

Appendices:

A) CED project contract

B) Food Bank Facts

C) Agency Advisory Council

D) Coalition information

E) Leadership Training information

F) Newsletters, workshops and other tidbits

CED PROJECT CONTRACT OUTLINE

BACKGROUND:

The group which I will be working with consists of over 650 non-profit agencies in Philadelphia and the surrounding five counties. These agencies provide the extensive hunger network throughout the City. They consist of daycares, shelters, soup kitchens, senior centers, churches and various other non-profit agencies providing service to the Philadelphia regional population. These agencies range in size from the small grassroots agency to the larger fully funded, fully staffed CBO's. The link that they all share is membership into the Greater Philadelphia Food Bank, a food collection, storage and distribution non-profit warehouse. The other common link is that they all address the issue of Poverty on some level. Currently, organization among the group is loosely formed, however recent emphasis has been placed on coalition development.

As the Agency Relations Director it is my role to address the needs of the 650 member agencies and to identify policies, programs, and procedures which will increase the Food Bank's service and to further develop our role in providing a stronger base for our member agencies beyond strictly food distribution.

PROBLEM STATEMENT:

If no solution is found for the over 650 feeding agencies of the Greater Philadelphia Food Bank within the next five (5) years, these agencies will be forced to either reduce their services or altogether close their food cupboards causing an increase in the number of Hungry people in Philadelphia and its surrounding five (5) counties.

GOAL STATEMENT:

To increase the stability and effectiveness of the feeding agencies of the Greater Philadelphia Food Bank through an enhanced support system of technical and financial assistance and expertise.

PROJECT PRODUCT:

The establishment of a network of resource providers. The development of a curriculum of in-service training providing for the further development of agencies and leading to certificate programs. The creation of a resource guide listing available sources for member agencies and the strengthening of the feeding coalitions.

(2)

OUTPUTS:

1. Six (6) functioning coalitions
2. Curriculum created (12 month calendar)
3. Speakers identified
4. Agency Advisory Board operating (10 key representatives)
5. Agency participation level increased by 50%
6. 10 Certified Agencies
7. On-line computer service access for member agencies
8. Creation of a resource guide

INPUTS:

(Resources needed)

1. Two to three trained staff
2. 15-20 interested member agencies.
3. Recruitment materials (flyers, letters)
4. Committed "pro bono" professionals/experts
5. facilitator familiar with CED; particularly community
6. Facility for hosting meetings, workshops
7. Assessment of agencies' needs, suggested topics
8. Scheduled meetings; coordination of events
9. Mailing lists
10. Volunteers

IMPLEMENTATION PLAN: (TIME-TABLE)

Jan: Formulate Advisory Council

- Recruitment
- survey Agencies
- set regular monthly meetings with council
- assign tasks to volunteer

Feb: work with volunteer and council

- review survey results
- assess suggested workshops from surveys
- begin to identify key resources to contact
- establish core staff from council to gather information

(3)

March: -identify speakers from resource lists
-develop a phone/mail list
-select topics for certificate program
-develop curriculum

April: -contact identified speakers
-set time, dates, and place for workshops (target date June)
-develop flyers to advertise
-meet with coalitions to recruit participants
-design certificate

May: -advertise workshops/certificate program
-work with coalitions
-incorporate into mandatory orientations
-send out letters (rsvp to judge participation levels)
-create evaluation, assessment forms for workshops

June:- 1st workshop
-evaluation

July- 2nd workshop
-evaluation

August: -3rd workshop
-evaluation

Sept-Nov. - workshops plus evaluations
-plan for Graduation (Oct/Nov)

Dec:-graduation ceremony
-certificates awarded
-evaluations of full program
-planning for 1996 certificate agenda

Minimum Objectives:

Although my goal is to have a fully functioning certificate program in place for our member agencies that would provide for a wide-range of technical/financial skill development, my minimum goal is to have developed at least a 3 month certificate program which would enhance the basic food service skills of our member agencies. This pilot program would involve a small core of our member agencies (at least 10) and would offer a in-service training that would address their concerns surrounding such topics as Nutrition, Food Safety and Handling and How to run a Soup Kitchen and/or Cupboard.

January 9, 1995

Dear David Miller:

I was pleased to hear that you "loved feeding programs" and I am equally pleased that we will be working together in developing my project. I must confess that I read and re-read your letter, particularly the area which covered my problem statement. I do agree that I need to re-work my statement and I have been struggling to figure out a problem statement which more clearly defines the root of the problem. As you stated, the problem is not in feeding the people, but empowering them to the point that they no longer need to rely on feeding agencies. I have made an attempt to re-work the statement to read:

"If no solution is found for the over 650 feeding agencies of the Greater Philadelphia Food Bank within the next decade, these agencies will continue to perpetrate the problems of social dependency thus causing an increase in the number of impoverished people in Philadelphia and its five counties."

Also, if you recall, I turned in my minimum objectives in December with my original project contract. I have enclosed another copy for your review. I will see you this weekend. Any you have any questions, I can be reached at 215\739-7394 or fax me at 215\739-7726.

Sincerely,

Tanya Stewart-Caesar

PROJECT IN CED
D. MILLER
TANYA I. STEWART-CAESAR

PROJECT UPDATE:

OVERVIEW:

My project is the development of a leadership training certificate program for non-profit feeding agencies in the Philadelphia area. My goal is to move these feeding agencies from their present state of "just providing food" to becoming more pro-active in their efforts to empower the very clients which they now serve. Development is currently underway in establishing a network of these same feeding agencies into a Greater Philadelphia anti-hunger coalition and currently there are coalitions actively meeting in the four (4) sections of the city. One of the goals of the leadership training is to coordinate with these feeding agencies in providing the necessary training for the development of those identified leaders.

Thus far the development of the leadership certificate training has been slow. There have been a few obstacles both internal and external which have hampered the progress and forced the original timeline for the first workshop to be postponed. Although, I had originally planned to have my first workshop at the beginning of the summer, it now seems that the fall will be the actual date. To date I have been successful in securing a committee made up of non-profit agencies who are helping in the designing of the certificate program. Through advertisement in our weekly "grapevine" newsletter, I have been able to secure four dedicated individuals who have enthusiastically committed their time and efforts in bringing this project to focus. We have identified the courses to be held in the six-week workshop series and have also decided to offer a introductory, as well as advanced, session. Letters have been drafted inviting speakers and flyers are now being planned to promote the series. Also, the committee members have been asked to submit a list of possible speakers to hold the various workshops. The workshop series which is planned for the fall will end with a graduation in the winter honoring those participants who complete the series in its entirety. It is the goal of the workshop to promote the series strongly among the coalition members, however all member agencies will be encouraged to participate.

My focus in the coming months will be to secure the speakers and to begin the actual workshop series. It is my aim and focus that this leadership training will become a permanent part of the Foodbank's membership package and that we will use it to re-focus new and existing feeding agencies in moving beyond their "social service" mentality towards empowerment.

Tanya Stewart-Caesar
Project in CED
Assignment #1
David Miller
October 15, 1994

COMMUNITY PROFILE

My community consists of over 650 non-profit organizations. These agencies range in size from the small local grassroot organization to the fully staffed, fully funded government/private agency. They consist of soup kitchens, daycares and senior centers, M/R and M/H facilities, drug/alcohol rehabs and churches of all different denominations. The common thread that these agencies hold is the fact that they all are "social service agencies" that contain a feeding program that serves low-income individuals in some form whether through hot- prepared on-site meals or emergency food packages. The other common thread that they all share is membership into the Greater Philadelphia Food Bank which is a food collection, storage, and distribution warehouse. The collective mission of my community is to end Hunger. Each individual organization has its own defined method of achieving that result in conjunction with other goals-job-training, low-cost childcare, affordable housing...etc. The collective ultimate goal of these agencies, although not clearly recognized in all cases, is to end Poverty. The need as identified through my observation as Agency Relations Director, as well as a recent survey taken, is to strengthen and focus these social service agencies so that they can more effectively achieve positive results within their own communities. The following highlights my community's profile in-depth:

PROBLEM STATEMENT:

**IF NO SOLUTION IS FOUND
FOR THE OVER 650 FEEDING
AGENCIES OF THE GREATER
PHILADELPHIA FOOD BANK
WITHIN THE NEXT DECADE,
THESE AGENCIES WILL
CONTINUE TO PERPETUATE
THE PROBLEMS OF SOCIAL
DEPENDENCY THUS CAUSING
AN INCREASE IN THE NUMBER
OF IMPOVERISHED PEOPLE
IN PHILADELPHIA AND ITS
FIVE COUNTIES.....**

THE AGENCY

THE COMMUNITY

PROBLEM/ GOALS

PROJECT PURPOSE- OUTPUTS

RESULTS

CONCLUSION/ RECOMMENDATIONS

OUTPUTS:

SIX FUNCTIONING COALITIONS

12 MONTH CURRICULUM CREATED

**AGENCY ADVISORY BOARD
OPERATING**

**AGENCY PARTICIPATION LEVEL
INCREASED BY 50%**

10 CERTIFIED AGENCIES

**ON-LINE COMPUTER SERVICE
ACCESS**

CREATION OF A RESOURCE GUIDE

GOAL STATEMENT:

To increase the stability and effectiveness of feeding agencies of the Greater Philadelphia Food Bank through an enhanced support system of technical and financial assistance and expertise.

*The mission of the
Greater Philadelphia Food Bank
is to serve charities that care for
the needy by collecting, storing
and distributing surplus food and
other food products. Every employee
is expected to uphold this mission
through attitude, action and
commitment.*

WHAT ARE THE MEMBERSHIP CRITERIA?

- Feed needy people free of charge
- Maintain a *regular, verifiable* schedule of service hours
- Be an incorporated 501(c)(3) non-profit or church

IS THE FOOD FREE?

Almost. Member agencies contribute a shared maintenance fee of 12-cents-per-pound of food and a \$25 annual membership fee, to help defray the \$1 million+ costs of operating the Food Bank.

At the Food Bank, a feeding agency can secure a quarter-ton of nutritious food for \$60.

HOW DOES THE SYSTEM WORK?

Member agencies receive a weekly "menu" of items available at the Food Bank, and place orders by phone. A pickup (or delivery) time is scheduled.

Agencies may order each week. In addition, certain products are available every day without an appointment.

WHAT MORE DOES THE FOOD BANK OFFER?

Several Food Bank programs further assist feeding agencies in their efforts. They include:

Bargain Buys. To help agencies secure necessary items that have not been donated, the Food Bank buys much needed items in volume and offers them to agencies at cost. Items such as meat, tuna and paper products are available at rates that average 40 percent below retail costs.

Grapevine Seminars. To help our member agencies further develop their programs and management expertise, the Food Bank conducts an ongoing series of seminars. Topics include funding, record keeping, publicity, and nutrition.

Freezer Lease Program. To enable agencies to handle the tons & tons of frozen foods donated, the Food Bank offers freezers on a limited basis. The "lease": a commitment to take a certain amount of frozen product every month.

FOR MORE INFORMATION:

*Membership Coordinator
Greater Philadelphia Food Bank
302 W. Berks Street
Philadelphia, PA 19122-2239
(215) 739-7394.*



**Greater
Philadelphia
Food Bank**

*302 W. Berks Street
Philadelphia, PA 19122
(215) 739-7394*

ABOUT THE FOOD BANK

The Greater Philadelphia Food Bank is this region's primary provider of donated food for agencies which serve the needy in the Philadelphia area. Since its inception in 1981, the Food Bank has distributed more than *75 million pounds* of food for needy citizens.

The Food Bank operates from a major warehouse facility in North Philadelphia, which can store 6 million pounds of dry and refrigerated items. The Food Bank is a certified member of Second Harvest, the largest private food distribution organization in the country.

WHERE DOES THE FOOD COME FROM?

The Food Bank channels over 9 million pounds of food each year to more than 550 member charities. Virtually all that food is donated by the food industry, which donates its surplus products to us rather than wasting them.

More than 150 area food companies donate to the Food Bank, and more than 250 national companies support us via Second Harvest.

Donations include: surplus supermarket items, production overruns, unsold breads, mislabeled goods -- all wholesome and nutritious, but for some reason unmarketable.

The Food Bank also benefits food from local food drives, and distributes food on behalf of various state and federal feeding programs.

WHO CAN RECEIVE FOOD BANK FOOD?

Non-profit organizations which meet the Food Bank's basic criteria may join the Food Bank. Member agencies include:

- | | |
|------------------------------------|---------------------------------|
| • <i>Soup kitchens</i> | • <i>Group homes</i> |
| • <i>Emergency food cupboards</i> | • <i>Shelters</i> |
| • <i>Services to the homebound</i> | • <i>Senior centers</i> |
| • <i>Drug and alcohol centers</i> | • <i>Day care programs</i> |
| • <i>Programs for the disabled</i> | • <i>After school programs.</i> |



Greater Philadelphia Food Bank 302 W. Berks Street Philadelphia, Pa. 19122-2239 (215) 739-7394

Greater Philadelphia Food Bank Agency Advisory Council Mission Statement:

To advise the Greater Philadelphia Food Bank regarding programs, policies, and procedures thereby leading to the facilitation of more effective service and the development of a support system which works mutually with the Food Bank towards identifying and addressing member agency needs.

Council's Role:

***Communication link between Food Bank and member agencies**

***Provides feedback on Food Bank policies, programs, and procedures**

***Networking/shared resources**

***Peer support/capacity building**

***Test group**

File

ADVISORY COUNCIL
MEETING MINUTES
April 13, 1995

Well we're already into the second (2nd) quarter of the 95 year. Boy, this year has certainly been a busy one! There have been alot of changes that have already been implemented here at the food bank in regards to the new computer software system, and there are many more to come. A special thanks goes out to Council members, **Fred Grant, Mary Felton, Reverend Staton, Daiquiri Andrews, Julie Reinke and Eric Young** for their assistance and input in helping us through the computer system update. Their participation helped to make the transition smoother for other member agencies and further illustrates the need for this type of "peer support" network in other areas. This will be discussed at the upcoming meeting.

At the meeting in January we discussed the idea of adopting a mission statement for the council. It was felt that although we didn't want to get "all involved" in drafting a mission statement, that we could look at one that had been developed through another council and adapt it to reflect our goals and objectives. Please take time to review the revised statement and bring your input at the next meeting. Also, was discussed the further role of the Advisory Council. It has been agreed that we didn't want to just "meet" and that the council would be an active functioning body. With this charge, the first project that the council will be working towards is the development of the leadership training certificate program. This workshop series will provide our member agencies with instruction in areas such as *Advocacy, *Community Organizing, *Conflict Resolution...etc... The council discussed various topics which could be offered. They are as follows:

*Volunteerism	Fundraising	*Proposal Writing
Finance mgmt	Brochure making	Food Preparation
Budgeting	*Leadership Dev.	Special Event Organizing
Where to find Resources	Basic Nutrition	

Although, all the topics listed could be a part of a workshop series, for the leadership training aspect, we will center around those broad subjects which center around capacity building (those indicated by an *) for this fist series. In addition, I would like us to consider workshops such as Board/Staff development, Effective Networking, Strategic Planning, and any others that the council feels would be beneficial for the training. I am asking that council members review the topics and any others that they feel is appropriate and come prepared to decide which workshops? how many? where? and what days/times? we should consider in being most effective. Also, I am asking council members to bring contact names and numbers of individuals who they feel would be willing to offer their services for our workshops.

In addition, we will be discussing some other upcoming projects that we mentioned such as the development of a volunteer pool and shared resources bank. Please come with ideas!!!

I am hopeful that you will be able to provide some further insight into the questions I proposed. It is my aim to make this transition as easy as possible for our member agencies and to reduce the risk of "agency closings" because of the new regulations. I can be reached at 739-7394 Monday-Friday between the hours of 9-5. I look forward to hearing from you soon.

Thank you for your attention to this matter at hand.

Sincerely,

A handwritten signature in black ink, appearing to read 'Tanya', with a large, stylized loop at the beginning and a trailing flourish.

Tanya Stewart
Agency Relations Director

**AGENCY ADVISORY COUNCIL
MEMBER ADDRESS LIST**

1. REVEREND STATON
NEW BEGINNINGS
3864 NORTH 13TH STREET
PHILADELPHIA, PA 19140
(609) 877-8350
2. ERIC YOUNG
WE THE PEOPLE
425 SOUTH BROAD STREET
PHILADELPHIA, PA 19147
(215) 545-6868
3. DAN GARDENER
PHILADELPHIA AIDS TASK FORCE
1642 PINE STREET
PHILADELPHIA, PA 19103
(215) 545-8686
4. EDNA WILLIAMS
JOSEPH WILLIAMS
MARY JANE HOME ENRICHMENT CENTER
1622 RIDGE AVENUE
PHILADELPHIA, PA 19130
(215) 684-2847
5. MARY FELTON
CHRIST OUR REDEEMER CHURCH
1708-10 WYLIE STREET
PHILADELPHIA, PA 19130
(215) 978-8632 OR (215) 242-2675
6. MARY SERANO
MS & T COMMUNITY SERVICES
923 RANDOLPH STREET
PHILADELPHIA, PA 19123
(215) 922-5909

7. JOSEPH CAESAR
LOWER TIOGA COMMUNITY COUNCIL
3140 NORTH CAMAC STREET
PHILADELPHIA, PA 19133
(215) 223-5727
8. REVEREND FRED GRANT
HIGHWAY CHURCH OF CHRIST
3921 POWELTON AVENUE
PHILADELPHIA, PA 19104
(215) 222-5968 OR (610) 284-0996
9. LEANNE DRAUD
UNIVERSITY CITY HOSPITALITY COALITION
3601 LOCUST WALK
PHILADELPHIA, PA 19104
(215) 238-6454
10. BARBARA PITTMAN
ACTION AIDS
2718 NORTH 5TH STREET
PHILADELPHIA, PA 19133
(215) 291-9700
11. DEBORAH INGS
5760 WEST OXFORD STREET
PHILADELPHIA, PA 19131
(215) 878-5427 OR (215) 222-5252
12. NASSER FATTAH
HOUSE OF UMOJA
1410-1426 NORTH FRAZIER STREET
PHILADELPHIA, PA 19131
(215) 473-3159
13. ROBERTA DAVIS
SOUTHWEST SDA CHURCH
1220 SOUTH 58TH STREET
PHILADELPHIA, PA 19143
(215) 748-4114

14. GERTRUDE MONTGOMERY
ELIZABETH BRISH
FIRST AFRICAN CHURCH
4159 W. GIRARD AVENUE
PHILADELPHIA, PA 19104
(215) 477-3100
15. ELLA MAE GRAVES
PASSYUNK RESIDENT COUNCIL
3108 SOUTH 23RD STREET
PHILADELPHIA, PA 19145
(215) 684-4866
16. PROJECT GUIDING LIGHT
1428-30 WEST ALLEGHENY AVENUE
PHILADELPHIA, PA 19132
(215) 229-3621
17. DAIQUIRI ANDREWS
JULIE REINKE
EPISCOPAL COMMUNITY SERVICES
225 SOUTH 3RD STREET
PHILADELPHIA, PA 19106
(215) 351-1417/ 351-1428
(215) 351-1497 FAX

A L E R T A L E R T

**NUTRITIONAL DEVELOPMENT
SERVICES
IS
UPDATING ITS
FOOD RESOURCE GUIDE
FOR 1996**

**If you would like to be included in the 1996 edition of
the food resource guide,
please complete and return the postcard by
November 5, 1995**

**Thank you for your cooperation
Nutritional Development Services**

**NUTRITIONAL DEVELOPMENT
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Greater Philadelphia Food Bank

List of Items as of September 5, 1995



The Grapevine

Mark Your Calendar for Upcoming Membership Meetings

The Food Bank's annual agency membership meetings are fast approaching. Make sure you set aside time to attend one of the offered sessions.

It is imperative that all active agencies attend one membership meeting. The meetings serve as a time to update your agency on all current and future changes.

For agencies in Philadelphia, we will offer four sessions:

- September 27, 10 a.m.; at St. Martin de Porres; 2340 W. Lehigh Ave.
- September 28, 10 a.m.; at Mt. Carmel Baptist Church, 5734 Race St.
- October 3, 10 a.m.; at Wayland Temple Baptist Church, 2500 Cecil B. Moore Ave.
- October 5, 10 a.m.; at St. Michael's Lutheran Church, Trenton Ave. & E. Cumberland St.

Agencies serving the counties have two membership meetings to choose from:

- October 31, 10 a.m.; at the Food Bank, 302 W. Berks St., Philadelphia
- November 1, 10 a.m.; also at the Food Bank.

Sign your agency up for one of the above meetings today! You can RSVP to Patience at (215) 739-7394.

(Continued on page 8)

The Chef's Corner

Tuna Pasta Salad

Combine Tuna Salad with cooked Tomato Linguine. Add chopped onions, peppers and celery to taste. Serve chilled for a tasty tuna and tomato treat!

