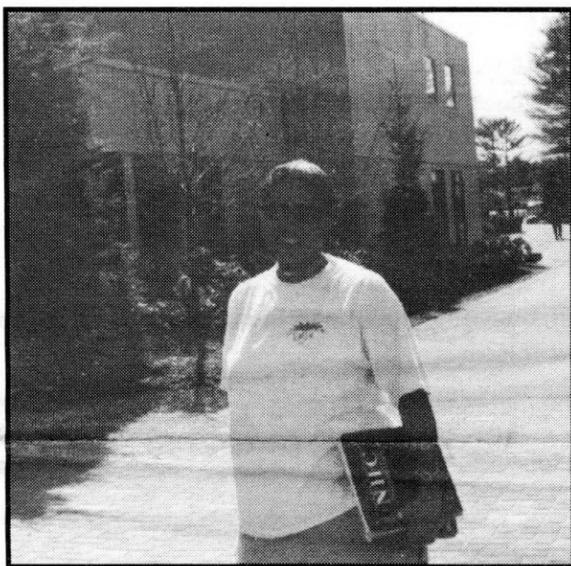
"Jerry Springer, it's entertainment. He gives people what they want, more violence, white trash, trailer park trash. People like it. He's making money off it. I don't see anything wrong with it."



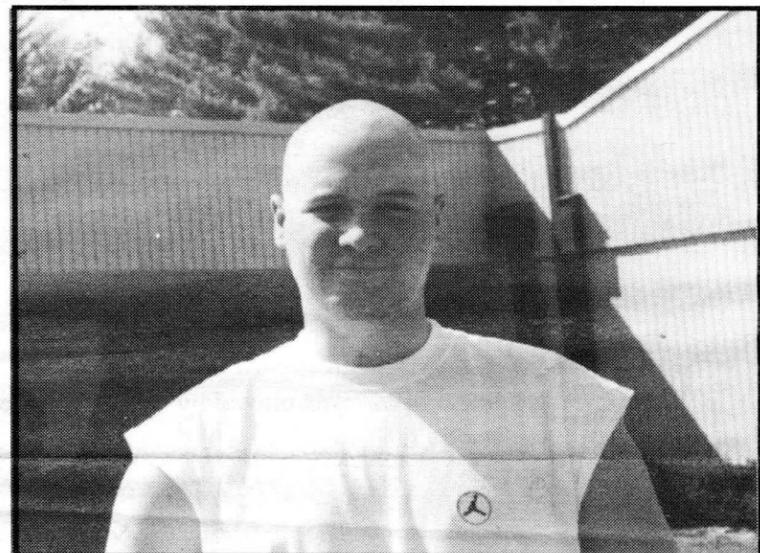
Jack, Anthony, Lucas, Jeff, Jay, Casey and Kevin (not in that order):
"Great," "He rocks," "Gets old after a while," "Women gotta fight more,"
"Bouncers, they gotta lay off. They are getting way too much TV time," "More
Blood."



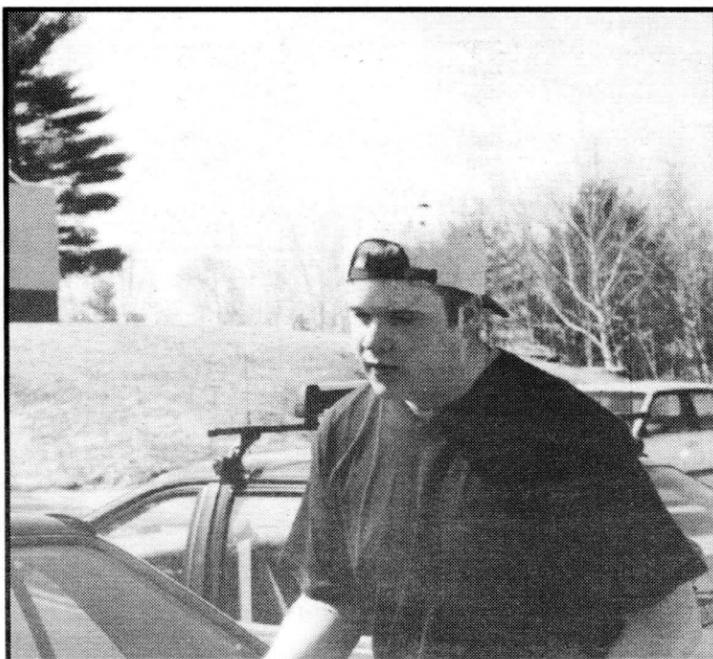
Nathalie Haddad
Junior International Business Major
"I think he's good. He finds out what people want and taps into his whole marketing mind is basically there is a lot of losers out there. He makes the audience feel better by bringing them out there, and the audience is saying thank god I am not that bad."



