SNHU’s Common Book program gives students the opportunity to share in a common reading with classmates and professors. This year’s selection is “Balzac and the Little Chinese Seamstress” by Dai Sijie. Faculty, staff and alumni are invited to read and discuss the book as well.

Past books have included “We Are All the Same” by Jim Wooten, “Fast Food Nation” by Eric Schlosser, “The Kite Runner” by Khaled Hosseini and “Mountains Beyond Mountains” by Tracy Kidder. (Wooten and Kidder delivered the keynotes at Convocation the years their books were read.)

The Extra Mile asked Dr. Marilyn Fenton, chair of the Common Book Committee, about the program.

What makes a good common book?
I think that a good common book raises essential questions – that is, questions about life and the human condition. One such essential question is, “how does history shape our world view or influence our personal philosophy?” Also, “do human beings by nature crave intellectual freedom? Or is it the result of historical and economic circumstances?”

What makes this year’s book a good choice?
The wonderful thing about this particular book is that it’s not just a book about a fictional occurrence, but it takes place in history and it has the subtext … about the importance of reading. This goes back to Mao’s Cultural Revolution … the characters in the book don’t have access to the things that they want to read, and when they discover that someone has a secret stash of books, that motivates them to see if they can share that.

What are the goals of the program?
In my mind there’s three major things that we accomplish with the common book. First, we have a commonality coming in that freshmen on campus might not know each other or have anything else in common other than the fact they’re here, but they’ve also shared the reading, so we have a conversation that’s available to us from day one. Second, it’s good to teach freshmen that a book is a worthy topic of conversation. And third, even though we have so much to talk about that’s in common, we also will express our individual differences in that conversation.

Are there any goals for the program for other members of the university community?
We would really like to start an all-campus conversation. I think it’s really important for us to have a conversation about literacy and reading, and so this book allows that, too.

Is there anything else about the program that you think the community would like to know?
I think it’s important for them to know that we value literacy, communications skills, writing skills, and that we expect an intellectual response from our students. It has to do with nurturing your intellect and your future growth as a person.
On the Cover

A Matter of Choice 16
Managing higher education costs is a perpetual concern, but never more so than when people are feeling the sting during a slumped economy. SNHU offers a number of options to help students save on tuition.

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It’s been a busy semester as we put the finishing touches on our new buildings and spruce up the whole campus.

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SNHU basketball standout Brian Larrabee is holding court in front of the camera in Los Angeles these days.

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Chef Brigid Flanigan’s hearty risotto, sauerbraten and bread pudding recipes are perfect for warming you up on a chilly day.

Write to Us!

Letters to the editor of The Extra Mile are welcomed and encouraged. Submission does not guarantee publication, and those letters that are published may be edited for style and length. Please include the writer’s name, the year of graduation if you are a graduate, a daytime phone number and a return address. Letters may be sent by fax to 603.645.9676, by e-mail to snhumagazine@snhu.edu or by mail to the Office of Marketing and Communications, Southern New Hampshire University, 2500 North River Road, Manchester, NH 03106-1045.

The views expressed in The Extra Mile do not necessarily reflect those of the university, its trustees, administrators, faculty, staff and/or students.
Dear Reader,

Welcome to the fall issue of The Extra Mile. After this issue, we are going to experiment with an online-only format for three issues. We welcome your feedback. We are making the shift for three reasons:

1. Americans now do more and more online and are comfortable with the format;
2. Moving to an online format is consistent with our sustainability efforts;
3. In a period of tight budgets and with a need to find more scholarship money to help struggling students and families, a shift to online delivery will save tens of thousands of dollars.

I am not sure we would have as quickly moved to the new format without the pressures mentioned in item #3, but it is the right thing to do now.

What won’t change are the stories of SNHU’s students, faculty and staff and the kinds of transformation that happen on the campus every day. In this issue you will hear about the innovative ways we are helping students get an SNHU degree. Those approaches include our long-standing three-year program, an idea that is now getting national attention—including the cover of a recent issue of Newsweek—though we have been doing it for thirteen years with great success. You will also hear about our Advantage program, which dramatically reduces the cost of attendance, and the ways we have reached out to SNHU alumni who have found themselves out of work and needing to retool.

Those programs help real people and few are more inspirational than Rudine Manning. Her story reminds us that we can get knocked down, more than once, and not only get back on our feet, but do so with brilliance and energy. Her story is that of a single person.

There is also the fun items readers have told us they like: the recipes, alumni updates and bragging points about the university. Those features always include opportunities to meet a member of the SNHU community and in this issue we will introduce Mary Heath, our new Dean for the School of Education. Mary was most recently the Deputy Commissioner of Education for the state and is one of the most accomplished and well-loved and respected educators in New Hampshire. It is a coup for the university that we were able to bring her on board.

Enjoy this issue of the magazine!

Sincerely,

Paul J. LeBlanc
President
My Top 5

We ask members of the university community about a few of their favorite things. For this issue, we talked to Chef Stephen Owens, associate professor of culinary arts:

1. **Favorite visual artist:** Claude Monet … he has an incredible sense of using light and color together. I like his still lifes of fruit and vegetables. His home in Giverny, France, is beautiful – incredible kitchen for the late 1800s, very technologically advanced.

2. **Favorite band:** I’ve always liked the Allman Brothers. Their sense of combining blues and rock and southern gospel – I like how they meld those different genres of music. I never thought that when I was 50 I would be seeing the same band as when I was 17.

3. **Favorite sporting event:** I had an opportunity to go to a World Cup soccer match when they were playing in the United States. Argentina was playing against Nigeria and it really gave me a chance to see the cultural impact that a sport has on a particular country. There were so many Argentine fans and Nigerian fans and they were all dressed up in costumes and singing and chanting – totally different than a sporting event in the United States. It’s just an incredible cultural awareness for one’s country that happens to be expressed during a particular sporting event. I think it’s remarkable.

4. **Favorite (food) tradition:** My mom did a lot of preserving, jams and jellies, which I do myself. I go well beyond what my mom did. I do pickles, relishes, mustards, chutneys, all different combinations of jams and jellies … so that’s probably my favorite tradition. It’s oriented around food. In the spring I bring maple sap into my lab classes and make syrup for the students. Now I spend my summers selling my preserves at the local farmers market.

5. **Favorite place(s) on Earth:** Here’s a high and low … two different places.

   The low is going to be a place called Skaneateles Lake; it’s one of the Finger Lakes in upstate New York, where I grew up. That’s where I spent my summers as a kid. My family rented a big house with 10 other families during the summer, so we had no less than at least 25 kids under the age of 16. We slept outside. No television, computers. The adults had bedrooms. There was a boys’ tent and a girls’ tent out in the back yard. In the lake … is “True Blue,” where you swim down as far as you can. You could get down about 35 or 40 feet before you have to turn around and go back to the surface.

   The high place is the top of Mount Rainier, 14,410 feet. I climbed with my brother when I was 16. Very intimidating, climbing roped together in freezing weather – crevasses, ice axes, crampons – all in the pitch dark. The views were spectacular.
We asked Jennifer Landon, director of the Career Development Center, about handling the emotional upheaval of a job loss.

You could look at it as a severely depressing event or try to maintain a positive attitude and say, “This is a potential opportunity for me.”

• Seek the support of family and friends and even other coworkers who have been laid off. Be constantly in touch with what’s going on out there.

• If you’re angry, depressed, discouraged – that can come across in conversation. Employers want to hire somebody who has a positive outlook. If you maintain that positive attitude, it can help you give off a different sense about yourself.

• For every negative thought, acknowledge it, but then come up with at least two good things. It can be as simple as “the sun’s shining” or “we need the rain because the ground is dry.” Try to always keep a bank of positive thoughts in the back of your mind.

• To ensure that you don’t fall into depression, maintain a routine … whether or not you have a job interview to go to, make sure you have something to do that day. Get up at the same time. Eat healthy. Exercise. Get adequate sleep. Maintain a schedule. Dress as if you were going to work. Always be prepared that you might meet somebody who is your next employer.

That’s not to say that you won’t have your bad days. You need to acknowledg your emotions and you need to vent and sometimes you need to scream and cry and yell and be angry, and that’s OK. Feelings are temporary. It’s a good release.

There’s no magic to it. It’s not easy. But just try to maintain and say, “I will get through this. Things will turn around.” There is that light at the end of the tunnel. There is that hope.
See a Show

All gallery events are free and open to the public. The gallery, which was made possible by a generous gift from the McIninch Foundation, is open Monday through Saturday from 10 a.m. to 3 p.m. and Thursday evenings from 5 p.m. to 8 p.m.

Upcoming McIninch Art Gallery Events

“Lumber, Coal, Fawn Skins: An Exploration Revealed in Lists” — Installation by Heddi Siebel
Jan. 21 through Feb. 27
Opening reception: Thursday, Jan. 28, 5 p.m. to 7 p.m. Music by the SNHU Student Ensemble.

What would you bring to live for two years in the Arctic? This multimedia installation unearths the supply lists of the failed Ziegler Polar Expedition of 1903. Using images of archival records, the installation evokes the explorers’ faith in and dependence on the most sophisticated technologies of the time as a means to succeed and advance a human cultural/political agenda — for America to be first to the North Pole. Are there lessons for our times in their disappointment?

“Fictionable Worlds”
March 4 through April 3
Opening Reception: Thursday, March 11, 5 p.m. to 7 p.m. Music by the SNHU Student Ensemble.

This exhibit is part of an investigation of the role of place in contemporary world literature, exploring the intersections of the writer’s imagination, the text and the world of the reader. A select body of work yielded from a collaboration between students and professors of SNHU’s literature and graphic design program illustrate this theme.

“Typographica IV: Annual Student Exhibition”
April 10 through May 8
Opening Reception: Thursday, April 15, 5 p.m. to 7 p.m. Music — the SNHU Chorus Spring Concert.

Our fourth annual curated exhibit of some of the best visual works by SNHU students and faculty in the graphic design program. Works in this exhibit include examples of magazine layouts, logos, photography, illustrations, posters, brochures, package design, Web sites and short animation/videos.

Anthony Fiala
“Loading the Sleds in the Shelter of the Storehouse,” 1903, 11 x 14 inches.

Dominic Rugoletti
Building UP

The campus has been humming this fall with the opening of the new academic building, construction on the new dining hall and the completion of numerous campus enhancements.
The new academic center, which opened in September, and the new dining hall, to open in the new year, continue in a dramatic fashion the development of the campus’ east side.

In keeping with the university’s commitment to sustainability, the new buildings were constructed using recycled materials and have a number of “green” features. (Search for “Going Green at SNHU” at snhu.edu to read more.)
The impact of our two new buildings is more than their sum total. In many ways, they connect the dots and created a more unified sense of the campus. The sidewalks and lighting and curbside presence of the buildings in many ways claim North River Road as our own. People used to drive by campus. Now they drive through it. When they do, they have a sense of the breadth and scale of the campus that was much less apparent before.

— Paul J. LeBlanc, President, SNHU
A Rockin’ Production

By Gail Dexter, Institutional Advancement

Rocker-turned-M.B.A. Brian Coombes ’05 is combining creativity and business savvy at his recording studio in Pittsfield, N.H.

Brian Coombes ’05 is rockin’ the countryside. A musician turned producer, Coombes is using his creative instincts and the business knowledge he obtained at SNHU to make a name for Rocking Horse Studio, a high-tech recording venture tucked away in the countryside of Pittsfield, N.H.

Playing in the Band
A Nashua, N.H., native, Coombes began playing piano at age 15 and bass guitar at 16. He was always something of a writer, mostly short stories and poetry. Then a friend turned him on to progressive rock.

“I started listening to early Genesis, Pink Floyd, the Beatles and the Doors,” he said. “I loved the surrealistic poetry of people like Jim Morrison and Syd Barrett and thought I could do something similar. So I took a few piano lessons and started writing music for some of my poetry.”

In 1986 he helped found a progressive rock band called Tristan Park, for which he sang and played bass and keyboards. The band enjoyed great success in Europe and was signed to the British record label GFT Ltd., recorded four albums, and toured throughout Europe and North America.

“It was surreal, watching non-English-speaking audiences in places like Holland and Belgium singing along to our tunes,” Coombes said.