Number

To order:

Review this menu. Prepare your selections and know your membership number. Pick alternatives in case some items are out of stock. Call (215) 739-7221 Monday to Friday, 8:30-12:30 and 1:00-3:00. Place your order, and set a date and time for your pick-up or delivery. Because we may run out of some listed items, we encourage you to call the hotline (215-739-3050) for inventory updates. "Standing appointments" are available.

Pick-up:



Please be prompt. Bring your membership card. Check in at the reception window. Be sure to check your order before you leave; changes cannot be made once you've departed. Payment by agency check or money order only, at time of pick-up or delivery. You can also go to Walk-Thru weekdays from 8:30-2:00. No appointment needed!

Walk-Thru:

Items in Walk-Thru do not appear on this menu, but can be picked up during your visit.

More Info:

Call the Food Bank's business line, (215) 739-7394.

Item #	Item Description	Packaging	Shared Maint./Weight	Avail	
<hr/>					
<div>  <div> Breakfast  </div> </div>					
					F=Frozen R=Refrigerate
104-111-3411	PLAIN BAGELS	48-CS.	\$ 1.68 / 14 LBS	3	F
105-145-7281	MULTIGRAIN SQUARES CEREAL	72-1 5/8OZ	\$ 1.44 / 12 LBS	946	
105-147-7221	MULTIGRAIN RAISINS & ALMONDS C	72-1 1/2BX	\$.96 / 8 LBS	750	
106-435-6901	SILVER DOLLAR PANCAKES	288-PER CS	\$ 1.56 / 13 LBS	130	F
107-001-3521	PLAIN YOGURT	16 QT CTNS	\$ 3.96 / 33 LBS	1	R
107-009-3601	ORANGE/BERRY KID YOGURT	8-6 PACKS	\$ 1.68 / 14 LBS	93	R
107-126-2201	BREYERS STRAWBERRY/PEACH YOGUR	8-6 PACKS	\$ 1.68 / 14 LBS	463	R
107-441-1121	LEMON YOGURT	16-1 QT.	\$ 3.60 / 30 LBS	1	R
107-444-1131	PEACH YOGURT	16-QT	\$ 3.60 / 30 LBS	2	R



Lunch & Dinner



Meats & Proteins Items in *italic bold print* are subject to agency meat limits

106-174-4171	HAM SALAD	2-5 LB TUB	\$ 1.32 / 11 LBS	21	R
S15-142-7101	BREADED CHICKEN	4-BAGS CS	\$ 4.68 / 39 LBS	188	F
S15-237-8161	BRATWURST	2-5 LB.	\$ 1.32 / 11 LBS	16	F
S15-248-1811	BONE-IN-TURKEY BREAST	4-6 LB.	\$ 2.88 / 24 LBS	35	F
S15-251-0341	MILD ITALIAN STRING SAUSAGE	5-LB PKG	\$.60 / 5 LBS	109	F
S15-283-0391	TURKEY CHILI W/ BEANS	6-3LB TUBS	\$ 2.28 / 19 LBS	7	F
S15-284-0121	SZECHWAN CHICKEN W/PEANUTS	2-5 LB TUB	\$ 1.32 / 11 LBS	8	F
S15-511-9471	TUNA SALAD	2-5 LB TUB	\$ 1.32 / 11 LBS	155	R

* This item is not covered by a state Pre-paid Shared Maintenance Grant.

** Restricted by donor to on-site programs only.

Item #	Item Description	Packaging	Shared Maint./Weight	Avail.
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127-733-6241	OLIVE LOAF	2-LOAVES	\$ 1.92 / 16 LBS	16 F
S15-800-3211	K.F.C. CHICKEN	BULK PACKS	\$ 6.00 / 50 LBS	5 F

Vegetables & Fruits

127-008-3051	HOT PEPPER RINGS	12-16 OZ.	\$ 2.52 / 21 LBS	477	
110-2211	STEAK CUT BREADED ONION RINGS	6-2.5 LB	\$ 1.92 / 16 LBS	38	F
111-1931	DICED UNPEELED FROZEN TOMATOES	BULK PACK	\$ 2.76 / 23 LBS	205	F
127-120-8921	BREADED ONION RINGS	6-2LB.BAGS	\$ 1.80 / 15 LBS	118	F
127-192-0101	HOMESTYLE BREADED MUSHROOMS	BULK PACK	\$ 2.52 / 21 LBS	163	F
192-1101	ITALIAN STYLE BREADED MUSHROOM	BULK PACK	\$ 2.52 / 21 LBS	45	F
233-3331	FROZEN VEGETABLES, ASSORTED	WEIGH ITEM	\$.10 / 1 LBS	30283	F
127-233-3443	REPACKED CORN ON THE COB	WEIGH ITEM	\$.12 / 1 LBS	40020	F
127-233-3781	FROZEN CHOPPED BELL PEPPERS	BULK	\$.69 / 23 LBS	773	F
233-7771	SAUTEED FRISCO ONIONS	18-1.25 OZ	\$.69 / 23 LBS	152	F
612-6001	CREAMED SPINACH	24-9 OZ	\$ 1.92 / 16 LBS	38	F
127-732-5001	ONION & PEPPER STRIPS	18-1.5 LB	\$ 3.36 / 28 LBS	150	F

Pasta & Rice

106-015-2101	TOMATO LINGUINE	6-9 OZ PKG	\$.60 / 5 LBS	124	R
900-4201	BEEF TORTELLINI	3-4 LB.BAG	\$ 1.44 / 12 LBS	26	F
300-0341	WHEAT PILAF, UNCLE BEN'S	12-6.7 OZ	\$.72 / 6 LBS	634	
121-333-3333	REPACKED PASTA	WEIGH ITEM	\$.06 / 1 LBS	7191	

Bread Products


104-333-2271	TOMATO & BASIL BREAD DOUGH	1 ROLL	\$ 1.62 / 27 LBS	44	F
333-9581	CHEESE JALEPANO BREAD DOUGH	14-28.8 OZ	\$ 3.24 / 27 LBS	16	F
444-4821	DANISH PASTRY DOUGH	84-2.25 OZ	\$.84 / 14 LBS	104	F
104-846-0001	FOCACCIA BREAD	40-8.4 OZ	\$ 3.60 / 30 LBS	32	
111-021-4031	CORN MEAL	10-5 LB	\$ 6.00 / 50 LBS	2	

Complete Meals & Soups

124-9001	SWEET POTATO SOUFFLE	4-PANS	\$ 2.64 / 22 LBS	2	F
134-4401	LIGHT CHEESE SOUP	4-6 LB BAG	\$ 3.12 / 26 LBS	255	F
106-156-3641	BACON POTATO SOUP	3-8 LB.BAG	\$ 3.24 / 27 LBS	13	F
125-005-8681	PIZZA ROLLS	12-7.5 OZ	\$.84 / 7 LBS	193	F

*This item is not covered by a state Pre-paid Shared Maintenance Grant.

** Restricted by donor to on-site programs only.

Item #	Item Description	Packaging	Shared Maint./Weight	Avail.
<hr/>				
	Crackers & Snacks			F=Frozen R=Refrigerated
104-111-2971	FROZEN PRETZELS, ASSORTED	BULK PACK	\$ 2.16 / 18 LBS	8 F
125-000-0801	CROWN PILOT CRACKERS	12-14 OZ	\$ 1.56 / 13 LBS	74
125-000-0871	OYSTER CRACKERS	12-10 OZ	\$ 1.08 / 9 LBS	572
125-000-3151	BETTER CHEDDARS CRACKERS	6-7 OZ.	\$.36 / 3 LBS	456
125-000-7901	REDUCED FAT RITZ CRACKERS	12-14 1/2	\$ 1.80 / 15 LBS	159
125-002-1971	SNACKWELLS PRETZEL STICKS	12-9 OZ	\$.96 / 8 LBS	261
125-003-4321	ARK ANIMALS RITZ CRACKERS	6-5 3/4 OZ	\$.36 / 3 LBS	480
125-009-5881	SNACK CRACKER COMBO	12-11 OZ	\$.60 / 5 LBS	1
125-029-0361	FAT-FREE SALTINE CRACKERS	12-15 OZ	\$ 1.80 / 15 LBS	47
125-031-3761	CLUB CHEDDAR CRACKERS	12-16 OZ	\$ 1.68 / 14 LBS	56
125-036-8571	OAT THINS	6-10 OZ. B	\$.60 / 5 LBS	1727
125-044-631	CLUB PARTNERS CRACKERS	6-32 OZ	\$ 1.68 / 14 LBS	62
125-045-7291	OYSTERETTES	6-10 OZ. B	\$.48 / 4 LBS	688
125-047-1811	GARDEN CRISPS	6-7.5 OZ.	\$.48 / 4 LBS	189
125-048-0201	MULTI GRAIN WHEAT THINS	6-9.1/2 OZ	\$.48 / 4 LBS	1717
125-048-3241	MULTIGRAIN PREMIUM	12-16.5 O.	\$ 1.92 / 16 LBS	374
125-111-1271	FRITO-LAY CHIPS, ASSORTED	WEIGH ITEM	\$.12 / 1 LBS	1272
125-111-1331	NO SALT OAT BRAN PRETZELS 3 CE	1-5 LB BAG	\$.18 / 6 LBS	1553
125-118-5861	SALSA VERDE TORTILLA CHIPS	9-9.5 OZ	\$.84 / 7 LBS	24
125-138-2101	WHEATABLES ORIGINAL FLAVOR	48-1.25 OZ	\$.60 / 5 LBS	83
125-138-3901	WHEATABLES RANCH FLAVOR	48-1.25 OZ	\$.60 / 5 LBS	83
125-182-9001	BEEF JERKY	2-7.5 OZ.	\$.24 / 2 LBS	1124
125-197-5011	LARGE RED HOT SNACK SAUSAGE	6-PKG 12EA	\$.84 / 7 LBS	295
125-301-0071	MUNCH CRACKERS	6-7 OZ BXS	\$.36 / 3 LBS	49
125-392-5591	TATO WILDS POTATO CRISPS	9-8 OZ BAG	\$.84 / 7 LBS	53
125-495-3901	HOT FRIES	24-4 OZ	\$.72 / 6 LBS	73
125-551-1001	FOOT LONG FRUIT ROLL UP	9-13.5 OZ	\$ 1.56 / 13 LBS	526
125-810-9111	TORTILLA CHIPS	12-10 1/2	\$ 1.20 / 10 LBS	643

**Desserts**

125-000-4141	HONEY GRAHAMS	12-1 LB.	\$ 1.80 / 15 LBS	177	
125-767-8291	PECAN SANDIES & PRALINE CREAM	12-16 OZ	\$ 1.68 / 14 LBS	478	
125-051-0001	CHOCOLATE CHIP COOKIE DOUGH	12-18 OZ	\$ 1.80 / 15 LBS	17	R
125-013-6761	GRAHAM CRACKERS	200-2 EA	\$.96 / 8 LBS	428	
125-016-6911	TOFFEE SANDIES COOKIES	12-17 OZ	\$ 1.80 / 15 LBS	35	
125-045-5931	CINNAMON TEDDY GRAHAMS	6-10 OZ	\$.60 / 5 LBS	146	
125-896-1001	BROWN SUGAR COOKIE	12-18 OZ.	\$ 1.80 / 15 LBS	54	F
104-159-9081	PIE SHELL	24-9" SHELL	\$ 1.08 / 9 LBS	190	F
107-1B0-8311	ICED CAPPUCCINO ICE CREAM	12-3 PACK	\$ 1.20 / 10 LBS	587	F

* This item is not covered by a state Pre-paid Shared Maintenance Grant.

** Restricted by donor to on-site programs only.

Item #	Item Description	Packaging	Shared Maint./Weight	Avail.

				F=Frozen R=Refrigerated
107-311-0481	DESSERT TOPPING	12-7 OZ	\$ 1.08 / 9 LBS	82 R
107-777-4311	BREYERS EGG NOG ICE CREAM	6-1/2 GAL.	\$.48 / 16 LBS	190 F
103-020-4601	WEIGHT WATCHERS CHOC. ECLAIR	12-6.3 OZ	\$.72 / 6 LBS	70 F
108-020-5501	CHEESE SWEET ROLLS	12-4.5 OZ	\$.60 / 5 LBS	560 F
108-020-7601	CHERRIES & CREAM CAKE	12-6.6 OZ	\$.72 / 6 LBS	1212 F
108-111-1401	COUNTRY TIME MINCE PIES	12-8" PIE	\$ 2.76 / 23 LBS	28 F
108-114-3101	CAKES AND MUFFINS, ASSORTED	WEIGH ITEM	\$.12 / 1 LBS	2723 F
108-180-0301	CHERRY PIES	6-8# PIES	\$ 1.44 / 12 LBS	112 F
108-811-0401	PUMPKIN PIES (UNBAKED)	6-8" PIES	\$ 1.44 / 12 LBS	659 F
108-001-6021	OREO WHITE FUDGE COOKIE	12-14 OZ	\$ 1.56 / 13 LBS	76
125-037-0691	DOUBLE FUDGE COOKIE CAKES	12-6.25 OZ	\$.84 / 7 LBS	5
125-002-7341	PFEFFERNUSSE SPICE DROPS	12-12 OZ	\$ 1.32 / 11 LBS	39
125-003-6541	GINGER SNAPS	6-1 LB BX	\$.84 / 7 LBS	240
125-016-3631	TOFFEE TOPPERS FUDGE COVERED	12-10 OZ	\$ 1.08 / 9 LBS	486
125-661-4111	*BUNNY MALLOWS*	24-9 OZ.	\$ 1.80 / 15 LBS	799
125-111-1261	PRETZEL CONES	45 CONES	\$ 1.68 / 14 LBS	158
125-298-3591	SUGAR CONES	24-12 PACK	\$ 1.56 / 13 LBS	11
125-896-2001	CHOCOLATE COOKIE W/PEANUT BUTTER	12-18 OZ.	\$ 1.80 / 15 LBS	879 F
B25-047-3721	*YORK PEPPERMINT PATTIES*	BULK PACK	\$ 3.00 / 25 LBS	544
B25-222-1111	*CANDY, ASSORTED**	BULK PACK	\$ 3.36 / 28 LBS	473
125-311-2511	*LEMON WATER ICE*	6 GALLONS	\$ 6.96 / 58 LBS	9 F



Beverages



103-005-1081	LEMON FRUIT TEA	8-64 OZ	\$ 4.44 / 37 LBS	3 R
103-007-2001	LEMON BERRY TEA	24-16 OZ.	\$ 4.56 / 38 LBS	435
103-022-2271	RASPBERRY LEMONADE	8-46 OZ	\$ 3.36 / 28 LBS	2
103-073-3291	*SPRING WATER	6-1 GAL	\$ 3.18 / 53 LBS	98
103-137-9101	CONCENTRATED LEMONADE	24-16 OZ	\$ 4.32 / 36 LBS	439 F
103-200-0231	CHOCOLATE MOOSE DRINK	24-10 OZ	\$ 3.36 / 28 LBS	787
103-222-041	CRANBERRY LEMONADE	8-46 OZ	\$ 3.36 / 28 LBS	804
103-222-1011	LEMONADE	8-46 OZ.	\$ 3.36 / 28 LBS	626
103-318-6221	GRAPE CRANBERRY PINEAPPLE DRINK	24-16 OZ	\$ 4.80 / 40 LBS	481
103-754-7881	ORANGE/CRANBERRY LEMONADE	12-16 OZ	\$ 2.28 / 19 LBS	370
114-034-0701	PINK GRAPEFRUIT COCKTAIL	8-48 OZ.	\$ 4.44 / 37 LBS	146
103-151-2021	RED GRAPEFRUIT JUICE	6-64 OZ	\$ 3.36 / 28 LBS	60 R
103-163-9001	DIET KIWI STRAWBERRY SNAPPLE	24-16 OZ.	\$ 2.34 / 39 LBS	56
114-668-2831	FLORIDA CITRUS PUNCH	8-64 OZ	\$ 4.44 / 37 LBS	3 R
114-910-3311	VERYFINE APPLE JUICE	6-1 GAL.	\$ 5.76 / 48 LBS	28
103-001-5401	*LEMON LIME SELTZER*	24-12 OZ.	\$ 1.26 / 21 LBS	267
103-067-0261	*CHERRY COLA*	6-2 LITER	\$ 3.48 / 29 LBS	532
103-100-6131	*LEMON LIME SODA*	6-2 LITER	\$ 3.60 / 30 LBS	209
103-111-1401	*SELTZER WATER*	24-12 OZ.	\$ 1.26 / 21 LBS	828

* This item is not covered by a state Pre-paid Shared Maintenance Grant.

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Item #	Item Description	Packaging	Shared Maint./Weight	Avail.
C03-130-9931	*COLA SODA*	6-3 LITER	\$ 5.28 / 44 LBS	5
C03-252-1741	*SELTZER WATER*	6-2 LITER	\$.90 / 30 LBS	113
C03-260-2271	*ORANGE SODA*	24-12 OZ.	\$ 2.52 / 21 LBS	265
C03-261-9891	*DIET COLA*	6-2 LITER	\$.90 / 30 LBS	767
C03-262-0851	*FOODTOWN DIET ORANGE SODA*	6-2 LITER	\$ 3.60 / 30 LBS	135
C03-282-5581	*DIET GINGER ALE*	6-2 LITER	\$.90 / 30 LBS	60



Sauces, Spreads, Condiments & Staples



107-040-5591	DILL DIP	6-8 OZ CUP	\$.48 / 4 LBS	34	R
107-111-1441	COTTAGE CHEESE	4-5 LB.	\$ 2.64 / 22 LBS	120	R
107-614-2711	CREAM CHEESE/SALMON	12-8 OZ	\$.42 / 7 LBS	74	R
107-618-2511	SOUR CREAM HORSERADISH/BACON D	12-8 OZ	\$.84 / 7 LBS	138	R
109-108-4051	SALSA DRESSING	12-8 OZ.	\$.84 / 7 LBS	548	
109-532-9041	HEINZ BLUE CHEESE DRESSING	200-PACKET	\$.72 / 6 LBS	186	
109-536-4071	FRENCH DRESSING	200-PACKET	\$.18 / 6 LBS	150	
109-643-9511	LITE ITALIAN DRESSING	4-1 LITER	\$ 4.08 / 34 LBS	115	
109-648-8251	BLUE CHEESE DRESSING	4-1 GAL.	\$ 4.08 / 34 LBS	251	R
109-672-0901	CREAMY RANCH DRESSING	100-1 OZ	\$.84 / 7 LBS	230	
109-673-0201	COMPLETE COLESLAW DRESSING	8-4 1/2 LB	\$ 4.80 / 40 LBS	7	R
125-112-8201	1000 ISLAND DRESSING	12-16 OZ.	\$ 3.12 / 26 LBS	22	
126-001-2081	RAGU BEEF TONIGHT	12-24.5 OZ	\$ 3.48 / 29 LBS	20	
126-001-3401	ASSORTED CHICKEN SEASON/SAUCE	72 ASST	\$ 4.44 / 37 LBS	186	
126-005-0201	DILL PICKLES	12-32 OZ	\$ 4.56 / 38 LBS	7	
126-010-0011	CRANBERRY SAUCE	12-16 OZ	\$ 1.68 / 14 LBS	84	
126-081-1621	CREAMY MUSHROOM GRAVY	24-10 OZ.	\$ 2.16 / 18 LBS	49	
126-081-5201	CHEESE SAUCE	24-10 OZ.	\$ 2.16 / 18 LBS	162	
126-111-1351	ORANGE MARMALADE W/COGNAC 6 CE	96-1.5 OZ.	\$ 1.44 / 24 LBS	27	
126-531-5001	RELISH	500-PACKET	\$ 1.32 / 11 LBS	202	

Baby Food

102-030-5101	ENFAMIL W/ IRON	16-8 OZ CN	\$ 1.32 / 11 LBS	83	
102-030-9101	PROSOBEE SOY FORMULA	16-8 OZ CN	\$ 1.32 / 11 LBS	299	
102-518-5031	SIMILAC NEOCARE	6-14 OZ CN	\$.84 / 7 LBS	85	

Special Diet Items

A18-444-001	NUTRITIONAL SUPPLEMENT	8 OZ CAN C	\$.12 / 1 LBS	2112	
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Non-Foods

212-000-4401	*OIL OF OLAY REGULAR	30-5 OZ.	\$ 3.60 / 30 LBS	517	
213-004-3951	*SPRAY-N-WASH W/STAIN STICK*	12-16 OZ	\$ 2.40 / 20 LBS	245	
K20-684-0121	*ATTENDS SMALL BRIEFS*	4-POLY BAG	\$ 1.92 / 16 LBS	107	
N12-435-7001	*MOISTURIZING TREATMENT*	12-8 OZ.	\$.42 / 7 LBS	13	
T12-052-7111	*COMTrex LIQUID COLD MEDICINE*	24-3 OZ.	\$.96 / 8 LBS	1038	

* This item is not covered by a state Pre-paid Shared Maintenance Grant.