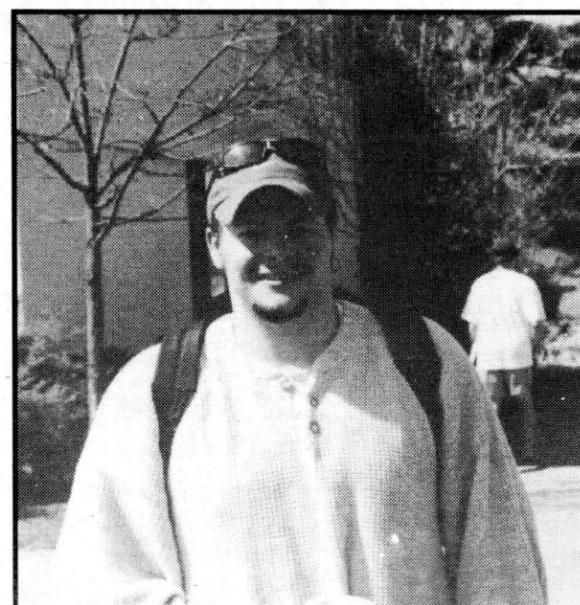
Becky Hemingway
Freshman Undecided Major
"Jerry Springer is funny and I like him, but sometimes he can be rude and that's all."



Jeremy York
Freshman Culinary Major
"Jerry Springer's awesome, what can I say? There's a fight everyday, but that's not even the best part."



Christopher Milliken
Freshman Undecided
"Uh, I have the video. The only reason I get up at noon is to watch Jerry Springer."



Sinbad
Freshman Culinary Major
"Great show. Lots of fights. Fantastic great show. Watch it every day."



“Over the Counter” and “Gram Edie’s Tree”

By Andrea Hill

On March 28, in the NHC AV Studio playwrights had the opportunity to have their plays in progress actually acted out. This was done to help improve the ideas they all ready had. The playwrights were Peter M. Ayer and his play was “Over the Counter” and Rebecca Rule with “Gram Edie’s Tree.” At the end of the plays everyone in the crowd had the opportunity to voice their opinions of the plays.

“Over the Counter,” written by Peter M. Ayer, was performed by student actors from NHC and Gladdy White, director of Plays in Progress, performed a saga of a drug store manager and his assistant.

The play takes place in a glassed-in observation booth in a drug store. The play is set in the

middle 1980’s. The main theme of the play is that Busby, the manager, played by Kevin Moquin, and Sheila, the assistant, played by Susanne Putvain, are secretly involved with each another. The corporate office is spying by using an eavesdropping device and finds out that they are involved. They overhear that Sheila is pregnant. Busby receives a “chain” call reminding him that “relationships between employees are against corporate policy.” Busby and Sheila were confused. They did not know how the office found out about their relationship. Inevitably they found out that the office was spying on them.

The irony of the play was that Busby was given a telescope to spy on Polly, the cashier, who was played by Susan Spencer. It was like a twisted spying game. The playwright, Peter M. Ayer

was very excited about the new ideas and constructive criticism.

In the production of “Gram Edie’s Tree,” Susan Spencer portrayed Sonya, the granddaughter of Edie, played by Gladdy White. Gram Edie is a confused, senile 96-year-old lady. Sonya is a middle-aged woman who is fighting cancer, and has lost her hair. She is at Gram Edie’s house watching her so she does not burn herself or run off and forget where she is (Gram has a history of doing these things). Lorus, Gram Edie’s son, is taken to the hospital. He is Gram’s caregiver. Sonya tries to tell Gram quite a few times that Lorus is in the hospital, and that he is ill, but Gram does not seem to get it. Gram is aware however that she may have to go into a home. It is referred to in the play as a hotel. Gram says throughout

the play that people are always falling in those places. Ms. Rule told us after the play was done that falling didn’t refer to falling down, but to dying.

The play is not based on Gram Edie. The emphasis is supposed to be on Sonya and her struggle with cancer. Although Gram Edie is out of it (mentally) most of the time, deep down she knows what is going on. Gram Edie asks Sonya to promise to her that she will keep on fighting. Towards the end of the play there is a phone call at the house. The phone call was to inform Gram that Lorus had “fallen.” The title “Gram Edie’s Tree,” is so because of a tree in Gram’s back yard, it was twisted together with another tree. I think it represents Gram and Sonya connecting like they hadn’t before.

Guster
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Special Guests
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Doors open at
7:30p.m.
Students must
have I.D.
Student tickets \$8
General Admission
\$12.50

U.S. Marshalls

By Andrew Cummings

In August of 1993 the film *The Fugitive*, starring Harrison Ford and Tommy Lee Jones, was released and went on to critical acclaim, Academy Award nominations and even a couple of victories (one for Jones and one for sound effects editing.) Even the financial success of the film was intriguing to its producers. It was the largest money-making film ever where the script was taken from an old television show. So, with *The Fugitive* grossing 100 million dollars plus and the way film makers go about their work today, of course had to come the sequel.

In 1997, the script to *U.S. Marshalls* began to float around Hollywood. When the original’s

star (Ford) was approached with the idea, he immediately rejected it and that was that. The movie’s other star (Jones), however, thought this would be great project and signed on. The script was re-written, the rest of the cast was rounded out and the sequel to the ’93 blockbuster started production.

Although the film’s production company insists this be called a “spin-off” not a sequel, it contains many aspects of the first film. Jones’ character and the rest of his original team are back at it, except this time it is not Ford they are chasing but Wesley Snipes. Snipes’ character gets in an automobile accident, and while he is in the hospital, his medical records indicate that the FBI wants him for the murder of two agents. While he is being escorted to Washington, the plane crashes and Snipes gets away. The body of the film for the next

hour is just Jones and his U.S. Marshalls trying to track him down through swamps and across the country into New York City. It comes out that Snipes used to be an agent in the bureau and was framed for these murders, and the reason he is in New York is to try to clear his name.