Breaking Out
After Tristan Park went into hiatus in 1998, Coombes left full-time creative for full-time corporate work. He held several senior management positions in marketing and in product management and development at Lilly Software Associates (now Infor) in Hampton.
But he didn’t abandon music – he just went behind the scenes. While working at Lilly, he launched a recording studio out of his basement in Manchester, using gear he bought with royalties from Tristan Park.

After several recording sessions, with the bands Tractor Trailer and Waking the Blue, which featured members of Tristan Park, Coombes’ wife, Michelle, and Ian McDonald of Foreigner and King Crimson, Coombes realized it was time to expand.

From Basement to Barn
Coombes and his wife were inspired while recording a piece for the Waking the Blue album with Squeeze vocalist Chris Difford at Difford’s studio in the English countryside. When they returned home, they sold their Manchester home in four days, moved into a 250-year-old farmhouse in Pittsfield and built a barn, from which they launched Rocking Horse Studio in 2006.

After 10 years with Lilly, Coombes decided to make a go of the studio full time with his new business partner, Tractor Trailer drummer Dave Pierog. His creative background – a B.A. in English and an M.A. in writing – was helpful, but Coombes felt he needed to know more about business. The M.B.A. he earned at SNHU fit the bill.

An Evolving Enterprise
Today Coombes is a producer, engineer and session musician at Rocking Horse. Marketing relies on word-of-mouth, and the studio has a reputation for quality work. Mix magazine recently included the studio in its annual “Class of” feature, which highlights the best new studios around the world.

Clients have included members of Godsmack, Marty Walsh from Supertramp and Grammy-winning producer Rob Eaton. Coombes also works with talented local and regional artists, including Christian Cuff, Joe Mazzari and Brooks Young, and looks forward to contributing to their success.

He and Pierog provide DVD authoring, video production, Web design and other marketing services.

“Speaking as an M.B.A., it is important for us to develop and maintain both sides of product mix, audio recording and corporate creative media services,” Coombes said. “Apart from our experience in the music industry, we have also worked for years as creative marketing professionals in the software industry. This gives us an unusual product mix for a recording studio, but we are experts in the services that we provide.”

The business acumen he’s gained is equally as important: They need to be sensible with spending and capital investments so they never become overburdened with unmanageable debt, which has been a problem that has sunk many other studios around the world, he said.

“I use some of what I learned through SNHU every day in my business,” he said. “I have an edge over competitors who are musicians first, trying to make a business work.”

I use some of what I learned through SNHU every day in my business. I have an edge over competitors who are musicians first, trying to make a business work.

– Brian Coombes ’05
If I Were President

Essay by Wadzanai Katsande ’08; Introduction by Dr. Catherine Rielly, School of Community Economic Development

When Wadzanai Katsande ’08 returned to Zimbabwe after her first term at the School of CED, her home country was struggling with 230 percent hyperinflation, runaway government spending, a collapsed currency, 80 percent unemployment and 25 percent of the population infected with HIV/AIDS.

Katsande has been working in Africa with refugees and the poor for 20 years. For her master’s project, she documented violence and abuse in child-headed households affected by HIV/AIDS – and acted to reduce it.

When there was no fuel available to drive, she biked to her research sites. When the Zimbabwe dollar was worth nothing, she bartered vegetables in exchange for transportation to distant villages. In the midst of hardship, she shines through her country’s darkness with grace and humor.

Today Katsande is executive director of Edmund Garwe Trust, which she founded to empower child-headed households to combat the disenfranchisement caused by HIV/AIDS. At the center of the trust is her conviction that all children deserve a life of dignity and self-respect.

Zimbabweans continue to struggle with political persecution, human rights abuses, HIV/AIDS, economic collapse and more. President Robert Mugabe has stifled political opposition since taking power in 1980. Last year, a power-sharing agreement was brokered that resulted in opponent Morgan Tsvangirai becoming prime minister. The international community continues to pressure Zimbabwe for evidence of reform.

While a student, Katsande wrote a prize-winning essay about what she would do to turn the country around if she were elected president. An edited version follows:
If I were elected president, the first thing I would do would be to oversee the drafting of my country’s first egalitarian constitution.

My country has a history of dictatorship. The existing country’s constitution was created during a time of segregation based on the color of a person’s skin; the post-colonial government has adopted and adapted the same constitution in order to suppress and repress its people. Since attaining independence over 25 years ago, the country has not drafted a new constitution.

My first act as the first female president would be to arrange consultative forums with the people of my country to draft a constitution that would reflect our national interests and that would guarantee the rights of citizens. I believe that in order to enable and enforce good governance, the common person has to be involved in the constitutional process that determines the checks and balances for elected representatives.

I believe a dictator has no morals and therefore defines right or wrong to suit his/her purposes. The dictator can thus institutionalize, systematize and legitimize wrong doing, as was done during the apartheid era in South Africa. My government would be one of service to and representation of the people who elected me … one in which there were limits established to curb abuses of power and one in which ethical principles would be upheld.

I would also have the challenge of restoring economic growth to a country that has suffered macroeconomic collapse and negative growth, which can be directly attributed to bad governance. Thus I would also concentrate on an economic recovery and development program. In order to allow the state to function, I would request that Parliament provisionally suspend any laws that infringed the rights of citizens and which impeded economic development.

My government would pursue a holistic approach that would involve the human, economic, political and social development of the individual and the community whilst respecting our culture and the environment. My government would strongly promote equal opportunity and equal access to all.

The country would need to attract investment, and investors are only attracted to a peaceful and stable country. By concentrating on constitutional reform, the first rung of the ladder to stability and the restoration of people’s dignity would be achieved.

Fiscal prudence is a prerequisite. Our government would introduce stability into government finances and … attempt to live within its means.

My country’s economy has shrunk to a point where there is 80 percent unemployment, agricultural collapse (despite the fact that agriculture used to contribute over 50 percent of the GDP) and no manufacturing. Most of the economy is in the informal sector. The government would work to legitimize the informal sector so that it could contribute to economic growth in a measurable manner, as well as provide traders with stability and reassurance that they would not be swept up in haphazard government “clean-up” campaigns at the whim of the president.

At the moment the nation’s citizenry is cowed, disheartened, despondent and hopeless. I would work to instill hope. If development is about ownership, then every single citizen of my country would be involved in the resurgence of our social, political and economic development.

The fundamental thrust would be to restore public confidence, to provide sound leadership, to provide an enabling environment, to instill hope, to restore economic prosperity and to set limits such that I and any subsequent president would leave when constitutionally provided for. The motto for my government would be, “We try to live according to a set of principles, we think about those principles and we continually ask, ‘Could we do it differently and more ethically?’”
Deputy to Dean

School of Education welcomes Mary Sullivan Heath

By Judy Ciesielski Timney, School of Education

When it comes to education in New Hampshire, Mary Sullivan Heath is a household name. Her career spans almost 40 years — from classroom teacher in Manchester, N.H., to deputy commissioner of education with an office in the state capitol at the New Hampshire Department of Education.

Heath became Southern New Hampshire University’s new School of Education dean July 15. She did this after retiring — twice.

A Short Retirement

After retiring as assistant superintendent of School Administration Unit 19, consisting of Goffstown, New Boston and Dunbarton, in 2003, Heath continued looking for ways to provide resources for children. As a grant writer in Manchester she worked with educators on the 21st Century Community Learning Afterschool programs, with a focus on the arts; Comprehensive School Reform grants for two elementary schools; the New Teacher Induction program; a series of professional development sessions for teachers and principals; and a Smaller Learning Communities Grant for the high schools.

In 2005, state Commissioner of Education Lyonel Tracy asked her to join his team as deputy commissioner and she couldn’t refuse. Here was another opportunity to provide resources and improve learning for children in New Hampshire schools.

“Every position has been incredible. I feel like I spent my life getting ready to be...
deputy commissioner – now the dean position at SNHU feels the same way,” Heath said.

New Connections
Heath became dean of the School of Education in June. With a passion for teacher preparation, she saw the role as “another opportunity I couldn’t refuse,” a continuation and capstone to her career as an educator.

“We need to step back and take stock in what we are doing and invest in learning … Investing in education is good business, with many professional opportunities and lots of possibilities ….” – Mary Heath

Committed to Community
Heath grew up with politically active parents with a keen sense of the importance of giving back to the community. Volunteering continues to be part of her family dynamic. One could easily say “paying it forward” is a Sullivan family tradition.

“I had the most wonderful parents in the world. They would say, ‘we give to you, you give to yours,’” she said. “My parents believed their children needed to be educated and should never stop going to school; that no matter what, no one could ever take your education away.”

Patty Lynott, SNHU vice president for Academic Affairs, praised Heath’s commitment.

“Mary isn’t simply a hard-working public servant or dedicated community activist; Mary Heath is one of the most highly respected educators in the state of New Hampshire,” she said. “She is widely known to be utterly committed to the education of the children of New Hampshire. By joining our university family, Mary Heath will help position SNHU’s School of Education to become one of the leading providers of teacher preparation programs in the state.”

Heath believes the School of Education is in a position to flourish.

“We will continue to work on and create quality teacher preparation programs, and in five years we’ll see the way schools are working differently because of the impact of our university programs,” she said. “Investing in education is good business, with many professional opportunities and lots of possibilities for good financial and professional partnerships.

“It gives me a chance to walk my talk and put it into action through innovative practices for teachers, children, my community and state, and a great university,” she said.
Their mother was rushed to the hospital, where it was determined that stress combined with high blood pressure and high cholesterol had led to a stroke. Two days later, their mother died, less than one month before Manning’s high school graduation.

Manning, now a senior at SNHU, was going to have it all – a $5,000 scholarship, another $1,000 for entering SNHU’s Honors Program, and the opportunity to earn a degree in something that she loved, creative writing.

After her mother’s death, it seemed incomprehensible to be so far from her family. Her excitement about being out on her own at college had been sucked away. But in coping with her loss, Manning has discovered something within herself – tenacity and the strength to stand on her own, rise above life’s disappointments and go after what she wants.

Struggling with Loss
Manning’s family came from Jamaica and later immigrated to the Bronx. She and her five brothers and sisters had a fairly normal childhood – going to Catholic school and spending time with family and friends. But with the sudden death of their mother, her life took what felt like an impossible turn.

“That semester, I did the worst I have ever done academically,” she said. “I got a B and
“Being around editors, writers and manuscripts makes me realize that this is what I want to do with my life. I want to be in publishing.”

— Rudine Manning

three Cs. The problem was, I needed a 3.0 to keep my scholarships. When the school took them away, no questions asked, I felt like they were kicking me when I was down.”

Help came in the form of then-financial aid Director Louisa Martin. “She told me about all of the scholarships that I was eligible for and she helped me apply for them,” Manning said.

Keeping Her Head Down
Assistant Professor Diane Les Becquets, director of SNHU’s creative writing program, has had Manning in six classes and noticed her transform over the past few years.

“I first met Rudine in my LIT 330 Gender and Text course. She was very withdrawn, sat in the back row, wore a hat pulled down low over her forehead, and offered nothing regarding class discussion,” Les Becquets said. “But this past academic year is when I noticed the biggest change in Rudine’s demeanor and in her confidence. Rudine walks confidently, speaks confidently, voices her opinions even if they are contrary to others in the class.”

Manning also shored up her grades and has since made the President’s List. Then she learned about an internship opportunity during a lunch with a guest speaker from one of Les Becquets’ classes. She eventually beat out hundreds of other students to land the coveted spot at Bloomsbury Publishing in New York.

Finding Her Way
As an editorial intern, Manning handled typical office tasks — making copies, running papers and checking the mail. But she also was allowed to read from the “slush pile” of unsolicited manuscripts sent in by hopeful writers.

“I think it’s really cool that we were allowed to do that — that they cared enough about our opinions to let us read from the slush pile — and if we liked a story, they’d read it themselves,” she said.

Manning proofread books to be published, sat in on weekly editorial meetings and discussed acquisition memos.

“Being around editors, writers and manuscripts makes me realize that this is what I want to do with my life. I want to be in publishing,” she said.

Les Becquets believes that Manning will make it.

“Over the past few years, her writing has evolved, taking on a more sophisticated, publishable voice,” she said. “In fact, it is the voice that she has captured — one distinctly her own.”

