



# The Observer



Volume IV, Issue 1

New Hampshire College

October 22, 1997

## Forget the New Kids on the Block...check out the new building on campus!

By Laura France Demers

Wow! Did you see that new building at the NHC main entrance? Of course, you couldn't have missed it. It might be a great-looking building, but not everyone knows what it's for. Called the International Center, the building houses the American Language and Culture Center (ALCC), which provides English language instruction for students from other countries.

According to Diane Dugan, the director and academic coordinator of the ALCC, "in 1981 a dozen students at NHC were 'limited English proficient' and needed more support." She was asked to tutor. Then NHC advertised having English as a second language, faculty was added and a curriculum was developed. Beginning in Winnepesaukee Hall, the first official class had only ten students. By the next year, enrollment had increased to about 45 members, and the program was moved to Frost Hall. During the next few years the program increased and was moved to North Campus. Now there are about 120-200 students in the program each semester, and the need for a separate building was obvious.

Although there are no classes available for beginners, students are able to come here before they are even freshmen in order to prepare for college. Once students begin the program they are usually at the point where they can read English but do not understand well what it means and might not be able to speak it. They then go through five levels in the program and may go on to the transitional program for undergraduates or the transitional program for graduate school. All in all, Dugan explains, the teachers there "take what is incomprehensible and make it comprehensible" for the students. It is an intensive English program and has recently added computer-assisted language learning with a separate room for computers. Dugan invites us all to go visit the happy atmosphere at the ALCC.

## When dating turns ugly: coping with relationship violence on campus

By Colleen De Baise  
College Press Service

Tamara Williams, a University of Michigan senior, tried to escape him.

As he lunged at her with a knife, she ran terrified from her campus apartment. He caught up with her on the patio and stabbed her at least 10 times, as horrified neighbors watched helplessly.

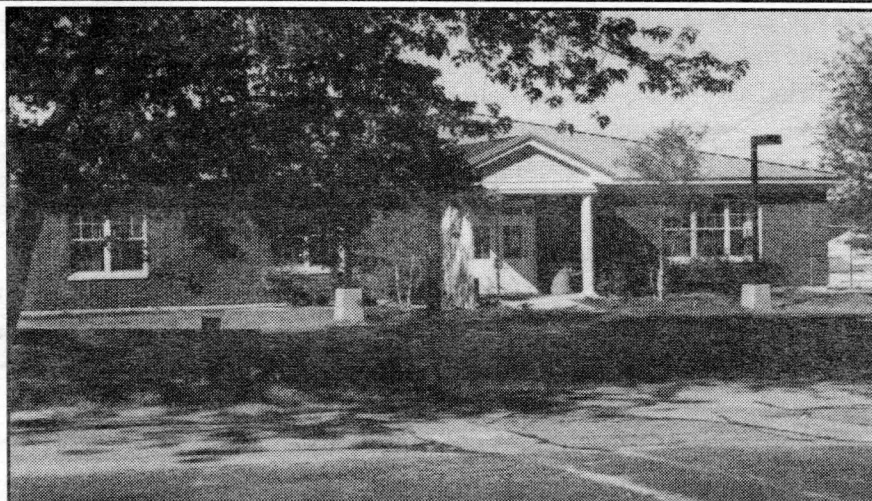
"Look what you made me do!" he screamed at Williams, neighbors later told police. "I've had enough of you! You drove me to this...we're going to burn in hell together."

"He" was Kevin Nelson,

William's boyfriend who shared her apartment. Even as police officers arrived, he refused to stop furiously stabbing her. Police fatally shot Nelson, not a Michigan student; Williams, 20, later died in surgery.

The murder, which happened this September shortly after the start of classes at Michigan, shocked many who thought college campuses were safe havens from domestic violence. But while most students enjoy healthy dating relationships, a number of them—some studies suggest as many as one in four students—experience some type of relationship violence.

(continued on page 12)



ALCC Building, the newest addition to NHC's campus

Photo by Bob Lindquist

## Greek life

By Alisha Frykenberg

Sororities and fraternities at NHC began their recruitment process excitedly these past few weeks as they held rushes, talked about their organizations and answered any questions an interested student might have had.

NHC has eight fraternities and sororities on campus. These Greek organizations integrated themselves into NHC life in 1969 and are determined to teach their members the social skills needed to interact with diverse people.

This semester has been an exciting one for the brothers and sisters of the Greek system. Fall 1997 is the first time first-semester freshmen have the ability to pledge. Previously the college administration believed the impact on grades and freshman adjustment periods would be too much. Only recently have they come to look at these Greek organizations as any other organization or extracurricular activity.

In order to pledge a sorority or fraternity one must have a 2.25 grade point average from high school and at least 15 credit hours. This, integrated with three-hour mandatory study-periods, suggests grades will not be the lowest priority for the Greeks.

This new first-semester

freshman acceptance made rush week exciting as each fraternity and sorority explained what made their organization worth being a part of. After rush week, came interviews for those that had submitted an application to a certain group. During the interview, questions were asked about the applicant, and the applicant voiced any concerns he/she had about entering the organization. Following the interviews, those that were deemed acceptable received "bids" to pledge for that sorority/fraternity. Now comes pledging, usually about a five to six week period in which the new members are acclimated to the life of that sorority/fraternity. Study-periods, bonding time, learning about the organization's family tree and learning the Greek alphabet are all a part of these adaptations.

The Greek organizations take part in and are responsible for many functions and events that happen on campus. Thursday, October 30, Kappa Chi and C.A.P.E. are hosting a Halloween party in the pub and student center. Costume contests, pumpkin-decorating contests and good food will be present. The sororities and fraternities are also very community oriented in the services they provide or the fund-raisers they participate in to help others.

### Inside ...

Page 2 - Editorials

Page 3 - FYI

Page 4 - FYI

Page 5 - FYI

Page 6 - Entertainment

Page 7 - Entertainment

Page 8 - FYI

Page 9 - ad

Page 10 - FYI

Page 11 - FYI

Page 12 - FYI

Page 13 - FYI

Page 14 - FYI

Page 15 - FYI

Page 16 - Sports



The Maintenance Department in conjunction with the New Hampshire College Observer has a customized recycling program. Just deposit your copy of The Observer in recycling bins located in the Student Center.





## From the editor's desk

Dear Students,

Welcome to the first issue of The Observer for the '97-'98 academic year. I'm sure most of you have discovered that alcohol consumption and parties may be part of the college experience. I realize people are going to party and try to have a good time on a Friday or Saturday night. But recently something has been happening that, frankly, scares me. In the last two months, New Hampshire College has had to call ambulances on six occasions to transport students to the hospital for alcohol poisoning. Six times in two months? That's more times than all of last year. What's happening to our student body? I'm worried about us as a campus and I'm worried about you as individuals.

I realize this situation is not exclusive to our campus. Lately, the news has shown us several students who have lost their lives because of alcohol. Students are literally dying to have a good time. Recently a student was found in the area by the cafeteria, after a night of partying, covered in his own urine and vomit. How is this a good time? I find it hard to believe that there wasn't a point at which this person thought another drink may not be such a good idea. People rarely party alone. Where were the friends of this person? What were they thinking?

I am not the only one concerned about this college trend that seems to be developing. Recently, a letter was sent home to the parents of the student body encouraging them to talk to their children about drinking. From my point of view, I'm not concerned with your well being because of your tuition money, or your sports ability or however else you benefit this institution. I am worried about you for you, because I think you deserve better than to be found lying on the ground covered in your own bodily secretions and incoherent.

Do you think the dead guy from MIT (see article on page 5) thought for a minute that he was going to kill himself that night? I don't. Please think about this the next time you're going to party. And remember that just because you aren't driving anywhere doesn't mean you can drink irresponsibly. Until next time. Take care of yourselves.