** Restricted by donor to on-site programs only.

Bargain Buys Price List

7

DE

Paper Products

PRICE/CASE Wt.

619-BBB-B022	TOILET TISSUE	96 ROLLS	\$ 33.94 / 50 LBS	13
619-BBB-B032	DISPENSER NAPKINS	10,000	\$ 30.25 / 30 LBS	1
619-BBB-B042	ALUMINUM FOIL	18"X1000FT	\$ 35.87 / 10 LBS	13
619-BBB-B052	PLASTIC WRAP	18"X2000FT	\$ 13.97 / 10 LBS	19
619-BBB-B062	COMPARTMENT PLATES	500	\$ 17.27 / 10 LBS	16
619-BBB-B072	FOAM CUPS	1224/CASE	\$ 13.22 / 10 LBS	12
619-BBB-B082	FOAM BOWLS	1000	\$ 19.31 / 10 LBS	15
619-BBB-B092	LAUNDRY DETERGENT	12 BOTTLES	\$ 10.00 / 50 LBS	3
619-BBB-B102	DISHWASHING DETERGENT	15 BOTTLES	\$ 12.30 / 10 LBS	13
619-BBB-B112	PLASTIC FORKS	1000/CASE	\$ 8.36 / 5 LBS	10
619-BBB-B122	PLASTIC SPOONS	1000 CT	\$ 8.36 / 5 LBS	17
619-BBB-B132	PLASTIC KNIVES	1000-CASE	\$ 8.36 / 5 LBS	13
619-BBB-B142	TRASH BAGS	250 BAGS	\$ 17.33 / 25 LBS	18

Meats & Proteins

515-BBB-B162	FROZEN CHICKEN LEGS	3 LB TRAYS	\$ 17.16 / 40 LBS	25
515-BBB-B182	CANNED TUNA	48-3.5 OZ.	\$ 27.45 / 50 LBS	63
515-BBB-B192	SUPERTORO LUNCHEON MEAT	24-15 OZ.	\$ 23.00 / 25 LBS	184
515-BBB-B202	CORNEB BEEF HASH	12-15 OZ.	\$ 11.55 / 23 LBS	166
515-BBB-B222	MORTON HOUSE BEEF STEW	12-24 OZ.	\$ 10.95 / 25 LBS	84
515-BBB-B422	CANNED HAM	24-1 LB.	\$ 47.50 / 24 LBS	65
523-BBB-B152	PEANUT BUTTER	12-18 OZ.J	\$ 14.25 / 12 LBS	139
523-BBB-B212	MORTON HOUSE CHILI W/BEANS	12-24 OZ.	\$ 11.00 / 24 LBS	167
523-BBB-B362	PORK 'N BEANS	24-16 OZ.	\$ 8.74 / 28 LBS	19
523-BBB-B412	BLACKEYED PEAS	24-16 OZ.	\$ 9.35 / 25 LBS	150
506-BBB-B302	MACARONI & CHEESE	24-7.25 OZ	\$ 6.60 / 15 LBS	184

Vegetables, Fruits, Cereals, Etc.

506-BBB-B442	SPAGHETTI RINGS	24-16 OZ.	\$ 8.64 / 24 LBS	142
510-BBB-B492	PINEAPPLE TIDBITS IN JUICE	24-20 OZ.	\$ 11.83 / 30 LBS	119
521-BBB-B472	RICE	30-1 LB	\$ 9.24 / 30 LBS	80
521-BBB-B272	SPAGHETTI SAUCE	12-30 OZ.	\$ 7.98 / 25 LBS	94
526-BBB-B292	GRAPE JELLY	12-32 OZ	\$ 11.83 / 25 LBS	70
527-BBB-B252	CREAMED CORN	24-16 OZ	\$ 10.75 / 25 LBS	67
527-BBB-B262	CANNED GREEN BEANS	24-16 OZ.	\$ 7.89 / 25 LBS	79
527-BBB-B482	MIXED VEGETABLES	24-16 OZ.	\$ 9.75 / 25 LBS	91
527-BBB-B532	SWEET PEAS	24/16 OZ.	\$ 7.98 / 25 LBS	136

NOTE: THESE PRICES REFLECT CURRENT STOCK; FURTHER SHIPMENTS MAY HAVE VARYING PRICES.
PRE-PAID SHARED MAINTENANCE CANNOT BE USED FOR BARGAIN BUYS PURCHASES.

(Continued from the front page)

Freezer Sale Coming Soon; Furniture, Too!

Remember to mark your calendars for upcoming freezer and furniture sales. The Walk-Thru will be open from 9 a.m. to noon on Saturday, September 16, and from 4 to 7 p.m. on Tuesday the 19th. Come on in for the latest selection of frozen goodies.

At the Tuesday sale, we'll also have office furniture (primarily chairs) for sale. Come see us for your agency's office needs!

Don't Forget to Enter Your Recipes for Both the Cook Book & Pastry Bake-Off

How tasty are your soup kitchen creations? Delicious enough to be published? We know that there are plenty of top-notch chefs among our agencies, and that's why we're gathering their best recipes for a soup kitchen cook book. What mouth-watering dishes do you make with Food Bank product? Send your recipes by October 30 to Patience Jacobs at the Food Bank, 302 W. Berks St., Phila., PA, 19122.

And speaking of showing us your best, don't forget about our upcoming Pastry Bake-Off. Simply come in to the Food Bank and pick up an entry form from Patience Jacobs. While you're here, ask her for your free case of pastry dough. Submit your recipe and entry by September 20, then

bring your finished products into the Food Bank on the 25th for judging.

Prizes will include electric griddles and toasters! The winning recipes, plus delectable samples of those recipes, will be featured at our agency membership meetings on September 27 and 28.

Good luck!

A Reminder About Agency Cards

Please remember that your agency representative must present your agency's Food Bank membership card when picking up orders or using Walk-Thru. We cannot serve your agency without the card. Thanks.

Upcoming Meetings

- **Sept. 11:** North Philadelphia/Germantown Coalition meeting; 10 a.m. at the Food Bank.
- **Sept. 13:** South Philadelphia Coalition meeting; 10 a.m. at the MOCS Family Center, 1408 S. Broad St.
- **Sept. 13:** Delaware County Coalition meeting; 10 a.m. at CityTeam Ministries, 634 Sproul St. in Chester.
- **Sept. 20:** Bucks County Coalition meeting; 10 a.m. at Cornwells United Methodist Church, 2284 Bristol Pike in Bensalem.
- **Sept. 20:** West/Southwest Philadelphia Coalition meeting; 11 a.m. at House of Umoja, 1410 N. Frazier St.

If you have questions about any of these meetings, please call Patience Jacobs, at (215) 739-7394.

What is a Coalition

A system of interconnected individuals with common concerns and need, in a particular area. It's a group of people that are interested in getting things done in an efficient way, using a host of resources and personal.

Networking knows know blunders of race, religion, groups, etc. Coalitions are people coming together for the sake of others. There is also a great concern that agencies should do more to offer

some type of permanent solutions for those who are able to take that first step towards self-sufficiency.

The Coalition can not work without your involvement. Agencies must work together to use our limited resources more efficiently when a Coalitions functions properly the agencies involved benefit.

Draft Mission Statement

West/SouthWest Philadelphia Coalition Against Hunger is a growing alliance of multi-faith churches & organizations on the front-line. In the war against hunger. This federation of organizations are committed to the mission of eliminating hunger and, the causes of hunger in Philadelphia.

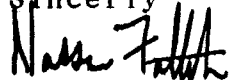
With resolution the coalition will pool its knowledge, and resources to devise strategies, techniques and skills to eradicate the suffering of an estimated 313,374 impoverished Philadelphians.

The coalition will endeavor to develop, increase and fortify emergency cupboards, soupkitchen, supercupboards and other programs that provide the community with sustenance, empowerment, education, and the advocacy necessary to combat the causes of hunger.

The coalition will formulate new approaches, programs, and resources to assist undernourished children and their families.

The coalition will increase the awareness and arise the conscious of local political and business communities to their plight.

Sincerely



Nasser Fattah

Director

WSWCAH

**South Philadelphia Coalition
Against Hunger Membership Form**

Who's Who & Who Does What?

Organization Name _____

Address _____

Contact Person(s) _____

Mailing Address _____

Phone Numbers (s) _____

Services Provided (Include referrals, information, etc.) _____

Scheduled hours of operation (Days of the week and hours services are available.) _____

Requirements: Any rules or regulations you follow in order to provide services - for example: Does the person need a referral? How many times a month/year can the person come for services? Any age requirements? What proof of need do you require, if any? _____



Greater Philadelphia Food Bank 302 W. Berks Street
Philadelphia, Pa. 19122-2239
(215) 739-7394

May 30, 1995

**South Philadelphia Coalition
Against Hunger**

Freedom

From

Hunger

Dear Friend,

I hope you are doing well in your efforts to alleviate hunger and suffering in Philadelphia. I would like to invite your Agency members to attend a very important meeting **Monday, June 26, 10:00am** at the Greater Philadelphia Food Bank, 302 West Berks St.

Lets come together and provide support for one another by sharing ideas and discussing frustrations. We will have a guest speaker from Penn State Cooperative Extension. Also, Mr. Nasser Fattah who is the coordinator for West/Southwest Coalition will be sharing with us his work at Food For Thought and his Healthy Start programs. You will hear vital information for you and your agency. Please plan to attend.

A

Certified

Member

of

RSVP to Patience at 739-7394.

Second

Harvest,

the

Thank you and keep up your good work in the fight against hunger.

National

Food

Bank

Network

Sincerely,

Patience Jacobs
Patience Jacobs

For Release
February 1, 1995

For more information,
contact: Karen Wilson
(610-896-3666)

Greater Philadelphia Area Responds to Hunger Crisis Alert

Block the Block Grants

Over 700 agencies that provide food for poor and hungry people in the Greater Philadelphia Area have been invited to attend an Urgent Emergency Meeting of the *Greater Philadelphia Coalition Against Hunger* on Monday February 6th at 10:30 at the Salvation Army, 700 N. Broad.

This massive group will be responding to the *Republican Contract with America's* proposed State Food Assistance Block Grants. *The Contract* is proposing to rip to shreds the most important and effective anti-hunger programs our country has available (WIC, School Lunch and Breakfast, Meals on Wheels, Congregate Meals for the Elderly, etc.) In their place, food assistance block grants, at a much reduced funding level, would be authorized to each state to use as they see fit. This arrangement would force states to pit feeding our children against feeding our elderly. This is at a time in our country's history when 10.4 percent of the United States population already relies on soup kitchens and food cupboards for food assistance (Second Harvest, 1993). In this land of plenty, one in five of our children is at risk for hunger (Tufts University School of Nutrition).

Those invited to this emergency meeting, made up of both direct service food providers and representatives from federal food and nutrition programs, will not idly sit back and watch the above happen. Addressing the group Monday will be a current political aide who will speak on, "Getting Action from Politicians." Information will also be disseminated about key politicians who need to hear from their constituents. Certainly one politician who will be targeted is newly elected Senator Rick Santorum who sits on the Agriculture Committee. When contacted by the Associated Press for comment after a Washington, DC Press Conference on this same issue he was quoted as saying that the advocates criticizing the GOP plan "are the same people who want to keep the overblown, bloated bureaucracy fat and happy, with the money just coming from Washington without any questions asked." Perhaps he has already forgotten who many of his constituents are!!!!

A huge petition made of many empty paper plates will be signed by all in attendance. Also "signing" the petition will be children from the Salvation Army's Day Care Center who are in jeopardy of losing funding for their breakfast and lunch program ---- for many impoverished children the only nutritionally balanced meals they receive.

#

**URGENT HUNGER CRISIS
ALERT
GREATER PHILADELPHIA AREA**

**EMERGENCY MEETING
ON
THE PROPOSED "CONTRACT WITH AMERICA"**

TIME: 10:30 - NOON

DATE: FEBRUARY 6, 1995

**LOCATION: SALVATION ARMY
701 NORTH BROAD STREET**

**ATTENTION: ALL FOOD ASSISTANCE PROGRAMS!!!!
SOUP KITCHENS, EMERGENCY FOOD CUPBOARDS, SUPERCUPBOARDS,
SOCIAL SERVICE PROGRAMS FOR CHILDREN AND THE ELDERLY.**

We must act immediately to avert the *destruction* of: SHARE Food Purchasing Grants; TEFAP; The Federal Food Stamp Program; WIC; The School Lunch Program for Children; Meals on Wheels; the Elderly Food Center Programs; and other programs **vital** to our city and greater Philadelphia area.

FRIENDS: Please respond now!!

**WE NEED YOUR HELP! PLEASE VOLUNTEER YOUR TIME AND
TRANSPORTATION TOWARDS THIS EFFORT. GAS ASSISTANCE AND RE-
FRESHMENT WILL BE AVAILABLE.**

THANK YOU!!!!!!!!!!

For More Information, Contact: **Patience Jacobs at **739-7394****

May God bless you and see us through these troubled times.

Emergency Meeting Planning Meeting

February 3, 1995

Agenda - 10:00 -11:00

Block the Block Grants

I. Pat Temple-West's Testimony - Anne

II. Logistics

- A. Hand-outs - Karen S.
- B. Microphone - Tanya
- C. Food - Patience
- D. Postage - Karen W.

III. Agenda for meeting - MC ANNE - Mention Hunger Walk

- (10) A. Clear explanation of Personal Responsibility Act and its possible effect on food and nutrition programs. Presenter: Mawunna
- (20) B. Karen Nicolas, *Getting Action from Politicians*
 - 1. Clear on what needed?
 - 2. Length
 - 3. How introduce?
- (15) C. Where do we go from here? Nasser
 - 1. Postcards
 - 1. Pick up packets
 - 2. Sign and deliver to WIC Office
 - 3. Model - clip art
 - 2. Key Legislators - Phone numbers of legislators
 - 3. Sign Petition

IV. Advertising

A. Special Interest Groups - Karen W.

- | | |
|--|------------------------|
| 1. Food Service of Phil. School District | 2. PCA |
| 3. MANNA | 4. Aid for Friends (?) |
| 5. De Valley Restaurant Assoc. | 6. Wendy Born |
| 7. EFNEP | 8. PCFN |
| 9. Several RDs | 10. Sam Foline (?) |
| 11. CACFP | |

C. Food Bank Agencies - Tanya and Patience

D. SHARE -Karen W.

B. Mayor Rendell- Karen W.

C. Other Legislators

- 1. Santorum, Spector - Karen W.
- 2. Patience

V. Press - 11:45

A. Press release

B. Press table - Karen W.

- 1. Take to Day Care Center - Karen W.

VI. Barbara Howell : 1:00-2:30



Greater
Philadelphia
Food Bank 302 W. Berks Street
Philadelphia, Pa. 19122-2239
(215) 739-7394

Freedom

From

Hunger

Bucks County Coalition Meeting
July 28, 1995

Agenda

Introductions

Welcome

Gaynor Yancey
Executive Director
Greater Philadelphia
Food Bank

Announcements

Patience Jacobs
Coalition Coor.

What's the Next
Step (Super Cupboard)

Roselee Rivera
Penn. State
Extension

Can We Talk

All Agencies

Next Meeting Place
and Time

THANK YOU FOR ATTENDING. KEEP UP YOU GOOD WORK.



Greater Philadelphia Food Bank
302 W. Berks Street
Philadelphia, Pa. 19122-2239
(215) 739-7394

Delaware County Coalition Meeting

Minutes of October 18, 1995

Patience Jacobs call the meeting to order at 10:15am. All of the agencies representatives gave their names and brief history of what services they provide. Patience gave information about the upcoming award dinner to be held on Oct. 26, at the Down Town Club. all agencies are invited to attend. The Food Bank is still asking for soup kitchen recipes, to be compile into a cookbook that Patience plan to produce. All money's from the sale of the cookbook will benefit the Food Bank. Money will be use to better service to all agencies. The discussion move on, information was shared about the new Food resource directory. Karen Wilson from the Greater Philadelphia Coalition, who will be producing the directory will be invited to our next meeting, she will share information about the directory. Discussion was held on the cuts in Congress and how we must continue to call and write letters. Barbara Gooby shared with the group a concept call(The Life Line). The program combine and connect resources such as Education, Employment and Rehab, to help a client break the cycle of dependency and take steps towards self-sufficiency. For more info. please call Ms. Barbara Gooby 610- 876-8028 Mr. Al. OConnal from City Team, share with us the story of a young man who came though City Team Ministries, and now he has become self_sufficient. Ms. Pat. Warren shared how she aids other cupboards by sharing your own personal testimony. Ms. Warren, Will be happy to speak to your agency just call her at 610-874-4132. The meeting was full of valuable information. please plan to join us at the next Delaware County Coalition meeting to be held November 15, 10:00am, Ecumenical Caring Coalition, 700 Morton Ave. Chester Pa.

Sincerely
Patience Jacobs
Agency Relations



Greater Philadelphia Food Bank
302 W. Berks Street
Philadelphia, Pa. 19122-2239
(215) 739-7394

**NORTH PHILADELPHIA/GERMANTOWN COALITION
MINUTES
JANUARY 11, 1995**

We opened the North Philadelphia Coalition meeting at 10:15 at the Lighthouse, 152 West Lehigh Avenue. Brady Ajay, who is a Vista worker at the Greater Philadelphia Food Bank shared with us a Supercupboard video which was produced in conjunction with the Penn State Cooperative Extension. This video highlighted the positive impact that Supercupboards have on individuals who participate in the program by enabling them to "break the cycle of dependency" and take steps towards self-sufficiency. Those agencies that attended the coalition meeting were encouraged to consider "Supercupboards" as a possible avenue that their agency could undertake. Anyone who is interested in further information can call Brady at the Food Bank.

Next, Tanya Stewart, the Agency Relations Director at the Food Bank spoke to the members about the change in Federal Nutrition Programs such as WIC, Food Stamps, and the National School breakfast/lunch program being proposed by the Republican "Personal Responsibility Act" in its "Contract with America". She stressed how the feeding programs which we now provide could experience drastic cuts if this Act is passed. We discussed the possibility of going to Harrisburg to present a letter to our Governor and Congressman. It was mentioned that we should begin to plan how we could collectively voice our concern on this and any other issues that arise. Please plan to attend our next meeting where we will continue the discussion on how to become more "pro-active" in our efforts and will begin to plan our first letter writing campaign.

Lastly, we thanked Pat Schogel for hosting our meeting and set the date for our next meeting.

The Next Meeting is:

**Monday February 13, 1995
10am
Greater Philadelphia Food Bank
302 West Berks**

For more information call Patience at 739-7394.

As always, keep up your good work in helping to nourish the hungry!!

**North Philadelphia Coalition Meeting
November 30, 1994**

Agenda

Introductions

**Patience Jacobs
Greater Phila. Food Bank**

Agency BINGO

All Agencies

Open Forum

**Sara Sharp
Germantown Coalition**

ACT- 49 update

**Tanya Stewart
Greater Phila. Food Bank**

Why we need Coalitions

Nasser Fattah

**Who Will Host Our
Next Meeting**

Thank you for your participation

**Meeting of the
North Philadelphia/Germantown
Coalition Against Hunger
Minutes - June 12, 1995**

All attendees introduced themselves and we discussed the problem of "What to do with difficult clients/guests/recipients we serve in our respective programs?" This topic was discussed at our May meeting and this was a follow up. Everyone shared how they handle this situation which included the following:

1. Have one person who is in charge of your program enforce the rules.
2. Inform all your staff and volunteers of what the rules are so that they can communicate them to those you serve.
3. **Never argue about the rules with those you serve once you have told them what the rules are. Find the person in charge if the guest is unwilling to accept your explanation.**
4. Give responsibilities to your guests(e.g., dipping the ice cream, helping unload food, setting the table, etc.). Several may be willing to help. Also have them explain the rules to a guest they might bring to your program for service.
5. **Always show respect for your guests.**
6. Close down your program if a guest presents a danger to others.
7. Suspend them from your program for a specified period of time.
8. Terminate them from your program.
9. **Post your rules at the door so that they are clear for everyone to see.**

Following this discussion, we talked about the Food Safety Certification of all food handlers that will be required by the City Department of Public Health as of Feb., 1996(Bill No. 602). This ordinance applies to feeding sites as well as food cupboards and will affect many of us, financially, who serve hungry people, though it also applies to restaurants, cafeterias, schools, etc. The ordinance requires 16 hours of training in food safety procedures and usually cost about \$100.00 for each person to be trained. Each feeding site and food cupboard is required to have at least one trained person on site each day your program is open. The Dept. of Public Health has heard from several food providers who are concerned about the impact this ordinance will have on its programs and have begun to make some revisions that might exempt providers who **do not prepare food**. However, this is still up in the air. It was suggested that anyone who is concerned about how this ordinance might affect them should write the Dept. of Public Health.

Community College of Phila., Drexel University, several suburban community colleges, and other institutions provide the required training. However, the Greater Philadelphia Food Bank is making plans to try to help its members with this requirement and everyone should read next week's issue of the "Grapevine" to get the details.