A passage from Rudine Manning’s senior thesis
And suddenly I was someplace else — somewhere familiar and warm. I could smell her. It was the lavender musk she always wore. It tickled my nose and sent chills dancing up and down my arms. She looked exactly as I remembered her. I hoped to God I would always remember her this way. Her skin was the color of brown sugar — her hair that auburn color she loved. It was fading and her silver roots gave her age away. She was laughing to herself. She always did, especially as she cooked. She’d stand over the stove laughing about something someone said 20 years ago.

I walked up behind her, put my arms around her waist, and nuzzled my face into her back. She patted my arm with one hand and kept stirring soup with the other.

“My doe-eyed girl,” she said. “How was your day?”

Her voice had never sounded so sweet to me. I needed to hold on to it. I needed it to sound this way forever.

“It was okay,” I said. “How was yours?”

“Exhausting,” she said. “I wish you could cook so I could rest my feet for awhile.”

“Well, I can watch it and if it starts to do anything crazy, I’ll shout.”

I smiled. She laughed.

She walked out of the kitchen and into the living room. I stood in the doorway and watched her lie down on the couch. She sighed deeply and closed her eyes.
“I continue to believe that education is the great equalizer in our culture. It’s the springboard to opportunity. But the fact remains that cost will always be a consideration for most, and never is it more evident than during a time of economic crisis such as the U.S. has been facing.”

— Paul J. LeBlanc, President, SNHU
Liz Francis has struggled with epileptic seizures since high school. Medication helped, but over time became less effective. Two years ago, she had a grand mal seizure while driving and crashed her car. When she came to, all her memories of the previous six years – from after her 19th birthday to the age of 26, and including everything she learned in college – had vanished.

Last year, Francis had a right temporal lobectomy that removed a fist-sized piece of her brain to stop the seizures. Though her body and mind are still recovering, she couldn’t wait to start college again.

“I was so tired of being stuck at home. For a year and a half I really didn’t do anything but go to the doctor and go to the grocery store,” she said. “Yes, I’ve had a hell of a hard time with brain surgery and my physical being, but I’ve come out on top.”

Now 27, Francis is earning her associate degree through the new SNHU Advantage Program, designed for students seeking lower-cost tuition or an alternative to the traditional college experience.

It’s different this time around. Sometimes she forgets assignments and even whole conversations. School used to be “a breeze”; now she struggles in her basic math course. She sometimes gets frustrated and wonders if she jumped in too soon. But in the Advantage program, she’s also getting the support she needs.

“That’s been the wonderful thing about Southern New Hampshire University – everyone is so willing to help,” she said. “Everyone I’ve encountered – Hyla (Jaffe) in disability services, financial aid, my professors – they’re willing to bend over backwards to help you succeed, and I think that’s amazing.”
Not Your Grandfather’s Higher Education

SNHU offers more academic programs and delivery options than ever to help people earn their degrees and thus access the opportunities available to those with higher education:

- Increased financial aid
- Alumni Assistance Program
- SNHU Advantage Program
- SNHU in the High School
- Three-year programs
- Online programs

“If you look at the list of programs that we offer, what you recognize is that the old, traditional, standard eight-semester, four-year model has been surpassed by a broad range of options for students. It’s not your grandfather’s higher education anymore,” SNHU President Paul LeBlanc said.

“The key is not only to give people options for how they’re going to get their education, but to have those options provide pricing flexibility. That interweaving of innovation around delivery and innovation around access go hand in hand.”

Extra Credit — Undergraduate Day

Before last year, many parents asked about programs, job prospects, campus life and finding the “right fit”; now they’re also asking how they will be able to afford tuition, said Steve Soba, director of SNHU’s Office of Admission.

“Last year’s economy was so tumultuous and had such an impact on people, through reality and perception … it sent families into a tailspin. Before we knew it, 401(K)s had plummeted, home values had crashed and people were losing jobs,” Soba said. “Despite the fact the economy has rebounded a little bit, families are still reticent about what the future might hold. Even those who didn’t suffer seem to be more concerned.”

Among the university’s responses is an increase in grants and scholarships. Incoming freshmen with high school GPAs of 2.5 and higher will be eligible for up to $15,000 in grants and scholarships for the 2010-2011 school year.

Supporting Alumni

The university also reached out to alumni and members of their families who lost their jobs when the economy tanked. They could take up to four graduate courses for half price, beginning in March, June or September, through the Alumni Assistance Program. Twenty people have enrolled.

Caryn Slosek ’08 was laid off from her staff accountant position at Levine Katz Nannis and Solomon PC.

“The value of my SNHU degree is found in the opportunity to have found and connected with dozens of amazing individuals I would not have otherwise met. From my boss to my best friends – the value of SNHU is found in the people it has, and will continue to, connect me with.”

— Katie (McKenney) Libby ’03 and ’07
Client service manager
The Cerato Group LLC
A B.S. in accounting alumna, she enrolled in graduate courses through the Alumni Assistance Program. She plans to earn her M.S. in accounting and take the CPA exam.

While coming up with the money for the class, even at half price, and for books was tough, Slosek believed in the end it would pay off.

“Having my M.S.A. will help me stand out from all the other candidates who just have their bachelor’s,” she said.

An Added Advantage
While in high school, Billy Flynn planned to attend college full-time as a traditional undergraduate. But after his parents divorced, paying for tuition became a hurdle.

“My parents had no money, and I had no money,” said the 18-year-old Nashua resident.

So Flynn instead enrolled in the new SNHU Advantage Program, which allows students between the ages of 18 and 22 to take core classes at the university’s centers in Nashua, Salem and Portsmouth for only $10,000 a year – a savings of about 60 percent.

Students can complete an associate degree and apply the credits toward a bachelor’s degree, which they can pursue at the main campus, at the centers, through SNHU Online, or even at a different college. The program offers extra attention from advisers and faculty, as well as tutoring and access to library resources, computer labs and study areas.

For some students, the program is an opportunity to strengthen study skills. For others, including Flynn, who graduated from high school with a 3.6 GPA, it offered an affordable alternative to a traditional college education.

The program has made national headlines on CBS News, in The Boston Globe and on National Public Radio. Flynn was interviewed by several news outlets and caught the attention of another university. He ended up receiving a generous scholarship to pursue a bachelor’s in engineering (which SNHU doesn’t offer), enabling him to realize a lifelong aspiration.

Kaileen Crane, a former high school dropout who already has plans for graduate school, found the Advantage program in Salem to be exactly what she wanted.

“Smaller class size, a little more guidance and, of course, the big pink elephant was the price, getting the same education, if not better,” she said. “Campus life, to me, seems like a distraction.”

Getting an Early Start
Teens don’t even have to graduate high school to begin saving on college tuition. Through the SNHU in the High School Program, they can take SNHU courses in their high schools for only $75 a course – a savings of about 90 percent on tuition.

What’s in a Degree?
We’ve all heard that an investment in a college education is an investment in the future. But what are some of the tangible benefits of higher education?

For one, more money: Those with bachelor’s degrees earn an average 40 percent more than those with only high school diplomas, according to the U.S. Census Bureau. (Those with master’s degrees earn almost twice as much.)

A 2007 study by the College Board, “Education Pays: The Benefits of Higher Education for Individuals and Society,” found that college graduates are more likely to have health and pension benefits, volunteer, give blood, vote and exercise. They are less likely to smoke, be unemployed and live in poverty.

Perhaps those who best understand the value of a college degree are those who have earned one (or more). So The Extra Mile asked alumni how they have benefited from their college educations. Here’s what they said:

“I proudly display my SNHU (NHC) diploma in my office as a reminder that both my past experience and current involvement have been the ultimate door-openers. The value of my degree goes beyond my resume; it’s about who I’ve become and how I’ll continue to grow.”

– Meghan Dalesandro ’00
Vice president
Alloy Education
“The solid, fundamental business curriculum at SNHU prepared me for a lifelong career in corporate America. I had access to many amazing mentors and coaches ... their experience and individual concern for my future guided me in a direction for which I am completely thankful. Much of what I have today, I owe to the foundational groundwork built by SNHU.”

– Wade Philbrick ’85
Commercial process and capability manager
The Coca-Cola Company

“My SNHU degree helped to launch my business career and provided me with the academic underpinnings and analytical rigor that I have used with success in the finance world.”

– Cairn G. Cross ’87
Cofounder and managing director
FreshTracks Capital, I & II L.P.

“My SNHU degrees have been instrumental in the advancement of my career and have helped me achieve many of my professional goals.”

– Steven Gore ’90 and ’02
President and CEO,
Gerber Innovations

“Susan Jones’s daughter, Victoria, enrolled in one at Alvirne High School. “She’s had two sisters going to college and she’s seen the cost incurred by that. She’s pretty frugal,” Jones said. “She’s always looking for some way to save money. I think she’s looking at getting out (of college) without quite so much debt as her sisters have incurred.”

Victoria, a senior, took SNHU’s Introduction to Information Technology, taught by her teacher at her school during her normal school day. The credits she earned count for both her high school and college transcripts.

“I loved the class,” she said. “I think it’s a great opportunity, getting two things done at once – college credits and high school credits. It’s definitely worth it. The price was great. It will help put me a step ahead.”

The growing list of high schools offering SNHU courses for credit includes Alvirne, Bedford, Nashua North and South, Manchester West and Central, Memorial and Pembroke Academy.

Students can take SNHU courses during their sophomore, junior and/or senior years. They save thousands on tuition and show that they can handle college-level course work.

“Our partnership with SNHU and the dual enrollment program has provided many of our students with a ‘jump start’ on their future,” said John Rist, principal of Central High School in Manchester. “It’s a win-win and a no-brainer.”

Go Faster (For Less)

Politicians from Rhode Island to Tennessee have begun urging colleges to start offering three-year degree programs. SNHU is once again out ahead: The university launched its 3Year Honors Program in Business in 1995.

Unlike most three-year programs at other universities, students in SNHU’s business honors program don’t have to take night, weekend, overload or break courses. They earn their bachelor’s in six semesters and still have time for a job and to enjoy campus life, just like their four-year peers. Though they earn the same number of credits and the same degree, they follow an innovative, cohort-based course model that emphasizes integrated and applied learning.

They not only save 25 percent on tuition – graduates can spend the fourth year earning their master’s degrees or start their careers (and start making money). Instead of spending thousands on tuition in that fourth year, they could be earning up to $45,000, the average starting salary for business administration majors.

“I would challenge anyone to find a program that provides that kind of substantial decrease in cost across a whole bachelor’s degree,” LeBlanc said. “In fact, it puts us in direct competition with many public institutions that are often perceived to be more affordable.”

The university also is introducing new three-year plans for its justice studies and creative writing majors, which allow students to compress the same number of courses as the four-year
programs into three years by taking online and summer courses.

A History of Accessibility
It isn’t always about money. The traditional, full-time undergraduate day model simply doesn’t work for everyone. SNHU has a long history of reaching out to those nontraditional students.

For example, SNHU has been serving veterans since its founding in 1932. That service to veterans continued after Vietnam. Today, the university accommodates nontraditional students, including active-duty soldiers and working adults, through evening, weekend and online courses.

There are no typical days for SNHU Online student Tiffany Quint, who is on active duty with the U.S. Army in Iraq.

“It’s a 24-hour job, and we work whenever soldiers go out on convoys,” said Quint, a 25-year-old staff sergeant from Dover, N.H., who is responsible for maintaining equipment used to counter improvised explosive devices.

Quint does her course work in the afternoon or even the middle of the night.

“There were definitely days when I didn’t know if I would be able to handle doing both workloads, and I knew which one I would end up giving up,” she said. “If I made the time to take classes with the hectic schedule I’ve had, I am sure that I can do it anywhere.”

Offerings such as SNHU Online continue the university’s long history of reaching out to students for whom college was not a guarantee, LeBlanc said.

“If you think about whom we serve, whether it’s a kid from an immigrant family in central Manchester, a working mom in a rural place where her only option is online, a soldier deployed in Iraq, or a busy businessperson who’s often on the road – for all of those students, traditional models of education had shortcomings,” he added.

“In today’s world, institutions find ways to extend and provide education; it’s pretty inspirational and we shouldn’t lose sight of that.”
Superstar Athlete

Brian Larrabee was one of the top performers at SNHU during his four years, both on the court and in the classroom. He’s translated that love for the limelight into a budding career in front of the camera.