All this time, the Marshalls and a bureau-appointed agent (played by everyone’s favorite coke addict, Robert Downey Jr.) are on Snipes’ tail and are trying to “get to the truth.”

Without telling everyone the predictable ending, I’ll just say the acting carries this film and once again we must take our hat off to Jones for his superb work. Overall, I would say this is one of those films that makes a good rental, but I would not rush out to drop eight bucks on it at the theater. The plot has its holes, but if one takes this film for its entertainment value only, you will not be disappointed.

First Ladies at NHC

By Tara Cowdrey

On March 26 the NHC cafeteria was the setting for a thought-provoking performance. Props and part of the production were taken from the Museum of First Ladies, located in Washington, D.C. This event was a one-woman portrayal of First Ladies by Robin Lane.

In this dramatic presentation, the audience was introduced to six First Ladies: Jackie Kennedy, Eleanor Roosevelt, Mary Lincoln, Julia Tyler, Rachel Jackson and Abigail Adams.

In her entertaining but accurate portrayals, Lane presented the first wives as they really were: thoughtful, caring human beings whose lives were profoundly affected by their husbands' positions as presidents of the United States.

The first First Lady portrayed was Mary Lincoln. Lane wore Lincoln's shawl and hat and became her character. Lincoln was a political advisor, and she had a spending problem. She was forced to stay silent about her opinions and ideas.

During Lane's portrayal of Lincoln, there was music in the background, and she began to sing to it. She has a very nice voice.

Julia Tyler was introduced next. She was called the Rose of Long Island. She loved being treated like a queen. She was referred to as Mrs. Presidentess. She was an exuberant woman who was 30 years younger than her hus-

band.

Lane then became Rachel Jackson. She was unfaithful to her husband. When she married President Andrew Jackson, her divorce to her first husband had not been final.

Lane then became the elegant Jackie Kennedy and read a page from her diary. She went into in-depth detail about her husband's assassination and how she was treated at the hospital. She remembered kissing his foot and holding his hand with her blood-stained glove and wedding ring.

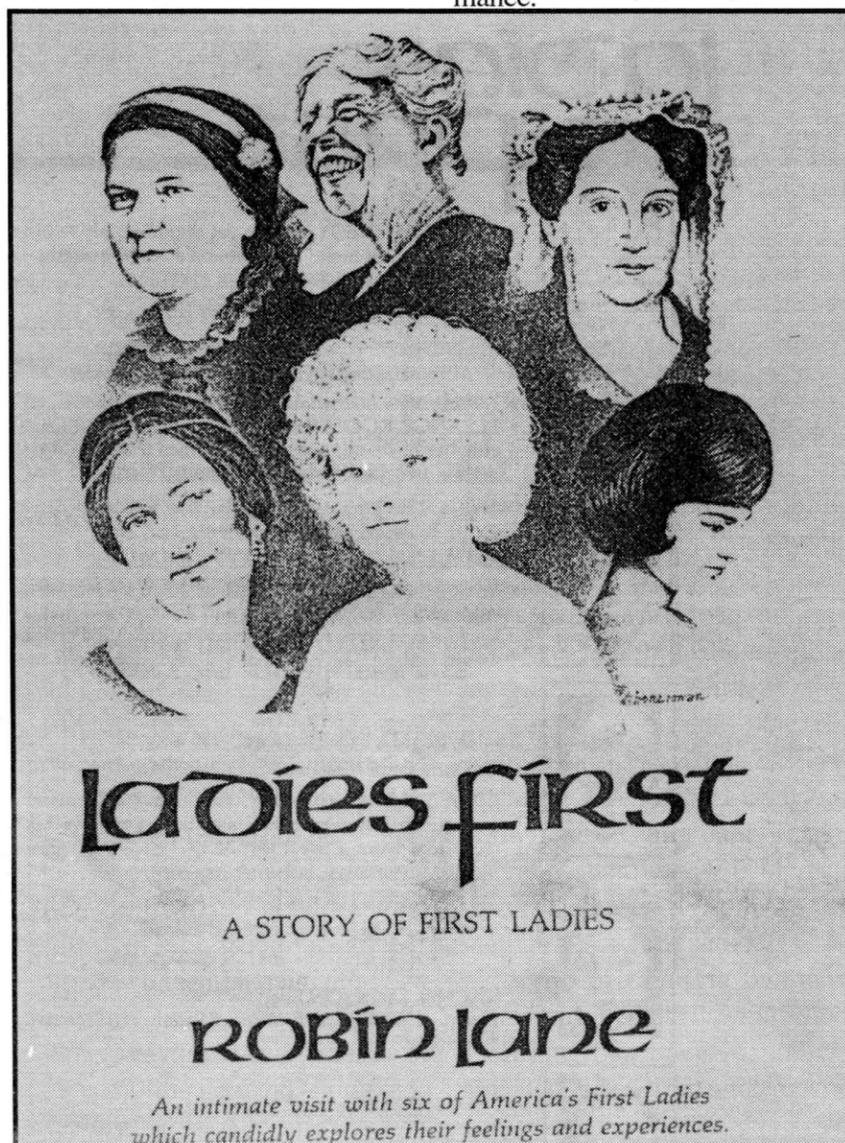
In the background, a record played called "Camelot." It was the song Mr. And Mrs. Kennedy listened to every night before they went to bed.