Our next meeting will be held at Childs Memorial Baptist Church, 10th and Girard. Look for details in the "Grapevine".

KEEP UP YOUR GOOD WORK!



Greater Philadelphia Food Bank
302 W. Berks Street
Philadelphia, Pa. 19122-2239
(215) 739-7394

May 6, 1994

Dear Friends,

Hello! I hope you are all doing well in your efforts to alleviate hunger and suffering in Philadelphia. It is no secret that the need for food assistance in Philadelphia is growing. Unfortunately the resources for such assistance is not increasing. Consequently in order to meet this new need, we must find a way to band together to gain strength.

As food providers, we have something in common and share the common goal of improving the lives of those less fortunate. I would like to propose the idea of forming a Coalition Against Hunger in South Philadelphia.

Coalitions have many benefits. Regular communication among food providers can enable us to:

- Provide support for one another
- Share ideas and discuss frustrations
- Work together to evenly distribute services in the area
(So that there are places to get food every day)
- Catch the people who fall through the cracks
- Increase knowledge about who else is out there
- Create a directory
- Gain political strength
- Raise funds from large foundations that would otherwise not consider single agencies
- Tap city and other resources.

Collectively, we can attempt to solve some problems that we could never tackle on our own. Please join me and a host of other feeding agencies at the first meeting and luncheon of the South Philadelphia Coalition Against Hunger on Thursday, June 2 at noon. The meeting will take place at Tasker Street Baptist Church, 2018 Tasker Street. If you have any questions or to RSVP, call me at 739-7394.

I'll look forward to seeing you there!

Sincerely,

Patience Jacobs
Agency Relations

GREATER PHILADELPHIA COALITION AGAINST HUNGER

MISSION STATEMENT: To work together to eliminate hunger.

Goal 1: Implement leadership development activities for emerging and diverse anti-hunger leaders.

- Objective A. Explore existing leadership development opportunities in Philadelphia (by 11/15/95).
- Objective B. Survey anti-hunger leaders to determine preferable time, location and content of leadership development activities (by 2/1/96).
- Objective C. Recommend to the Steering Committee a plan for grassroots leadership development (by 3/1/96).
- Objective D. Organize and plan leadership development activity (by 5/1/96).

Goal 2: Increase hunger awareness in the Greater Philadelphia Region (Philadelphia, Bucks, Montgomery, Chester, and Delaware Counties).

- Objective A. Work with St. Joseph's University to prepare the "Philadelphia Hunger Manual" as it relates to the Greater Philadelphia Region (by 1/1/96).
 - Step 1. Update Bread for the World's Philadelphia Hunger Fact Sheet.
 - Step 2. Update the Food Resource Guide.
 - Step 3. Clearly identify how individuals and groups can become involved in anti-hunger efforts in the Greater Philadelphia area.
 - Step 4. Submit projected cost of the manual so that the Steering Committee can pursue funding sources (by 11/1/95).
- Objective B. Plan and implement the third annual "Walk for Hunger" (by 6/1/96).

Goal 3: Work together to influence public policy.

- Objective A. Develop a list of anti-hunger leaders who will seek to influence public policy (by 12/1/95).
- Objective B. Identify and acquire resources which will help the coalition keep informed on pending legislation and policy decisions (by 11/1/95).
- Objective C. Develop and implement a plan for communicating background information and action needed on pending legislation to anti-hunger leaders (by 1/1/96).
- Objective D. Prepare a position paper on hunger which has been endorsed by the Greater Philadelphia Coalition Against Hunger (by 2/1/96).
- Objective E. Organize a team who will visit legislators about pending legislation dealing with food and nutrition issues (by 3/1/96).

Greater Philadelphia Coalition Against Hunger

302 West Berks Street
Philadelphia, PA 19122



Date

Dear Member Agency:

Are you tired of just providing food? Do you constantly see the same faces coming to your feeding program? Do you wonder what more can be done to help? Are you active in a hunger coalition and looking for ways to do more? Well, if you answered yes to any of these questions then we've got good news for you! The Greater Philadelphia Food Bank is sponsoring its first **Leadership Training Program**.

This certificate program will provide the instruction necessary for your agency to address the real problems which face social service agencies today. It will address issues which are designed to move your agency from simply reacting to the problems of Hunger; to becoming more proactive in your efforts. It will enable you to move from giving a "hand-out to offering a hand-up" and allow you to focus your efforts on empowering your clients. At the Food Bank our mission is "freedom from Hunger" but we realize that in order to alleviate the real problems of hunger, we must seek to focus on a holistic approach to serving clients, the Leadership training seeks to do just that!

This workshop series will consist of topics which look to address issues that will help your agency to work more effectively in its individual mission of serving the needy. The series will consist of 6 workshops designed to give an insightful overview into areas importance for today's non-profits and at the completion you will be given a certificate indicating your participation. Professionals in various fields have lent their expertise in making this an informative event and we are now currently seeking interested participants who are **committed to completing the series in its entirety**. The workshop series is **Free**. Classes will be held on (list dates)., however because of space limitations we ask that interested individuals RSVP by(date). After reviewing the classes attache, if you would be interested in participating in the series please call Tanya at 739-7394.

LEADERSHIP TRAINING CERTIFICATE PROGRAM SERIES

Attention all interested member agencies! Are you looking for an opportunity to broaden your skills? Then sign up now to participate in the Food Bank's Leadership Training Certificate Program. This free workshop series will provide an interesting overview into the tools necessary to develop your agency's full potential thus enabling you to deal with the growing economic/social issues which plague the communities you serve. Upon successful completion of the program you will receive a certificate for your participation but more importantly you will gain exposure into a more holistic approach into servicing your clients. If you have the time to commitment in making a difference in your neighborhood then please call Tanya at 739-7394 to reserve your space.

This Leadership workshop series will cover the following topics:

**** Please note that in order to receive the full benefit of the leadership training program all interested participants are requested to attend each workshop in the series.***



Greater Philadelphia Food Bank
302 W. Berks Street
Philadelphia, Pa. 19122-2239
(215) 739-7394

June 20, 1995

Freedom


Dear Member Agency:

Thanks for your interest in helping to design the Food Bank's first **Leadership Training Program** for its member agencies. This program will provide an insightful overview into the development of a holistic approach to servicing clients **beyond simply providing food.**

We will be having our first meeting **Monday June 26, 1995 at 10:30am.** In this meeting we will be finalizing the topics for the certificate program, discussing possible speakers, location and length; so come with your ideas and any potential contacts that you have available.

If you have any questions I can be reached at 739-7394. I Look forward to seeing you on the 26th.

Sincerely,


Tanya Stewart
Agency Relations

Second

Invest,

the

utional

Food

nk

Network

424 Grand Ave

Name

Phone

[illegible]

SECTION III. VISTA PROJECT WORK PLAN Problem No. _____		For Period: FROM: _____ MM DD Y	
Column A		Column B	
VISTA PROJECT GOALS AND OBJECTIVES		Planned Period of Work and Accomplishment	
<p>Goal III - Maintain required paperwork and develop and implement ongoing evaluation.</p> <ul style="list-style-type: none"> Objective 1 -Vista Volunteer will obtain minutes and send meeting notices for the Coalition meetings. Objective 2 - VISTA Volunteer will maintain records; prepare a journal of activities or any other tool as required by VISTA. Objective 3 - VISTA Volunteer will cooperate with evaluations if requested by Bread for the World's Hunger Educator. <p>Goal IV - Gather data in preparation for future development of the Coalition and anti-hunger work.</p> <ul style="list-style-type: none"> Objective 1 - VISTA Volunteer will continuously gather data (fund- raising, non-profit organizational configurations, etc.) to support future decision making of the Coalition. Objective 2 - VISTA will prepare preliminary groundwork for a Hunger Study. 		<p>1-4 quarters</p> <p>1-4 quarters</p> <p>1-4 quarters</p> <p>1-4 quarters</p> <p>4 quarter</p>	

SECTION III. VISTA PROJECT WORK PLAN Problem No. _____		For Period: FROM: _____ TO: _____ MM DD YY MM DD YY	
Column A		Column B	Column C
VISTA PROJECT GOALS AND OBJECTIVES		Planned Period of Work and Accomplishment	ACTUAL VISTA PROJECT ACCOMPLISHMENTS (Complete this column when submitting VISTA Project Progress Report)
Goal II - Develop tools and implement a plan for increasing hunger awareness in the community at large.			
<ul style="list-style-type: none"> Objective 1 - VISTA Volunteer will refine and update the Hunger Fact Sheet originally developed by Bread for the World Institute. 		1-2 quarters	
<ul style="list-style-type: none"> Objective 2 - VISTA Volunteer will produce a new Food Resource Guide designed so that it can be part of the data base for the Community Services Workstation. 		3-4 quarters	
<ul style="list-style-type: none"> Objective 3 - VISTA Volunteer will assist the Director in the development of a "hunger education experience" for area university students. 		1-4 quarters	
<ul style="list-style-type: none"> Objective 4 - VISTA Volunteer will establish a "Anti-Hunger" Speaker's Bureau and publicize it to area schools and churches. 		2-4 quarters	
<ul style="list-style-type: none"> Objective 5- VISTA Volunteer will develop a "hunger press kit" and work with the Director on a press luncheon to distribute the kit. He/she will write 4 press releases on Philadelphia hunger issues to be released quarterly. 		1-4 quarter	
<ul style="list-style-type: none"> Objective 7 - VISTA Volunteer will assist in the development of a local legislative network that eventually connects with other in-state networks. 		1-4 quarters	

Column A

Column B

VISTA PROJECT GOALS AND OBJECTIVES

Planned Period of
Work and
Accomplishment

Goal 1 - To implement leadership development activities for emerging and diverse anti-hunger leaders.

- Objective 1 - VISTA Volunteer will assist the Director of the Greater Philadelphia Coalition Against Hunger in the implementation of the second annual *Moving Against Hunger* to be held in conjunction with World Food Day on October 16th.
- Objective 2 - VISTA Volunteer will organize and coordinate 6 to 8 workshops designed to strengthen leadership skills among grassroots anti-hunger leaders. The workshops need to be designed so that they can be repeated and implemented after the work of the VISTA is completed.
- Objective 4 - VISTA Volunteer will assist in educating and empowering the emergency food cupboard managers in linkages to self-help resources for their clients.
- Objective 4 - VISTA volunteer will coordinate a city-wide *Walk Against Hunger*.

1 quarter

1-4 quarters

2-4 quarters

3 quarter

Leadership Training Certificate Program

AGENDA

Monday, June 26, 1995

I. Welcome

II. Overview of Certificate Program

III. Topic Selections

- Intro into Community Economic Development (a holistic approach to revitalizing the community)
- Community Organizing
- Organizational/Board Development
- Resource Development (fundraising, grant/proposal writing, volunteer recruitment)
- Effective Networking
- Strategic Planning
- *Other Suggestions

IV. Discussion/designation of program tasks

- topic selection
- site selection
- program length & dates
- speaker selection
- recruitment of participants
- ideas on graduation ceremony

V. Next meeting

Greater Philadelphia Coalition Against Hunger Leadership

August 16, 1995

9:30-11:00

- I. Approval of minutes from July 19, 1995**
- II. Recorder**
- III. New Business**
 - A. VISTA position**
 - B. Future**
 - 1. Non-profit Council of Greater Philadelphia Chamber of Commerce
 - 2. Applying for Charitable Organization Status
 - 3. Logo design
 - 4. Office and phone?
 - C. Goals and Objectives (see attached)**
 - 1. Leadership Development - Tanya Stewart
 - 2. 2nd Annual Moving Against Hunger - World Food Day - Dolores Smith
 - 3. Hunger Education Experience - Dolores Smith
 - D. Two Committees**
 - 1. Outreach/Legislation
 - 2. Special Events
 - E. Legislative Update-** begin concentrating on state. Send letter to Gov. Ridge as a private citizen, mentioning what you do and stressing that as decisions are made at state level, remember that we are talking about the nutrition and health of our citizens (pay now or pay later), not merely food. Send copy to me. If possible, also write to your state representative and senator.

The Honorable Thomas J. Ridge, Governor
225 Main Capitol
Harrisburg, PA 17120

Next meeting: Wednesday, Sept. 20
9:30 - 10:15 Committee meetings
10:15 - 11:00 General meeting

GREATER PHILADELPHIA COALITION AGAINST HUNGER
Public Policy Work Group
November 10, 1995
Greater Philadelphia Food Bank

NEXT MEETING: Wednesday, December 13, 1995 (2:30-4:00 PM)
at the Greater Philadelphia Food Bank

Present: Patience Jacobs, Mona R. Sutnick, Patricia S. Schogel,
Karen Schmidt, Edna M. Williams, Lynn P. Lampman

- I. Those present introduced themselves.
- II. Lynn reviewed the mission, goals and public policy work group objectives.
- III. The group identified the following resources which will help the public policy work group and the coalition keep informed on pending legislation and policy decisions:

Nutritional Development Services of the Archdiocese of Philadelphia - Pat Temple West (Patience)

Philadelphia Citizens for Children and Youth - Shelly Yanoff (Pat)

Philadelphia City Council - Janie Blackwell (Edna)

Pennsylvania Coalition on Food and Nutrition (Pat)
208 N. Third Street
Suite 200
Harrisburg, PA 17101
(717) 233-6705
pacfn@aol.com (Internet)

Bread for the World (Karen)
1100 Wayne Ave.
Suite 1000
Silver Spring, MD 20910
(301) 608-2400
(301) 608-2401 (FAX)

Just Harvest (Karen)
Pittsburgh, PA

Homeless Advocacy Group in Washington, DC (Edna)

Food, Research and Action Center (FRAC) (Karen)

Community Nutrition Institute (Mona)

Healthy Mothers, Healthy Babies - Ann Bachrach (Karen)
972-9700

Date xx/xx/xxxx

Mr. XXXXXXX

Agency

Street

City, PA

Zip

Dear XXXXXXX:

This letter is to invite you to participate in a unique opportunity. The Greater Philadelphia is a non-profit organization which distributes food to non-profit agencies in Philadelphia and its five counties. Currently, we have channeled over 95 million pounds of food through various feeding agencies to hungry individuals and families. At the Food Bank our mission is "Freedom from Hunger", however, we realize that in order to get to the root of the hunger problem we must look at the bigger picture; changing the mindset of our social service agencies to look at providing support **beyond just food**.

In an effort to reinforce the need for a holistic approach to providing services, we are looking to provide an opportunity for our agency representatives to participate in a **Leadership training certificate program** which will provide an insightful overview into total community development; looking at providing the skills necessary to empower those clients which they now serve. Because of your expertise in the area of _____, we are inviting you to participate in a series of **Free workshops** which will benefit not only the non-profit agencies of the Food Bank, but ultimately, those clients which they serve.

We are requesting that you **donate your time and expertise** in making this certificate program a success by providing the instruction necessary to inform these agencies of the tools/information needed to become more proactive in their efforts. For a few hours of your time, you can make a lifetime of difference to those in need. The workshops will take place at _____ on _____ at _____. Shortly, I will be calling to confirm your commitment. If you have any questions I can be reached at 215/739-7394.

Thank you in advance for your consideration

Sincerely,

Tanya Stewart
Agency Relations

*"Give a man a fish, he will eat today
but teach him to fish and he will eat for lifetime"*

Greater Philadelphia Food Bank

List of Items as of June 28, 1995



The Grapevine

Food Bank Events Kick Off July with a B L A S T !



Food Bank Closed on the 4th

Don't forget that we're closed on Tuesday, July 4 for Independence Day.

If you place an order on Friday, June 30, you can pick it up on Wednesday, July 5. Orders placed on Monday the 3rd will be picked up on Thursday the 6th.



We're Having a Freezer Sale on Saturday, July 1!

This *Saturday*, from 9:30 a.m. to 12:30 p.m., we're cleaning out the freezer and stocking the Walk-Thru aisles with frozen and refrigerated items. Regular prices and agency limits will apply. Drop on by for some stellar goods!



Express Service Begins on Thursdays

Beginning Thursday, July 6, we're

offering "express service." Come in, place your order of 30 items or fewer,

(Continued on page 8)

The Chef's Corner

CHILL OUT!

What better way to cool off your clients this summer than with one of the many refreshing beverages available on our menu? To add some "kick" to one of the many beverage selections, add **Seltzer Water** and create a fizzy treat!

You can combine seltzer water with any of the following drinks for a fruity, fizzy, refreshing taste: **Cranapple Drink, Holiday Punch, Citrus Punch**, and many others. Enjoy!

Remember, the State Grant year ends on Friday, June 30. You must use your Pre-Paid Shared Maintenance by that day or lose the funds.

- To order:** Review this menu. Prepare your selections and know your membership number. Pick alternatives in case some items are out of stock. *Call 739-7221 Monday to Friday, 8:30-12:30 and 1:00-3:00.* Place your order, and set a date and time for your pick-up or delivery. Because we may run out of some listed items, we encourage you to call the hotline (739-3050) for inventory updates. "Standing appointments" are available.
- Pick-up:** Please be prompt. Bring your membership card. Check in at the reception window. Be sure to check your order before you leave; changes cannot be made once you've departed. Payment by agency check or money order only, at time of pick-up or delivery. *Need a hand?* Our Patience Jacobs can help you during your visit. . . just ask for her.
- Walk-Thru:** You can also go to Walk-Thru weekdays from 8:30-2:00. No appointment needed! Items in Walk-Thru do not appear on this menu, but can be picked up during your visit.
- More Info:** Call the Food Bank's business line, 739-7394.

Item # Item Description Packaging Shared Maint./Wt. Avail.



Breakfast



F=Frozen
R=Refrigerate

125-112-2900	WHEAT HONEY BAGELS	72 PER CASE	\$ 1.92 / 16 LBS	16	F
104-111-1101	OAT BRAN BAGELS	12-4 PACKS	\$ 1.08 / 9 LBS	90	F
105-152-5801	APPLE CINNAMON RICE KRISPIE	12-21.1 OZ	\$ 2.52 / 21 LBS	188	
105-874-9091	TRIX CEREAL	12-16 OZ	\$ 2.04 / 17 LBS	687	
105-999-1111	CEREAL AND BREAKFAST FOOD, ASS	WEIGH ITEM	\$.12 / 1 LBS	12407	F
107-001-3521	PLAIN YOGURT	16 QT CTNS	\$ 3.96 / 33 LBS	25	R
107-666-3301	ASSORTED YOGURT & SOUR CREAM	WEIGH ITEM	\$.12 / 1 LBS	1521	R
116-115-5551	QUAKER OATS PRODUCTS, ASSORTED	WEIGH ITEM	\$.12 / 1 LBS	31836	



Lunch & Dinner



Meats & Proteins Items in *italic bold print* are subject to agency meat limits

S15-011-1901	CHOPPED OCEAN CLAMS	12-51 OZ.	\$ 5.28 / 44 LBS	25	
S15-880-8381	SLICED TURKEY BREAST	6 - 3 LB. PKG.	\$ 2.40 / 20 LBS	393	F
S15-752-8101	B.B.Q. TURKEY BREAST	1 PER CASE	\$.96 / 8 LBS	15	F
S15-878-8881	BREAST OF TURKEY	2 PER CASE	\$ 2.28 / 14 LBS	2	F
S15-191-0366	KOHLER BEEF BOLOGNA	2 - 5 LB. PKG.	\$ 1.20 / 10 LBS	41	F
S15-167-0181	SLICED TURKEY BREAST ROLL	15-6 OZ	\$.84 / 7 LBS	393	F
S15-171-0461	SLICED TURKEY PASTRAMI	12-8 OZ	\$.84 / 7 LBS	53	F

* This item is not covered by a state Pre-paid Shared Maintenance Grant.