Tracey Fontaine  
Co-Editor in Chief

The Observer welcomes correspondence from students. Please include your name, address and daytime telephone number. Letters are subject to condensation. If sending your letter on a disk, please be sure to type and save it using Microsoft Word to ensure compatibility and faster processing. Letters must be signed.

Our mailing address is:

Letters To The Editor  
The OBSERVER  
2500 North River Road  
Box 1084  
Manchester, NH 03106

If you are on-campus, drop your letter off at either the Mailroom or through the slot in the door at the student mailbox area in the Student Center across from the Bookstore.

## From the editor's desk

Greetings, welcome to the first installment of the NHC Observer for the 1997-1998 academic year. While this issue took a bit longer to produce than we had wanted to, we think the quality of this issue more than makes up for the slight delay. In fact, now that I think about it, this may very well be the largest issue of the Observer in quite some time.

Returning students may be pleased to see we have finally begun to incorporate the changes you have been suggesting for the past several years. We are committed to producing a top quality publication and we have made it a point to continually improve the Observer throughout the year. Now is a great time to join the Observer if you haven't already.

Once again, it's good to see all of you back. I wish all of our new students the best of luck for the remainder of this year. If you have any questions or comments, please feel free to write us. Thank you for reading the Observer.

Adrian M. Mroczko  
Co-Editor in Chief

## QUOTE OF THE ISSUE

"Talent is a flame. Genius is a  
fire."

- Bern Williams

## THE OBSERVER

NEW HAMPSHIRE COLLEGE, MANCHESTER, NH 03106

Box 1084

PHONE: (603) 645-9669

### STAFF

<b>Co-Editor in Chief:</b>	Adrian Mroczko	<b>Sports Editor:</b>	Ante D. Cop	<b>Office Manager:</b>	Siesonn Fontaine
<b>Co-Editor in Chief:</b>	Tracey Fontaine	<b>Photography Editor:</b>	Rich Winefield	<b>Advisor:</b>	Ausra Kubilius
<b>Managing Editor:</b>	Tom Croteau	<b>Copy Editor:</b>	Jeff Girouard	<b>Advertising Staff:</b>	Andrea Hill
<b>Managing Editor:</b>	Andrew Cummings	<b>Staff Writers:</b>	Alisha Frykenberg		
<b>Layout Editor:</b>	Tara Cowdrey		Danny Luciano	<b>Contributing</b>	Nicole J. Smith
<b>A&amp;E Editor:</b>	Tim McGowan		Michael Lascelles	<b>Writers:</b>	Craig Corthell
<b>News Editor:</b>	Laura F. Demers		David Lee Tong		Marjorie M. Torres
					Randy Newman

The New Hampshire College Observer is a news publication produced by New Hampshire College students and funded largely by the Student Government Association of the college. It is our responsibility to inform the New Hampshire College community about events on and around our campus. The Observer will print any material that is found to be factual and in good taste by the editorial staff of the paper.

## Two Views: Gay Comedian at NHC

By Alisha Frykenberg

New Hampshire College welcomed gay comedian Jason Stuart with open arms on Monday, September 29. He told students about the obstacles he had to overcome, being a homosexual in a heterosexual world.

Coming out four years ago on the Geraldo Rivera show was a turning point in Stuart's life. Although he feels he has gained much through being honest about his sexual orientation (such as roles in major motion pictures and talk of his own television show in the works), Stuart has also lost a great deal. His sister, since becoming an Orthodox Jew, has kept Stuart out of her home, the lives of her children and her own life. Although this has had a hurtful impact on Stuart, he has managed to find humor in it. Through this humor Stuart has made a success of himself.

Stuart's ability to elicit laughter as he answers any questions about homosexuality in general or specific barriers he has faced has made his show a learning experience for one of any sexuality.

## He's Out

By Danny Luciano

As I sat among the crowd of students in the NHC small gym, I noticed everyone was wondering what to expect. As part of the Spectrum Series, actor/comedian Jason Stuart was set to take the stage on Monday night, September 29. Stuart had been invited to NHC to do a show about sexual orientation.

Stuart began the show with a quick joke about his sexual preference (he is an open homosexual), which immediately broke the ice and forced the crowd to laugh. During his

routine, Stuart talked about how he first entered the comedy scene several years back, mostly working at night clubs. Four years ago, on a Geraldo show about sexual diversity, he decided to finally come out about his sexuality. He stood up and said, "I'm out!" Stuart said this decision actually helped his career. He joked that his workload and income actually doubled. Aside from doing comedy performances, he also landed acting roles on Vegas Vacation, Kindergarten Cop, Murder She Wrote and Comedy Central. However, he said his most recent work has been mainly touring colleges around the country.

As he went on with his routine, the crowd sat back, laughed and had a good time. Stuart gained the audience's attention, and kept it, with his use of foul language and discussion of sex. This choice of language and topic seemed to be what the audience enjoyed most, probably because it is what most students talk about amongst themselves. Stuart also repeatedly used two unfortunate students as the punchlines of his jokes.

If there was a lesson to be learned from this show, it was probably to get people to accept homosexuals as equal members of the community. After asking a student why he wouldn't want a homosexual in the military, Stuart followed up by asking, "What are you afraid of?" This question got a lot of audience members wondering why some exclude homosexuals from our community.

Following the performance, Stuart fielded any questions the audience had. Some of the questions asked were "What made you come out? What did your parents think? Was it hard to find a job before you came out? How was it growing up being gay?" Once everyone finished asking questions, they headed for the door still laughing and talking about the hilarious performance they had just witnessed. Although many students had entered unsure of whether or not they wanted to be there, almost all left feeling glad they had attended, and enjoyed.

## Campus Security Log

Compiled by Adrian Mroczko



The reports printed have been randomly selected directly from the Department of Public Safety's records. All individuals and locations printed have been made anonymous for obvious reasons.

### 10/1/97, 1726 hrs, Southwest Exit/Student Center, Fire

At the above date and time, the on-duty PSOs received a call to respond to the Student Center area for a fire. Upon arrival, the responding officers saw a garbage can in flames. The officers grabbed a nearby fire extinguisher and put out the fire. No further action taken.

### 10/2/97, 2316 hrs, Upper Suites, AOD Violation/Medical Transport

PSOs responded to a call from the Upper Suites for a student who had passed out and was unresponsive. The student had thrown up all over himself in addition to losing control of his bladder. It was learned that the student had consumed a good amount of alcohol along with Prozac. An ambulance was called in, and the subject was transported to a local hospital shortly thereafter.

### 10/3/97, 0315 hrs, G-Lot, Motor Vehicle Break-In

While on rounds, a Public Safety Officer (PSO) saw three people standing behind a car with the trunk open. When the three individuals saw the PSO approach them, they yelled some obscenities and started to run away. Eventually, they were stopped and asked for I.D.s. None of the three individuals had I.D.s as they were not NHC students. The subjects were told to empty their pockets after the PSO noticed several tools and a radar detector hanging out of the pockets of one of the three people. After further questioning, the three admitted to breaking into the car, which belonged to an NHC student. After searching the victim's car, it was discovered that various components from the car's stereo system and a radar detector had been stolen. Manchester Police Department was notified. Manchester Police conducted further questioning and then told the three vandals that a bench warrant would be issued for their arrest in about a week. The three individuals were then escorted off campus and ordered not to return. The stolen equipment was returned to the victim, and there were no further problems reported.