Lane presented Mrs. Eleanor Roosevelt as a shy person early on in her marriage. Then she overcame her shyness by helping her husband when he was in a wheelchair.

Part of the importance of this segment was to stress the fact that women were important and had an effect on their husbands' lives.

The last vignette was about Abigail Adams, the second First Lady. She was the first wife to actually live in the White House.

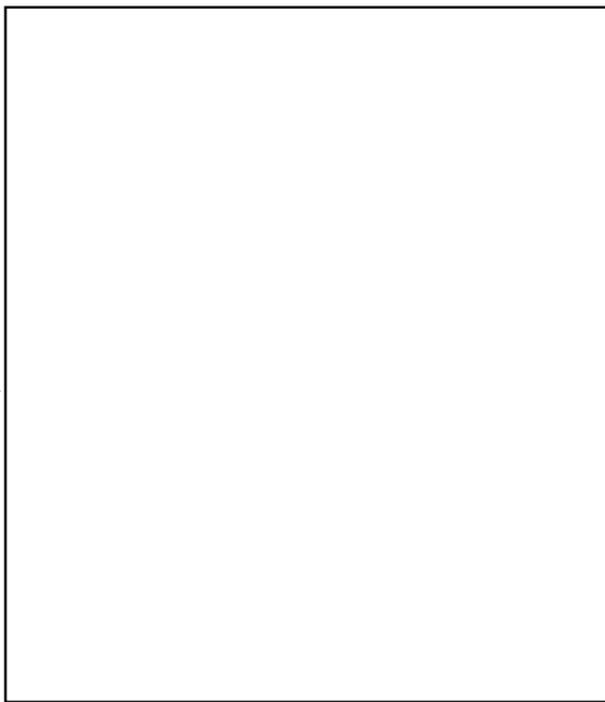
One reason Lane has a particular interest in First Ladies is that she is a descendent of Abigail Adams. She was the wife of John Adams (the second president) and the mother of John Quincy Adams (the sixth president). Overall, this was a well-acted and informative performance.



OBSERVER'S NEW CONTEST

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MOMENT IN 100 WORDS
OR LESS. DEADLINE IS
APRIL 22. JUST DROP IT
OFF IN BOX 1084.

WINNER WILL RECEIVE
\$25 AND PUBLICATION OF
THEIR MOMENT.



Become "Doctor in a box"

College Press Service

Marcel Marceau will be awarded the Honorary Doctor of Humane Letters degree at Ohio State University's winter commencement ceremony in December.

Marceau, who is now on his 50th anniversary tour of North America, is an internationally acclaimed mime and movement artist. His most famous character, Bip, is known for his striped pull-over and opera hat.

"I am very thankful that the university recognizes what he has

brought the world and this art form," said Jeanine Thompson, assistant professor and movement specialist in the university's theater department.

Thompson has studied with Marceau and has been a demonstrator in his seminars since 1987. She has been teaching his work since 1990.

"It has been an extraordinary and challenging journey with him," she said. "His technique is based on the essence of thought and emotion."

SGA News

SGA Brief & Election Results

By Ben Sutch

In a whirlwind of last minute work and a general buzz of activity to make sure the Board of Trustees proposals went off without a hitch, SGA chalked up a huge victory. All three of the proposals found solid support from the Board and the presentations gained much applause from those attending the presentations.

More importantly comes the news that two of the projects will be undergone this summer in preparation for the '98-'99 year. The first of these projects is the AV Studio renovation. With SGA pitching in half the cost, the Board pledged at the presentations to cover the difference. The keyless entry locks for the apartments have also been subsequently approved. Last but not least is the support of the Board in regards to the Student Center proposal.

Next on the plate of SGA is the time-consuming, mind numbing, arduous, painful, but always fun budget hearings. In a swirl of meetings, SGA will take on the task of approving the schools approximately 35 club's and organization's budgets.

Last on the big headlines for SGA is the past election. This was the "Big One" that placed next year's executive board into office. Leading the crew for next year as President will be junior Bill Kovel. Working as Vice President to Kovel will be freshman Ben Sutch. Secretary-elect will be Sheri McCall. Returning for a second term in office as Treasurer will be Nancy Dusseault.

PS. Also, I must pass along a correction to the school on behalf of Gianni Urso. NHC will be having a spring concert with the likes of "Rustic Overtones" performing along with others.

Patrick Combs...Major in Success

By Adrian Mroczo

On March 31, NHC hosted Patrick Combs in the small gym. Combs is a guest reporter on REAL TV and HARD COPY, in addition to being an author and motivational speaker. Directly out of college, Combs achieved immediate professional success, landing a teleconferencing job at Levi Strauss and earning an \$80,000 salary.

Combs is a speaker unlike any other. His lecture began with several video clips of his reports on REAL TV and some ice-breaking activities. He used his enthusiastic personality and computer-generated graphics to drive his points home. He got the audience excited, involved and confident about making the most of their col-

lege experience. Very high on his list of tools for success were internships and professional organizations. According to Combs, the more internships a college student can get, the more valuable they are to prospective employers. To help prove his point, Combs referred to personal acquaintances of his who had also achieved success, as well as some inspirational quotes from his favorite books.