In a little over a year, he has appeared in national commercials for companies such as Office Depot, Dick’s Sporting Goods and Crocs and has hosted “Designing Spaces” on The Learning Channel. He is working on his first feature film, “5 Ways to Split Apart the Day.” In addition, he has modeled for Sobe Fit, Saks, Bauer Hockey and Crocs.

Glory Days
A standout for the men’s basketball team from 1999 to 2003, Larrabee ranked 14th in career scoring and helped lead the Penmen to an NCAA Tournament berth as a senior. He also garnered Northeast-10 All-Conference honors twice and is slated to be inducted into the SNHU Athletic Hall of Fame in January.

Larrabee got it done in the classroom as well. A business administration major from Colonie, N.Y., he became the first SNHU student-athlete to garner CoSIDA Academic All-America First Team honors. Carrying a 3.9 GPA, he was a three-time SNHU Male Scholar-Athlete of the Year Award winner. These days, he’s an actor living in Los Angeles.

Pivotal Speech
Larrabee’s acting career came about after he gave the best man speech at a wedding. The newlyweds, Scott and Liz Hines, told the story during their honeymoon cruise while seated at a table with Florida actress Kathy Bee.

“Scott showed Kathy a picture of me and a little video (of the speech), and the next thing I know, I am meeting with her friend, casting director Lori Wyman,” Larrabee said.
After spending a weekend with Wyman at a casting workshop, Larrabee was hooked.

“Up in front of that camera, it was scary, but man, was it exciting. I knew from that day that this was it,” he said.

A Knack for Acting Up

A player with a knack for getting to the foul line (he ranks second in SNHU history in free throws made and attempted), Larrabee said friends insist he must be a great actor because of his ability to sell the referees that he was fouled.

“He always had the ability to fake on that end of the floor,” men’s basketball coach Stan Spirou said. “He acted quite a bit when he was trying to take charges or play defense with any consistency. Offensively, he always had that move where he would up-fake and get fouled.”

Lucky Break

Larrabee’s acting career was nearly over before it began. While auditioning for his first role he committed a major faux pas: He rewrote the script.

“This is a cardinal sin in acting and I am really lucky the writer of the script was not in the room, because he probably would have strangled me,” Larrabee said. “After my first take, the casting director told me that he loved my energy and my spin on the script, but now could I please say something a little closer to what was written so we both didn’t get fired.”

Larrabee landed the role.

Fans Back Home

Those who knew Larrabee at SNHU recalled his ebullient personality and sense of humor, adding that acting is a natural fit.

“SNHU made a promise to me and I made a promise to them that we would work together for four years and at the end I would be able to take my experiences, throw them up, down and around, and take on the world.”

— Brian Larrabee ’03

“Brian was a ham, through and through,” said longtime Athletic Department secretary Kim Blanchette. “He is just one of those people you want to be around.”

While Tinseltown might seem a long way from a classroom or a basketball court in the North End of Manchester, Larrabee said he uses many of the lessons he learned while at SNHU.

“If there was one thing that really stood out with my SNHU experience, it would have to be the people. There are some really genuine, solid people attached to SNHU, and that showed me the importance of relationships built on trust and loyalty,” he said. “I now use those same relationships when I am working with another actor, a director or my acting coach, relationships built on trust.”

Spirou said Larrabee is one of those solid people and one of the best who has come through his program.

“When you look back at the rich history of our program, Brian is one of those players who has an impact both on and off the court,” Spirou said. “Off the court, he was a special person. He carried himself in a way that, as a parent, you’re proud. Anytime we did clinics or something to give something back to the community, Brian was always front and center.”

It is clear Larrabee has an affinity for his alma mater.

“SNHU made a promise to me and I made a promise to them that we would work together for four years and at the end I would be able to take my experiences, throw them up, down and around, and take on the world,” Larrabee said. “From that, I can’t think of another place in the world I would have rather (gone) to college.”
Chandronnait, Schippers Named Top Athletes

Amber Chandronnait and Adrian Schippers were named SNHU’s Female and Male Athletes of the Year at the annual Athletic Awards banquet, held April 27. Julie Kraus and Matt Delaney were named Scholar-Athletes of the Year, while Nicole Arpin and Troy Bowen each received the Sportsmanship Award. Alyssa Whitney and Stephen Wood each received the Unsung Hero Award.

Chandronnait, a junior, was named the Northeast-10 Women’s Tennis Player of the Year after leading the Penmen to a 12-5 record and the program’s first NCAA Tournament appearance. She went unbeaten in dual match singles play during the season (16-0) and also captured the singles title at the Wilson/ITA East Regional.

Schippers, a senior, was named the Northeast-10 Men’s Soccer Player of the Year after leading the Penmen in scoring with eight goals and six assists. He led SNHU to a 15-3-4 record, the Northeast-10 Tournament championship and its 14th NCAA Tournament appearance. He was also the Daktronics East Region Player of the Year and a Second Team All-American.

Penmen Post Best President’s Cup Finish

The SNHU Athletic Department finished seventh out of 15 schools in the final 2008-09 Northeast-10 President’s Cup, its highest ever finish. The President’s Cup measures success across all Northeast-10 institutions.

A Great Year

SNHU had one of its best years athletically in 2008-09. Six teams reached the semifinals of their respective tournaments, with the men’s soccer team winning the tournament championship and the women’s lacrosse team reaching the championship game. Three teams (men’s soccer, women’s tennis and men’s golf) qualified for their NCAA championships, while all but two teams competed for their respective Northeast-10 championships.

The Penmen had three Northeast-10 Players of the Year (Schippers, Chandronnait and the hockey team’s Troy Maybury) and 41 Northeast-10 All-Conference selections, including 13 First Team selections. SNHU also had seven All-Americans in three sports (men’s soccer, women’s lacrosse and men’s lacrosse), while Julie Kraus and Libby Parent of the women’s lacrosse team were named Academic All-Americans.
Having a Ball

Then-seniors Mike ‘09 and Sean Ball ‘09 of the men’s lacrosse team were each named to the USILA Division II All-America Team. Mike Ball was a Second Team selection after leading the Penmen in scoring with 41 goals and 21 assists for 62 points. Sean Ball was an honorable mention selection after totaling 23 goals and nine assists.

The brothers, who served as co-captains last spring, each were Northeast-10 First Team selections and were named to the NEILA East-West All-Star Game. Mike Ball also competed in the USILA Division I/II North-South Game, which featured the divisions’ top seniors.

We’re Honored

Troy Maybury, who totaled 19 goals and 14 assists for 33 points to lead the Penmen in scoring, was one of three SNHU hockey players honored by the Northeast-10.

Dave Carroll was a Second Team All-Conference selection and Mark Smith was named to the All-Freshman team.

Graduate Troy Bowen ‘09 was named Northeast-10 Third Team All-Conference in men’s basketball as he led the Penmen to an 18-12 record and a Northeast-10 semifinal appearance. He ranked second at SNHU in scoring at 12.3 points per game and scored his 1,000th collegiate point during the season.

The women’s lacrosse team once again collected a multitude of accolades as it posted a 13-5 record and a Northeast-10 semifinal appearance. Julie Kraus, Libby Parent and Emily Mongeau collected IWLCA All-Region honors. Mongeau was named the Northeast-10 Go-Freshman of the Year, while Kraus, Parent and graduate student Lucretia Joy were named All-Conference.

Two other members of the men’s lacrosse team were honored by the Northeast-10. Gary McKay was an All-Conference selection, while Brendan O’Brien was named to the All-Freshman Team.

The softball team had four players named to the Northeast-10 All-Conference. Graduates Ashley Bernstein ‘09 and Nicole Arpin ‘09 and junior Kelsey Griffin were Second Team selections, while graduate Karissa Bettencourt ‘09 was a Third Team choice. It marked the third All-Conference selection for Bettencourt. Graduate Ryan Quinn ‘09 became SNHU’s first All Northeast-10 performer in baseball since 2007, as he was named to the Third Team after registering a single-season school record 100 strikeouts.

Tennis, Anyone?

SNHU tennis programs had outstanding seasons last spring. The women won 12 matches, a school record, and earned the program’s first NCAA Tournament berth, then topped Bentley in the first round. The women also advanced to the Northeast-10 semifinals for the second straight year. The men’s team advanced to the Northeast-10 semis for the first time in program history after upending Saint Michael’s on the road, and finished the year with a 7-5 mark.

The women had five Northeast-10 All-Conference performers. Besides Chandronnait, Catalina Echeverry was a First Team selection at No. 2 singles after going 12-0 in league play. The duo was also Second Team at No. 1 doubles. Alison Waring and Meghan Welch were All-Conference singles performers, while Welch and Courteney Blais were named to the Second Team at No. 3 doubles.

Graduate student Colin Stone and senior David Spaggiari were Northeast-10 All-Conference singles performers. Stone posted a 4-1 record at No. 6 singles en route to First Team honors, while Spaggiari was a Second Team member at No. 1 singles.
Mel Keeler ’04 was a three-year member of the softball program and graduated as one of the top pitchers in program history. A two-time Northeast-10 All-Conference selection, she still stands as the program’s all-time leader in strikeouts (300) and earned run average, and tied for second in career wins with 32. She batted .301 while collecting 105 hits, ranking eighth in career hits.

Brian Larrabee ’03 was a four-year starter for the men’s basketball program. Appearing in all 112 games while starting 103, Larrabee was a two-time Northeast-10 All-Conference selection. He ranks 14th in career scoring with 1,566 points, while his 547 made free throws place him second in program history. He averaged 15.8 points per game as a senior as he helped lead SNHU to an NCAA berth. He was also named the first CoSIDA First Team Academic All-American in school history as a senior.

Rich Miller ’01 played for the hockey team from 1997 to 2001. One of only two two-time All-Americans in program history, Miller wrapped up his career with 83 goals and 74 assists for 157 points, placing him third in career goals, fifth in career points and ninth in career assists. He helped lead the program to the ECAC Tournament in each of his four seasons and also to a berth in the final NCAA Division II Championship in 1999.

Ray Prouty ’77 recently wrapped up a 36-year association with the athletic department as a player, coach and administrator. A baseball and soccer standout, Prouty was SNHU’s Athlete of the Year as a sophomore. Upon graduation, he was named athletic business manager. He has served as assistant and associate athletic director and now is budget manager for the university. Prouty coached softball from 1981 to 1986 and posted an 81-73 record while leading the Penmen to a pair of ECAC Tournament appearances.

Mounir Tajou ’03 left his mark on the SNHU men’s soccer program in just two seasons. The 2002 NSCAA Division II National Player of the Year, Tajou led the Penmen to a 33-7-3 mark in his two seasons and a berth in the Division II championship game in 2002. A two-time Northeast-10 First Team and NSCAA All-Region selection, Tajou totaled 59 points in 2002, two shy of the single-season record, and ranks ninth in career goal scoring despite playing just two seasons.
Be in the Know

Don’t wait for the next magazine to find out what’s happening on campus. Provide us with your e-mail address and we’ll make sure you stay connected to the university all year long. The alumni office sends a monthly e-newsletter that includes alumni profiles, upcoming events, campus updates, promotions, giveaways and athletic news. You also will receive invitations to special events and campus announcements.

Sign up now by sending your e-mail address to alumni@snhu.edu.

Calling All Veterans

SNHU is committed to serving current military students as well as recognizing our veteran alumni. We have new programs on the horizon and we want to keep you informed about alumni veteran resources and events. Please contact the Alumni Office at alumni@snhu.edu or 603.645.9799 to help us update your information.

Don’t forget to visit snhu.edu/alumni to join SNHUconnect, the SNHU Alumni Online Community.

SNHUconnect Update

Finding fellow alumni will now be even easier.

SNHUconnect, the Alumni Online Community, is opening its directory in early 2010 to all alumni who are registered users. This means that certain information will be visible to SNHU alumni searching the directory and will make it easier for you to find and make connections with fellow graduates.

Directory searches will display home city, state and country; employer, position and business address; and e-mail, in addition to current directory search results. If you would like to make any of your information private, log in to access your profile in SNHUconnect and change the privacy setting for the specific fields you would like to remain private.

Please contact us at alumni@snhu.edu or 603.645.9799 for more information about the directory.

If you are not a registered member of SNHUconnect, visit snhu.edu/alumni and register today!
Where Are They Now?

The 3-Year Honors Program in Business recently celebrated a milestone with the graduation of its 10th class. The Extra Mile checked in with some program alumni.