### 10/3/97, 2158 hrs, Upper Suites, AOD/Possession of Pellet Gun

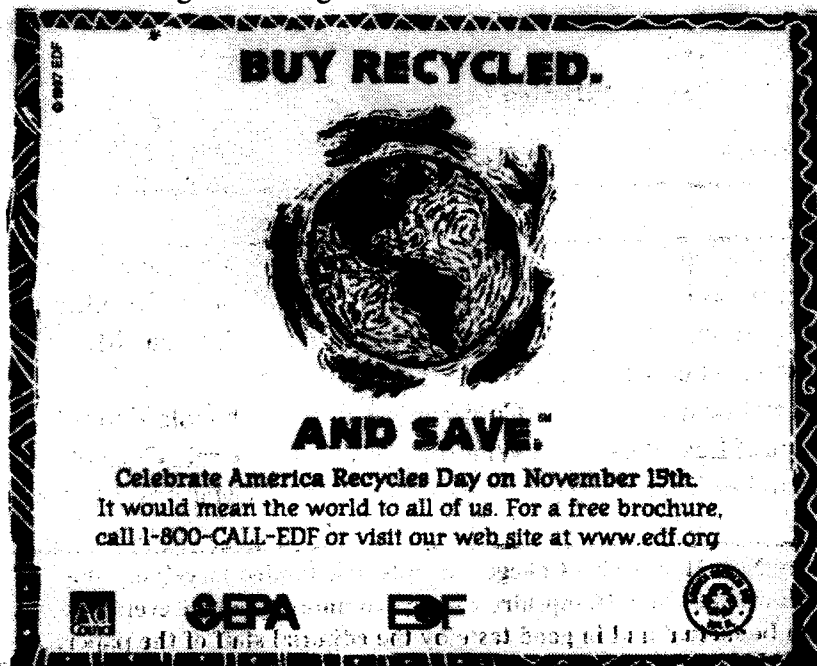
A student approached some PSOs who were out on their rounds and told them a resident in one of the Upper Suites had a pellet gun in his possession. The owner of the gun could be heard "dry firing" the gun repeatedly. The officers made their way over to the Upper Suites and upon approaching the accused person's door, they could hear the gun being fired. The PSOs then knocked on the door and when the resident opened it, the officers saw the gun's packaging on a chair. After several minutes of questioning, the gun and its accessories were turned over to Public Safety. During this time, one of the officers also noticed an almost-full can of beer on a desk. The resident and all of the people in the room were notified that they were being documented. The gun and beer were confiscated, and there were no further incidents.

### 10/5/97, 0030 hrs, Apartments, AOD Violation/Medical Transport

Public Safety responded to the apartment area to assist a student who was sick from alcohol consumption. The responding officers were told the subject was vomiting blood, but a quick check of the bucket she was vomiting into revealed this was not the case. The student had not eaten all day and had been drinking lots of tequila and beer at a party earlier before the incident. An ambulance was called in to transport the student to a hospital.

### 10/5/97, 0036 hrs, Quad, AOD Violation

Public Safety received a call from the on-duty RA who reported there was a student in the Quad who had passed out. Two officers were dispatched to the scene. The student was conscious when the officers arrived and he was promptly asked for his student I.D. When asked if he had been drinking, the student responded that he had taken cold medication earlier that night in addition to drinking two beers. An ambulance had already been called for an incident that had happened earlier, so the officers had the student checked out by the paramedics. The student was found to be okay and was told to stay with friends for the remainder of the night.





# Voices and Faces

by Rich Winefield

*"What is your impression of NHC so far?"*



**Mike Crocket**

*"People at New Hampshire College are really nice. I like the small environment. I like being known. I can't stand not being known by everyone on campus."*



**Alvaro Soler**

*"I think New Hampshire College needs more diversity...I'd rather be in Boston. I'd be partying hard there, it's \*\*\*\*\*boring here in the boonies..."*



**Mike Sullivan**

*"The rooms are a hell of a lot better than Winnisquam. People are better; it's an overall fun trip."*



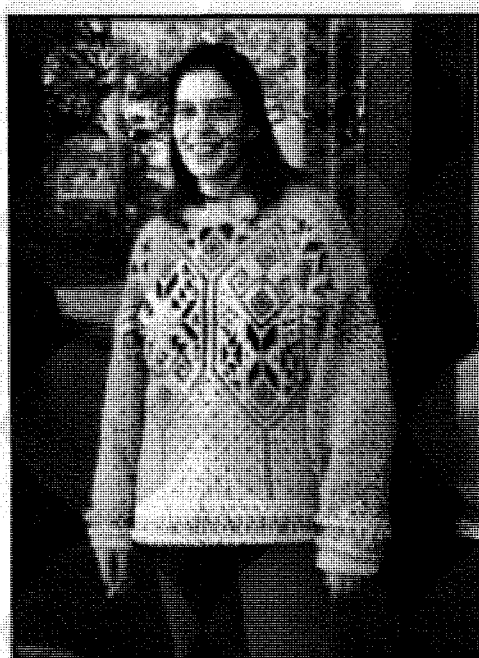
**Fukuaka**

*"I like it; there are lots of trees."*



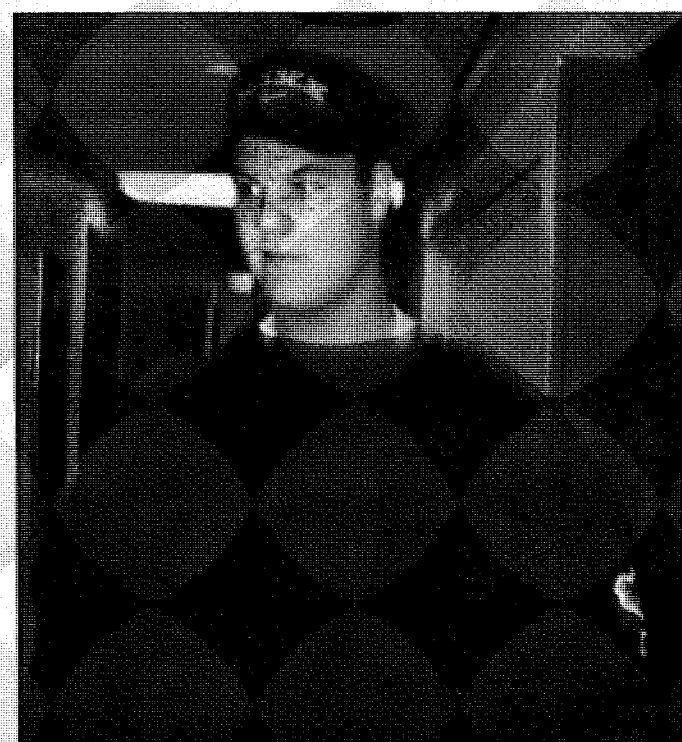
**Rob Miller**

*"I like the parties. People are really nice."*



**Shanana**

*"It's good. I like the people. I like the classes. I like the professors. I like it."*



**Keith McLaren**

*"I like living at New Hampshire College so far. It's given me the opportunity to meet people from different cultures. I'm actually away from home for the first time. I like that."*



## From the Desk of the Wellness Center

### You Don't Have to Be Crazy to see Me

By Robert Reeve, Wellness Center Counselor

One of my greatest lessons has been learning when I need help and asking for it. I do fine on my own for most things, but not everything. Friends and family are my sounding boards for many concerns, yet I can sense when they are not really listening, or I have said the same thing too many times, or just made them uncomfortable with some weird idea. Then, of course, there are all the subjects that I know better than to mention, except to my closest friends; even then, I am careful. I have expected myself to figure life out primarily on my own. I don't want people thinking I am a wimp or worse, weird.

I have had great concern for not wanting to place too much of a burden on my friends. Many times have I tiptoed around raising a subject I felt confused about. Instead, I would hold on, waiting for some brilliant idea to generate in my head; the truth is, sometimes it has, but I often suffered for a long time. Where did the stigma about asking for help come from? It is out there, whether on Saturday Night Live or the standard replies to getting help such as "No way." "Yeah, I feel bad, but I don't feel *that* bad." "What, a shrink, forget it." "I don't want to get brainwashed." "I can figure this out by myself." "I don't need to get my head shrunk." "I'm no head case." "I don't need that kind of help." "You think I am crazy."