At the end of the program, Combs gave out and autographed copies of his best selling book "Major in Success." The lecture was both interesting and very motivational. The event was well worth attending thanks to Combs' contagious positive attitude.

Virginia professors win access to Internet porn

College Press Service

It's OK for professors at state universities to view sexually explicit materials on the Internet, a federal judge recently ruled.

The decision has struck down a 1996 Virginia law that prohibited state-owned computers from being used to "access, download, print or store any information, infrastructure files or services having sexually explicit content."

The law did exempt material being used for research, but it still required state school instructors to seek their supervisors' permission first.

"The law put me in the curious position of having to seek permission from my dean to pursue the very research interest I had been hired for," said Terry L. Meyers, a plaintiff in the case. Meyers is an English professor specializing in Victorian poetry at the College of William and Mary.

U.S. District Court Judge Leonie M. Brinkema ruled that the law violated instructors' and researchers' First Amendment rights to free speech and put "unbridled discretion in the hands of state administrators." She also noted that a "significant portion of the sexually explicit material restricted by the Act is available in the Commonwealth's own Virtual Library of Virginia." The library is designed to help professors and researchers, she added.

Fashion Paradise

Tropical Trends and Beyond



Sponsored by the
Retail Promotion Class

Dinner and Fashion Show

April 9, 1998
dinner starts at 6:00pm
in the small gym
Tickets are \$11

and may be purchased on your Validine card.
Tickets will be sold in the cafe 11:30-1:30pm
and in the info booth.

NOTHING BEATS SITTING DOWN TO BREAKFAST IN THE CAFETERIA WITH THE LATEST ISSUE OF THE OBSERVER HOT OFF THE PRESS AND A NICE WARM BOWL OF OATMEAL!!



Students' "Rip and Run" methods ruining library resources

College Press Service

Many college librarians across the country say students are gaining easy access to information, not from the Internet, but by using the increasingly popular "rip-and-run" method.

Tearing pages from books, magazines and journals is an old problem for libraries but one that seems to have intensified in these days of hustle and bustle, when students can't spare more than five minutes in any one place.

Snatching a page, picture or entire passage is quick for students but costly for schools. It's not unusual for campus libraries to spend thousands of dollars each year to replace damaged materials, said Andrew Hart, preservation librarian for the University of North Carolina at Chapel Hill. He

estimated the university spent about \$2,000 last year to replace vandalized items.

"And those were just the ones we knew about," he said. "We still don't know how much damage is still sitting on our shelves. And we won't know until someone brings it to our attention."

"It's sad because the money we spend to replace material is money we can't spend on new things," he said.

Even worse, he added, is that there are no guarantees the missing information is replaceable. When books and journals that are long out of print are damaged, Hart said librarians must find other libraries carrying them. If they're successful, photocopies are made and the entire book is rebound to hold them in place.

"It's a time-consuming process," he said. "And color illustrations can't be reproduced."

"I think it's really sad that a minority of readers can have such a big effect on so many other people."

Darlene Miller, a senior at Arizona State University, counts herself among those "other people."

"I've had assignments of mine be late simply because the material was removed from the book," said Miller, who works in her school's copying center. "We are always having to send people to tell the librarians that pages have been ripped out."

No section of student libraries is safe from vandalism, but the reference collection seems to be the hardest hit. Hart said he's seen drawings and photos of nude women's bodies ripped from medical journals and entire chapters missing from textbooks.

"I see journals come back to us with pages ripped out all the time," said Tuwana Lightfoot,

who works at the circulation desk at a Florida State University library. "And some of those cost \$200 to replace."

Damaged reference materials seem to have the most widespread effect on students, said David Rodriguez, a librarian at Glendale Community College in Arizona.

"When a class gets an assignment, you have 30 or even 100 kids in here, and they all want the same information," he said. "Once a student takes a page, other students miss out. It's not so much the cost in dollars, but what it's costing the other students who won't have access to the information."

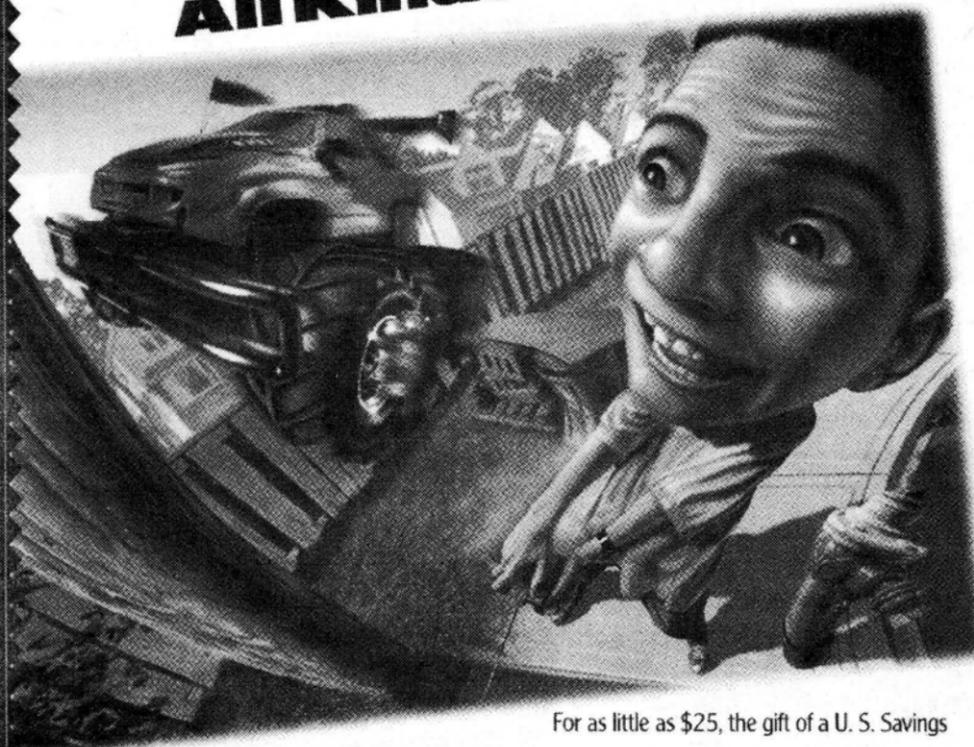
There's not much librarians can do to protect reading materials, but they certainly try. When a particular vodka ad became a popular collectible, Hart said librarians marked through them "to prevent the article on the other side from being taken."