** Restricted by donor to on-site programs only.





<u>Item #</u>	<u>Item Description</u>	<u>Packaging</u>	<u>Shared Maint./Wt.</u>	<u>Avail.</u>	3
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 15-169-0151 S15-810-4091	TURKEY SALAMI TURKEY ROLL	12 - 8 OZ. 2-PER CS	\$.96 / 8 LBS \$ 1.92 / 16 LBS	147 86	F F
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Vegetables & Fruits







126-007-5721	COATES KOSHER DILL PICKLES	4-1 GAL.	\$ 5.40 / 45 LBS	8	
 7-111-1931	DICED UNPEELED FROZEN TOMATOES	BULK PACK	\$ 2.76 / 23 LBS	230	F
 7-111-5931	REPACKED DICED CELERY	WEIGH ITEM	\$.12 / 1 LBS	4254	R
127-233-3331	FROZEN VEGETABLES, ASSORTED	WEIGH ITEM	\$.12 / 1 LBS	24146	F
127-233-3443	REPACKED CORN ON THE COB	WEIGH ITEM	\$.12 / 1 LBS	10145	F
 7-233-3781	FROZEN CHOPPED BELL PEPPERS (3 CENTS)	BULK	\$.69 / 23 LBS	851	F
 7-233-7771	SAUTEED FRISCO ONIONS (3 CENTS)	18-1.25 OZ	\$.69 / 23 LBS	200	F
127-280-4211	HOMESTYLE BREADED ONION RINGS	6-2.5 LB	\$ 1.92 / 16 LBS	56	F



Pasta & Rice










 15-004-4901	RICOTTA CAVATELLI	3-4 LB	\$ 1.56 / 13 LBS	93	F
106-249-9901	SPINACH RAVOLI	BULK PACK	\$ 3.72 / 31 LBS	91	F
106-725-1001	PASTA SALAD PRIMAVERA	12-9.8 OZ	\$ 1.08 / 9 LBS	20	
 1-021-4071	UNCLE BEN'S ORIGINAL RECIPE	6-36 OZ BX	\$ 1.92 / 16 LBS	48	
 1-261-0171	FETTUCINE ALFREDO, UNCLE BEN'S	12-4.9 OZ	\$.72 / 6 LBS	455	
121-333-3333	REPACKED PASTA	WEIGH ITEM	\$.12 / 1 LBS	12065	
 1-300-0341	WHEAT PILAF, UNCLE BEN'S	12-6.7 OZ	\$.72 / 6 LBS	1389	



Bread Products



124-136-0171	STUFFING, UNCLE BEN'S	60-5.7 OZ	\$ 4.20 / 35 LBS	92	
 4-049-8431	CRACKER MEAL	12-14 OZ	\$ 1.56 / 13 LBS	26	
 4-051-2351	PUFF PASTRY DOUGH (6 CENTS)	20-12 OZ	\$ 1.02 / 17 LBS	12	F
104-052-8051	FROZEN BISCUITS	3-3 LB BAG	\$ 1.20 / 10 LBS	199	F
 4-333-2171	PRETZEL DOUGH (NO CHARGE)	INDIVIDUAL PIECES	\$.00 / 20 LBS	11	F
 4-333-2271	TOMATO & BASIL BREAD DOUGH (6 CENTS)	INDIV ROLL	\$ 1.62 / 27 LBS	49	F
 4-333-9581	CHEESE JALAPENO BREAD DOUGH	14-28.8 OZ	\$ 3.24 / 27 LBS	32	F
104-444-4821	DANISH PASTRY DOUGH (6 CENTS)	84-2.25 OZ	\$.84 / 14 LBS	147	F
 4-444-7391	DANISH PASTRY DOUGH (6 CENTS)	INDIV ROLL	\$ 1.98 / 33 LBS	425	F
 4-521-0701	EXTRA LIGHT BISCUITS	24-7.5 OZ	\$ 1.56 / 13 LBS	37	R
104-804-3001	FROZEN BREAD	ASSORTED	\$ 2.52 / 21 LBS	3	F

 **This item is not covered by a state Pre-paid Shared Maintenance Grant.**

*** Restricted by donor to on-site programs only.**

Item # **Item Description** **Packaging** **Shared Maint./Wt.** **Avail.**



Complete Meals & Soups



106-004-2171	CHEESE TORTELLINI	3-4 LB BAGS	\$ 1.56 / 13 LBS	102
106-111-1131	EGG ROLLS, ASSORTED	WEIGH ITEM	\$.12 / 1 LBS	92
106-134-4401	LIGHT CHEESE SOUP	4-6 LB BAGS	\$ 3.12 / 26 LBS	317
106-134-5001	CHILI SOUP	4-4 LB TUBS	\$ 2.16 / 18 LBS	68
106-156-1231	CHEESE WITH BACON SOUP	3-4 LBS	\$ 1.56 / 13 LBS	53
106-165-3201	MINISTRONE SOUP	4-4 LB BAGS	\$ 2.16 / 18 LBS	62



Crackers & Snacks

104-111-2971	FROZEN PRETZELS, ASSORTED	BULK PACK	\$ 2.16 / 18 LBS	40
125-000-0801	CROWN PILOT CRACKERS	12-14 OZ	\$ 1.56 / 13 LBS	148
125-000-7901	REDUCED FAT RITZ CRACKERS	12-14 1/2 OZ.	\$ 1.80 / 15 LBS	718
125-001-3291	SNACKWELL CHEESE CRACKERS	6-5.5 OZ.	\$.36 / 3 LBS	1508
125-031-3761	CLUB CHEDDAR CRACKERS	12-16 OZ	\$ 1.68 / 14 LBS	662
125-036-8571	OAT THINS	6-10 OZ. BOXES	\$.60 / 5 LBS	1454
125-045-7291	OYSTERETTES	6-10 OZ. BOXES	\$.48 / 4 LBS	748
125-047-1811	GARDEN CRISPS	6-7.5 OZ.	\$.48 / 4 LBS	1396
125-048-0201	MULTI GRAIN WHEAT THINS	6-9.1/2 OZ	\$.48 / 4 LBS	2979
125-048-3241	MULTIGRAIN PREMIUM CRACKERS	12-16.5 OZ.	\$ 1.92 / 16 LBS	831
125-111-1331	NO SALT OAT BRAN PRETZELS (3 CENTS)	1-5 LB BAG	\$.18 / 6 LBS	1630
125-116-9001	SPICY SLIM JIMS	100-PER CASE	\$.60 / 5 LBS	7
125-118-5861	SALSA VERDE TORTILLA CHIPS	9-9.5 OZ	\$.84 / 7 LBS	3
125-222-3301	KEEBLER CHIPS, ASSORTED	WEIGH ITEM	\$.12 / 1 LBS	1516
125-301-0071	MUNCH CRACKERS	6-7 OZ BOXES	\$.36 / 3 LBS	324



Desserts



104-159-9081	PIE SHELL	24-9" SHELL	\$ 1.08 / 9 LBS	283
107-109-4001	ICE CREAM, ASSORTED	WEIGH ITEM	\$.12 / 1 LBS	31
107-111-1251	WHIPPED TOPPING	24-8 OZ	\$ 1.80 / 15 LBS	1
107-311-0481	DESSERT TOPPING	12-7 OZ	\$ 1.08 / 9 LBS	162
107-777-4311	BREYERS EGG NOG ICE CREAM	6-1/2 GAL	\$.48 / 16 LBS	482
108-020-4601	WEIGHT WATCHERS CHOC. ECLAIR	12-6.3 OZ	\$.72 / 6 LBS	238
108-020-5501	CHEESE SWEET ROLLS	12-4.5 OZ	\$.60 / 5 LBS	1072
108-020-7601	CHERRIES & CREAM CAKE	12-6.6 OZ	\$.72 / 6 LBS	218
108-111-1401	COUNTRY TIME MINCE PIES	12-8" PIE	\$ 2.76 / 23 LBS	63

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F=Frozen
R=Refrid.

Item #

Item Description **Packaging** **Shared Maint./Wt.** **Avail.**

108-114-3101	CAKES AND MUFFINS, ASSORTED	WEIGH ITEM	\$.12 / 1 LBS	4044
125-002-4891	HOLIDAY FRUIT SLICES	12-9 OZ	\$ 1.08 / 9 LBS	21
125-002-7341	PFEFFERNUSSE SPICE DROPS	12-12 OZ	\$ 1.32 / 11 LBS	121
125-016-3631	TOFFEE TOPPERS	12-10 OZ	\$ 1.08 / 9 LBS	95
125-111-1261	PRETZEL CONES	45 CONES	\$ 1.68 / 14 LBS	183
125-120-1381	SMALL WAFFLE BOWLS	12-10 BOWLS	\$.72 / 6 LBS	10
125-150-1571	FROOKIE CHOCOLATE COOKIE FAT FREE	12-6.25 OZ	\$.72 / 6 LBS	192
125-006-1371	COOKIES W/ ENGLISH HEATH TOFFEE	12-20 OZ	\$ 1.92 / 16 LBS	38
125-000-4701	DOUBLE FUDGE COMBO	6-12.5 OZ	\$.84 / 7 LBS	284
125-048-8221	CHOCOLATE BUGS GRAHAMS	6-10 OZ BOXES	\$.48 / 4 LBS	514
125-298-3591	SUGAR CONES	24-12 PACK	\$ 1.56 / 13 LBS	48
125-047-3721	YORK PEPPERMINT PATTIES*	BULK PACK	\$ 3.00 / 25 LBS	1363
125-222-1111	CANDY, ASSORTED**	BULK PACK	\$ 3.36 / 28 LBS	640

Beverages



125-004-8701	RASPBERRY LEMONADE	6-46 OZ.	\$ 3.36 / 28 LBS	26
125-004-8801	ORANGE CRANBERRY LEMONADE	6-46 OZ.	\$ 3.24 / 27 LBS	6
125-005-4531	TROPICANA TWISTER VARIETY PACK	12-16 OZ	\$ 2.28 / 19 LBS	180
125-053-9181	DIET TETLEY TEA	24-12 OZ.	\$.63 / 21 LBS	38
125-210-3571	CRANAPPLE DRINK	8-48 OZ	\$ 4.56 / 38 LBS	708
125-290-0501	GUAVA FRUIT DRINK	8-48 OZ.	\$ 4.80 / 40 LBS	134
125-291-0731	GUAVA PASSION FRUIT DRINK	8-64 OZ.	\$ 4.68 / 39 LBS	92
125-353-9001	HOLIDAY PUNCH	5-1 GAL	\$ 5.88 / 49 LBS	49
125-390-4321	DIET NESTEA WITH LEMON	24-16 OZ.	\$ 3.48 / 29 LBS	211
125-754-7641	APPLE BERRY FRUIT TEA	12-16 OZ	\$ 2.28 / 19 LBS	528
125-754-7711	LEMON CITRUS FRUIT TEA	12-16 OZ.	\$ 2.28 / 19 LBS	129
125-754-7951	WILD BERRY LEMONADE	12-16 OZ	\$ 2.28 / 19 LBS	824
125-163-9001	DIET KIWI STRAWBERRY SNAPPLE	24-16 OZ.	\$ 2.34 / 39 LBS	254
125-274-2701	PINK GRAPEFRUIT COCKTAIL	8-64 OZ	\$ 4.68 / 39 LBS	191
125-C03-001-5401	LEMON LIME SELTZER	24-12 OZ.	\$ 1.26 / 21 LBS	407
125-C03-053-3691	CHERRY SODA	24-12 OZ.	\$ 2.52 / 21 LBS	1214
125-068-2071	PREMIUM COLA	8-2 LITER	\$ 4.68 / 39 LBS	90
125-111-1401	SELTZER WATER*	24-12 OZ.	\$ 1.26 / 21 LBS	953
125-C03-228-1071	DIET LEMON LIME SODA*	24-12 OZ.	\$ 2.52 / 21 LBS	17
125-C03-252-1741	SELTZER WATER*	6-2 LITER	\$.90 / 30 LBS	25
125-261-9891	DIET COLA*	6-2 LITER	\$.90 / 30 LBS	56
125-262-0851	FOODTOWN DIET ORANGE SODA*	6-2 LITER	\$ 3.60 / 30 LBS	155
125-C03-282-5581	DIET GINGER ALE (6 CENTS)	6-2 LITER	\$.90 / 30 LBS	170
125-450-0091	PARMALAT HALF & HALF	12 QUARTS	\$ 3.24 / 27 LBS	29

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** Restricted by donor to on-site programs only.

6 Item #	Item Description	Packaging	Shared Maint./Wt.	Avail.	
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Sauces, Spreads, Condiments & Staples



107-040-5591	DILL DIP	6-8 OZ CUP	\$.48 / 4 LBS	44	R
107-614-2711	CREAM CHEESE W/ SALMON	12-8 OZ	\$.84 / 7 LBS	258	R
107-618-2511	SOUR CREAM HORSERADISH & BACON DIP	12-8 OZ	\$.84 / 7 LBS	178	R
109-023-8101	ITALIAN DRESSING	12-16 OZ. BOTTLES	\$ 3.12 / 26 LBS	105	
109-108-4051	SALSA DRESSING	12-8 OZ.	\$.84 / 7 LBS	624	
109-112-8001	SALAD SEASON FRENCH DRESSING	12-16 OZ.	\$ 3.12 / 26 LBS	174	
109-532-9041	HEINZ BLUE CHEESE DRESSING	200-PACKET	\$.18 / 6 LBS	53	
109-536-4071	FRENCH DRESSING (6 CENTS)**	200-PACKET	\$.18 / 6 LBS	79	
109-640-7561	HERB-DJON DILL DRESSING	6-16 OZ	\$.84 / 7 LBS	71	
109-643-9511	LITE ITALIAN DRESSING	4-1 LITER	\$ 4.08 / 34 LBS	170	
109-646-7911	KRAFT FREE CATALINA DRESSING	12-8 OZ. BOTTLES	\$.96 / 8 LBS	92	
109-648-8251	BLEU CHEESE DRESSING	4-1 GAL	\$ 4.08 / 34 LBS	262	R
116-111-1181	FROZEN FOODS, ASSORTED	WEIGH ITEM	\$.12 / 1 LBS	6490	F
125-112-8201	1000 ISLAND DRESSING	12/16 OZ. BOTTLES	\$ 3.12 / 26 LBS	229	
126-000-1091	SPINACH SALAD KITS	12-4.7 OZ	\$.60 / 5 LBS	47	
126-053-6401	SPICY BROWN MUSTARD	24-9 OZ	\$ 2.64 / 22 LBS	40	
126-111-1301	SPICES, ASSORTED	WEIGH ITEM	\$.12 / 1 LBS	1690	
126-111-1351	ORANGE MARMALADE W/COGNAC (6 CENTS)	96-1.5 OZ.	\$ 1.44 / 24 LBS	69	

Baby Food

102-030-5101	ENFAMIL W/ IRON	16-8 OZ CN	\$ 1.32 / 11 LBS	1074	
102-030-9101	PROSOBEE SOY FORMULA	16-8 OZ CN	\$ 1.32 / 11 LBS	728	

Non-Foods

112-777-9501	CLEARASIL CLEARSTICKS	540-02 OZ	\$ 3.00 / 25 LBS	26	
125-929-1011	EXTRA HEAVY DISPOSABLE PAD	72-PAD CS.	\$ 2.28 / 19 LBS	7	
213-002-5601	SPRAY-N-WASH	12-30 OZ.	\$ 3.36 / 28 LBS	25	
K20-684-0121	ATTENDS SMALL BRIEFS*	4- POLY BAGS OF 20	\$ 1.92 / 16 LBS	8	
N12-435-7001	MOISTURIZING TREATMENT* (6 CENTS)	12-8 OZ.	\$.42 / 7 LBS	52	
T12-052-7111	COMTREX LIQUID COLD MEDICINE*	24-3 OZ.	\$.96 / 8 LBS	1115	

Suggestions for Emergency Food Boxes

116-444-4443	EMERGENCY FOOD BOXES	ASSORTED	\$ 2.98 / 25 LBS	91	
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Bargain Buys Price List

7

<u>CODE</u>	<u>Paper Products</u>	<u>PRICE/CASE</u>	
J-BBB-B012	2 PLY PAPER TOWELS	30 ROLLS	\$ 16.50 / 25 LBS 10
619-BBB-B022	TOILET TISSUE	96 ROLLS	\$ 33.94 / 50 LBS 8
619-BBB-B032	DISPENSER NAPKINS	10,000 CT	\$ 25.30 / 30 LBS 5
J-BBB-B042	ALUMINUM FOIL	1 ROLL, 10	\$ 29.48 / 10 LBS 9
J-BBB-B052	PLASTIC WRAP	1 ROLL, 20	\$ 14.30 / 10 LBS 17
619-BBB-B072	FOAM CUPS	1224 PER CASE	\$ 13.22 / 10 LBS 16
619-BBB-B082	FOAM BOWLS	1000 PER	\$ 19.31 / 10 LBS 21
J-BBB-B092	LAUNDRY DETERGENT	12 BOTTLES	\$ 10.00 / 50 LBS 10
J-BBB-B102	DISHWASHING DETERGENT	15 BOTTLES	\$ 12.30 / 10 LBS 12
619-BBB-B112	PLASTIC FORKS	1000 PER CASE	\$ 8.53 / 5 LBS 15
619-BBB-B122	PLASTIC SPOONS	1000 CT	\$ 8.53 / 5 LBS 19
J-BBB-B132	PLASTIC KNIVES	1000 PER CASE	\$ 8.53 / 5 LBS 15
J-BBB-B142	TRASH BAGS	500 BAGS	\$ 17.82 / 25 LBS 33
619-BBB-B522	TOILET TISSUE	48 ROLLS	\$ 14.85 / 25 LBS 2
J-BBB-B462	MEDIUM KOOCHIES ULTRA DIAPERS	8 BAGS OF 32	\$ 29.40 / 28 LBS 4

Meats & Proteins

515-BBB-B162	FROZEN CHICKEN LEGS	3 LB TRAYS	\$ 17.16 / 40 LBS 46
515-BBB-B192	SUPERTORO LUNCHEON MEAT	24-15 OZ	\$ 23.00 / 25 LBS 254
J-BBB-B202	BARGAIN BUYS CORNED BEEF HASH	12-15 OZ.	\$ 11.55 / 23 LBS 240
J-BBB-B222	MORTON HOUSE BEEF STEW	12-24 OZ.	\$ 11.00 / 25 LBS 189
515-BBB-B422	CANNED HAM	24-1 LB.	\$ 47.50 / 24 LBS 98
515-BBB-B432	GROUND BEEF TUBE	10 LB.	\$ 12.30 / 10 LBS 102
J-BBB-B512	CHARBROIL SALISBURY STEAK	40 A CASE	\$ 12.65 / 10 LBS 181
J-BBB-B152	BARGAIN BUYS PEANUT BUTTER	12-18 OZ.	\$ 14.25 / 12 LBS 265
523-BBB-B212	MORTON HOUSE CHILI W/BEANS	12-24 OZ.	\$ 11.00 / 24 LBS 231
J-BBB-B412	BLACKEYED PEAS	24-16 OZ.	\$ 9.35 / 25 LBS 182
J-BBB-B302	MACARONI & CHEESE	24-7.25 OZ	\$ 6.60 / 15 LBS 87

Vegetables, Fruits, Cereals, Etc.

J-BBB-B442	SPAGHETTI RINGS	24-16 OZ.	\$ 8.64 / 24 LBS 231
524-BBB-B472	RICE	30-1 LB	\$ 9.24 / 30 LBS 173
J-BBB-B272	SPAGHETTI SAUCE	12-30 OZ.	\$ 7.98 / 25 LBS 44
J-BBB-B292	GRAPE JELLY	12-32 OZ	\$ 11.83 / 25 LBS 208
527-BBB-B252	CREAMED CORN	24-16 OZ	\$ 10.75 / 25 LBS 153
527-BBB-B262	CANNED GREEN BEANS	24-16 OZ.	\$ 7.89 / 25 LBS 94
J-BBB-B482	MIXED VEGETABLES	24-16 OZ.	\$ 9.75 / 25 LBS 89
J-BBB-B532	SWEET PEAS	24/16 OZ.	\$ 7.98 / 25 LBS 141

NOTE: THESE PRICES REFLECT CURRENT STOCK; FURTHER SHIPMENTS MAY HAVE VARYING PRICES.
PRE-PAID SHARED MAINTENANCE CANNOT BE USED FOR BARGAIN BUYS PURCHASES.

The Grapevine

(Continued from the front page)

and have it pulled while you wait! The service will be available on every Thursday during the month of July. If you have a small order, no need to wait for two days between ordering and pick up--try our new Express Service and be served on the spot!

Plan to be a Leader!

The Agency Relations Department is still seeking folks who are interested in planning a leadership training certificate program for our member agencies. The program will introduce members into a holistic approach to providing social services beyond food assistance. Members of the planning committee will help with site selection, speaker selection and recruiting participants.

If you are interested, please call Tanya at 739-7394.

There's Still Time to Respond to our Fax Survey!

Thanks to those who responded to our survey about receiving the menu by fax. And we still want to hear from those of you who haven't responded. If you haven't sent your survey in, fax it to Tanya at

(215) 739-7226. We're compiling responses now, and we'll let you know the results soon.

We Need Hotline Feedback

Since last week, we've listed all available menu items on the hotline (215-739-3050), rather than simply new items. Is this more useful for you? Tell Tanya which hotline service you like better at (215) 739-7394.

House of Umoja Offers a Helping Hand

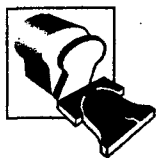
West Philadelphia member agency House of Umoja has begun receiving a wealth of prepared foods and produce, and they're willing to share it with other Food Bank agencies. Donations have included hoagies, bananas, sweet potatoes and other products. While the type of donation is unpredictable, they have been coming in consistently. Agencies interested in the food should be aware that it has a short shelf life: unprepared foods will last a week or so, and prepared foods must be used within a day or two.

If your agency can use some of this product, call Nasser Fattah for more information at (215) 473-3159.

A quick reminder: There will be an agency orientation session on Thursday, July 6 at the Food Bank, at 10:30 a.m.