Amy L. Moy '02, Strawbery Banke Museum
Director of Marketing and Communications

Amy Moy ’02 had her heart set on becoming a veterinarian when she grew up, but quickly discovered that she did not have the stomach required. “(I) thought it was best to stick to being an animal lover, where I could enjoy the furrier and more pleasant outside of animals instead,” she said.

She eventually decided to focus on business and enrolled in the three-year program. Upon graduation, she worked as the business relations and special projects manager for a Seacoast-area think tank that focused on economic and small business development. She then joined the staff at the Girl Scouts of Swift Water Council as the director of membership and marketing. She is now the director of marketing and communications at Strawbery Banke Museum in Portsmouth, N.H.

She is charged with strategic planning for the museum’s advertising, promotions, public relations and communications programs. Quite often she is also referred to as the museum’s “brand police.” On any given day she is planning media buys, designing print ads, sending press releases, writing bylined articles, working with the press and film crews, coordinating marketing efforts and anything else that involves the museum’s public image.

“It’s a job that is amazingly challenging and rewarding all at the same time,” she said.

Jon N. Strasburger ’00
Hage Hodes, P.A.
Associate Attorney

Michelle Strasburger ’01
Axis Communications
Human Resources Manager

Jon ’00 and Michelle Strasburger ’01 have been together for almost 10 years. Though they graduated with the same degree, they took very different career paths after graduation.

After taking one business law course with Associate Professor Steven Booth, Jon was hooked. He ultimately pursued law school and is now a litigation attorney with Hage Hodes, P.A. in Manchester, N.H. A significant portion
of his practice is devoted to family law and divorce matters and requires regular court appearances in the state’s district and superior courts.

While Jon was busy with law school, Michelle jumped into a human resources role with a local company upon graduation. She pursued her M.B.A. in human resources and became a certified Senior Professional in Human Resources. She also cofounded the Southern New Hampshire Women’s Business Network, a networking organization for professional women, and was featured as a Rising Star in Business New Hampshire Magazine.

She is now the human resources manager at Axis Communications.

“I think often people choose a career path for the wrong reasons and end up unhappy,” Jon said. “I had jobs before becoming an attorney that felt like, well, just ‘jobs.’ I now feel like I have a career and I am constantly motivated to hone my craft. When you truly enjoy what you do, you develop an inner drive to keep improving yourself.”

Joe Mackie ‘03, ‘04, ‘08
IBM
Power Systems and Storage Sales Representative

Joe Mackie ‘03 has been busy since graduating; he landed a terrific job at IBM, married his college sweetheart, Patricia (Thibert) ‘04, completed two master’s degrees (an M.B.A. and an M.S. in organizational leadership) and fathered a daughter, Delilah.

Mackie made IBM’s Hundred Percent Club his first year in sales. He is now the power systems and storage sales representative for the Systems and Technology Division of IBM in Chicago and is responsible for managing internal and external resources to create strategies for new business acquisitions in his division.

Though he has reached a number of professional and academic milestones, he said his best moment is the day he welcomed his baby girl into the world.

“When my daughter was born, I truly learned what life was all about,” he said. “Hitting your targets is great, but spending time with your children and watching them grow up is way better.”

Kristen Costa ‘04, ‘05
New Hampshire Motor Speedway
Manager of Communications

Working as the manager of communications for the largest sports and entertainment facility in New England is no easy task. It is not unheard of for Kristen Costa ‘04 to work 100-plus hours during event weeks.

The New Hampshire Motor Speedway in Loudon, N.H., hosts more than 100,000 spectators at each of its two NASCAR Sprint Cup Series races. Both NASCAR event weekends draw larger crowds than the Super Bowl, the NBA Finals, the World Series and the NCAA Final Four events. The facility is active every day from April through November and attracts more than half a million guests per year.

Costa provides information and services to all media members, sanctioning bodies, competitors, sponsor representatives and guests. She manages the media center and press box; represents and promotes the speedway on live local radio and television; edits news releases; creates content for souvenir programs, brochures, fan guides and media guides; creates and maintains media databases and contact lists; organizes trade show appearances, special events and news conferences; and creates and manages the Web and social networking presence for the speedway.

She welcomes challenges and feels a great sense of accomplishment in resolving them.

“Communications is not black or white. Schedules change by the hour and situations change by the minute,” she said. “My daily goals are to overcome any obstacles that may arise, and there are many. These are the times that develop your character.”

Where are you now?

Let us know: E-mail updates and Class Notes to alumni@snhu.edu or visit www.snhu.edu/alumni to update your profile.
Achievements

'74
Alan W. King, of Darien, Conn., received a Reviewer's Choice designation for his review of Howie Thompson's novel, “OverTime.”

'81
John L. Good, of Essex, Mass., received the 2008 Enduring Hero award at the sixth annual North East Mass Chapter of the American Red Cross’ Community Heroes Breakfast.

'82
Ronald H. Covey, of Hooksett, N.H., is the president and CEO for St. Mary's Bank.

Robert A. Nerbonne, of Bow, N.H., is the CEO for ALI Group North America.

'87
Gayle M. Fili, of Methuen, Mass., is the senior vice president for The First National Bank of Ipswich in Ipswich.

Beverly A. Joyce, of Exeter, N.H., won two bronze medals in the sixth annual National Service Industry Advertising Awards.

'90
Susan M. Lemieux, of Standish, Maine, is the president of Legacy Publishing Company in Westbrook.

'92
Brian K. Jackson, of Egg Harbor City, N.J., is the chief of staff at The Richard Stockton College of New Jersey in Pomona.

'93
Patricia Ainsworth, of Lancaster, Mass., is the chief information officer for Salem State College in Salem.

Wilson C. Knight, of Pensacola, Fla., is a fellow of the American College of Healthcare Executives.

'95
Gwendolyn J. Green, of Winterville, N.C., received her M.B.A. from the University of Phoenix.

Alison Schnable, of Stratham, N.H., is a network analyst for Liberty Mutual in Portsmouth.

Shawn P. Sullivan, of Scituate, Mass., was named to the Boston Business Journal 40 Under 40.

'96
Michael Lamontagne, of Huntsville, N.C., is the position director of innovation and strategy for Bloom.

'98
Arjun Varma, of Hooksett, N.H., is a product manager for British United Provident Association in Manchester.

'01
Susan E. DeFranzo-Wyse, of Newmarket, N.H., is a survey shop manager for Snap Surveys Ltd. in Portsmouth.

Richard A. Gardner, of Rutland, Mass., is a project engineer for Babcock Power Inc. in Worcester.

James M. Queenan, of Nashua, N.H., is an executive director for the New Hampshire Board of Pharmacy.

'03
Nancy A. Irizarry, of Fax Lake, Wis., is the social services director for the state of Wisconsin Department of Corrections in Waupun.

'04
Jessahyne M. Antilus, of Woburn, Mass., is a mental health therapist for Southern New Hampshire Medical Center in Nashua, N.H.

Christopher R. Gonyea, of Manchester, N.H., is a customer support technician for Dynamic Network Services.

'05
Shannon L. Jones, of North Providence, R.I., is the senior event manager for Rhode Island Convention Center.

Heather M. Sylvester, of Orlando, Fla., is the chef assistant for Walt Disney World.

'07
Michael J. Bolduc, of Lewiston, Maine, is a risk manager for Evergreen MGA.

Liam J. Seward, of Somerville, Mass., is the manager of program implementation and integrity for the Massachusetts Department of Mental Health in Boston.

Celine I. Treamer, of Manchester, N.H., is an assistant residence director at Southern New Hampshire University.

Kristen N. Witham, of Peabody, Mass., is the office manager for JWT-Advertising in Boston.

'08
Candace L. Baldwin, of Springfield, Va., is a senior policy advisor for NCB Capital Impact in Arlington.

Tina Cicciu, of Framingham, Mass., is a sixth-grade science teacher at Walsh Middle School.
‘09 Jeffrey Lison, of Salem, N.H., is an agent for New York Life in Waltham, Mass.
Shannon M. Stephens of Merrimack, N.H., is an assistant promotions director for Manchester Radio Group in Manchester.

‘00 Max G. Dannecker married Natalie J. Griggs '08.
Krystina E. Perich married Joshua A. Harwood '05.

‘01 Ian A. Smulan and his wife, Angelene G. (Burrows) Smulian and her husband, Ian ’00, announce the birth of their daughter, Emerson Grace, on May 1.

‘01 Keith N. McLaren and his wife, Melissa, announce the birth of their son, Andrew Nelson, on April 29, 2008.

‘02 Joseph Mackie and his wife, Patricia '04, announce the birth of their daughter, Delilah June, on Oct. 30, 2008.

‘03 Laurie (Murphy) Greene and her husband, Ryan, announce the birth of their son, Steven Bryan, on July 12, 2008.

‘05 Michael J. Landrigan and his wife, Alyson, announce the birth of their daughter, Madelyn Maerie, on March 23.

‘06 Jennifer M. (McKew) Jordan and her husband, Bruce, announce the birth of their daughter, Breana, on July 24, 2008.

‘07 Max G. Dannecker married Natalie J. Griggs '08.
Krystina E. Perich married Joshua A. Harwood '05.

‘08 Natalie J. Griggs married Max. G. Dannecker '07.
Katelyn M. Partyka married Sean M. Walsh '06.

New Arrivals

‘99 Jean (Tuson) Gallagher and her husband, Eric, announce the birth of their daughter, Sara Elizabeth, on Sept. 20, 2008.

‘00 Ian A. Smulian and his wife, Angelene G. (Burrows) Smulian and her husband, Ian ’00, announce the birth of their daughter, Emerson Grace, on May 1.

‘01 Keith N. McLaren and his wife, Melissa, announce the birth of their son, Andrew Nelson, on April 29, 2008.

‘02 Joseph Mackie and his wife, Patricia '04, announce the birth of their daughter, Delilah June, on Oct. 30, 2008.

‘03 Joshua A. Harwood married Krystina E. Perich '07.

‘04 Patricia (Thibert) Mackie and her husband, Joseph '03, announce the birth of their daughter, Delilah June, on Oct. 30, 2008.

‘05 Michael J. Landrigan and his wife, Alyson, announce the birth of their daughter, Madelyn Maerie, on March 23.

‘06 Jennifer M. (McKew) Jordan and her husband, Bruce, announce the birth of their daughter, Breana, on July 24, 2008.

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In Memoriam

‘77 Phillip A. Thorp
‘79 Charles F. Raymond Jr.
‘81 Gerald T. Jennings
‘82 Matthew J. Dillon
Keith F. Elwood
Meghan O’Donahue-Hodges
‘87 Andrea J. Bryer
‘88 Thomas Weideli
‘89 Patricia J. Mandravelis

The Extra Mile | Fall 2009 | 33
With the onset of chilly weather comes a desire for heartier fare, something that makes us feel warm on the inside after we eat it, a feeling that can’t be attained with the light soups and salads of summer.

The following recipes, created by faculty Chef Brigid Flanigan, associate professor of culinary arts, are sure to satisfy your craving for comfort food this winter.
Sauerbraten  Serves 8

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 cups dry red wine</td>
<td>1 tablespoon mustard seeds</td>
</tr>
<tr>
<td>1¼ cups red wine vinegar</td>
<td>2 cloves garlic</td>
</tr>
<tr>
<td>2 large onions, sliced</td>
<td>¼ teaspoon nutmeg</td>
</tr>
<tr>
<td>Leaves from a bunch of celery</td>
<td>8 cloves</td>
</tr>
<tr>
<td>½ cup kosher salt</td>
<td>6 juniper berries</td>
</tr>
<tr>
<td>½ cup brown sugar</td>
<td>¼ tablespoon cracked pepper</td>
</tr>
</tbody>
</table>

In a stockpot bring the wine, vinegar, salt, sugar and spices to a boil.

Place the roast in a small, deep container that can hold the meat submerged in the marinade. Add the parsley, celery leaves, onions, garlic and bay leaves.

Pour the boiled spiced liquid over the meat. Turn a few times. Cover and refrigerate for a few days. Turn over once or twice a day.

Remove the meat from the marinade and pat dry (saving the marinade). Season with salt and pepper. Heat the oil in a Dutch oven. Sear the meat on all sides. Add the marinade and bring to a boil. Allow to simmer for three to four hours, turning the meat occasionally.