Those are formidable obstacles to asking for help; I admit it. I think they come from our culture's unrealistic and unfriendly belief in total self-reliance. They swipe at the embarrassment and shame of being needy. Think about the feelings you have when you need extra help in a class. Certainly, most of us will get it, but we often feel "less than" for having the insufficiency. When people live with discomforts, held unshared and unexamined because of embarrassment or confusion, they often make bad choices. The number of medical transports to the hospital around alcohol poisoning this year seems to suggest that pleasing others or living up to some imagined way of being is putting lives at risk. There is no doubt that our society has confusion around alcohol.

This is not about failing; it is about succeeding. Life is more about making sense of our experience than just having a good time. The truth is, having a good time takes hard work. Some of that hard work is getting comfortable with your confusion, whatever it is. Nothing is lost coming for help; it is about finding new, empowering viewpoints and getting on with your life. You don't have to be crazy to see me.

### Carpal Tunnel Syndrome

In today's world, many careers from the very technical to the most routine job create stress on our elbows and wrists. People in occupations that involve forceful or repetitive use of the hands are at risk to develop Carpal Tunnel Syndrome.

Carpal Tunnel trauma to the hand can be caused by many occupations: computer programmer, carpenter, chef, secretary, or tennis player. The list is long.

Carpal Tunnel Syndrome is an entrapment and compression of the median nerve due to a structural and postural misalignment brought on by the overworked and overstrained muscles of the arms and hands, leading to a muscle strength problem. Persons who perform continuous repetitive movements are at a higher risk to develop this syndrome.

A medical nerve entrapment can develop at many locations, from the vertebral joints in the neck through the shoulder joint, descending to the elbow joint and ending with the final distortion and pain in the wrist and hand.

Pinching or compression of the median nerve sets into motion a progressively crippling disorder that eventually results in wrist pain, numbness and tingling in the hand, pain consisting of a pins and needles feeling at night, weakness in grip and a feeling of uncoordination.

Treatment of Carpal Tunnel Syndrome depends on the stage of the disease. In the early stage, the syndrome can be reversible and is most often treated with modification in activities, exercise, massage therapy, a removable wrist brace, and anti-inflammatory medicines. In moderate stages of the disorder, especially if the numbness and pain continue in the wrist and hand, a cortisone injection into the carpal tunnel can be very beneficial. Surgical intervention for Carpal Tunnel Syndrome is indicated only in those patients for whom non-operative procedures have failed to eliminate their symptoms. Carpal Tunnel Syndrome should not be left untreated because it can eventually cause permanent nerve damage.

## MIT Student Dies of Alcohol Poisoning

College Press Service

BOSTON—Days after a fraternity drinking binge, a freshman pledge at Massachusetts Institute of Technology died September 29 from alcohol poisoning.

Scott Krueger, 18, had been in a coma since he was found unconscious in his room at Phi Gamma Delta fraternity house after a Friday night party.

His blood alcohol content was more than five times the legal driving limit, authorities said.

The case has been turned over to homicide detectives who want to know if Krueger was forced to drink, according to published reports. Krueger's parents told the Boston Globe that their son never drank before attending college.

"Someone had to practically force alcohol down his throat, for him to have drunk that much alcohol," Darlene Krueger told the Globe.

At MIT, university officials were grappling with how to prevent binge-drinking, which essentially is when a student drinks five or more drinks in one sitting. MIT President Charles M. Vest

promised to "set in motion a campus-wide dialogue, and search for more effective ways to avoid such tragedies in the future."

The fraternity, commonly called Fiji, was suspended by its national chapter and the university.

Also, all MIT fraternities, sororities and dormitories have voluntarily cancelled all social events that involve drinking until the university's alcohol policies are formally reviewed.

The death at MIT is the latest in a string of binge-drinking tragedies on campuses nationwide.

In August, a 20-year old fraternity pledge at Louisiana State University died after drinking an estimated 24 drinks. Other alcohol-related deaths have been reported in Maryland, New York and California.

A recent study by the Centers for Disease Control and Prevention found that nearly 34 percent of college students admit to binge drinking.

**Don't you just hate white space in the Observer?**

**Your article could be here!**

**The Observer considers articles from all NHC students. Attend one of our meetings held in the SGA conference room on Thursdays at 12:45.**



# Entertainment



## The Mighty Mighty Fall Concert

By Danny Luciano

On Sunday, October 26, NHC will be ready to rock when *The Mighty Mighty Bosstones*, along with special guests *Bim Skala Bim*, *The Amazing World Crowns* and *Drop Kick Murpheys*, invade the large gym. All four bands are straight out of Boston. The stage will be set up in the center of the gym, fully equipped with plenty of sight and sound. The Bosstones are expected to draw a sellout crowd of 1200 people.

Tickets went on sale at 3 p.m. on Monday, September 29. Hundreds of students waited in line, in front of the information booth, to purchase tickets. Approximately 500 tickets were sold on the first day, which is the best NHC has ever done for such an event.

The tickets were priced at \$12 for NHC students. Tickets were also sold through Strawberries music stores and all Next Ticket Outlets, and priced at \$17 for the general public.

To assure the safety of everyone on hand, there will be plenty of security and staff members on duty. This will be a dry event, so there will be no alcohol permitted in the gym.

Broadcasting live from the concert will be local radio station, Rock 101.1. Right now they are in the process of setting up an interview with the Bosstones.

This event was made possible thanks to both the S.G.A. and Gianni Urso, head of the concert committee in C.A.P.E. S.G.A. pushed to get a bid sent in, which was accepted by the Bosstones.

If you have a ticket, be sure to get there early. Doors will be open at 7 p.m., so get ready to rock 'n roll with *The Mighty Mighty Bosstones*!

If you would like to submit articles and become a contributing writer for the Observer, you can drop material off in box 1084. If you would like to join the staff, attend a meeting. They are held on Thursdays during free period in the S.G.A. conference room (across from the pub).

## Ask Aladdin

**Aladdin,**

My roommate and I aren't really connecting well. What should I do?

-Don't Want Trouble

Dear *Don't Want Trouble*,

You need to try to talk to your roommate. First of all, tell him what isn't working; he'll probably understand. If the matter becomes a real issue, pull your RA into it. Remember, you don't have to be best friends with your roommate; you just need to get along.

**Aladdin,**

There's this person that I like but I don't know what to do. I'm nervous about saying anything. What do you suggest?

-Jittery

Dear *Jittery*,

Make sure this person knows you exist first off. Introduce yourself, try and find a common interest. Maybe ask them if they're going to the *Bosstones* concert. Start off with a friendship; everybody can do that. You may even find they aren't the person you thought they were.

**Aladdin,**

I have a long distance relationship that's a little rocky right now. We thought we could handle being apart in college but it's not so easy. Any advice?

-Want It to Last

Dear *Want it to Last*,

Decide how much you really want the relationship. Lots of couples just hang on because they're afraid to let go. Those usually break-up in the end anyway. You may just be dragging something out which could end now in a nice friendship.

If it's something you really want, use phone cards, letters through the mail, or even an occasional visit if it's possible. Don't forget e-mail is a free service at the school; take advantage of it. Talking over the e-mail is a great way to stay current in each other's lives.

If you have any questions, Aladdin would be happy to help you out. Just drop off your question in Box 1084.

**\*\*\*Earn Free Trips & Cash!\*\*\***

**CLASS TRAVEL** needs students to promote Spring Break 1998!

**Sell 15 trips & travel free!**

**Highly motivated students can**

**earn a free trip & over**

**\$10,000!** Choose Cancun,

Bahamas, Mazatlan Jamaica, or

Florida! North America's

largest student tour operator!

Call 1-800-838-6411



# Independence: Is it a need or a want?

By Marjorie M. Torres

Some people perceive living alone as a luxury in life. Having to take care of your own responsibilities and no one to tell you what to do is a benefit one person is given. And what would be greater than that if you are a college student? You are your own boss and you control your own life.

But for students whose families are oceans away from them, it is a different story. They are so-called international students. Students have their own reason for studying away from their loved ones. I have encountered some intriguing foreign students with some interesting stories.