Greater Philadelphia Food Bank

List of Items as of May 10, 1995



The Grapevine

Agency Relations Designing Leadership and Program Building Series for Agencies

The Food Bank's Agency Relations Department is designing a certificate program for member agencies centered around leadership training and program improvement. The workshop series will be comprised of several sessions created to strengthen agencies' particular programs and improve their ability to efficiently feed their clients.

We are looking for committed individuals who will help to develop the program. Folks who are interested should call Tanya at (215) 739-7394.

Roundtable Discussion Focuses on Volunteers

Do you like to share ideas and helpful hints, but find the atmosphere of a formal conference too stiff? Then come to the United Way Building at 7 Ben Franklin Parkway on May 16 for an informal morning roundtable of coffee and conversation. The topic of

discussion: Volunteer Management Issues, including recruitment, interview and screening. The relaxed meeting is a chance to meet with other agency coordinators, executive directors and volunteer program coordinators to share ideas, experiences and business cards. There will even be door prizes! The roundtable is free; to

(Continued on page 8)

The Chef's Corner

Why Not Take A Dip?

Nothing livens up chips, crackers or fresh vegetables like a good homemade dip. For an easy dip, try mixing **Sour Cream** (107-111-1391 or 107-121-2501) with a packet of **Heinz Bleu Cheese Dressing** (109-532-9041) or **Italian Dressing** (109-563-3081) and blend well. Serve with one of our many chips or crackers from page 3 and you've got a hearty snack or side dish.

To order: Review this menu. Prepare your selections and know your membership number. Pick alternatives in case some items are out of stock. Call 739-7221 Monday to Friday, 8:30-12:30 and 1:00-3:00. Place your order, and set a date and time for your pick-up or delivery. Because we may run out of some listed items, we encourage you to call the hotline (739-3050) for inventory updates. "Standing appointments" are available.

Pick-up: Please be prompt. Bring your membership card. Check in at the reception window. Be sure to check your order before you leave, changes cannot be made once you've departed. Payment by agency check or money order only, at time of pick-up or delivery. Need a hand? Our Patience Jacobs can help you during your visit. . . just ask for her.

Walk-Thru: You can also go to Walk-Thru weekdays from 8:30-2:00. No appointment needed! Items in Walk-Thru do not appear on this menu, but can be picked up during your visit.

More Info: Call the Food Bank's business line, 739-7394.

Item #	Item Description	Packaging	Shared Maint./Wt.	Avail.	
Breakfast					F=Frozen R=Refrigerated
105-104-4671	FRUIT & FIBER CEREAL	14-15 OZ	\$ 1.92 / 16 LBS	260	
105-653-4011	CINNAMON TOAST CRUNCH CEREAL	27/14 OZ	\$ 3.72 / 31 LBS	69	
105-999-1111	ASSORTED CEREAL AND BREAKFAST	WEIGH ITEM	\$.12 / 1 LBS	18556	
107-001-6311	PLAIN YOGURT	12-16 OZ.	\$ 1.56 / 13 LBS	369	R
107-006-2021	PEACH YOGURT	12-8 OZ. CONTAINER	\$.84 / 7 LBS	10	R
107-006-2701	CHERRY VANILLA YOGURT	12-8 OZ.	\$.84 / 7 LBS	34	R
107-411-6331	LEMON YOGURT	12-16 OZ	\$ 1.56 / 13 LBS	49	R
116-115-5551	ASSORTED QUAKER OATS PRODUCTS	WEIGH ITEM	\$.12 / 1 LBS	20801	

Lunch & Dinner

Meats & Proteins

Items in *italic bold print* are subject to agency meat limits

S15-006-6541	SCRAPPLE	16/1LB.	\$ 2.16 / 18 LBS	41	F
S15-011-1901	CHOPPED OCEAN CLAMS	12-51 OZ.	\$ 5.28 / 44 LBS	57	
S15-013-9731	MILD MEATBALLS	3-5 LB BAGS	\$ 2.04 / 17 LBS	32	F
S15-039-2501	HOT ITALIAN SAUSAGE GRILLERS	2-10 LB. BAGS	\$ 2.52 / 21 LBS	5	F
S15-058-9731	BARBECUE CHICKEN W/ SAUCE	10-3 LB 12 OZ	\$ 5.40 / 45 LBS	36	F
S15-111-2461	COOKED HAMS	4-10 LBS	\$ 4.92 / 41 LBS	252	F
S15-111-3331	CHICKEN ROLL	2-5 LB. ROLLS	\$ 1.32 / 11 LBS	326	F
S15-119-9511	DICED HICKORY SMOKED HAM	BULK PACK	\$ 2.52 / 21 LBS	170	F
S15-178-0141	CHICKEN SALAD	2-5 LB	\$ 1.32 / 11 LBS	288	F
S15-203-7531	BRATWURST	4 PER CASE	\$ 4.68 / 39 LBS	4	F

* This item is not covered by a state Pre-paid Shared Maintenance Grant.

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Item #	Item Description	Packaging	Shared Maint./Wt.	Avail.	3
S15-211-0831	COOKED SALAMI	1-ROLL CASE	\$.96 / 8 LBS	58	F
S15-225-8171	TURKEY BURGERS	6-5 LB PKG	\$ 3.84 / 32 LBS	329	F
S15-232-3551	THIN BOLOGNA	4/5LB ROLL	\$ 2.16 / 18 LBS	225	F
S15-311-7701	HOT ITALIAN SAUSAGE	12/1 LB 3 OZ	\$ 1.56 / 13 LBS	1	F
S15-508-0641	MINI TURKEY BREAST	6-PER CASE	\$ 2.28 / 19 LBS	56	F
S15-633-5121	SCRAPPLE	8/2LB.	\$ 2.16 / 18 LBS	8	F
S15-810-4091	TURKEY ROLL	2-PER CASE	\$ 1.92 / 16 LBS	372	F
S107-111-1441	COTTAGE CHEESE (3 CENTS)	4-5 LB. CONTAINERS	\$.63 / 21 LBS	61	R

Vegetables & Fruits

110-410-1201	DRIED PINEAPPLE	60-4 OZ	\$ 1.92 / 16 LBS	69	
126-007-5721	COATES KOSHER DILL PICKLES	4-1 GALLON	\$ 5.40 / 45 LBS	165	
126-555-4321	ASSORTED TOMATO PRODUCTS	ASST CANS	\$ 5.10 / 43 LBS	88	
127-004-6601	POTATO GNOCCHI	3-5 LB BAG	\$ 1.92 / 16 LBS	70	F
127-060-3801	CUT OKRA	12-10 OZ.	\$.96 / 8 LBS	160	F
127-060-6101	CHOPPED TURNIP GREENS	12-10 OZ.	\$ 2.28 / 19 LBS	29	F
127-111-5931	REPACKED DICED CELERY	WEIGH ITEM	\$.12 / 1 LBS	4513	R
127-111-9711	GREEN GIANT GREEN BEANS	24-14.5 OZ.	\$ 3.12 / 26 LBS	540	
127-169-3501	CHOPPED SPINACH	12-3 LB	\$ 4.68 / 39 LBS	40	F
127-233-2231	BUTTER BEANS	BULK PACK	\$ 1.32 / 11 LBS	18	F
127-233-3331	ASSORTED FROZEN VEGETABLES	WEIGH ITEM	\$.12 / 1 LBS	29929	F
127-233-3443	REPACKED CORN ON THE COB	WEIGH ITEM	\$.12 / 1 LBS	16860	F
127-233-3781	FROZEN CHOPPED BELL PEPPERS (3 CENTS)	BULK	\$.69 / 23 LBS	894	F
127-233-7771	SAUTEED FRISCO ONIONS (3 CENTS)	18/1.25 OZ	\$.69 / 23 LBS	268	F
127-313-3161	RED BELL PEPPER WITH SAUCE	6-10 OZ	\$.60 / 5 LBS	7	R
127-612-6001	CREAMED SPINACH	24-9 OZ	\$ 1.92 / 16 LBS	38	F
127-905-1201	CHOPPED COLLARD GREENS	24-10 OZ	\$ 2.28 / 19 LBS	9	F

Pasta

121-333-3333	BEST REPACKED PASTA (6 CENTS)	WEIGH ITEM	\$.12 / 1 LBS	14907	
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Bread Products

104-051-2351	PUFF PASTRY DOUGH (6 CENTS)	20-12 OZ	\$ 1.02 / 17 LBS	32	F
104-052-8051	BREAD, FROZEN BISCUITS	3-3 LB BAG	\$ 1.20 / 10 LBS	454	F
104-222-9731	SCONE BAKING BATTER (6 CENTS)	2-9 LB.	\$ 1.14 / 19 LBS	15	F
104-333-2171	PRETZEL DOUGH (NO CHARGE)	INDIVIDUAL PIECES	\$.00 / 20 LBS	41	F
104-333-2271	TOMATO & BASIL BREAD DOUGH (6 CENTS)	INDIV ROLL	\$ 1.62 / 27 LBS	63	F
104-333-2571	ITALIAN HERB BREAD DOUGH(6 CEN	14-28.8 OZ	\$ 1.62 / 27 LBS	4	F
104-333-2911	PARMESAN BREAD DOUGH (6 CENTS)	INDIV ROLL	\$ 1.62 / 27 LBS	10	F
104-333-9581	CHEESE JALAPENO BREAD DOUGH	14-28.8 OZ	\$ 3.24 / 27 LBS	36	F
104-333-9651	KAISER ROLL BREAD DOUGH (6 CENTS)	INDIV ROLL	\$ 1.20 / 20 LBS	44	F
104-444-4821	DANISH PASTRY DOUGH (6 CENTS)	84-2.25 OZ	\$.84 / 14 LBS	175	F
104-444-7391	DANISH PASTRY DOUGH (6 CENTS)	INDIV ROLL	\$ 1.98 / 33 LBS	438	F
104-934-5481	BUTTERMILK BISCUIT (READY TO EAT)	3-3 LB BAG	\$ 2.28 / 19 LBS	2	R

* This item is not covered by a state Pre-paid Shared Maintenance Grant.

** Restricted by donor to on-site programs only.

Item #	Item Description	Packaging	Shared Maint./Wt.	Avail.
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Complete Meals & Soups

103-142-	CREAM OF BROCOLLI SOUP	3-8LB BAGS	\$ 3.00 / 25 LBS	75
106-000-4601	WEIGHT WATCHERS VEAL PARMIGIAN	12-8.43 OZ	\$.96 / 8 LBS	128
106-004-1431	POTATO WITH BACON SOUP	3-8LB BAGS	\$ 2.88 / 24 LBS	62
106-004-8201	SAUSAGE RAVIOLI	3-4 LB	\$ 1.56 / 13 LBS	22
106-156-1231	CHEESE WITH BACON SOUP	3-4 LBS	\$ 1.56 / 13 LBS	115
106-271-3301	SOUP, CHEESE	4-58 OZ	\$ 1.92 / 16 LBS	21
116-111-1171	ASSORTED SALADS	TUBS	\$.60 / 5 LBS	7
127-005-0401	SALSA & CHEESE BAKED POTATO	12-11.2 OZ	\$ 1.32 / 11 LBS	50

Crackers & Snacks

104-111-2971	ASSORTED FROZEN PRETZELS	BULK PACK	\$ 2.16 / 18 LBS	73
125-000-4311	NABISCO SNACK VARIETY PACK	6 ASST FLAVORS	\$.36 / 3 LBS	241
125-000-5751	PREMIUM SALTINES	24-1 LB.	\$ 1.80 / 15 LBS	1
125-000-6221	BETTER CHEDDARS CRACKERS	6-6 3/4 OZ	\$.36 / 3 LBS	12
125-000-7901	REDUCED FAT RITZ CRACKERS	12-14 1/2	\$ 1.80 / 15 LBS	822
125-001-3291	SNACKWELL CHEESE CRACKERS	6-5.5 OZ.	\$.36 / 3 LBS	2111
125-002-1341	OREO GRANOLA BAR	48-1.5 OZ	\$.72 / 6 LBS	413
125-020-8991	APPLE CINNAMON GRAHAMS	12-14 OZ	\$ 1.44 / 12 LBS	65
125-031-3761	CLUB CHEDDAR CRACKERS	12-16 OZ	\$ 1.68 / 14 LBS	450
125-036-8571	OAT THINS	6-10 OZ. BOXES	\$.60 / 5 LBS	1697
125-037-4801	RITZ BITS-SINGLE SERVE	48-1.75 OZ	\$.84 / 7 LBS	2
125-045-7291	OYSTERETTES	6-10 OZ. BOXES	\$.48 / 4 LBS	791
125-047-1811	GARDEN CRISPS	6-7.5 OZ.	\$.48 / 4 LBS	1722
125-048-1191	BBQ PHIPPS CRISPS	12-5 3/4 OZ.	\$.84 / 7 LBS	79
125-048-3241	MULTIGRAIN PREMIUM	12-16.5 OZ.	\$ 1.92 / 16 LBS	1188
125-048-8361	BUGS BUNNY CINNAMON GRAHAMS	6-10 OZ. BAGS	\$.60 / 5 LBS	34
125-110-2381	CHACHOS CINNAMON TORTILLA CHIP	9-9.5 OZ	\$.84 / 7 LBS	158
125-111-1331	NO SALT OAT BRAN PRETZELS (3 CENTS)	1-5 LB BAG	\$.18 / 6 LBS	1686
125-327-4831	TOWNHOUSE & CHEDDAR CRACKER PACKS	120-130	\$ 1.44 / 12 LBS	108
125-546-2301	WHEAT THINS (10 OZ)	6/10 OZ	\$.48 / 4 LBS	162
125-625-6001	HOT & SPICY BEEF JERKEY	24-1 OZ.	\$.24 / 2 LBS	112
125-810-9111	TORTILLA CHIPS	12-10 1/2 OZ.	\$ 1.20 / 10 LBS	123

Desserts

125-865-6861	ASSORTED SANDWICH COOKIES	12-2 LB	\$ 3.12 / 26 LBS	215
107-111-1251	WHIPPED TOPPING	24-8 OZ	\$ 1.80 / 15 LBS	73
107-111-1381	HEAVY CREAM	12-1 QT	\$ 3.24 / 27 LBS	11
107-777-0021	HERSHEY'S ICE CREAM CRAZY CONE	12-6 OZ	\$.36 / 3 LBS	81
107-777-4311	BREYERS EGG NOG ICE CREAM (3 CENTS)	6-1/2 GAL.	\$.48 / 16 LBS	686
108-020-4601	WEIGHT WATCHERS CHOCOLATE ECLAIRS	12-6.3 OZ	\$.72 / 6 LBS	423
108-056-1251	HOMESTYLE TAPIOCA PUDDING	12-16 OZ.	\$ 1.68 / 14 LBS	23
108-114-3101	ASSORTED CAKES AND MUFFINS	WEIGH ITEM	\$.12 / 1 LBS	5775
108-160-6301	PIE SHELLS (2 PACK)	12 PACKS	\$ 1.32 / 11 LBS	19

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Item #	Item Description	Packaging	Shared Maint./Wt.	Avail.
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108-250-1405	COCONUT CUSTARD PIES	6 PIES CASE	\$ 2.16 / 18 LBS	91
105-001-7041	MR PHIPPS COOKIES	12-10.75 OZ	\$ 1.44 / 12 LBS	346
105-002-4891	HOLIDAY FRUIT SLICES	12-9 OZ	\$ 1.08 / 9 LBS	162
125-015-3531	SKIPPY PEANUT BUTTER/CHOC CHIP	12-7.75 OZ	\$.84 / 7 LBS	196
125-047-1291	OREO COOKIES	12-1LB4 OZ	\$ 2.04 / 17 LBS	39
105-047-3001	FAT FREE APPLE NEWTON	12-12 OZ.	\$ 1.32 / 11 LBS	155
125-142-1701	MINI MIDDLES CHOCOLATE CHIP COOKIES	6-10 OZ	\$.48 / 4 LBS	124
125-142-2501	MINI MIDDLES SHORTBREAD COOKIE	6-10 OZ	\$.48 / 4 LBS	180
105-212-2081	PECAN CHIP DELUX COOKIES	12-15 OZ	\$ 1.56 / 13 LBS	40
105-235-3501	ALL BUTTER RAISIN OATMEAL COOKIES	12-12 OZ	\$ 1.32 / 11 LBS	135
125-111-1261	PRETZEL CONES	45 CONES	\$ 1.68 / 14 LBS	204
B25-047-3721	YORK PEPPERMINT PATTIES	BULK PACK	\$ 3.00 / 25 LBS	1448
105-222-1111	*ASSORTED CANDY	BULK PACK	\$ 3.36 / 28 LBS	883

Beverages

103-004-9301	BEV, LEMON CITRUS TEA	6-46 OZ.	\$ 3.24 / 27 LBS	1
103-053-9181	BEV, DIET TETLEY TEA	24-12 OZ.	\$.63 / 21 LBS	177
103-353-9001	HOLIDAY PUNCH	5-1 GAL	\$ 5.88 / 49 LBS	640
103-390-4321	DIET NESTEA WITH LEMON	24/16 OZ	\$ 3.48 / 29 LBS	455
103-496-8601	BEV, POWERADE LEMON LIME	24/15 OZ	\$ 3.24 / 27 LBS	85
103-496-8701	BEV, POWERADE ORANGE DRINK	24-15.5 OZ	\$ 3.24 / 27 LBS	1
103-839-0831	BEV, APPLE SPICED NESTEA	24-16 OZ.	\$ 4.68 / 39 LBS	5
107-123-4561	LOWFAT MILK IN PINTS	1/2 PINTS	\$ 3.36 / 28 LBS	90
107-264-4551	NON-FAT MILK SIP PACKS (6 CENTS)	9-3 PACK	\$.96 / 16 LBS	55
107-908-1001	PARMALAT MILK	12-QTS	\$ 3.24 / 27 LBS	62
114-010-6601	CITRIS PUNCH	24-8 OZ	\$ 1.80 / 15 LBS	209
114-021-3051	MINUTE MAID GRAPEFRUIT JUICE	24-12 OZ.	\$ 2.40 / 20 LBS	260
114-034-0701	PINK GRAPEFRUIT COCKTAIL	8-48 OZ.	\$ 4.44 / 37 LBS	45
114-068-0011	SUNNY DELIGHT, ASSORTED	ASSORTED	\$ 1.80 / 15 LBS	166
114-113-0501	SUNNY DELIGHT KIWI	12-16 OZ.	\$ 1.68 / 14 LBS	16
114-163-9001	DIET KIWI STRAWBERRY SNAPPLE	24-16 OZ.	\$ 2.34 / 39 LBS	392
114-922-1671	APPLE/PEACH/PLUM	12-16 OZ	\$ 1.80 / 15 LBS	60
C03-001-5401	LEMON LIME SELTZER (6 CENTS)	24-12 OZ.	\$ 1.26 / 21 LBS	467
C03-053-3691	CHERRY SODA	24-12 OZ.	\$ 2.52 / 21 LBS	2173
C03-054-1501	*ACME LEMON LIME SODA	24-12 OZ.	\$ 2.52 / 21 LBS	282
C03-055-0801	ACME CHERRY SODA	6-3 LITER	\$ 5.28 / 44 LBS	71
C03-111-1031	*DIET COLA	6-3 LITER	\$ 5.28 / 44 LBS	1
C03-111-1401	*SELTZER WATER	24/12 OZ	\$ 1.26 / 21 LBS	989
C03-111-9511	ASSORTED POP *	WEIGH ITEM	\$ 4.80 / 40 LBS	15
C03-228-1071	*DIET LEMON LIME SODA	24-12 OZ.	\$ 2.52 / 21 LBS	45
C03-252-1741	*SELTZER WATER	6-2 LITER	\$.90 / 30 LBS	49
C03-261-9891	*DIET COLA	6-2 LITER	\$.90 / 30 LBS	115
C03-262-0851	*FOODTOWN DIET ORANGE SODA	6-2 LITER	\$ 3.60 / 30 LBS	173
C03-262-3901	FOODTOWN CHERRY COLA	6-3 LITER	\$ 5.28 / 44 LBS	25
C03-282-5581	DIET GINGER ALE (6 CENTS)	6-2 LITER	\$.90 / 30 LBS	255
C03-701-1181	*SHOP-N-BAG PINEAPPLE SODA	6-3 OZ.	\$ 5.28 / 44 LBS	50

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6 Item #	Item Description	Packaging	Shared Maint./Wt.	Avail.	
Sauces, Spreads, Condiments & Staples					F=
					R=Refrig