Remove the meat from the pan. Strain the liquid. If there is much fat, skim it. Return the liquid to a pan and bring back to a boil. Add the crushed ginger snaps and cook, stirring, until they dissolve. (It should be the consistency of thin gravy; if still too thin, add a little beurre manie – this is an uncooked roux, equal parts butter and flour rubbed together and stirred in slowly.)

Remove from heat and stir in the sour cream and season to taste.

Serve in slices with sauce.  
Suggested sides: potato pancakes, mashed potatoes or dumplings.
Butternut Risotto  Serves 15 as a side dish, six to eight as a vegetarian entree

1½ large butternut squash, peeled, seeded and small diced
4 tablespoons butter
1 cup olive oil, split
2 cups minced onion
6 cloves garlic, minced
4 cups Arborio rice
Salt and pepper
2 cups white wine
8 to 9 cups vegetable stock, hot
3 cups parmesan cheese
¼ cup chopped parsley
Extra virgin olive oil (for drizzling)

In a large saucepan, heat half the oil and butter. Sauté onion until translucent. Add garlic and rice and sauté, stirring until rice becomes opaque and garlic becomes aromatic. Stir in half of the diced butternut. Add the wine and cook, stirring, until most of the wine is absorbed. Add hot stock one cup at a time, stirring regularly, until three-quarters of the stock has been incorporated. Check for doneness – the rice should be tender, but not mushy. If the rice is still firm or crunchy, keep adding stock a cup at a time until the rice is tender. Set on the back of the stove.

Take the remaining squash and toss it with the remaining oil and salt and pepper. Place on a half sheet pan and roast in the oven until golden at 400 degrees Fahrenheit. When the squash begins to turn golden and toasted, remove and set aside.

To serve:
Stir in roasted squash and parmesan cheese, return to heat and cook one to three minutes, until the cheese melts and the risotto becomes creamy. Taste for seasoning.

Place in a large bowl, drizzle with extra virgin olive oil and sprinkle with parsley.

Beet Bread Pudding  Serves 9

10 oz. rye bread (with seeds), cut in ¼-inch slices
9 oz. cooked beets
3 cups of veg. stock
¼ cup golden raisins
3 eggs
½ cup sugar
1½ tablespoons chopped dill
½ orange
Salt and pepper
Sour cream

Preheat oven to 325 degrees Fahrenheit. Lightly toast the bread and let it dry. Coarsely grate the beets. Finely grate the zest from the orange and then juice it.

Tear the bread into pieces and mix with the vegetable stock and raisins and let soak for 30 minutes.

In a bowl, whisk the eggs, sugar, dill, orange juice and zest, salt and pepper.

Fold together the soaked bread and three-quarters of the egg mixture. Pour half of the bread mixture into a well greased or sprayed hotel pan or small roasting pan. Cover evenly with the grated beets. Cover the beets with the other half of the bread mixture.

Pour the remaining egg mixture evenly over the top.

Bake for 45 to 55 minutes until firm. Let sit for at least 10 minutes, then cut into squares or diamonds and serve warm with a dollop of sour cream.
Giving Back
Honor Roll of Donors Report 2008-2009
2008-2009
Constituent Giving Totals

Southern New Hampshire University recognizes the individuals, corporations, foundations and agencies listed on the following pages for their generous gift support from July 1, 2008, through June 30, 2009. To them the university extends its deepest appreciation.

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$239,039

Corporations and Organizations
$190,788

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$750,279

Foundations
$386,117

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$5,113,179

Constituent Giving Total
$1,566,223

2008-2009 Constituent Giving and Government Contributions Total:
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The President's Circle

Members of The President’s Circle are those individuals whose annual contributions to Southern New Hampshire University total $1,000 or more. This group of donors makes an immediate impact, allowing the university to continue its important work of hiring the best faculty, attracting the best students and maintaining the best facilities.

The President’s Circle includes the following leadership levels honoring our university, past and present:

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In honor of the university’s history, the quill represents the profession of accounting and the university’s history of educating business and accounting professionals. The first yearbook, published in 1964, was named The Quill.

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In honor of Trustee Emeritus Dr. John Miles, chief operating officer/executive vice president from 1986 through 2006.

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In honor of William S. Green, attorney and president of Sheehan, Phinney, Bass + Green, member of the board of trustees from 1968 to 2005 and chairman of the board from 1971 through 1977. Green was chief executive officer and acting chancellor for 1986-87.

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Shapiro Society
In honor of Harry Shapiro, founder of the university and president from 1932 to 1952; Gertrude Shapiro, president from 1952 to 1971; Edward Shapiro, president from 1971 to 1986; and Ann Shapiro, former dean of students and director of admission.

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See page 6 of the Fall 2009 The Extra Mile for more details.
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Laurence J. Pelletier ‘74
Jeffrey M. Penta ‘05
Peter ‘76, ‘85 and Martha ‘75 Perich
Paul and Debra Perry
Thomas and Mary Pessotti
Edward ‘79 and Janet ‘85 Piacenza
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John A. Piecuch ‘71
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Karl D. Rice ‘72
Patricia and Phillip Richardson
Linda B. Riddle ‘82
Ronald ‘68 and Jane MacKey Rioux
Miguel A. Rivera Zayas ‘83
George and Sandra Rivett
Jean and Beverly Robitaille
Nancy J. Robitaille ‘88

Lisa Rand and her 7-year old daughter, Brianna, Business Studies
Full-time administrative assistant, wife, mother, homemaker and student.
Clifford N. Rosenthal
Heather Ross Zuzenak and Family
Henry Routhier '67
Gary R. Rowe '77
Richard A. Roy '83
Michael J Saladino '74 and
Sylvia J Saladino '73
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Robert Sanderson '67

Darlene M. Spang '94
Robert M. Spry '75
Lisa J. St. Hilaire
Pauline Y. St. Hilaire '76
David G. Stahl
Raymond J. Stahl '88
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Nathan Taylor '84
Harold Tessendorf '98
George and Lynne Tessier
Debra A. Thaler '04
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Martha P. Thurston '84
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Delilah C. Tine '07
William H. Tisdale '83
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Christopher A. Weir '89
Jeanne E. Welivar '90
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James '84 and Brenda '84 Whalen
Erik S. Wheeler '93
Nikki J. Wheeler '85
Walter S. Wheeler '55
Scott D. White '81 and
Barbara A. White '84
Allan J. Wilayto '88
Marty and John Wilde
Douglas D. Willey '80
Amy L. Wilson '06
Mark Winne '84
Edward '74 and Deborah Au Wolak
David H. Wood '92
Robert N. Worthington '81
Daniel '79 and Ruth Wright
Jeremiah S. Yankauskas '80
Brett C. Yanimallo '95
David M. Young '79

Chris Thompson, Sport Management
V.P. of Business
Development for the
American Hockey League's
Springfield Falcons in
Massachusetts.

* deceased
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With deep gratitude we recognize the following group of donors who have supported SNHU consecutively for the last 10 or more years.

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James A. Whitmore ’95
Elizabeth A. Widman ’77
Allan J. Wilayto ’88

The campus is always busy with student activities and events.
Moving Day: Making way for the new buildings.
The Morissey House was moved up the street to clear space for the new dining hall and academic building.

Robert N. Worthington ’81
Robert E. Yasutis ’84
Kathryn J. Younker ’64
Kimon and Anne Zachos
Walter Zimmermann

Parents of SNHU Students and Alumni

Denise Albert
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Robert ’74 and Felecia Gerard Jr.
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Francis H. McFarland III and Karen Weidner
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Lorraine and Richard Molinari
Debbie J. Moore
Russell and Bonnie Moore
Richard and Lynn Moran
John and Gail ’95 Morrison
Maria Nadolna
Cheryl Nelson
Debar Niland
Ann Nitzburg
Nicholas and Luan Nugent
David and Susan O’Neil
Richard ’81 and Karen ’79 Page
Kenneth D. Paige ’78
Steven and Maria Manus ’89
Painchaud
Beverly M. Palo
Laurence ’74 and
Geneva Pelletier
Peter ’76 ’85 and Martha ’75 Perich
Paul and Debra Perry
Thomas and Mary Pessotti
Kathleen M. Pompa
R. William ’72 and Susan Poulin
Donald Prouty
Debra A. Reinecke
Thomas and Karen Rexford
Patricia and Phillip Richardson

48 | The Extra Mile | Fall 2009
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Santiago and Dorina Roman
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Carolyn Hanson
John and Ethel Healy
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* deceased

Briony Wilson ’07, Hospitality Administration
Currently working on her Global M.B.A.
Matthew Delaney ’08, Business Studies
Native of Wallasey, England, and defensive anchor of the men’s soccer team.
Graduation Day
Members of the class of 2009 call family and friends after the ceremony.

Susan L. Daneault ‘06
Michael DeBlasi ‘70
Lori A. Deconinck ‘79
Gail L. Dexter
Trisha C. Dionne ‘05
Daryl A. Drefts
Robert H. Duffley ‘91
Patrick Duffy
John Dufour
Eleanor Duney-Freiburger
Jacqueline F. Dunn ‘94
Michelle E. Dunn
Kristi W. Durett
Karen Erickson
C. Richard Erskine
John K. Evans
Laurence A. Franco ‘76
Marilyn C. Frederick
James Freiburger
George A. Fryburg ‘85
Patricia R. Gerard ‘91
Teresa V. Gerlitz
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Linda Goyette
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Cheryl Hammisen
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Scott J. Kalicki
Veronica l. Kamerman
Frances B. Kelly
James Kuras
Catherine La Forge
Brenda A. Labrie ‘87
Paul J. LeBlanc
Tammy Lenski
Ashley A. Liadis ‘02
Robert C. Losik
Patricia Lynott
Tiffany A. Lyon ‘00 ‘02
William Maddocks ‘96
Maria E. Manus Painchaud ‘89
Chad L. Mason ‘98
Jason Mayeu
Gregg Mazzola ‘06
William D. McGarry
Kimberly F. Monk ‘98
Debbie J. Moore
John V. Nanof
Shelley G. Nason ‘07
Nicholas Nugent
Rosemary Orlando
Steven R. Painchaud
Rosemarie Palis-Umali ‘86
Melinda Palisi-Parker ‘87
Jasmine P. Pandit ‘03
Ravindra V. Pandit ‘77
Laurence J. Pelletier ‘74
Jeffrey M. Penta ‘05
Carmen Perron
Karen M. Pinkos
Joseph Polak
Ronald G. Poulin ‘08
Jane P. Powers
Brad Poznanski
Cyriella H. Prescott ‘73
Raymond C. Prouty ‘77
Terry A. Prouty ‘88
Lyra Riaibov
Nancy J. Richardson
Deborah D. Robitaille
Massood Samii
Robert P. Schiavoni ‘72
Dawn Seduto
Dennis C. Shea ‘98
Elizabeth J. Sheehan
Patricia A. Shrader
Yvonne Simon
Tina L. Simpson
Steven F. Soba
Patricia A. Spirou ‘89
Stanley Spirou
Lisa J. St. Hilare
Pauline Y. St. Hilare ‘76
Muriel F. Sterling
Michelle Strout ‘96
Jill E. Teeters

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Sara J. Wilson
James Winn
Susan Youngs
Walter Zimmermann
Study Group
Students take advantage of the outdoor picnic tables to form impromptu study groups on warm fall days.

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New Hampshire Department of Education

Maria Antonieta Marcial ’08, Finance

Marcial, of Ecuador, is studying finance after earning an M.S. in international business.
Founders Society

Southern New Hampshire University’s Founders Society thanks the generous individuals who have made a commitment to the university through a deferred-gift arrangement that may include:

- a bequest provision in a will.
- asset gifts from cash to stocks to property.
- life-income gifts such as gift annuities or charitable remainder trusts.
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Alumni Donors

Southern New Hampshire University recognizes alumni who made a gift to the university in fiscal year 2009 (July 1, 2008, to June 30, 2009). They are listed here under their years of graduation.

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1947
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1948
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1950
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1951
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1952
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Clifford Eager
Phyllis Eager

1953

1954

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1958
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1962
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1964
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Kathryn J. Younger

1965
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* deceased

Tribute Gifts

Tribute gifts are those given in recognition of a special person. The following people were remembered or honored with a tribute gift between July 1, 2008, and June 30, 2009.