On a fine Saturday afternoon at New Hampshire College, I was walking alongside a distinguished student from Manila, Philippines. A sophomore, majoring in Business Administration, he enthusiastically told me why he ended up here in the chilly state of New Hampshire.

"I have always been fond of the cold weather. Coming from a tropical country where we only have two seasons (wet and dry), this is a nice change for me," he said.

When asked why he chose the United States among all the different countries where he could have studied, the humorous coed just mentioned that it is better because he did not have to learn a third language.

He continued with, "I also wanted to live independently. Being an only child, my mom constantly bugged me. She still thinks I am twelve-years-old or something. It is good to live alone for awhile. I want to prove to her that I can do it on my own. Plus, I get to meet a lot of girls!"

This fascinating student stated that he goes home every Christmas and summer vacations but could not always wait to come back because of his friends. He has found a new home here.

"I am having the time of my life. This is an exciting experience for me," he ended.

Another student told her a rather extraordinary story. This Ecuadorian freshman, majoring in Marketing, said she chose this college because it conforms to her needs and preferences in life. After starting college in Florida, she felt she belonged in some other place.

She said, "A very close friend of mine got accepted to this college as I did so I just went for it." Being only nineteen and away from her family for the first time in her life, she believed she needed someone to start independent life with.

"I love living with her. We do everything together, from partying to solving math problems and doing papers. We literally call ourselves sisters," she said.

"But the most exciting part of it," she said with her distinguishing accent, "is meeting new friends and spending most of my crazy time with them. I never thought I could be close to anyone from other than my own culture, but now I feel that I know someone from every continent mentioned. I am having the greatest time of my life."

She added that from time to time friends from her country visit her just to experience her life here. I can ratify that this person is having the time of her life.

Being an international student myself, I feel for these two coeds that I encountered. It is not easy to cope in a place foreign to you, but this is the life we chose. It is fortunate we are making the most out of this way of living. We miss our families, though, but as the saying goes, "They are just a phone call away."

# NHC welcomes award-winning playwright

By Randy Newman

On Friday, September 26, the Audio-Visual Studio at NHC was visited by playwright John O'Brien. He was accompanied by Kathryn Holland, Joe Garland, and Jason Taylor. They were here to present O'Brien's one-act play The Frozen Sea.

O'Brien is the author of thirteen published plays. His work is regularly performed by various high schools and colleges throughout the United States. He has won a National Endowment for the Arts Award for Playwriting. The Frozen Sea was voted the best entry in the June 1997 Playwrights Platform Festival in Boston.

I walked into the AV Studio at 8 p.m. on that Friday and saw about twenty chairs in a semi-circle around one corner of the room, which I assumed was the stage area. The chairs were all facing the stage area, which was on the same level as the audience. The evening started with a brief introduction by Professor Charles Wilbert of NHC; then the feature presentation got underway. The lights went down, the crowd silenced, the actors each entered from a side and Holland took her seat to start the play. The only props were a chair and a table, for this was not a very detailed set.

The Frozen Sea is a two-person drama. Kathryn Holland plays a convict in prison, and Joe Garland plays a college student who comes to visit her. The action takes place in Holland's jail cell. Throughout the play, details about the two characters are revealed, such as the length of Holland's stay at the prison and the fact that she had molested a child sixteen years ago.

The irony is that Garland is in fact the child that Holland had molested. Now he comes back to visit his persecutor as a twenty-year-old. The audience finds this out at the end of the play. Of course, there were some in the audience that claimed they knew Joe was the victim before it was spoken, but I was not one of them. At the end of the night the audience was left to ponder the possibility of Garland's knowing it was Holland who had molested him, or if it was all just a coincidence he visited his persecutor. This play was directed by Jason Taylor.

Afterward there was a brief question-and-answer period with the audience. The evening ended with refreshments and was over by the stroke of 9. I enjoyed the play and only wish more students could have been there to see it.

## HOSPITALITY RESTAURANT

### Lunch

Tuesday - Friday

Seating 11:30 a.m. to 12:30 p.m.

Featuring

A la Carte Menu

3 Course Menu for \$9.99

2 Course Menu - Express Lunch for \$5.00

### Dinner

Every Wednesday and Thursday

Seating Between 6:00 p.m. and 6:30 p.m.

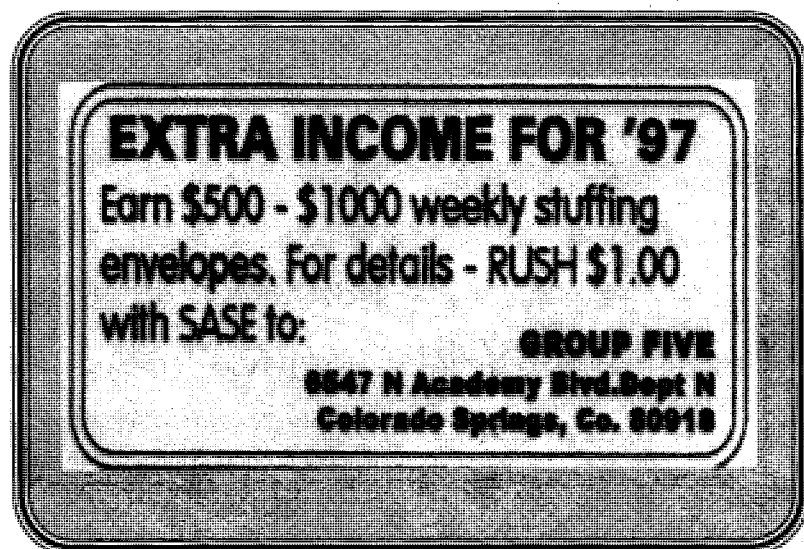
Featuring

5 Course Dinner for \$12.99

Reservations Required for Dinner

Walk-ins are welcomed for Lunch

For Reservations call 644-3128





# Campus Violence

(continued from page 1)

The abuse is best defined as "when one person tries to control another through multiple tactics," said Holly Rosen, director of the Michigan State University Safe House, the nation's only oncampu shelter for abused students. In many cases, the abuse is physical, such as pushing, shoving, hitting, slapping and biting.

"A lot of times people think of only black eyes," she said. But often, the abuse is sexual or emotional, too. Some victims tell Rosen they are made to do sexual things against their will; others say they have been called names and put down enough times they feel worthless.

Abusers are "people trying to manipulate someone else, or dominate someone else," said Steve Mueller, director of counseling at University of Dayton. "In a college environment, people aren't reporting it as much (but) it's something that's happening in residence halls. It does happen."

In his 20 years of counseling students, Mueller says he's seen more emotional abuse than physical violence in college relationships, but battering is on the rise.

Mueller describes a typical case of relationship violence.

"Let's pick that sophomore young lady that has been in a relationship for 6 to 10 months. It's very important for that person to remain in the relationship," he said. "They're leaning on each other to the point where the male

manipulates or is verbally abusive, and the woman allows this because she doesn't want to lose the relationship."

In some cases, the abuser threatens suicide if the relationship ends. "They feel they have to manipulate the person into staying," Mueller said.

Often, the victim excuses the abuse as something brought on by academic stress that will end when exams are over. Other victims tell themselves, "I must not be a good partner in this relationship," according to Mueller.

"Sometimes it takes a scenario where they do get hit or screamed at--or it's a public argument, where on person says, 'I've got to get out of this,'" he said.

That's when many students seek out the college's counseling services. "A counselor can help you gain some practical ideas on how to get out of the relationship," he said. "In cases of violent behavior, a counselor can help you get out of the situation and find a support system or options to help you be more safe."

Many universities run rape crisis centers, but few offer services for abused students. The Michigan State Safe Place, which opened its doors in 1994, is the only on-campus shelter for battered victims.

The MSU Safe Place operates as a 12-bed facility in an undisclosed location. Unlike a traditional shelter, Safe Place works to meet the needs of students, who often flee from abusers without their textbooks or even the thesis they are working on.