107-040-5591	DILL DIP	6-8 OZ CUP	\$.48 / 4 LBS	87	R
107-111-1391	SOUR CREAM (3 CENTS)	96-1 OZ. CONTAINERS	\$.21 / 7 LBS	179	F
107-121-2501	BREAKSTONE SOUR CREAM	12-16 OZ.	\$ 1.56 / 13 LBS	110	
107-612-3901	PHILLY CREAM CHEESE	36-8 OZ	\$ 2.40 / 20 LBS	176	
109-108-4051	SALSA DRESSING	12-8 OZ.	\$.84 / 7 LBS	1027	
109-532-9041	HEINZ BLUE CHEESE DRESSING	200-PACKET	\$.18 / 6 LBS	97	
109-536-4071	**FRENCH DRESSING (6 CENTS)	200-PACKET	\$.18 / 6 LBS	147	
109-563-3081	ITALIAN DRESSING (3 CENTS)	200 PACKET	\$.18 / 6 LBS	13	
109-644-7111	ROKA CHEESE SALAD DRESSING	6-16 OZ.	\$.84 / 7 LBS	18	
109-646-7911	KRAFT FREE CATALINA DRESSING	12-8 OZ. BOTTLES	\$.96 / 8 LBS	216	
109-648-8251	BLEU CHEESE DRESSING	4-1 GALLONS	\$ 4.08 / 34 LBS	267	
126-111-1351	ORANGE MARMALADE W/COGNAC (6 CENTS)	96-1.5 OZ.	\$ 1.44 / 24 LBS	124	
126-201-0341	MEALMAKER-CACCIATORE SAUCE	12-23 OZ.	\$ 3.24 / 27 LBS	1	
126-333-3001	KOHLER POLISH MUSTARD	12-9 OZ.	\$ 1.32 / 11 LBS	9	
126-769-2001	APPLE CINNAMON FRUIT SPREAD	200-PORTIONS	\$.84 / 7 LBS	3	

Baby Food

102-030-5101	ENFAMIL W/ IRON	16-8 OZ CN	\$ 1.32 / 11 LBS	1890	
102-030-9101	PROSOBEE SOY FORMULA	16-8 OZ CN	\$ 1.32 / 11 LBS	889	

Special Diet Items

A18-518-1071	PEDIASURE (STRAWBERRY)	24-8 OZ	\$ 1.92 / 16 LBS	7	
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Non-Foods

119-222-1111	ASSORTED REPACKED PAPER PRODUCTS	ASSORTED CASES	\$ 1.02 / 9 LBS	39	
213-002-1401	VIVID BLEACH	4/96 OZ.	\$ 3.48 / 29 LBS	16	
213-002-5401	SPRAY-N-WASH	12/32 OZ.	\$ 3.72 / 31 LBS	16	
213-008-9901	CARPET FRESH	12/16 OZ.	\$ 1.68 / 14 LBS	15	
213-015-262	RAID	12/35 OZ.	\$.48 / 4 LBS	151	
213-422-5291	SHOUT LIQUID	12/32OZ.	\$ 4.32 / 36 LBS	80	
K20-684-0121	ATTENDS SMALL BRIEFS *	4- POLY BAGS OF 20	\$ 1.92 / 16 LBS	32	
K20-684-0431	BELTLESS UNDERGARMENTS *	12- PKG OF 12	\$ 1.32 / 11 LBS	1	
N12-435-7001	MOISTURIZING TREATMENT* (6 CENTS)	12-8 OZ.	\$.42 / 7 LBS	97	
T12-052-7111	*COMTREX LIQUID COLD MEDICINE	24-3 OZ.	\$.96 / 8 LBS	1165	

Suggestions for Emergency Food Boxes

116-444-4443	EMERGENCY FOOD BOXES	WEIGH ITEM	\$ 2.38 / 20 LBS	1	
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* This item not covered by State Pre-paid Shared Maintenance Grant.

** Restricted by donor to on-site programs only.

Bargain Buys Price List

7

CODE

Paper Products

PRICE/CASE

1-BBB-B012	2 PLY PAPER TOWELS	30 ROLLS	\$ 16.50 / 25 LBS	24
619-BBB-B022	TOILET TISSUE	96 ROLLS	\$ 29.76 / 50 LBS	19
619-BBB-B032	DISPENSER NAPKINS	10,000 CT.	\$ 26.57 / 30 LBS	12
1-BBB-B042	ALUMINUM FOIL	1 ROLL, 10	\$ 29.48 / 10 LBS	15
1-BBB-B052	PLASTIC WRAP	1 ROLL, 20	\$ 13.55 / 10 LBS	10
619-BBB-B062	COMPARTMENT PLATES	500 CT.	\$ 15.35 / 10 LBS	29
619-BBB-B082	FOAM BOWLS	1000 CT.	\$ 19.31 / 10 LBS	21
1-BBB-B092	LAUNDRY DETERGENT	12BOTTLES	\$ 10.00 / 50 LBS	15
619-BBB-B112	FORKS	1000/CASE	\$ 8.53 / 5 LBS	25
619-BBB-B132	PLASTIC KNIVES	1000/CASE	\$ 8.53 / 5 LBS	17
1-BBB-B142	TRASH BAGS	500 BAGS	\$ 17.82 / 25 LBS	6
1-BBB-B522	TOILET TISSUE	48/CASE	\$ 14.85 / 25 LBS	15
620-BBB-B452	LARGE KOOCHIES ULTRA DIAPERS	8 BAGS/20	\$ 29.40 / 28 LBS	4
620-BBB-B462	KOOCHIES - ULTRA DIAPERS MEDIUM	8 BAGS/32	\$ 29.40 / 28 LBS	4

Meats & Proteins

1-BBB-B162	FROZEN CHICKEN LEGS	3 LB TRAYS	\$ 17.16 / 40 LBS	93
1-BBB-B182	CANNED TUNA	48/6.5 OZ.	\$ 27.45 / 50 LBS	91
515-BBB-B192	SUPERTORO LUNCHEON MEAT	24-15 OZ.	\$ 23.75 / 25 LBS	303
515-BBB-B202	BARGAIN BUYS CORNED BEEF HASH	12/15 OZ.	\$ 11.55 / 23 LBS	328
1-BBB-B222	SOUTHGATE BEEF STEW	12-24 OZ.	\$ 11.00 / 25 LBS	94
1-BBB-B422	CANNED HAM	24-1 LB.	\$ 47.50 / 24 LBS	128
515-BBB-B432	GROUND BEEF-UNIT OF ISSUE - TUBE	10 LB.	\$ 12.30 / 10 LBS	43
515-BBB-B512	CHARBROIL SALISBURY STEAK	40 PER CASE	\$ 12.65 / 10 LBS	7
1-BBB-B152	BARGAIN BUYS PEANUT BUTTER	12-18 OZ.	\$ 14.25 / 12 LBS	304
1-BBB-B212	SOUTHGATE CHILI W/BEANS	12-24 OZ.	\$ 11.00 / 24 LBS	194
523-BBB-B362	BARGAIN BUYS PORK 'N BEANS	24-16 OZ.	\$ 8.74 / 28 LBS	69

Vegetables, Fruits, Cereals, Etc.

1-BBB-B412	BLACKEYED PEAS	24-16 OZ.	\$ 9.35 / 25 LBS	71
1-BBB-B302	BARGAIN BUYS MACARONI & CHEESE	24/7.25 OZ.	\$ 6.60 / 15 LBS	192
506-BBB-B442	SPAGHETTI RINGS	24-16 OZ.	\$ 8.64 / 24 LBS	71
510-BBB-B492	PINEAPPLE TIDBITS IN JUICE	24-20 OZ.	\$ 11.83 / 30 LBS	45
1-BBB-B292	BARGAIN BUYS GRAPE JELLY	12-32 OZ.	\$ 11.83 / 25 LBS	13
1-BBB-B252	CREAMED CORN	24/16 OZ.	\$ 10.75 / 25 LBS	74
527-BBB-B262	CANNED GREEN BEANS	24-16 OZ.	\$ 7.89 / 25 LBS	149
527-BBB-B482	MIXED VEGETABLES	24-16 OZ.	\$ 9.75 / 25 LBS	15

NOTE: THESE PRICES REFLECT CURRENT STOCK; FURTHER SHIPMENTS MAY HAVE VARYING PRICES.
PRE-PAID SHARED MAINTENANCE CANNOT BE USED FOR BARGAIN BUYS PURCHASES.

The Grapevine

(Continued from the front page)

RSVP, call (215) 665-2468.

Close Your Street So Kids Can Play This Summer

Philadelphia's Department of Recreation is once again offering its *Playstreet* Program this summer. The program authorizes qualified city streets to close off access to their streets on weekdays (excluding holidays) from 10 a.m. to 4 p.m. to create a safe and constructive play area for youngsters. For applications to participate in the program, call (215) 685-2718 on Tuesdays or Thursdays from 10 a.m. to 3 p.m. The deadline to submit applications is Friday, May 19.

Screenings, Grants & Services!

- **The Philadelphia Division of the American Cancer Society (ACS)** is offering a breast health hotline in May. Women can call (215) 985-5365, Monday through Friday between 9 a.m. and 5 p.m., for information about free and low-cost mammograms and other breast health programs taking place throughout Pennsylvania, New Jersey and Delaware during May.

ACS guidelines recommend that women should begin practicing breast self-examinations at age 20. Women without symptoms

should have their first mammogram by age 40; women 40-49 should have a mammogram every one to two years; and women over 50 should have one every year.

- **Black United Fund of Pennsylvania** provides grants and technical assistance to nonprofit organizations in Pennsylvania committed to health and human services, arts and culture, economic development and education in the African American community. For more information, call (215) 732-9266.

- **Community Legal Services of Philadelphia's** Advocating on Behalf of Children (ABC) project is offering information and assistance to low-income families with children who have disabilities. Families with children who may qualify for SSI should call Community Legal Services at (215) 981-3756 to receive information about the program and advice on how to proceed with an SSI application. There is no charge.

Calendar of Events

- May 23: *How to Start or Improve Your Soup Kitchen* workshop at the Food Bank; 10 a.m.

- June 12: Pampered Chef cooking demonstration at the Food Bank; 10:30 a.m.

To RSVP for either of these events, call Patience at (215) 739-7394.

Bring back, bring back, bring back my boxes to me, to me!



Please Bring In Your Boxes to Walk-Thru!



Is your agency overflowing with
extra cash?
We didn't think so.
So join us and

**LEARN WAYS
TO RAISE MONEY
FOR YOUR AGENCY!**

With
**Kevin Smith-Fagan,
the Food Bank's
Director of Development**

Where: the Food Bank
When: Tuesday, October 18, 10 a.m.

**RSVP: to Patience Jacobs, 739-7394
by October 16**

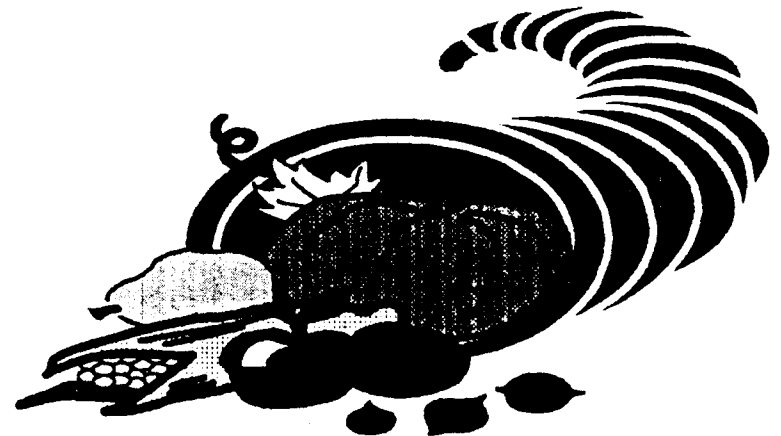
TIPS ON HOW TO START OR IMPROVE YOUR SOUP KITCHEN

hosted by Patience Jacobs

WHERE: Greater Philadelphia Food Bank, 302 West Berks Street

WHEN: Tuesday, May 23, 1995

TIME: 10:00 am



Seating is limited, please RSVP to Patience at 739-7394.



CITY OF PHILADELPHIA

DEPARTMENT OF PUBLIC HEALTH
ENVIRONMENTAL PROTECTION DIVISION
OFFICE OF ENVIRONMENTAL HEALTH SERVICES
321 UNIVERSITY AVENUE
PHILADELPHIA, PA 19104

FAX 215-382-1210

Dear Food Establishment Operator/Owner:

Enclosed is a copy of **Bill 602**, (The Foodhandlers Food Safety Certification Ordinance) passed by City Council and signed into law by the Mayor in June 1994. This bill requires that all food establishments have at least one staff member on duty who is trained in food protection and foodborne disease prevention. A brochure entitled "**The Food Establishment Personnel Food Safety Certification Information Concerning Bill NO. 602.**" is also enclosed. This brochure has been prepared to provide you with information to comply with Bill 602. As noted in the brochure, the Ordinance becomes effective **February 1, 1996.**

If you have any further questions please contact the Office of Food Protection (215)-685-7495.

Sincerely,

George Zameska

George Zameska
Chief, Food Protection



Greater
Philadelphia
Food Bank

302 W. Berks Street
Philadelphia, Pa. 19122
(215) 739-7394

302 W. Berks Street
Philadelphia, Pa. 19122-2239
(215) 739-7394

Freedom

From

Hunger

Tanya I. Stewart
Director of
Agency Relations

April 18, 1995

Freedom

From

Hunger

George Zameska, Chief Food Protection
Department of Public Health
Environmental Protection Division
Office of Environmental Health Services
321 University Avenue
Philadelphia, PA 19104

Dear Mr. Zameska:

A

Certified

Member

of

My name is Tanya Stewart and I am the Agency Relations Director at the Greater Philadelphia Food Bank. I am writing to you in regards to Bill 602 which recently passed City Council and goes in effect on February 1, 1996. Recently, I spoke to someone from your office to get a better feel on how this bill would effect both the Food Bank and its member agencies. From the conversation I held, it was clear to me the possible implications that this bill will have on the non-profit feeding agencies which utilize the food Bank to supplement their programs. My role is to identify those agencies which need the certification and to try to assist our 600+ agencies in acquiring these credentials so that they may be able to continue their feeding service.

Second

Harvest,

the

National

Food

Bank

Network

My question to you is what effect this new bill will have on the various types of member agencies which belong to the Food Bank. Basically, we have two types of feeding programs which receive food from the Food Bank. One type is the "on-site" feeder which serves hot and/or cold meals to individuals and families. This type of agency usually cooks meals. The other type of agency is one which distributes "grocery bags" to individuals and families to take home for their personal use, although this type of agency occasionally handles frozen and/or refrigerated foods, the food is usually distributed either the same day it is received from the Food Bank or shortly thereafter. It is this latter type of member agency which I am questioning. Also, there are some other memberships which fall into that "gray area" such as afterschool programs which serve snacks. In addition, there some other questions, such as, is the certified staff person required to be present during each serving and/or distribution, what type of registration requirements will the agencies be mandated to do and finally who exactly on staff at the Food Bank needs the certification?

Greater Philadelphia Food Bank

List of Items as of October 10, 1995



The Grapevine

Agencies Invited to Dinner in Honor of Food Donors

On October 26, the Food Bank community will gather to honor work of some of our corporate supporters, and we want you to join with us. The Food Bank's *Most Valuable Partners Awards Dinner* will celebrate the outstanding contributions to the Food Bank by four members of the food industry.

We'd like members of our agencies to celebrate with us! The MVP Dinner promises to be an elegant and enjoyable evening out for all those involved. It will take place at the Down Town Club in the Public Ledger Building, located at 6th and Chestnut Streets in Philadelphia, at 6 p.m.

And all you have to do to join the fun is give us a call. But call soon, because seating is limited. Just dial (215) 739-7394 and ask for Patience to RSVP.

Seats will be reserved on a first come, first served basis.

We look forward to seeing you on the 26th for a lovely evening of food and celebration!

(Continued on page 8)

The Chef's Corner

Delicious Dip with Mushrooms

Try this tasty snack to wow your clients. It was a big hit at our annual membership meetings.

Deep fry Homestyle Breaded Mushrooms or Italian Style Breaded Mushrooms until golden brown. Drain off excess grease. Dip into one of our delicious dressings on page 6: bleu cheese, creamy ranch or salsa. Lip-smackin' good!

To order:

Review this menu. Prepare your selections and know your membership number. Pick alternatives in case some items are out of stock. Call (215) 739-7221 Monday to Friday, 8:30-12:30 and 1:00-3:00. Place your order, and set a date and time for your pick-up or delivery. Because we may run out of some listed items, we encourage you to call the hotline (215-739-3050) for inventory updates. "Standing appointments" are available.

Pick-up:

Please be prompt. Bring your membership card. Check in at the reception window. Be sure to check your order before you leave; changes cannot be made once you've departed. Payment by agency check or money order only, at time of pick-up or delivery. You can also go to Walk-Thru weekdays from 8:30-2:00. No appointment needed!



Walk-Thru:

Items in Walk-Thru do not appear on this menu, but can be picked up during your visit.

More Info:

Call the Food Bank's business line, (215) 739-7394.

Item #	Item Description	Packaging	Shared Maint./Weight	Avail.

	Breakfast			
				F=Frozen R=Refrigerated
105-017-5681	FROOT LOOPS CEREAL	240-1 OZ.	\$ 2.76 / 23 LBS	16
105-145-7281	MULTIGRAIN SQUARES CEREAL	72-1 5/8OZ	\$ 1.44 / 12 LBS	612
105-147-7221	MULTIGRAIN RAISINS & ALMONDS CEREAL	72-1 1/2BX	\$.96 / 8 LBS	329
105-874-9091	TRIX CEREAL	16-12 OZ.	\$ 2.04 / 17 LBS	567
106-064-9801	APPLE PANCAKE BITES	12-47 OZ.	\$ 5.28 / 44 LBS	61 F
106-435-9401	PANCAKES	288-PER CS	\$ 1.56 / 13 LBS	65 F
107-006-8061	CARAMEL APPLE CRUNCH YOGURT	12-8 OZ.	\$.84 / 7 LBS	857 R
107-006-8131	VANILLA W/CHOCO CRUNCH YOGURT	12-8 OZ.	\$.84 / 7 LBS	620 R
107-006-8201	RASPBERRY W/GRANOLA YOGURT	12-8 OZ.	\$.84 / 7 LBS	239 R
107-006-8371	LEMON & BLUEBERRY W/CRUNCH YOGURT	12-8 OZ.	\$.84 / 7 LBS	212 R
107-126-2201	BREYERS STRAWBERRY/PEACH YOGURT	8-6 PACKS	\$ 1.68 / 14 LBS	135 R



Lunch & Dinner



Meats & Proteins

Items in *italik bold print* are subject to agency meat limits

S15-143-9001	BEEF PATTIES	10/LB PACK	\$ 1.32 / 11 LBS	683	F
S15-173-0331	TURKEY SALAD	2/5LB TUBS	\$ 1.32 / 11 LBS	249	F
S15-230-0401	LOW FAT FRANKS	12-13.30Z	\$ 1.32 / 11 LBS	17	F
S15-284-0121	SZECHWAN CHICKEN W/PEANUTS	2-5 LB TUB	\$ 1.32 / 11 LBS	1	F
S15-328-191	P&P SLICED LOAF(LUNCHMEAT)	16-8 OZ.	\$ 1.20 / 10 LBS	22	F
S15-614-0701	GROUND BEEF	8-ROLLS CS	\$ 9.96 / 83 LBS	1	F

* This item is not covered by a state Pre-paid Shared Maintenance Grant.