"We'd like to not have to deface our own property, of course," he said. "But if we have to do so, we will."

With more information becoming available at the click of a mouse, why aren't more libraries protecting hard copy by putting materials on the web? If students did their research using computers, wouldn't that put a stop to the mutilations of many materials?

"The problem with the web is that you need to get the copyright for each and every piece of work," Rodriguez said. And publishers don't want one piece of an author's work on the Internet, they want the whole series."

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Alumni Leader Corps Members

Congratulations go out to the following students who were recently selected to the class of 1998 Alumni Leader Corps.

Executive Officers

President:	Chad Mason
Co-Reunion Chair:	Kristina Gorczyca
Co-Reunion Chair:	Jennifer Riley
Co-Fund Raising Chair:	Scott Martin
Co-Fund Raising Chair:	David Smirles
Newsletter Chair:	Adrian Mroczo

Members

Adam Anolik	Marc Battaglia
David Bolduc	Corey Colello
Melissa Conti	Duane Hinds
Chris Hodge	Jessica Gardner
Jennifer Jenness	Michael Layman
Jennifer Sillo	Jennifer Tucker
Gianni Urso	

The leaders of NHC lacrosse

By Chris LaPerle

The heart of the New Hampshire College lacrosse team is its three captains. Each captain has a good deal of college experience, but captain Butch Howie has the most. Butch started playing lacrosse at the pee wee level and has continued playing for twenty-six years. "When I was much younger I played tee ball. I got hit in the face with the ball, so my mother told me I should play another sport that you wear a helmet with a mask. So that's when I started playing lacrosse," he said. Another experienced captain is Jay Andrews. Jay has been playing lacrosse for NHC for the past three years. The third captain is John Krause. What makes John unique is he has been playing lacrosse for only two years. Those two years of lacrosse are at NHC. "I had a lacrosse stick when I was in high school, but I never went out for the team (high school)," John said. "One day I decided that I wanted to play, so I started right here at NHC."

All three captains were asked, "How do you feel being a captain of the lacrosse team at New Hampshire College?" The response was unanimous. They said there is a lot of responsibility, you have to be a leader, you have to work hard, set good examples and be a great role model for the team. Butch also said, "There is a lot of extra work and responsibility off the field the captains have to do because the coach can't do it all."

The captains were then asked, "What do you think of this year's lacrosse team?" Jay explained, "The team is molding together well, and there is a 110% improvement." John said, "The team is young, but has a lot of talent and potential this season." Butch stated, "The team is much better than last year."

Head coach Paul Calkins was asked what his thoughts are about these three captains. With a laugh he said, "John is a captain that leads by example, Jay is a very vocal leader, and Butch is a combination of both." About this year's team the coach said, "I feel this year we have a young, inexperienced but energetic, hard-working team. They are a great bunch of kids."

With the drive and commitment from the three student leaders they could guide this young lacrosse team to a chance to make it to the playoffs. I strongly encourage all students to attend all the

home games. If it is a nice sunny day outside, you have no afternoon classes, and you need something to do, follow the sound of the music coming from the lacrosse field, and see this hard-working energetic team give no mercy to any team that steps on to New Hampshire College's battlefield.

The schedule of the home game is as follows:

New England College

April 16 @ 3:00

Plymouth State College

April 18 @ 1:00

University of New Haven

April 21 @ 4:00

Franklin Pierce College

April 27 @ 3:00

The Pride of Nashua

By Stephen Torrisi

Have you heard? New Hampshire has a new professional baseball team. The Nashua Pride is opening its inaugural season on May 21, 1998. They are a charter member of a brand new league called the Atlantic League of Professional Baseball. The league consists of six teams, including the Pride. The five other teams are the Atlantic City Surf, Bridgeport Bluefish, Lehigh Valley BlackDiamonds, Newark, NJ Bears and the Somerset Patriots. The season consists of 100 games. Nashua will play 60 home games and 40 road games. Next season, when the league expands to 10 teams, there will be a total of 140 games with 70 home games and 70 road games.