The shelter is equipped with computers, so "people can

work on papers and research," Rosen said. "If they feel confident going to class, we've had volunteers walk people to class."

The goal of Safe Place is to provide immediate shelter for abuse victims. On average, five to eight people stay at the shelter. "We never tell women what to do," said Rosen. "We provide them with the resources, counseling and support."

Part of the counseling is to help victims find out why they put up with a controlling partner. In some cases, the victim is a freshman involved in her first sexual relationship, who has a confused notion of what love is, Rosen said.

"That certainly can confuse the matter and make it more difficult to get out," she said.

Victims who are freshman most often are living away from home for the first time. "They want to be a success at living on their own. They're afraid to tell anyone. There's this big fear--they don't want the family to know," she said. "We try to encourage them to get support from the family if they can."

Abuse victims often put up with recurrent violence, such as slapping or hitting, that escalates to the point where their lives are in danger. In Williams' case, there were warning signs: two years earlier, Nelson had been convicted of domestic assault against her.

At the time, Williams wrote a letter to the judge, pleading for a harsher punishment. She wrote: "He has hit me many times before and once he even hit my infant daughter in his attempt to strike me. My main concern is that every time Kevin Nelson has been in trouble, he has only

received a tap on the wrist."

Williams' 2-year-old daughter, Kiara, who is not Nelson's child, was asleep when her mother was attacked and stabbed to death. She now has been placed in the temporary custody of Williams' mother, Yvonne, according to university officials.

Students with children often seek shelter at the MSU Safe Place, Rosen said. Victims getting away from an abuser often "crash on a friend's couch for a few days, but it's harder to do that with kids," she said. "A lot of people are reassured that it's here."

Although recent cases have shed more light on relationship violence, Rosen said this is not a new problem on college campuses.

"I think it's always been there," she said. "What's different is we're talking about it and trying to get more resources for the victims."

Another mission of the MSU Safe House is to raise public awareness of relationship violence. Student volunteers distribute pamphlets to residence halls, sororities and fraternities, and a video advertising the shelter is shown at halftime at football games.

While MSU is still the only university to offer an on-campus shelter for abused students, "10 years from now, I bet a lot of them will," Rosen said.

At Michigan, a fund has been started to pay for the future college expenses of Williams' daughter, Kiara. The university announced that Williams, who had an interest in teaching, would be awarded her degree posthumously during commencement exercises this May.

## SIDEBAR: Early warning signs of domestic violence

By College Press Service

Batterers may...

- \*be "too good to be true" in the early stages of the relationship: being overly sensitive to your needs; showing early signs of jealousy in a way that feels you are loved rather than having it feel smothering; being very charming you your family and freinds so that he/she wins them over in the very beginning; wanting you to commit early on (with marriage, living together, etc.).

With time a partner may:

- \*be highly critical of his/her partner.

attitudes towards women, calling them bitches, chicks, etc.

- \*be sexually coercive, insisting on sexual interaction after a violent incident (the sexual bonding).

- \*become increasingly possessive or jealous, not letting his/her partner go out, keeps track of how long she is gone, or goes everywhere with her.

- \*resent or undermine her outside life.

- \*exhibit violent anger physically to animals and children, to other drivers in cars, picking fights at bars, etc.

- \*let drug or alcohol consumption be as an excuse for violence.

- \*use economic means to control the victim.

- \*espouse traditional sex roles, expecting the victim to serve him or her.

The significance of these are that many of these behaviors are widely accepted by men and women as normal masculine conduct, and both sexes frequently interpret these behaviors as being classically romantic.

The problem is that if someone is treating their partner in any of these ways, the behaviors are used as a means to control the other person. Once control is established in a relationship using some of these behaviors, violence often occurs to instill fear and better maintain the control.

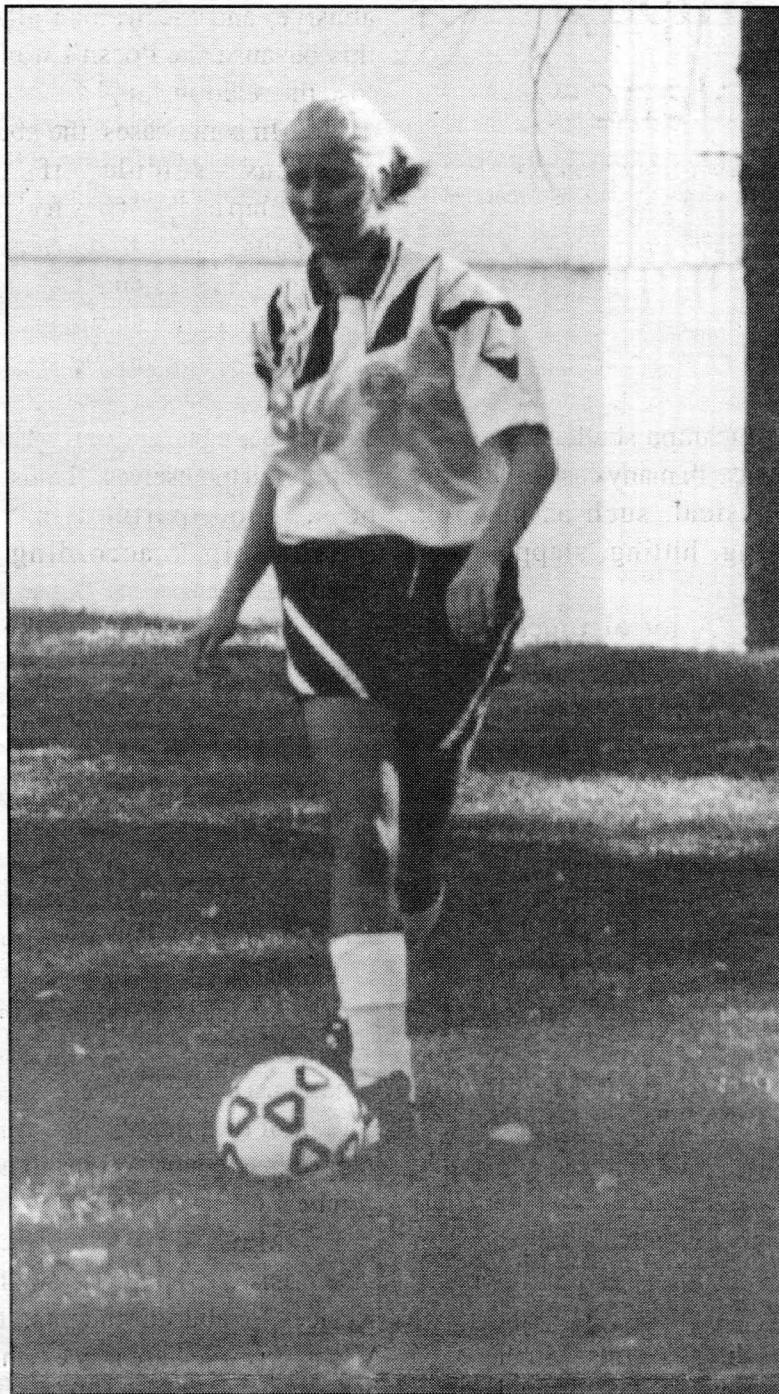
The early signs often are subtle, and not enough to convince a person to leave a relationship.

Yet these behaviors may turn into violence, and at that stage it becomes more difficult to leave because of the fear factor. Just be aware of how you are treated, or treat others in a relationship. And if the relationship seems "too good to be true" at first, it probably is.

Source: Michigan State University Safe House.

**Spring Break '98 - Sell Trips, Earn Cash & Go Free!!! Student Travel Services is now hiring campus reps/group organizers. Lowest rates to Jamaica, Mexico, & Florida. Call 1-800-648-4849.**





Junior Lotta Thunberg taking aim for one of her 9 goals so far this season. Photo by Tom McDermott

## Another National Fraternity Goes Dry

College Press Service

LEXINGTON, Ky.--Days after a pledge at the Massachusetts Institute of Technology died of alcohol poisoning, Phi Gamma Delta announced it will ban alcoholic beverages at all 125 of its chapters.