** Restricted by donor to on-site programs only.

Item #	Item Description	Packaging	Shared Maint./Weight	Avail.	
104-701-0101	GERMAN BOLOGNA	2/ROLLS CS	\$ 1.58 / 13 LBS	69	F

Vegetables & Fruits

104-008-3051	HOT PEPPER RINGS	12-16 OZ.	\$ 2.52 / 21 LBS	452	
127-078-2001	SWEDISH MASHED POTATOES	12-28 OZ.	\$ 2.76 / 23 LBS	340	F
127-109-0501	GREEN GIANT SMALL WHOLE ONIONS	12-16 OZ.	\$ 1.68 / 14 LBS	751	F
104-111-1931	DICED UNPEELED FROZEN TOMATOES	BULK PACK	\$ 2.76 / 23 LBS	192	F
104-192-0101	HOMESTYLE BREADED MUSHROOMS	BULK PACK	\$ 2.52 / 21 LBS	137	F
127-192-1101	ITALIAN STYLE BREADED MUSHROOMS	BULK PACK	\$ 2.52 / 21 LBS	25	F
127-233-3331	FROZEN VEGETABLES, ASSORTED	WEIGH ITEM	\$.10 / 1 LBS	22906	F
104-233-3443	REPACKED CORN ON THE COB	WEIGH ITEM	\$.12 / 1 LBS	35485	F
104-233-3781	FROZEN CHOPPED BELL PEPPERS	BULK	\$.69 / 23 LBS	741	F
127-233-7771	SAUTEED FRISCO ONIONS	18-1.25 OZ	\$.69 / 23 LBS	118	F
127-407-8091	SCALLOPED POTATOES	14-8.25 OZ	\$ 1.20 / 10 LBS	511	
104-732-5001	ONION & PEPPER STRIPS	18-1.5 LB	\$ 3.36 / 28 LBS	100	F

Pasta & Rice

104-1300-0341	WHEAT PILAF, UNCLE BEN'S	12-6.7 OZ.	\$.72 / 6 LBS	188	
121-333-3333	REPACKED PASTA	WEIGH ITEM	\$.06 / 1 LBS	55012	

Bread Products

104-190-0201	FLOUR TORTILLAS	12-10 OZ.	\$ 1.08 / 9 LBS	16	F
104-433-2271	TOMATO & BASIL BREAD DOUGH	1 ROLL	\$ 1.62 / 27 LBS	36	F
104-433-9581	CHEESE JALEPANO BREAD DOUGH	14-28.8 OZ	\$ 3.24 / 27 LBS	3	F
104-444-4821	DANISH PASTRY DOUGH	84-2.25 OZ	\$.84 / 14 LBS	71	F
104-848-0001	FOCACCIA BREAD	40-8.4 OZ	\$ 3.60 / 30 LBS	3	
104-893-8001	FRENCH CRUSTY LOAF	12-11 OZ	\$ 1.08 / 9 LBS	34	R

Complete Meals & Soups

106-107-7011	BREAKFAST BURRITO HOT & SPICY	24-PER CS.	\$.84 / 7 LBS	147	F
106-134-4401	LIGHT CHEESE SOUP	4-6 LB BAG	\$ 3.12 / 26 LBS	200	F
106-142-6901	CHILI SOUP	8-2 LB.	\$ 2.16 / 18 LBS	195	F
106-143-0001	BOSTON CLAM CHOWDER	24-8 OZ.	\$ 1.68 / 14 LBS	58	F
106-143-2801	CREAM OF TURKEY VEGETABLE SOUP	3-8 LB.BAG	\$ 3.00 / 25 LBS	4	F
106-596-8011	K & R GREEK STYLE POCKET	BULK PACK	\$ 3.00 / 25 LBS	139	F

*This item is not covered by a state Pre-paid Shared Maintenance Grant.
Restricted by donor to on-site programs only.*

Item #	Item Description	Packaging	Shared Maint./Weight	Avail:
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Crackers & Snacks

F=Frozen

R=Refrigerated

125-000-0801	CROWN PILOT CRACKERS	12-14 OZ	\$ 1.56 / 13 LBS	36
125-000-0871	OYSTER CRACKERS	12-10 OZ	\$ 1.08 / 9 LBS	535
125-000-5751	PREMIUM SALTINES	12-1 LB.	\$ 1.80 / 15 LBS	198
125-000-8751	SNACKWELLS CRACKER COMBO	6-10.5 OZ	\$.72 / 6 LBS	73
125-002-1971	SNACKWELLS PRETZEL STICKS	12-9 OZ	\$.96 / 8 LBS	4
125-003-4321	ARK ANIMALS RITZ CRACKERS	6-5 3/4 OZ	\$.36 / 3 LBS	226
125-010-8011	B.B.Q. CHIPS	48-1 OZ.	\$.72 / 6 LBS	240
125-013-6761	GRAHAM CRACKERS	200-2 EA	\$.96 / 8 LBS	99
125-022-9011	THIN PRETZELS	12-11 OZ.	\$ 1.20 / 10 LBS	22
125-025-5001	PRETZEL RODS	24-8 OZ.	\$ 1.80 / 15 LBS	76
125-036-8571	OAT THINS	6-10 OZ. B	\$.60 / 5 LBS	1626
125-045-7291	OYSTERETTES	6-10 OZ. B	\$.48 / 4 LBS	638
125-047-1811	GARDEN CRISPS	6-7.5 OZ.	\$.48 / 4 LBS	1025
125-047-8831	CHEESE NIPS	6-13.5	\$.72 / 6 LBS	689
125-048-0201	MULTI GRAIN WHEAT THINS	6-9.1/2 OZ	\$.48 / 4 LBS	2284
125-048-1261	MR PHIPPS ORIGINAL CRISPS	12-8 OZ	\$ 1.08 / 9 LBS	738
125-048-3241	MULTIGRAIN PREMIUM	12-16.5 O.	\$ 1.92 / 16 LBS	2
125-108-9161	CARMEL GLAZED POPCORN	12-4 OZ.	\$.60 / 5 LBS	1565
125-111-1331	NO SALT OAT BRAN PRETZELS 3 CENTS	1-5 LB BAG	\$.18 / 6 LBS	1475
125-182-9001	BEEF JERKY	2-7.5 OZ.	\$.24 / 2 LBS	786
125-197-5011	LARGE RED HOT SNACK SAUSAGE	6-PKG 12EA	\$.84 / 7 LBS	167
125-262-0011	SLIM JIM	12-24	\$ 1.44 / 12 LBS	289
125-392-5591	TATO WILDS POTATO CRISPS	9-8 OZ BAG	\$.84 / 7 LBS	13
125-495-3901	HOT FRIES	24-4 OZ	\$.72 / 6 LBS	2
125-623-5971	HICKORY SMOKED BEEF JERKEY	2-1LB2 OZ	\$.48 / 4 LBS	273
125-691-2001	SPICY SLIM JIM	48-5.0 CAN	\$ 3.12 / 26 LBS	101
125-767-8291	PECAN SANDIES & PRALINE CREAM COOKIES	12-16 OZ	\$ 1.68 / 14 LBS	124
125-810-9111	TORTILLA CHIPS	12-10 1/2	\$ 1.20 / 10 LBS	486



Desserts



104-159-9081	PIE SHELL	24-9" SHELL	\$ 1.08 / 9 LBS	113	F
107-1B0-8311	ICED CAPPUCINO ICE CREAM BARS	12-3 PACK	\$ 1.20 / 10 LBS	436	F
107-212-5691	COFFEE ICE CREAM	8-1/2 GAL	\$ 1.80 / 15 LBS	49	F
107-212-8281	CHOCOLATE COOKIE DOUGH ICE CREAM	8-1/2 GAL	\$ 1.80 / 15 LBS	117	F
107-212-8351	RAINBOW ICE CREAM	8-1/2 GAL	\$ 1.80 / 15 LBS	112	F
107-252-7151	MAPLE WALNUT ICE CREAM	6-1/2 GAL	\$ 1.80 / 15 LBS	102	F
107-777-4311	BREYERS EGG NOG ICE CREAM	6-1/2 GAL.	\$.48 / 16 LBS	99	F
108-020-4601	WEIGHT WATCHERS CHOC. ECLAIR	12-6.3 OZ	\$.72 / 6 LBS	15	F
108-020-5501	CHEESE SWEET ROLLS	12-4.5 OZ	\$.60 / 5 LBS	340	F
108-020-7601	CHERRIES & CREAM CAKE	12-6.8 OZ	\$.72 / 6 LBS	993	F
108-111-1401	COUNTRY TIME MINCE PIES	12-8" PIE	\$ 2.76 / 23 LBS	19	F
125-003-6541	GINGER SNAPS	6-1 LB BX	\$.84 / 7 LBS	805	

* This item is not covered by a state Pre-paid Shared Maintenance Grant.

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Item #	Item Description	Packaging	Shared Maint./Weight	Avail.

				F=Frozen R=Refrigerated
125-016-3631	TOFFEE TOPPERS FUDGE COVERED	12-10 OZ	\$ 1.08 / 9 LBS	353
125-048-1331	TORTILLA TREATS	12-8 OZ	\$ 1.08 / 9 LBS	169
125-111-1261	PRETZEL CONES	45 CONES	\$ 1.68 / 14 LBS	154
125-861-4111	BUNNY MALLOWS*	24-9 OZ.	\$ 1.80 / 15 LBS	778
125-896-2001	CHOCOLATE COOKIE W/PEANUT BUTTER	12-18 OZ.	\$ 1.80 / 15 LBS	652 F
125-047-3721	YORK PEPPERMINT PATTIES*	BULK PACK	\$ 3.00 / 25 LBS	493
125-222-1111	CANDY, ASSORTED**	BULK PACK	\$ 3.36 / 28 LBS	391
E08-111-2511	LEMON WATER ICE*	6 GALLONS	\$ 6.96 / 58 LBS	5 F



Beverages



103-003-2701	RUBY RED & TANGERINE DRINK	24-11 OZ.	\$ 2.40 / 20 LBS	244	
103-007-2001	LEMON BERRY TEA	24-16 OZ.	\$ 4.56 / 38 LBS	607	
103-026-1641	LEMONADE	6-64 OZ.	\$ 3.36 / 28 LBS	25	R
103-085-8231	TEA WITH LEMON	24-18 OZ.	\$ 4.68 / 39 LBS	756	
103-085-9131	RASPBERRY TEA	24-16 OZ.	\$ 4.68 / 39 LBS	739	
103-137-9101	CONCENTRATED LEMONADE	24-16 OZ	\$ 4.32 / 36 LBS	286	F
103-200-0231	CHOCOLATE MOOSE DRINK	24-10 OZ	\$ 3.36 / 28 LBS	587	
103-222-041	CRANBERRY LEMONADE	8-46 OZ	\$ 3.36 / 28 LBS	558	
103-222-1011	LEMONADE	8-46 OZ.	\$ 3.36 / 28 LBS	343	
103-257-1901	CURIOUS MANGO DRINK	24-16 OZ.	\$ 4.56 / 38 LBS	403	
103-264-5401	FRUIT PUNCH	6-64 OZ.	\$ 3.36 / 28 LBS	45	R
103-328-1411	GATORADE FRUIT PUNCH	24-20 OZ.	\$ 4.44 / 37 LBS	62	
103-754-7881	ORANGE/CRANBERRY LEMONADE	12-18 OZ	\$ 2.28 / 19 LBS	11	
103-004-4081	APPLE JUICE	24-10 OZ.	\$ 2.16 / 18 LBS	318	R
103-006-3721	GRAPE JUICE	24-8 OZ.	\$ 1.80 / 15 LBS	697	R
103-008-4421	RUBY RED GRAPEFRUIT JUICE	24-16 OZ.	\$ 4.80 / 40 LBS	16	
114-010-9891	SUNNY DELIGHT KIWI	12-16 OZ.	\$ 1.68 / 14 LBS	261	R
114-011-5591	SUNNY DELIGHT GRAPE	12-16 OZ.	\$ 1.68 / 14 LBS	727	R
103-001-5401	LEMON LIME SELTZER*	24-12 OZ.	\$ 1.26 / 21 LBS	218	
103-067-0261	CHERRY COLA*	6-2 LITER	\$ 3.48 / 29 LBS	380	
103-100-6131	LEMON LIME SODA*	6-2 LITER	\$ 3.60 / 30 LBS	151	
103-111-1401	SELTZER WATER*	24-12 OZ.	\$ 1.26 / 21 LBS	776	
103-252-1741	SELTZER WATER*	6-2 LITER	\$.90 / 30 LBS	65	
103-261-9891	DIET COLA*	6-2 LITER	\$.90 / 30 LBS	736	
103-262-0851	FOODTOWN DIET ORANGE SODA*	6-2 LITER	\$ 3.60 / 30 LBS	122	
103-282-5581	DIET GINGER ALE*	6-2 LITER	\$.90 / 30 LBS	325	

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Item #	Item Description	Packaging	Shared Maint./Weight	Ave
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Sauces, Spreads, Condiments & Staples



107-009-1411	SOUR CREAM	32 LB.CN	\$ 3.84 / 32 LBS	40	R
107-111-1441	COTTAGE CHEESE	4-5 LB.	\$ 2.64 / 22 LBS	90	C
107-618-2511	SOUR CREAM HORSE RADISH/BACON DIP	12-8 OZ	\$.84 / 7 LBS	114	C
109-108-4051	SALSA DRESSING	12-8 OZ.	\$.84 / 7 LBS	463	C
109-532-9041	HEINZ BLUE CHEESE DRESSING	200-PACKET	\$.72 / 6 LBS	161	R
109-536-4071	FRENCH DRESSING	200-PACKET	\$.18 / 6 LBS	98	C
109-643-9511	LITE ITALIAN DRESSING	4-1 LITER	\$ 4.08 / 34 LBS	71	C
109-647-1561	DELUX THOUSAND ISLAND DRESSING	4-1 GAL	\$ 4.32 / 36 LBS	88	R
109-648-8251	BLUE CHEESE DRESSING	4-1 GAL.	\$ 4.08 / 34 LBS	243	C
109-672-0901	CREAMY RANCH DRESSING	100-1 OZ	\$.84 / 7 LBS	199	C
109-673-0201	COMPLETE COLESLAW DRESSING	8-4 1/2 LB	\$ 4.80 / 40 LBS	1	
126-000-2721	SOUTHWEST STYLE CHICKEN SEASON	12-4 OZ	\$.60 / 5 LBS	319	
126-001-3401	ASSORTED CHICKEN SEASON/SAUCE	72 ASST	\$ 4.44 / 37 LBS	126	
126-111-1351	ORANGE MARMALADE W/COGNAC 6 CENTS	96-1.5 OZ.	\$ 1.44 / 24 LBS	2	
126-143-3001	SALT PORTION PACKS	3000PER CS	\$.60 / 5 LBS	269	
126-235-0501	SUGAR PORTION PACKS	2000PER CS	\$ 1.56 / 13 LBS	3282	
126-531-5001	RELISH	500-PACKET	\$ 1.32 / 11 LBS	158	

Baby Food

102-030-9101	PROSOBEE SOY FORMULA	16-8 OZ CN	\$ 1.32 / 11 LBS	125	
102-518-5031	SIMILAC NEOCARE	6-14 OZ CN	\$.84 / 7 LBS	20	
A18-002-3091	ISOMIL 20 RTF	6-1 QT.CN	\$ 1.80 / 15 LBS	22	

Special Diet Items

A18-444-001	NUTRITIONAL SUPPLEMENT	18-8 OZ.	\$ 1.68 / 14 LBS	10611	
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Non-Foods

112-011-1301	EXTRA STRENGTH EXCEDRIN*	48/PKG CS.	\$.96 / 8 LBS	194	
112-054-3401	KERI SILKY SMOOTH LOTION*	12-2 OZ.	\$ 2.88 / 24 LBS	73	
112-072-0401	COUGH SUPPRESSANT*	48/PACKS	\$ 1.20 / 10 LBS	120	
112-188-2001	ARM + HAMMER PEROXICARE TOOTHPASTE*	24-7 OZ.	\$.60 / 5 LBS	465	
112-189-7201	ARM + HAMMER DENTALCARE DISPLAY*	48 /CASE	\$ 2.64 / 22 LBS	85	
112-195-1201	ARM + HAMMER DEODORANT*	60/COUNT	\$ 2.40 / 20 LBS	44	
212-000-4401	OIL OF OLAY REGULAR*	30-5 OZ.	\$ 3.60 / 30 LBS	114	
212-000-4501	OIL OF OLAY SENSITIVE*	30-5 OZ.	\$ 3.60 / 30 LBS	237	
213-004-3951	SPRAY-N-WASH W/STAIN STICK*	12-16 OZ	\$ 2.40 / 20 LBS	51	
213-061-6001	WOOLITE COLD WATER WASH*	9-32 OZ	\$ 2.76 / 23 LBS	511	
213-358-1041	DOWNY FABRIC SOFTENER*	6-90 OZ.	\$ 4.56 / 38 LBS	588	
K20-518-7721	ATTENDS SMALL BRIEFS*	96-PER CS.	\$ 2.52 / 21 LBS	119	
K20-684-0121	ATTENDS SMALL BRIEFS*	4-POLY BAG	\$ 1.92 / 16 LBS	104	
T12-052-7111	COMTrex LIQUID COLD MEDICINE*	24-3 OZ.	\$.96 / 8 LBS	887	

* This item is not covered by a state Pre-paid Shared Maintenance Grant.

** Restricted by donor to on-site programs only.

Bargain Buys Price List

7

CODE

Paper Products

PRICE/CASE Wt.

BB-B012	2 PLY PAPER TOWELS	30 ROLLS	\$ 18.00 / 25 LBS	8
619-BBB-B052	PLASTIC WRAP	18"X2000FT	\$ 14.00 / 10 LBS	8
619-BBB-B082	FOAM BOWLS	1000	\$ 19.31 / 10 LBS	5
BB-B112	PLASTIC FORKS	1000/CASE	\$ 8.36 / 5 LBS	2
BB-B132	PLASTIC KNIVES	1000-CASE	\$ 8.36 / 5 LBS	19
619-BBB-B142	TRASH BAGS	250 BAGS	\$ 15.75 / 25 LBS	5

Meats & Proteins

515-BBB-B192	SUPERTORO LUNCHEON MEAT	24-15 OZ	\$ 23.00 / 25 LBS	134
BB-B202	CORNED BEEF HASH	12-15 OZ.	\$ 11.55 / 23 LBS	78
BB-B222	MORTON HOUSE BEEF STEW	12-24 OZ.	\$ 10.95 / 25 LBS	259
515-BBB-B422	CANNED HAM	24-1 LB.	\$ 47.50 / 24 LBS	208
515-BBB-B432	GROUND BEEF TUBE	10 LB.	\$ 12.30 / 10 LBS	130
BB-B512	CHARBROIL SALISBURY STEAK	40 A CASE	\$ 12.65 / 10 LBS	116
BB-B212	MORTON HOUSE CHILI W/BEANS	12-24 OZ.	\$ 11.00 / 24 LBS	378
523-BBB-B362	PORK 'N BEANS	24-16 OZ.	\$ 8.74 / 25 LBS	64
572-BBB-B412	BLACKEYED PEAS	24-16 OZ.	\$ 9.35 / 25 LBS	135
BB-B302	MACARONI & CHEESE	24-7.25 OZ	\$ 6.60 / 15 LBS	29

Vegetables, Fruits, Cereals, Etc.

508-BBB-B442	SPAGHETTI RINGS	24-16 OZ.	\$ 8.64 / 24 LBS	74
510-BBB-B492	PINEAPPLE TIDBITS IN JUICE	24-20 OZ.	\$ 11.83 / 30 LBS	73
BB-B272	SPAGHETTI SAUCE	12-30 OZ.	\$ 7.98 / 25 LBS	85
BB-B252	CREAMED CORN	24-16 OZ	\$ 10.75 / 25 LBS	6
527-BBB-B482	MIXED VEGETABLES	24-16 OZ.	\$ 9.75 / 25 LBS	3
527-BBB-B532	SWEET PEAS	24/16 OZ.	\$ 7.98 / 25 LBS	17

**A Quick Reminder: There will be another
"SUPER SATURDAY FROZEN FOOD SALE"
at the Food Bank on Saturday, October 21st, 9am to 1pm.**

NOTE: THESE PRICES REFLECT CURRENT STOCK; FURTHER SHIPMENTS MAY HAVE VARYING PRICES.
PRE-PAID SHARED MAINTENANCE CANNOT BE USED FOR BARGAIN BUYS PURCHASES.

The Grapevine

(Continued from the front page)

Safe Food Handling Workshops Offered

In conjunction with Nutritional Development Services and Philabundance, the Food Bank is hosting two series of safe food handling workshops. Although the workshops are not yet required by the sponsoring agencies, they are useful for those who would like to take the food safety certification exam. The cost for the course is \$50, which includes the cost of the text book, course materials and the exam.

Class space is limited, but there are still slots open for both workshop programs. The first session meets for four Tuesdays, beginning October 17, from 9 to 1. The second meets for four Mondays, beginning November 6, also from 9 to 1.

To sign up for the course, contact Jill at Philabundance, at (215) 844-3663.

Free Clinic to Screen Children for Orthopedic and Burn Problems

A free screening clinic will be held to identify children who can benefit from orthopedic and burn care provided at Shriners Hospitals. This no-cost clinic can lead to free care for children under 18 with problems of the bones, joints or muscles, or problems associated with healed burns.

The clinic will be held on Saturday,

October 14, from 11 to 4, at Temple University Hospital, Broad and Ontario Streets in Philadelphia. For more information, call the Lower Tioga Community Council at (215) 223-5727.

It's Not Too Late to Send In Your Recipes for the Cookbook!

We want to remind you that there is still time to send in your best agency recipes for our upcoming Food Bank cookbook. Is there something you make with Food Bank items that your clients especially love? Well, share your skills with the rest of us!

Compile your most delicious recipes and send them by October 20th to the Food Bank, 302 W. Berks St., Philadelphia, PA, 19122. Or for more information, call Patience at (215) 739-7394.

Upcoming Meetings

- North Philadelphia/Germantown Coalition meeting; October 18, 10 a.m.; at the Food Bank.
- Delaware County Coalition meeting; October 18, 10 a.m.; at Catholic Social Services, 130 E. 7th St., Chester.
- West/Southwest Coalition meeting; October 20, 11 a.m.; at NDS, 111 S. 38th St.
- Bucks County Coalition meeting; November 7, 10 a.m.; at Mary's Cupboard, 100 Levittown Parkway, Levittown.

A photograph of a large, grey, single-story industrial building with a red horizontal stripe near the roofline. The building has several red doors and windows. A blue sign with white text is mounted on the wall. In front of the building is a paved parking lot with white lines. A landscaped area with green trees and yellow flowers separates the building from the parking lot. The sky is clear and blue.

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