The Nashua Pride is managed by former major league ballplayer, and good friend of Mo Vaughan, Mike Easler. Easler has a lot of friends throughout the major leagues and will hopefully bring some former major leaguers to Nashua. The Pride will be playing at Holman Stadium right in downtown Nashua. The owner of the team, Chris English, has invested \$750,000 of his own money to renovate the stadium. There are seats being put in as you read this. The seats were purchased from Fulton-County Stadium in Atlanta (The Atlanta Braves old stadium). Also, the lights are being moved from the playing surface to the outside, where they are out of the way of the fans' line of sight. There are also going to be brand-new concession stands throughout the stadium. All the concessions are being run by Volume Services. It is a nationally known company which has contracts with such stadiums as Yankee Stadium and Jack Kent Cook Stadium in Washington, D.C. Holman should look like a top-of-the-line minor league facility.

The Pride is going to be a fun team to watch at low cost to

the fans. The ticket prices range from \$6 for lower reserved seats, \$5 for upper reserved seats and \$3 for general admission. There is also a Besttix ticket package available. This is a group of six games that the team thinks are going to be the best of the season. You get to pick from four different groups of six games. The price of these packages is \$36 for lower reserved and \$30 for upper reserved. There is also a picnic area for groups of 20 or more. In this area, different dinner packages are available for the groups. A group can come to the park an hour before the game and have dinner while watching the teams practice. This area is also used for general admission ticket holders.

So, I suggest you come out to the park this summer and check out the Pride. See why Nashua is excited about baseball.

Thunberg earns Honors

Source: NHC Press Release

Lotta Thunberg, senior ~~midfielder~~ on the NHC women's soccer team, has been voted a District 1 GTE Academic All-America by the CoSIDA. It is the second-straight year Thunberg has been named first team all-district. She is looking to become the first female athlete from NHC to be named to a national CoSIDA/GTE Academic All-America team.

Thunberg led NHC to a 15-4-0 record and a first ever appearance in the NCAA Division II Tournament last fall. A native of Mora, Sweden, she led the team and ranked third among the NECC leaders in points and established a new school-record for assists in a season with 22. Her 22 assists ranked her first among all Division II players this fall. Her efforts earned her second team All-America recognition from the National Soccer Coaches Association of America (NSCAA). A two-time NSCAA All-Region selection, she started every game over her three-year career and led the Penwomen to a combined 43-12-2 record and three-straight post-season tournaments. She closed out her career ranked eighth in career goals, second in career assists and fifth in career points among NHC's all-time leaders.

She has maintained a 3.95 cumulative GPA and will receive her degree in Interna-

tional Business this May. She was selected NHC's Female Scholar-Athlete of the Year last year and also serves as a NHC Ambassador, a select group of student leaders who work to enhance the relationship between NHC and the community.

All District Honors

Source: NHC Press Release

NHC athletes Nick Therrien and Ulf Karlsson have both been honored by the College Sports Information Directors of America (CoSIDA) as District 1 Academic All-America selections. Both were named to the Fall/Winter Men's At-Large College Division District 1 team, and are now eligible for selection to the national Fall/Winter Men's At-Large College Division team. The national team will be announced April 21.

A total of 10 athletes, representing a variety of all and winter sports, were selected from colleges throughout New England, New York and parts of Canada. To be nominated the student-athlete must be a starter or important reserve with at least a 3.20 GPA.

Therrien, a senior forward on the hockey team, led the Penmen to a 14-9-1 record and its first post-season tournament appearance since 1990. He totaled a team-high 53 points and ranked fifth nationally among Division II players in points per game. A three-time ECAC Central Player of the Week, he closed out his career ranked sixth in career goals and eight in both career assists and career points among NHC's all-time leaders. A native of Manchester, NH, Therrien has maintained a 3.82 cumulative GPA and has been named to the President's List each semester. As a Math Education major, he has spent the current semester student teaching at Memorial High School. He becomes the first player in the history of the NHC hockey program to earn District 1 GTE Academic All-American honors.

Karlsson, a senior midfielder on the men's soccer team, led NHC to a 17-2-1 record and an appearance in the NCAA Division II Tournament last fall. He has started 54 out of a possible 57 games over the past three seasons and has led NHC to a 46-8-3 record and two NCAA Tournament appearances. A native of Goteborg, Sweden, he has maintained a 3.79 cumulative GPA and was named NHC's Male Scholar Athlete of the Year last year. He will receive his degree in computer science this May. He is planning to enroll in graduate school at NHC and take advantage of his final year of eligibility next fall. Karlsson becomes the third men's soccer player from NHC to collect District GTE Academic All-America honors.

NHC off to a slow start

Source: NHC Press Release

At an away game, Stonehill College swept a softball doublerheader from NHC on March 26. It marked the 1998 season opener for the Penwomen.

Senior Katie Palos and junior Sarah Wolstencroft accounted for NHC's two hits in the first game.

Junior Amie Adams paced NHC with a single and a double, while sophomore Sherri Evans singled and scored NHC's lone run in game two.