"Alcohol has too much influence on today's college students and our members. We must take action against it," said Douglas Dittrick, president of Phi Gamma Delta's governing board.

Scott Krueger, 18, died Sept. 30. Two days earlier, he had been taken to Beth Israel Deaconess Medical Center in a coma after he was found in his basement room at the Phi Gamma Delta house, surrounded by vomit and empty liquor bottles.

MIT suspended the Phi Gamma Delta chapter and has instituted stricter alcohol regulations campuswide. Meanwhile, Cambridge police are investigating whether hazing may have been involved in Krueger's death.

"The college experience should be an opportunity to develop responsibility, leadership, scholarship and social skills," said Dittrick. "Tragically, we have just seen again how imperative it is to combat the culture of alcohol among college students."

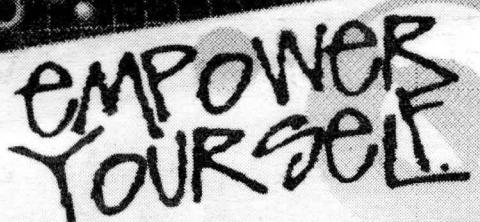
Phi Gamma Delta joins Phi Delta Theta and Sigma Nu, two other national fraternities, in setting a deadline of July 1, 2000, for making their houses alcohol-free. Phi Delta Theta and Sigma Nu announced their decisions earlier this year.

Dittrick said the fraternity is considering a number of incentives to encourage chapters to become substance-free immediately. He said some members had raised objections about the ban but "these concerns have not dissuaded the board from reaffirming Phi Gamma Delta's mission."

Phi Gamma Delta has 6,300 undergraduate members in its college houses in the United States and Canada, says the fraternity.

continued from page 8...

Symptoms may include fever, severe headache, stiff neck, rash, nausea, vomiting or lethargy. About 2600 Americans contract meningococcal meningitis each year, approximately 300 die from the disease.



**At Osco Drug** we allow you to take charge of your career path. For over 50 years we've set the standards for quality and service in the retail industry. Through our extensive management program you can empower yourself to advance quickly through your own motivation and desire to succeed. Join us as:

**MANAGEMENT TRAINEES**

In this position you will play a vital role in the operation of your store. As a true team motivator, you must possess the leadership and communication abilities necessary to meet a diverse array of retail challenges. These entry-level opportunities are the first level of our extensive 4-step management program.

At **Osco Drug**, you will enjoy an excellent compensation package including health/life insurance, 401(k), merchandise discounts and a stock purchase plan. To learn more about these outstanding opportunities we have available, stop by your **Career Services Office** to sign up for on-campus interviews, or forward your resume to:

**OscoDrug**

Liz Abrantes, 1818 Swift Drive  
Oak Brook, IL 60521  
Fax: 630-571-7963

Our Vision for the Future Includes  
a Commitment to Equal Opportunities  
and a Drug-Free Environment



# The Observer UNC student falls four stories from dorm window

By College Press Service

CHAPEL HILL, N.C. - A University of North Carolina sophomore fell four stories out of a dorm window Oct. 2 after drinking beer with friends, police said.

James Haskell Bumgardner II, 18, suffered back injuries but is expected to make a full recovery, according to UNC officials.

Three students who were with Bumgardner told police that they were drinking beer inside the dorm room before the accident happened. At about 4 a.m., they climbed out a fourth-floor bathroom window onto a ledge to smoke a cigarette, police said.

When Bumgardner tried to climb back inside, he slipped, fell off the ledge onto a small tree, and then hit the ground.

UNC executive vice chancellor Elson Floyd said he was "tremendously relieved" that Bumgardner was not more seriously injured in the fall.

"This incident, however, highlights once again the fact that alcohol can impair a person's good judgement," Floyd said. "Individuals need to take the personal responsibility associated with drinking very seriously."

Since August, two alcohol-related deaths have been reported on college campuses. At Massachusetts Institute of Technology, 18-year-old Scott Krueger slipped into a coma and died Sept. 29 after a fraternity drinking binge.

In August, Benjamin Wynne, a 20-year-old fraternity pledge at Louisiana State University, died of alcohol poisoning after drinking an estimated 24 drinks.

To commemorate the fifteenth anniversary of the publication of *The New Hampshire College Journal* and to celebrate the programs and majors offered by the Division of Liberal Arts—some of them launched within the last two years—New Hampshire College is sponsoring a writing contest and a photography contest. We hope to make this contest an annual event.

We invite students in all New Hampshire College divisions, undergraduate, graduate, and continuing education, to enter their short fiction, short non-fiction, and black and white photographs for a chance to win cash prizes and publication in our spring 1998 issue of *The New Hampshire College Journal*.

The winners of the first prize in each of our three categories will receive a cash prize of \$125.00, as well as publication in our journal. Categories are as follows:



- Short Fiction (1500-3500 words)
- Non-fiction Essays (1500-3500 words)
- Black and White Photography (Submit 5" x 7" print)



No previous publication and no simultaneous submission except by special arrangement with the editor. Writing submissions will not be returned. Photography will be returned only if submission is accompanied by appropriate packaging and sufficient postage.

All work should be word-processed by computer on one side of the paper only. Fiction and non-fiction should be double-spaced. Name and address should be printed on each page. Writers whose work is accepted for publication will be asked to submit their work on a PC-formatted diskette in either Microsoft Word or WordPerfect 6.0, as well as in hard copy.

The deadline for submission to  
*The New Hampshire College Journal* contest  
is December 1, 1997.

Entry forms are enclosed and may be photocopied as needed.

Please submit your short fiction, non-fiction, and black and white prints to:  
Professor Julia M. Di Stefano, Editor  
*The New Hampshire College Journal*  
New Hampshire College  
2500 North River Road  
Manchester, NH 03106-1045

# Halloween





**Help Us Support The Salvation Army****Kid's Cafe Here in Manchester!****We need:****\*Rollerblades (especially children's sizes 1-4)****\*Crafting Materials (especially gluesticks, construction paper & poster paints)****We will be collecting donations until the 31st of October in the Hospitality Building Lobby.****Thank You.****-NHC Pastry Team****Midnight Madness At The NHC Fieldhouse***By Adrian Mroczko*

Friday, October 17, marked the return of the annual event known to fellow NHC students as Midnight Madness. For those who do not know what Midnight Madness is, it is an event designed to recognize and introduce the members of NHC's men's and women's basketball teams. Throughout the event, the scoreboard counts down the minutes until midnight. Midnight is when the teams can officially begin to practice for the upcoming season.

Fans began to arrive an hour before doors were scheduled to open. The free shirts given out by SGA are always a hot commodity and those who really wanted one were wise to show up early. The doors were supposed to open at 11:00 p.m., but some technical difficulties caused a fifteen minute delay. When the doors finally opened, people poured into the Fieldhouse, grabbing their free shirt and raffle ticket in the process.

Before the teams were introduced, speeches were made by Chip Polak, NHC athletic director and Chad Mason, president of SGA. When this was over, some highlights of last year's team were shown on the screen in the middle of the Fieldhouse.

After the highlight film, the women's team was the first to be introduced. The Penman mascot guy escorted each player to the middle of the court where they received cheers from their enthusiastic fans in the bleachers. The men's team followed and received the same level of support from the fans.

When the player introductions were over, a variety of prizes were raffled off. Then came the dunking and three-point shooting contests. The three-point shooting contest was a memorable one as a representative from the men's and women's team went head to head, with the women's team prevailing.

It appeared that everyone who attended this year's Midnight Madness enjoyed the event and left satisfied. Both teams look very strong which should make for some pretty exciting seasons. The Observer staff wishes both teams the best of luck for the long season ahead.