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- Elaine Costigan *
- Forrest S. Evarts ’69 *
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- James R. Hammond
- Xu Li *
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- Peggy Mulroy *
- Christopher Polak *
- Sherleene Sissell ’86 *
- Florence Tumen *
- Christine Zimmermann *
1966
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Donald E. Talbot
Herve M. Tremblay
David G. Turgeon
John C. Van Santvoord

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Philip Daigneault
Wayne A. Desrosiers
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Guy P. Riendeau
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Walter S. Rozmus
Anthony Spremulli
Dennis A. Torrisi
Jerry L. Whiteford
Donald F. Williams
Nancy A. Woods

1970
Robert Bivone
Ronald T. Cerow
Patricia M. Cote
John T. Danis
Maureen DeBlasi
Michael DeBlasi
Elaine P. Demers
Roger A. Duhaime
David R. Frederick
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Philip J. Stuart
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Stephen R. Callis
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Sidney M. Casel
James K. Crane
Michael J. Daley
Randall C. DiGiugno
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Denise T. McCarthy
Ian M. Mohammed
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John A. Piecuch
Kathy L. Seaver
John P. Seward
Cyrille A. Thibault
Richard T. Walsh

1972
Marie Alsmeier
Sheldon P. Anderson
Kathleen Bellville
Robert L. Blais
Thomas P. Cantara
Nathan Chapman
Daniel M. De Santis
Jeffrey A. DeLong
Theresa M. Desfosses
Robert M. Fitts
Eileen M. Frigon
Mickey Greene
Richard M. Guilemette
John A. Healy

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William V. Barber*
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Frederick W. Bishop
Barry J. Bodell
Paul R. Bouche
Michael B. Brody
Brian C. Coffin
Richard Courtemanche
Bea A. Dalton
Robert Dembling
Gerard C. Doiron
Elizabeth G. Faucher
Michael J. Faucher
Thomas P. Hand
Paul F. Jeannette
Ronald C. Kaufmann
Michael A. Kitei
Steven E. Marek

* deceased
Men's Soccer Captures Northeast-10 Tournament Title
The men's team captured their first title since 2002.

1974
Michael J. Asselin
Thomas E. Ball
Benjamin G. Barkhouse
Catherine A. Bowers
James H. Breakey
Deborah Campo
Arthur T. Clinton
James M. Cunningham
William E. Dunn
John D. Falconer
Robert R. Fontaine
Robert J. Gerardi
Martha J. Griswold
Normand L. Guilbert
Warren Hern
Philip B. Hippert
Richard A. La Chance
James A. Levasseur
William F. Love
Richard V. Lowney
Maria C. Matarazzo
Brian P. McGovern
Laurence J. Pelletier
Richard C. Russell
Michael J. Saladino
Barbara Schlegel
William A. Serin
Jerry A. Smith
Wellesley A. Stokes
Thomas N. Tessier
Ronald G. Vaillancourt
Edward S. Wolak

1975
Paul L. Boissonneault
Madeline M. Costas
William G. Downer
Christine Drum
David Flynn
Edward J. Hannigan
Diana Jamieson
LaAnne Lantz
Richard R. Noyes
Arthur A. Pelletier
Martha W. Perich
Laurence A. Franco
Allen Groves
Dennis L. Guilbert
Joseph P. Jarnutowski
William W. Kropp
Thomas S. Li
Richard J. Loffredo
Richard F. Madden
John W. Merchant
Emily C. Mercier
Peter R. Perich
Paul F. Regis
John E. Roberts
Pauline Y. St. Hilaire
Casey (Nanci) Sweet-Valenti
Lawrence A. Winzurk
Gail S. Wood

1976
Alan F. Bernier
Nick D. Brattan
Tony A. Cromwell
Donald D. Desmond
Sheila L. Dionisio
Thomas M. Dionisio
Laurence A. Franco
Allen Groves
Dennis L. Guilbert
Joseph P. Jarnutowski
William W. Kropp
Thomas S. Li
Richard J. Loffredo
Richard F. Madden
John W. Merchant
Emily C. Mercier
Peter R. Perich
Paul F. Regis
John E. Roberts
Pauline Y. St. Hilaire
Casey (Nanci) Sweet-Valenti
Lawrence A. Winzurk
Gail S. Wood

1977
Raymond J. Boire
Henri P. Boucher
Thomas W. Boucher
Carol J. Buchalski
William P. Buckley
Wayne E. Burgess
Stephen V. Carter
Donald W. Cloutier
Michele A. Garneau
Robert N. Garneau
Gerald G. Gelinas
Robert J. Germain
Penny J. Jobin
Rebecca C. Jollymore
Dean B. Jordan
Richard O. Hanson
Nina P. Kelly

2008 Men's Soccer Champions
The Northeast-10 Champions for the 2008 Men's Soccer season.
Nathan Howe, Sport Management

Howe interned with the Manchester Monarchs and is an avid fan of Penmen athletics.

Honor Roll of Donors Report

Marilyn R. Lermond  
Kevin J. Linneman  
Darlene L. Manning  
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Patrick J. Moquin  
Mark A. Ouellette  
Ravindra V. Pandit  
Anthony G. Pappafagos  
Raymond G. Potvin  
Raymond C. Prouty  
Harold F. Rice  
David F. Rocheleau  
Gary R. Rowe  
Lucia C. Savage  
Richard L. Sneary  
Abraham Tesfay  
Claudette V. Tesfay  
Elizabeth A. Widman  

Pauline E. Powers  
Stewart L. Richardson  
Ramona E. Roch  
Lee Rossiter  
Jeffrey A. Roy  
Dawn M. Silver  
Donna M. Snyder  
Richard E. St. Onge  
Linda S. Stucchi  
Richard A. Viens  
Janet L. Weisner  

1978  
Victor R. Auffrey  
Richard D. Bienvenue  
Francine Bigney  
John R. Bloomquist  
Owen S. Brewer  
John R. Chakmakas  
Roger C. Clark  
Robert A. Cushman  
John H. Daniels  
Robert J. DeCoffmacker  
Deborah S. Giard  
Gary C. Goldberg  
Gerald J. Gulezian  
James B. Hall  
Richard A. Hering  
Gary M. Johnson  
George H. Johnson  
Linda Kikutis Kropp  
Peter J. Kiriakoutsos  
Richard P. Klaxton  
Ronald P. Lafond  
David V. Larose  
Arthur J. Learned  
Michael P. Lussier  
William G. McNichols  
Peter T. Mullin  
Georges J. Nihon  
Kenneth D. Paige  
Robert J. Paquette  
Gene J. Parini  
John F. Sterling  
Michael J. Villano  
James A. Virgulto  
Charles E. Welton  
Franklin H. Welton  
Daniel T. Wright  
David M. Young  

1979  
Mary E. Ahlquist  
Kevin F. Coakley  
Brendan T. Conry  
Dale A. Cornwell  
Ronald J. Costigan  
Donna M. Cullen  
Lori A. Deconinck  
William M. Denker  
Francis A. Donovan  
James F. Farrell  
Katheran L. Fisher  
Lisa A. Gallivan-Reed  
Roger F. Geilen  
Debra M. Girard  
Robert J. Guilbault  
Heidi Hammell  
Scott S. Harkins  
Donna L. Hebert  
Gary D. Hodgson  
Richard J. Howard  
Ray P. Hutchinson  
Phyllis M. Ishell  
Robert D. Jaffin  
Donald H. Johnson  
Ann Lally  
Ronald W. LaPointe  
Mark L. LePage  
Lynda R. McPhee  
Robert L. Morin  
Joseph J. O'Neill  
Karen A. Page  
Edward A. Piacenza  
Denise E. Pichette-Volk  
Salvatore J. Ragonese  
John P. Roch  
Peter A. Romein  
Anne E. Smith  
Melissa J. Smith  
Wayne W. Stanforth  

1980  
Craig P. Ahlquist  
Melanie Beaule  
James H. Brock  
Allen B. Cameron  
Christine A. Chisholm-Sherrick  
John J. Corey  
Edwin Dalley  
Janice E. Danese  
J. Michael Degnan  
Pamela A. Donohue  
David E. Fairfield  
Bernard M. Gamauche  
James W. Greeley  
Daniel D. Guimond  
Gene M. Hayes  
Robert M. Hodge  
James E. Hoy  
Paul M. Jutras  
Robert M. Kelly  
Susan K. La Coy  
Patricia D. Latham  
Kay A. Marcus  
James M. Mitchell  
Suzanne H. O'Malley  
Lori A. Pajer  
Muriel D. Schadee  
Richard S. Schoff  
Edward Shepard  
Patrice M. Shevlin  
Linda J. Smith  
Timothy J. Smith  
Gary R. Spaulding  
Thomas A. Vitale  
Douglas L. White  
Douglas D. Willey  
Ute I. Winzurk  
Jeremiah S. Yankauskas  

1981  
Charles W. Ahto  
Cecil W. Alston  
Douglas D. Willey  
Ute I. Winzurk  
Jeremiah S. Yankauskas  

Nancy M. Bartolotta  
Margaret M. Benson  
Nancy B. Bornmuth  
David P. Brown  
Patricia T. Cermin  
Anne T. Collins  
Louie F. Collins  
Arthur J. Cote  
Dianne Dalpra  
Dawn M. Dillon  
Kevin L. Draper
Jennifer Allen, Go-getters Challenge Winner

Allen won the opportunity to earn a free M.B.A.
Engaged
We keep classes small so students get more out of them.

Charles T. Trusty
Annette L. Tuttle
Brenda L. Whalen
James D. Whalen
Barbara A. White
Carl J. Wiedemann
Mark Winne
Robert E. Yasutis

1985
Michael Barber
Daniel J. Beauregard
Michael J. Brick
Robert A. Brown
Deborah L. Coffin
Rita M. Connolly
Jerome Daigle
Francis A. Dayton
Lee A. Dessanti
Madeline M. Dittrich
Jennifer L. Donovan
Michael Douglas
Diane S. Dugan
Frederick W. Elwell
Daniel P. Fortin
Robert P. Freitas
George A. Fryburg
Michael A. Galea
Stephen L. Gangi
Janet A. Gola
Edward A. Goulet
Thurston H. Gray
Jacqueline M. Hartwell
Frederick T. Hast
Steven D. Henderson
Jeffrey C. Hines
George S. Hodges
Debbie A. Ithier
Linda M. Jones
Janice G. Kaliski
Barbara B. Labonte
Paul A. Labonte
Kelly M. Lamanna
Timothy A. Leach
Marc E. Levitre
John C. Lighthall
Steven L. Marram
Caryn G. Martin
Elizabeth S. McCann
Brian M. McCoy
Jean E. McGuire
Gaylene M. McHale
James J. Muccigrosso
Dawn Najarian
Pauline P. Noble
Mary Sue Nutt
Robert E. Patriquin
Lori Peixoto
Leslie A. Peterson
Suzanne G. Petretta
Norton R. Phelps
Wade A. Philbrick
Janet Piacenza
Celeste K. Pitts
Thomas J. Pitts
Jean Potillo
John J. Rainone
Paul E. Ramsey
Patricia A. Reynolds
Arthur T. Rhoads
Susan Sanders
Jean E. Sandmann
Deborah A. Sargent
David F. Shea
Jeffrey L. Silver
Paul E. Sweeney
Gordon W. Tuttle
David P. Verani

1986
Debra J. Allen
David H. Baldwin
A. Victor Banks
Lauren Barber
William F. Barratt
Valerie M. Benowitz
Michael T. Black
John Boone
Dana R. Bull
Susan P. Bunker
Jack B. Caldwell
Nina B. Calkins
Jeffrey D. Cameron
Marion E. Cason
Daniel F. Cleary
Michael P. Cloutier
Mary M. Cobb

Deborah F. Vitarelli
Dennis G. Walters
Nikki J. Wheeler
David G. White
Peter C. Willey
Donna Woodcome
John S. Wyler
Green space and campuswide WiFi
Students enjoy the redesigned green space outside the Student Center, where they always have Web access.