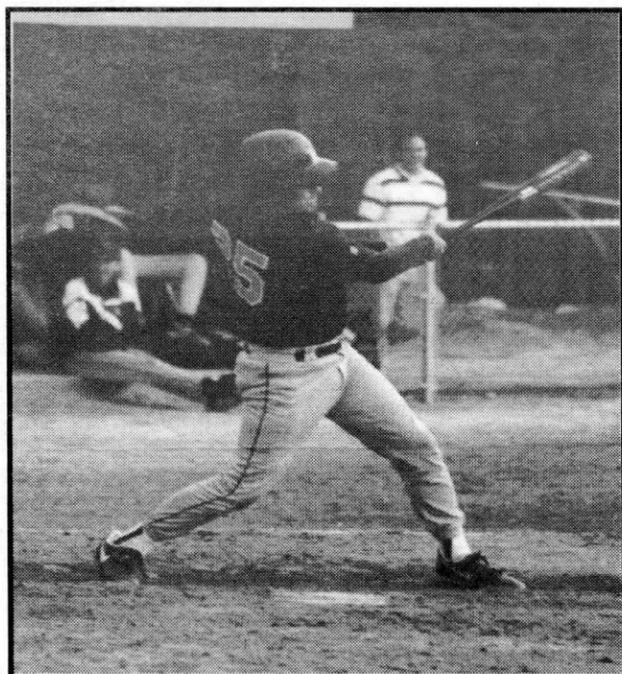
The University at Stony Brook softball team

swept a New England Collegiate Conference doubleheader from NHC at home on March 28. NHC fell to 0-4 overall and 0-2 in the NECC.

NHC rallied and tied the game with a run in the fourth and two runs in the fifth. Junior Sarah Wolstencroft lined two singles for NHC, while freshman Mandy Veilleux had a RBI double. Senior Katie Palos went the distance on the mound for NHC. Wolstencroft went the distance on the mound for NHC in the second game, and she also contributed at the plate with a double and run scored.



Erika Chadwick swings for the fences in a recent game. (File Photo)



The Penmen are off to a good start this season thanks to contributions from Jason Trask and others. (File Photo)

St. A's fall to NHC

Source: NHC Press Release

The NHC baseball team swept a doubleheader from Saint Anselm College on March 31 at Penmen Field. NHC took the opener, 5-2, and then completed the sweep with a 13-0 victory in the nightcap. Game two was called during the sixth inning due to darkness. NHC evened its record at 7-7. NHC entered the day ranked fourth in the New England Divi-

sion II coaches poll.

Freshman pitcher Alan Hill worked all seven innings in game one and improved to 2-1 on the year after scattering six hits and not surrendering a walk. Junior Frank Gioia went two-for-three and belted a three-run homerun in the third inning to lead NHC at the plate. Senior Nick Xintaras helped the Penmen cause with three hits and one RBI.

NHC belted 14 hits

in game two and broke the contest open with a seven-run fourth inning. Senior Jeff Weakes delivered a two-run homerun during the rally, and in the process set the school record for most career homers with 15. NHC junior Scott Bilodeau extended his hitting streak to 24 games after lining a single in his second at bat. Senior Todd Shufelt worked all six innings on the mound for NHC and scattered five hits.

Upcoming NCAA Action At NHC...

APRIL 8

Baseball and Softball VS Franklin Pierce College

APRIL 11

Baseball and Softball VS Sacred Heart University

APRIL 9

Lacrosse VS UMASS-Boston

APRIL 14

Baseball and Softball VS University of Albany

APRIL 16

Lacrosse VS New England College

APRIL 18

Baseball and Softball VS University of New Haven
Lacrosse VS Plymouth State College

Recent Lacrosse Results

Source: NHC Press Release

At Penmen Field on March 28, the men lost, 17-4, to University at Albany. It marked the 1998 season opener for NHC.

Senior Butch Howie scored two goals for NHC, while freshman Dave Schatzman recorded a goal and an assist in his Penmen debut. Senior Mike Potter also scored for NHC.

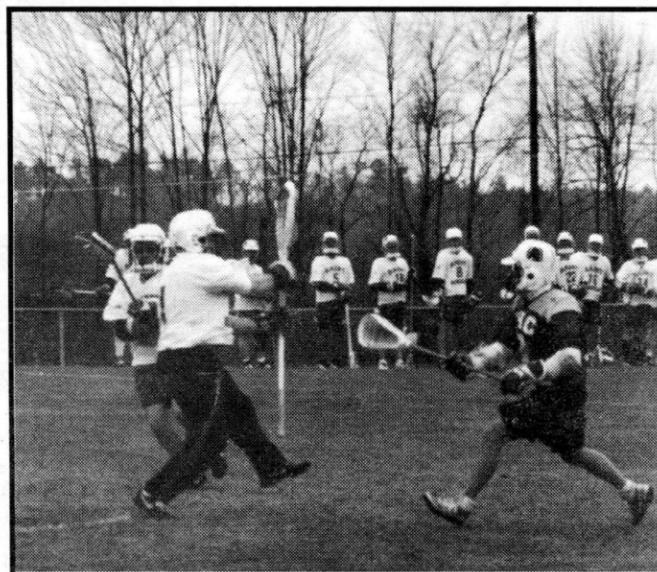
Sophomore Chris Devoe went the distance in goal for NHC and made 17

saves.

The nationally ranked Bentley College men's lacrosse team got goals from 12 different players enroute to a 26-4 victory over NHC at Penmen Field on March 31.

Schatzman and freshman Scott Forzaglia both netted two goals for NHC.

Devoe went the distance for NHC and made 23 saves.



Butch Howie on the field at a recent home game. (File Photo)