**X-Country Teams Bring Home the Big Prize***By Tara Cowdrey and Adrian Mroczko*

The men's and women's cross country teams had a successful performance at the Regis College Invitational on Saturday, October 18.

The women had a great race. Jean Tuson, sophomore, placed first in the race with a time of 20:30, a personal record for her by 33 seconds. And teammate Melody Jones was right behind in second place with another PR time of 20:31. Lynn Beal had an exceptional good day, placing

13th, achieving a PR for the season. Despite getting lost in the woods, Barbara Lapierre and Tara Cowdrey finished the race with respectable times. Meghan Cotton, with a bad back, was there to support her team. All NHC runners helped to clinch a second place team finish, earning a trophy. Coach Nick Nugent was very pleased with their performance. This has been the first time in their three years of running that the women's team has placed in the top three in an invitational.

The men's cross country team, in its inaugural year, brought home a first place trophy for the first time in its short history. The Penmen team consisted of seniors Duane Hinds and Adrian Mroczko, graduate student Dave Seiler, junior Joshua Matthews, freshmen Kevin Gahre and Chris Laperle and Coach Ed Daniels.

Despite running on a poorly marked course, the Penmen beat out Suffolk University and Massachusetts College of Liberal Arts who placed second and third respectively, for the top spot.

Even though this is only the first year of existence for the men's team, the Regis Invitational proved that the men's team has the talent and heart which is necessary to compete at the NCAA Division 2 level.

This was a memorable race and fantastic effort for the teams and for NHC!



*Jean Tuson, junior at NHC, was the overall winner in the Regis Invitational on October 18. Photo by Tom McDermott*



## "Let's go, ladies, let's go"

By Michael Lascelles

Monday, September 29, the Field House was on fire. The NHC women's volleyball team showed they were a challenge and a threat. At the start of the games about half the bleachers were full, fans from both teams were in attendance.

Playing were the NHC Penwomen and the Plymouth State Panthers. The Panthers were the favorite to win as they had won their last six games. And that's exactly how it started out. The first game went to the Panthers with a score of 15 to 6.

As if to suggest a reason for the loss, fans hollered out that the Panthers continuously rotated bench players in and out providing everyone with rest. The Penwomen had five bench players, but only one subbed in, replacing the same player each time.

The Penwomen's serves toward the end of the next match showed some fatigue and led to another loss, 15 to 7. At this point about a quarter of the fans cleared out. The NHC fans that stayed had weak-hearted claps and drawn faces.

The third game was a thrilling effort with a seemingly new bounce in the feet of the home team. The score had them down by five but then the Penwomen tied it up at 15. With a final blow they won, 17 to 15. Unfortunately, they would need

to win the next two games to clinch the overall victory.

Some of the crowd continued to leave, muttering of the win as "a good game in a losing effort." Others in the crowd who had started to fade came around, stomped their feet and yelled.

The fourth round was another treat for the NHC fans; the Penwomen struggled to force a fifth and decisive game while the Panthers fought to put it away. It was 15 to 14 at one point, the Panthers with the serve, the chance to finish it all, but they failed. Sandy Forcier from NHC had a great dive in which she saved the ball from hitting the floor leading to the regaining of the serve for NHC. The Penwomen went on to wrap it up, 17 to 15.

In college volleyball the winner is the team that wins three out of five games. Each must be won by at least two points. Game five was now a reality. The women from NHC who hadn't played could be seen messing with their hair and bouncing up and down. They could see the win within their teammates' grasp; the excitement was building in the Fieldhouse.

"Let's go, Penwomen, let's go!" was the chant heard from the stands. The crowd was on its feet for the home team; every point was hollered at, every call applauded or booed. NHC took the lead early and extended to win with the score of 15 to 12.

Those who left early thinking it was over in the third round were shocked when told the NHC women had rallied back to win. As one left the Fieldhouse the joy of the Penwomen was clearly visible. Just as visible as the frustration on the Panthers' faces. The next team to face the Penwomen should beware their power and their crowd of loyal fans.

## Marathon runner at NHC

By Tara Cowdrey

Duane Hinds, senior at NHC, is an accomplished runner on the men's cross-country team.

Hinds has been running since his freshman year of high school after being cut from the baseball team. "I started running track which I enjoyed. I got talked into running cross-country. I've been running ever since," he said.

In high school, Hinds was a very impressive runner. He ran in three state cross-country meets. He said, "In 1992, we won the League Cross-Country Championships." In 1994, he received the track and cross-country coaches awards. "In high school my major accomplishment was running a 10:24 two mile in the Maine Regional track meet," he said.

Last year Hinds ran with the women's team. Things are better for Hinds this year because, for the first time, there is a men's cross-country team. "I am happy to have men's cross-country at NHC. I enjoy having people (men) to run with," he said.

Since Hinds practiced with the women's team last year, he was able to run in most of the meets. He ran a PR (personal record) last year of 29:35 for 5 miles (8 kilometers).

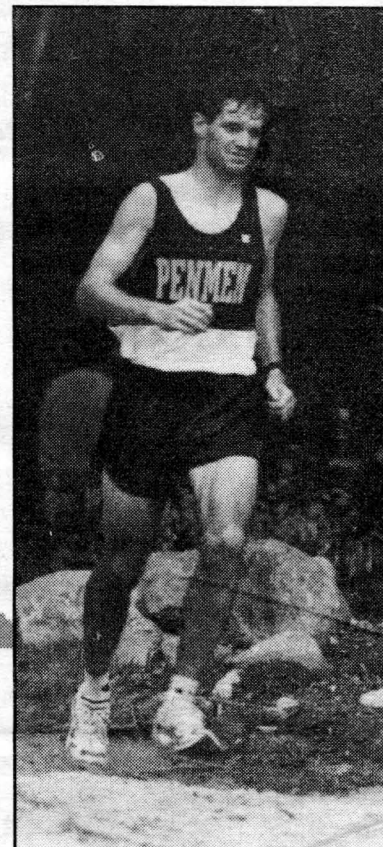
One of his impressive performances was his marathon debut last year. He ran the Boston Marathon as a bandit and finished with a time of 2:51:51. He has also ran two 10 milers and many 5 mile road races. He said, "My best finish was two years ago. I ran 5 miles in 29:58 for second place."

So far this season, Hinds, as an individual, has done well.

His times for the first two meets were 30:57 and 30:23. One of those times was on a twisted ankle.

This year's men's team as a whole is looking good. After competing in four meets and finishing in respectable places, the team is very promising. Like Hinds put it, "Anything that the team does will be good because it is the first year."

Hinds isn't too impressed with himself thus far, but things are looking better. Hinds, a sociology major, has many goals for this season. The 22-year-old wants to run a PR for 5 miles. He would also like to win a race. "Most importantly, I want the team to



Marathon runner Duane Hinds won the NHC home meet on October 10. By Tom McDermott

keep improving. Cross-country isn't an individual effort but a team effort. I want the whole cross-country team, men and women, to enjoy what they are doing," he said.

Running with the men's team this year has had positive effects on Hinds. "Running with a new team has affected my running. I am able to push myself harder. It is easier to run with a group of people than by oneself," he said. The team has been doing well. The meet times have been good and keep getting better, and the men have all been running strong in practice. Hinds said, "I hope more positive things will happen as the season goes on."

Future plans for Hinds include joining the America Corps. And graduate school in two years may be a possibility. One thing's for sure, as he said with a smile, "I will always be running."

**Update:** As of October 10, Hinds fulfilled one of his goals for the season. In a tri-meet against Franklin Pierce College and Rivier College, Hinds placed first overall to help his team win the meet. The men's and women's team will compete in their last meet on October 25 at the NECC Championships in Albany, NY.

## Upcoming NCAA Action at NHC...

Nov. 1 - Men's soccer against University of Stony Brook

Nov. 2 - against C.W. Post

Nov. 1 - Women's Soccer against Adelphi University

Oct. 27 - Women's volleyball against Assumption College

Nov. 2 - against University of Bridgeport