Vera J. Garrant  John W. Loose  Jimmie A. Reynolds
Carmen P. Giampetruzzi  Thomas C. Lynch  Kathy M. Simpson
Mark P. Godfrey  Earl R. MacDonald  Sherleene Sissell*
Brian F. Green  Edward F. Mapp  David C. Skewes

Green space and campuswide WiFi
Students enjoy the redesigned green space outside the Student Center, where they always have Web access.
Gary A. George
Leslie M. Grant
William J. Hammond
John E. Hart
Karen H. Hartt
John J. Jason
Janet C. Kennett
Shanti Kilduff
Patricia Lane
Mark B. Leventhal
Robert Madison
Philip A. Malizia
Margaret W. Martin
K. Brian McLaughlin
Georgina Miranda de Pineiro
Susan J. Mitchell
Joan E. Murray
Thomas A. Podawiltz
Dorothy M. Powers
Terry A. Prouty
Irene P. Reshetar
Nancy J. Robitaille
Jeanne R. Roy
John R. Samson
Amy L. Sirois
Eileen M. Sleeper
Debra Ann Smegelsky
Raymond J. Stuhl
Sarah Steven-Hubbard
P. D. Ten Broeck
Frank Thelen
Christine L. Tintle Veretto
Pamela J. Vance
Allan J. Wilayto
James W. Wood

1989
Elizabeth A. Ammerman
David A. Barlag
James C. Blackadar
Sharen K. Brady
Joan O. Cartelli
Michael Cartelli
Sheryl R. Cheney
John R. Deakyne
Eeva K. Deshon
Robert A. Freese
Constance Giniewicz
Ramona E. Gould
Lynn D. Iaquinta
William H. Jackson
Maria E. Manus Painchaud
John T. McGarry
Linda F. McLaughlin
Michelle C. Mersereau
Chester L. Mills
Duncan L. Noyes
Judith Owens
Jo Anne Precourt
Peter B. Reid
Diana J. Reilly
Allan J. Schatzel
Leo A. Soucy
Patricia A. Spirou
Elizabeth A. Thomas
Leon F. Veretto
Christopher A. Weir
Renee A. Williams

1990
Benjamin L. Addison
Steven F. Baker
Corbitt D. Banks
Maria R. Baribeau
Michael R. Beauchamp
Jane C. Belanger
Sally C. Bird
Vivian F. Bisbee
Ruthanne M. Butt
Pachareeya Carkin
Eileen P. Coyne
Michael R. Dupuis
John W. Glynn
Steven N. Gore
James J. Goudouros
Richard M. Greenslade
Dean A. Grondin
Christine S. Hamilton
Valerie J. Hamilton
Clement E. Hill
David N. Hilton
David Hoffses
Kathlene A. Irish
William L. Jones
Laurence J. Kelley
Sandra J. Lakin
Susan M. Lemieux
Carrie L. Lounge
Aneela Malhali
Susan Martore-Baker
Mark E. Mayall
Patricia M. McCaughey
Richard J. McDonald
Laura G. McNaughton
Christine D. Mele
Alfred R. Muskett
Thomas M. O'Connor
Stephanie L. Parrott
George H. Partridge
Joseph R. Phillips
Frank T. Roach
Diane G. Savoie
John C. Scribner
Brian J. Sullivan
Brian R. Theriault
Linda J. Theriault
Jane E. Torrey
Darren H. Unger
Bonnie A. Vadala
John E. Vadala
Keith M. Wagner
Paul Weintraub
Jeanne E. Welivar
Rudolph O. Willmann
Matthew J. Wynne
Georgette Yaindl
Sharon A. Zacharias

1991
Susan Patricia Adams
Douglas A. Baker
Russell J. Belden
John S. Bentley
Susan M. Bonenfant
Heather M. Bradley
Brian B. Brady
Karen Carle
Diane M. Cobb
Kevin G. Collimore
Eugene J. Coulombe
Michael P. Dennehy
Jeffrey C. Deshon
Suzanne M. Dickie
Todd A. Donovan
Robert H. Duffley
Gail C. Eaton
Steven J. Elliott
Scott A. Feenan
Patricia R. Gerard
Michael F. Gertner
Paul B. Giamino
Tammy R. Gitter
Constance E. Harvey
Beth J. Horwitz

Donna L. Houle
Daniel B. Ingersoll
Kevin C. Kennedy
Robert S. Kennedy
Paul F. Loveless
Cathy J. Maki
David L. Morgan
Alana Morton-White
Susan A. Murphy
Johanna M. Nichols
Russell L. Ouellette

Christos Papoutsy
Margaret Peabody
Michele L. Petersen
Bo “Tony” Fan, Finance, and Ling Ling Wang ’08, International Business
Fan and Wang met at SNHU while taking a driver education class together, and married July 10, 2008.
John Cote ’69, John Cote Jr. ’93 and Don Cote ’74 have made moving a family tradition.

For three generations the Cote family has run a company specializing in rigging, trucking, crating, machinery moving and millwrighting.
Capital Improvements

A lot of work this past year has been dedicated to improving the existing structures and walkways around campus, as can be seen here with the refreshed banners and entryway work in front of Robert Frost Hall.
Honor Roll of Donors Report

2004

Harold A. Austin
Susan E. Bilodeau
Melissa F. Bugbee
Julie A. Callahan
James W. Clute
Carolyn A. Costello
John W. Coyne
James W. Clute

2005

Paul A. Addonizio
Darlene G. Alexander
Christopher M. Bertoncini
Chantel L. Bonner
Jacqueline M. Boutin
Megan L. Brown

2006

Stephanie M. Bouley
Sherry K. Cockfield
Susana L. Daneault
Brian Davitt
Alyssa J. DeMoulas
Michael J. DiSalvo
Marlene A. Fanaras
Claudee Fessenden
Ryan Flynn
Lettie M. Genovitch
James R. Horn
Amy E. Izzett
Steve Jackson
Alana J. Kimball
Lisa J. Manero
Stephen T. Martin
Gregg Mazzaola
Paul J. Medeiros
Carla Miklos
Gary T. Pepka

2007

Mario M. Ambrosio
Diane H. Bergeron
Matthew S. Blau
Bradford A. Blythe
Michael J. Bolduc
Amy Buxton-Jewell
Lori A. Capra
Catherine A. Carbonneau
Jaimie S. Castrojón
Tippawan Charoenkichapat
Kara E. Chase
Andrea E. Childers
Susan M. Clarke
Crystal M. Clifford
David J. Conha
Penelope J. Cote
Sheryl B. Grahn
Mary E. Curto
Tracie E. Durant
Meaghan T. Emmons
Jean C. Gabriel
Longino A. Gonzalez
Kristina M. Guay
Sandy E. Hazelton
Richard N. Hudson
Lindy S. Keller
James Key-Wallace
Jayne M. King
Sharon J. King
Leo D. LaCroix
Tammy Lake
Sandra L. Lawton
Lisa C. Leclair

David Santos, Culinary Arts
Award-winning culinary student.
The Office of Institutional Advancement acknowledges the leadership and generous support by the members of the University Board of Trustees Development Committee during the 2008-2009 academic year.

With special thanks we recognize:
Andrew W. “Mickey” Greene ’72 – Chair of the Board
Cathy Champagne ’88 – Development Committee Chair
Development committee members:
Michael Brody ‘73, Cathy Champagne ’88, Mickey Greene ’72, Mark Ouellette ’77, Thomas Tessier ’74, Kimon Zachos

The Southern New Hampshire University Office of Institutional Advancement staff made every effort to ensure accuracy in this report. The staff apologizes for any errors and invites you to contact us at 603.645.9799 or alumni@snhu.edu with corrections.

Thank you.

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Rhsys S. Pearce
Justin M. Piontek
Amanda Pizzio
Heather A. Prescott
Stacie L. Rivard
Michael J. Rizzi
Leah M. Ryan
Janice R. Schatzer
Heather A. Schrang
Anthony M. Sillo
Daniel C. Smith
Kaylee A. Sorel
Samanta Stein
Jenna L. Stockwell
Brandon L. Thomas
Britney O. Thompson
Gregory H. Tobin
Lyndsey M. Trottier
Heather N. Vendola
Hanna E. Wark
Peter J. Watson
Gregory P. Williams
Raleigh G. Zbinden

Student Observer
Megan Abad

Trustees Emeriti
Jacqueline Mara
John Miles
Raymond Truncellito

2008
Candace L. Baldwin
Ronald L. Bolstridge
Francisco J. Carvalho
Tina M. Ciccui
Shane M. Cochran
Donna M. Cole
Rita B. Cosgrove
Stefanie M. Deprey
Christine S. Doran
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Jean S. Laks
Teneisha K. Lattibeaudiere
Janice L. Les
Tamra L. Lissell
William L. Lugli
Kayleigh A. Mailloix
Craig D. Martin
Lila A. Mazzola
Jennifer A. Melanson
Kaley M. Norman
David E. Obptande
Elena M. Painchaud
Jason M. Patch
Christopher R. Peice
Tracey A. Perkins
Harry R. Poisson
Ronald G. Poulain
Susan F. Richardson
Gina M. Rogers
Mauricio E. Rojas
Deborah Schanda
Elizabeth A. Sheehan
Patrick B. Snop
Carey A. Snow
Amanda M. Soares
Judy Tang
Susan M. Tashjian
Lise M. Tucker
Linda Varrell
Cathy S. Westbrook

2009
Kristina M. Agrillo
Justin P. Allain
Ashley E. Bacherder
Jonathan S. Barker
Rachel M. Bond
Ashley M. Brooks
Michael J. Capalbo
Nicholas J. Carras
Vincent R. Casciato
Michelle J. Chiaradonna
Thomas J. Chunmiak
Kathryn L. Clark
Andrew H. Colburn
Sharon R. Cone
Andrew C. Cormier
Marie V. Coye

Frederic “Rick” Loeffler
Robert McDermott ’81
Kyle Nagel
L. Douglas O’Brien
June Smith
Scott Truncellito ’93
Douglas Wemmers
Carol West
Kimon S. Zachos

Katherine Manchester
Ashley E. Manley
Shawna Medina
Melissa C. Mitchell
Amanda L. Morrill
Alexa Morrison
Jillian L. Mosesso
Baylee E. Myers
Courtney Newman
Darcy A. O’Rourke
Brian A. Panteleides
Laura M. Patenaude
Rhsys S. Pearce
Justin M. Piontek
Amanda Pizzio
Heather A. Prescott
Stacie L. Rivard
Michael J. Rizzi
Leah M. Ryan
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Heather A. Schrang
Anthony M. Sillo
Daniel C. Smith
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Samanta Stein
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Thank you.
Past books have included “We Are All the Same” by Jim Wooten, “Fast Food Nation” by Eric Schlosser, “The Kite Runner” by Khaled Hosseini and “Mountains Beyond Mountains” by Tracy Kidder. (Wooten and Kidder delivered the keynote addresses at Convocation the years their books were read.)

The Extra Mile asked Dr. Marilyn Fenton, chair of the Common Book Committee, about the program.

What makes a good common book?
I think that a good common book raises essential questions – that is, questions about life and the human condition. One such essential question is, “how does history shape our world view or influence our personal philosophy?” Also, “do human beings by nature crave intellectual freedom? Or is it the result of historical and economic circumstances?”

What makes this year’s book a good choice?
The wonderful thing about this particular book is that it’s not just a book about a fictional occurrence, but it takes place in history and it has the subtext … about the importance of reading. This goes back to Mao’s Cultural Revolution … the characters in the book don’t have access to the things that they want to read, and when they discover that someone has a secret stash of books, that motivates them to see if they can share that.

What are the goals of the program?
In my mind there’s three major things that we accomplish with the common book. First, we have a commonality coming in that freshmen on campus might not know each other or have anything else in common other than the fact they’re here, but they’ve also shared the reading, so we have a conversation that’s available to us from day one. Second, it’s good to teach freshmen that a book is a worthy topic of conversation. And third, even though we have so much to talk about that’s in common, we also will express our individual differences in that conversation.

Are there any goals for the program for other members of the university community?
We would really like to start an all-campus conversation. I think it’s really important for us to have a conversation about literacy and reading, and so this book allows that, too.

Is there anything else about the program that you think the community would like to know?
I think it’s important for them to know that we value literacy, communications skills, writing skills, and that we expect an intellectual response from our students. It has to do with nurturing your intellect and your future growth as a person.
Dear readers:

In an effort to both act a little greener and bank a little “green,” the spring 2010 issue of The Extra Mile will be available only online. We’ll let you know when to look for it at snhu.edu.

In the meantime, let us know what you think! E-mail us at snhumagazine@snhu.edu.

Thank you for your support.

Michelle Dunn, Editor

The Extra Mile goes online